

SRI DEVARAJ URS MEDICAL COLLEGE

tamaka , kolar
karnataka-563103



Presents



sankeerna-15

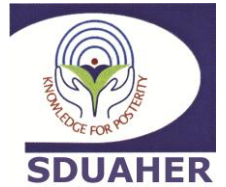
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SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

SANKEERNA - 2015



SRI DEVARAJ URS MEDICAL COLLEGE
CONSTITUENT COLLEGE OF
SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION &
RESEARCH



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“Genius is one gold in the mine, talent is the miner that works and brings it out” says Marguerite Blessing ton; so is this “Sankeerna”.

Here it is..... your Sankeerna.....back to you in action again with much more than previous. This is our pride to bring out this issue of “Sankeerna”, in this glorious moment. As a forum for exhibiting the hidden talents of the students, teaching and non-teaching staff, “Sankeerna” has been emerging out successfully from past few years and this year also it is in your hand with good-better-best write ups, filled with variety of ideas, thoughts and experiences.

This year our prestigious Sri Devaraj Urs Medical College, constituent college of Sri Devaraj Urs Academy of Higher Education and Research is celebrating 5th Annual Convocation Day. In this momentous occasion, it is our privilege to present you this issue. We hope the lovely response that we got from you will continue throughout the years to come. Until readers are there to read, writers do write and will keep writing.

Thoughts and ideas are best expressed through writing..... Writing is the form to express your emotional and intellectual make-up. Life is full of experience and writing is the best thing to bring down those experiences to words..... and Sankeerna is the platform for doing so.

Readers.....

Talents should not be gone unread. Read....write....and encourages us to bring many more issues of Sankeerna ahead.

Thanks for all your support all these years and also in future.



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SRI DEVARAJ URS EDUCATIONAL TRUST

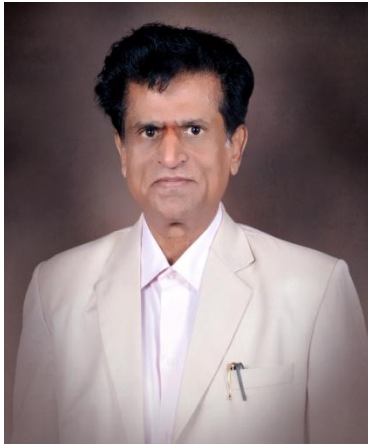
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SDUAHER



VAJUBHAI VALA
Governor of Karnataka

No.GS 40 MSG 2015

3rd March 2015

MESSAGE

I am happy to learn that 'SRI DEVARAJ URS MEDICAL COLLEGE', Kolar, established in 1986 under "SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH", and managed by 'Sri Devaraj Urs Educational Trust', is serving the people who are in need of health in and around Kolar District of Karnataka and several adjoining parts in the neighbouring States of Andhra Pradesh and Tamil Nadu, and has pioneered in providing quality education and training for both Undergraduate and Post-graduate students. The Institution has acquired the status of Deemed University in 2007 and is celebrating "5TH CONVOCA TION DAY" during March 2015 and releasing a commemorative College Magazine 'SANKEERNA-2015' comprising a report on the activities of the College & the Hospital and literary articles contributed by teaching and non-teaching staff and students.

I send my felicitations and best wishes to the Management of the College, Teaching and Non-teaching Staff Members, Editorial Committee and all the Students on this occasion.

(VAJUBHAI VALA)

U.T. KHADER
Minister for Health and
Family Welfare



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Tel. No. 080-22034781 / 83
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No. MHFW/110/2013-14
F



Date:

24.2.2015

MESSAGE

I am happy to know that, the Sri Devaraj Urs Academy of Higher Education and Research, Kolar is celebrating 5th Convocation Day and releasing SANKEERNA - 2015.

I wish you all the success in all your activities. I also pray that Almighty God gives you more strength to carry on the good work in the field of Education.

Wishing you all the success!!


(U.T. Khader)

Chairman,
Sri Devaraj Urs Academy of Higher
Education and Research, Kolar



ರಾಜೀವ್ ಗಾಂಧಿ ಆರೋಗ್ಯ ವಿಜ್ಞಾನಗಳ ವಿಶ್ವವಿದ್ಯಾಲಯ, ಕರ್ನಾಟಕ
Rajiv Gandhi University of Health Sciences, Karnataka

Dr. K.S. Ravindranath

M.D., D.M., D.N.B.
(Cardio)

VICE-CHANCELLOR



No.PS//110/2014-15

19.2.2015

MESSAGE

It is a great pleasure to learn that the Sri Devaraj Urs Academy of Higher Education and Research, Kolar is conducting the Fifth Convocation Day which is having a history of more than twenty five years in providing quality education to Undergraduate and Postgraduate students.

The transformation of this institution onto a Deemed University has added extra responsibility on all the stake holders to perform on a higher scale. I am sure that the teaching faculty, hospital staff and students are doing commendable work in serving the needy for their health requirements.

I am glad to know that the souvenir, 'Sankeerna - 2015' is being released to commemorate the occasion. I understand that the souvenir would include contributions by the students and faculty and also provides useful information on healthcare practices.

My good wishes for the success of this event.

Dr. K.S.RAVINDRANATH

ಡಾ|| ಕೆ.ವಿ.ತ್ರಿಲೋಕ್ ಚಂದ್ರ, ಡಾ.ಆ.ಸೀ.,
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Dr. K.V. THRILOK CHANDRA, I.A.S.,
Deputy Commissioner & District Magistrate,
Kolar District, Kolar.



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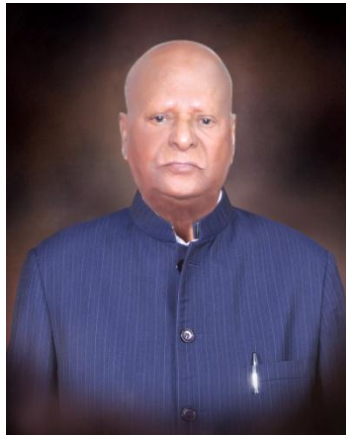
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ಜಿಲ್ಲಾಧಿಕಾರಿಗಳ ಕಛೇರಿ ಹಾಗೂ ನ್ಯಾಯಾಲಯಗಳ ಆವರಣ,
ಕೋಲಾರ - 563 101

MESSAGE

I am indeed very happy to note that Sri Devaraj Urs Medical College, Kolar, is publishing "Sankeerna-2015" periodical to commemorate the 5th convocation day. It's commendable that your college is giving good education to the students and is committed not only to the quality of medical education but also to inculcate discipline, human values, patriotism and the spirit of service to the society in the students. I convey my warm greetings and best wishes on the occasion of the convocation day celebrations.

Dated: 14-03-2015


(Dr. Thri Lok Chandra K.V)
Deputy Commissioner,
Kolar District



MESSAGE

It is with immense pleasure that I am addressing the Fifth Convocation of SDUAHER. I am proud to say that from our humble beginning to the present state, SDUAHER is maturing into a very capable university. Not only has there been a vast change in the fields of medical education and patient care in last few decades, but with revolution of information technology, the nature of education, teaching and learning has changed. The expectations of students, teachers, professional bodies and other stake holders are increasingly demanding. A higher and deeper engagement of everyone involved in constant quality improvement has become a necessity because of this phenomena.

While facing pandemics of this century or everyday health problems, health care professionals essentially follow what their teachers have taught them. This highlights the role of the university, as an institution in providing a platform for nurturing a healthy teacher-student interaction so that they can face tomorrow's challenges. In previous years, the university has shown a tremendous growth and increase in its capacities. The University has put remarkable efforts to make its branch organization grow to its full potential. The tasks in front of the university are huge, complex and complicated because of the the rural background of its setting and challenges to adapt to the constantly changing demands of the professional standards. It's the resilient youth of students and perseverance of good teachers that make the university capable of meeting the current challenges.

I congratulate the students on completing their course and wish them success in their professional endeavors and the teachers on their immense effort in helping the students to realize their potential.

I wish the university a great success in coming years.

Sri. R.L. Jalappa
President
Sri Devaraj Urs Academy of Higher
Education & Research



SHRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

A Deemed to be University

Declared Under Section 3 of UGC Act 1956, MHRD GOI No. F. 9-36/2006-U.3 (A), Dt. 25th May 2007

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Rajesh N. Jagdale
Chancellor

27th February 2015

SANKEERNA 2015: CHANCELLOR'S MESSAGE

Teamwork builds trust and trust builds speed – Russel Honore

It is with great pleasure that I greet all readers of SANKEERNA 2015, souvenir annual book released during the landmark event of 5th Convocation Day (27.3.15) at Sri Devaraj Urs Academy of Higher Education and Research, Kolar (Deemed to be University). SANKEERNA 2015 is cherished for its wide variety of articles reflecting progressive thoughts and mirroring the attainments of Sri Devaraj Urs Academy of Higher Education and Research, Kolar (Deemed to be University) and the iconic constituent medical college: Sri Devaraj Urs Medical College, Tamaka, Kolar. This medical college offers MBBS and PG courses, which are highly reputed across the world. SANKEERNA 2015, annual souvenir book, documents the admirable strides made by Sri Devaraj Urs Medical College, Kolar and the focused rural service oriented activities of the 850 bed Sri R L Jalappa Teaching Hospital and Research Centre, Tamaka, Kolar. This makes SANKEERNA 2015 a collector's delight!

The pristine academic culture, research orientation and professional team-working at SDUAHER, Kolar, is thanks to the disciplined, inspiring and visionary leadership of Sri R L Jalappa who started his educational contributions in 1986, through the Sri Devaraj Urs Educational Trust, Kolar. Today, together with SDUAHER and SDUET, Sri R L Jalappa has provided yeoman service to education through a network of academic institutions of excellence, reflecting the spirit of 'KNOWLEDGE FOR POSTERITY': a medical college, a medical research and teaching hospital, an engineering college, business management college, pre-university college, industrial training institute, an international residential school and a nursing college. The awe-inspiring aspect of Sri R L Jalappa's contributions is that his educational institutions are benefiting the rural masses, thus, contributing to rural development.

I take this opportunity to laud the professional team spirit at SDUAHER, reflecting in an "I-can-do and I-will-do" attitude of the students, faculty, and non-teaching personnel. I congratulate the editorial team for SANKEERNA 2015 souvenir annual book on the propitious occasion of 5th Convocation Day (27.3.15) at SDUAHER, Kolar.

Rajesh N. Jagdale
Chancellor



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

Comprising Sri Devaraj Urs Medical College

POST BOX NO. 62, TAMAKA, KOLAR - 563 101, KARNATAKA, INDIA

A DEEMED TO BE UNIVERSITY

(Declared Under Section 3 of UGC Act 1956, MHRD GOI No. F.9-36/2006-U.3(A), Dt. 25th May 2007)

Prof. (Dr.) P. F. Kotur

M.D. (Anaesth), Ph.D. (Med. Edn.) FICA

Vice-Chancellor

No.SDUAHER/KLR/VC/ 72 /2015-16



Date: 20th March 2015

MESSAGE

It gives me immense pleasure to congratulate not only all the young medical graduates but also their parents on this great occasion of the Graduation Day. As the young doctors take the 'Hippocratic Oath' and pledge to serve the mankind ethically, I wish all of them 'Good Luck' in all their ventures and careers. At this junction, I take the opportunity of bidding farewell to the entire outgoing batch of doctors and I am confident that our students will excel wherever they work.

I also congratulate the editorial team of 'Sankeerna-2014/15' for providing a platform for all the staff and students to express and share their feelings, gratitude and experiences in the campus.

I also wish the function a grand success.

(Dr.P.F.Kotur)

Vice Chancellor

Sri Devaraj Urs Academy of Higher Education and Research



MESSAGE

Each year, it gives me immense pleasure to see the long cherished dreams of our students come true, when their teachers bless them with their graduation. It is comparable to a gardener nurturing an orchard, tending to the trees, seeing them grow taller every year and bear fruits at the right time. Each student going out of the university is like a fruit bearing tree, the fruit of education. And the student shares his fruit of education by serving the community; as the tree shares its fruits and shade.

In previous years, we have seen the university grow in leaps and bounds in infrastructure and facilities. The effort of the university is commendable in various areas such as providing interactive classrooms, well catalogued and equipped electronic and paper library, sufficient clinical material, standard laboratories and research facilities. Even though we have achieved a lot, there is plenty to be done yet. An ever increasing demand from the growing population and dwindling resources is pushing us to be more efficient in patient care as well as research. Social responsibility and professional standards are becoming too complex and demanding. In this direction, the university is expected to deliver services as per the need of the current era.

My wishes to all graduates, I hope they will serve the expectant society with the professional service they were trained with. I congratulate all the graduates on this joyous occasion and wish the university and its staff success in their forthcoming endeavors.

Sri. G.H. Nagaraja
Secretary
Sri Devaraj Urs Educational Trust

EDITOR'S DESK



It's an honor to present to you, the much awaited annual college magazine **“SANKEERNA-2015”**.

This magazine is the compilation of all the academic, cultural, sports and literary activities that have taken place in this prestigious university in the year 2014-15.

I would like to take this opportunity to thank our beloved President Sri R.L.Jalappa, our Hon'ble Chancellor, Sri. Rajesh N.Jagdale and Hon'ble Vice-Chancellor of SDUAHER, Dr.P.F.Kotur and our beloved Principal, Dr.M.B.Sanikop for their inspiration and constant motivation to bring out the best in us.

The success of this magazine is attributed to the excellence and guidance of the editorial board with the generous contribution of all our sponsors.

I extend my warm regards to all the faculty and the students for their various articles on trending topics and portrayal of their artistic skills, which make this magazine an absolute joy to read.

I sincerely hope that this magazine is a reminder of all the fond memories made in this college. I wish all readers enjoy this master piece.

Dr.Sreeramulu.P.N
Editor-in-Chief

ACADEMY REPORT



Sri Devaraj Urs Academy of Higher Education and Research has been committed for achieving overall growth in all facets of its activities, adhering to various action plans as envisaged in the perspective plan and the calendar of events of the university. Most importantly, the university had held all the meetings of the Boards of studies, Faculties of medicine and Allied health sciences, Finance Committee, Planning and monitoring board, the Academic Council and Board of Management. Apart from these statutory meetings there were meetings of the other bodies which are integral to the functioning of the University. All these meetings had deliberated on several matters pertaining to academics and administration.

Some of the important outcomes of these meetings include the permission granted by the Academic Council and the Board of Management for commencement of courses in Molecular Biology and Human Genetics (M.Sc.), Master of Public Health (MPH), B.Sc. Renal Dialysis Technology and a novel Diploma course in Application Technology in Hospital environment, formulation of the objectives for the postings of the postgraduate and undergraduates, preparation of question bank, introduction of electives in the undergraduate curriculum, choice based credit system in the courses offered under the Faculty of Allied Health Sciences and setting up of the Center for Clinical Skills and Simulations as well as strategies for training of students in the clinical skill lab.

The University organized a State Level National Integration Camp – 2014 a week long programme from 21st February to 28th February 2014 in association with the Department of Youth Empowerment and Sports, Government of Karnataka. Wherein over 80 NSS volunteers and co-ordinators from 9 universities of other states participated. During this occasion, the NSS volunteers planted saplings, held a road rally to commemorate the launch of National Youth Policy and Rajiv Khel Abhiyan. The event was inaugurated by Shri.G.H.Nagaraja, Hon'ble Secretary of Sri Devaraj Urs Educational Trust for Backward Classes, Kolar. Dr.Naveen K.V, an accomplished speaker and Vice President of FAITHS, Bangalore, delivered an intriguing lecture on spiritualism, science, yoga and healthy lifestyle. Shri Renuka Prasad, Hon'ble Principal Judge of Kolar was the Chief Guest during valedictory function and delivered the valedictory address. The university has also organized a programme on “**National Science Day**”

on 28th February 2014. Shri.Narayan Guruji, of Shri Satya Sai Saraswathi Educational Trust, Navnihal, Gulbarga delivered a lecture on **“Fostering Scientific Temper”**.

The 4th Annual Convocation of the university was held on 22nd March 2014. Bharath Ratna Prof. C.N.R.Rao, National Research Professor, Honorary President, Jawaharlal Nehru Centre for Advanced Scientific Research, Bangalore was the Chief Guest for the convocation and delivered the Convocation address. During the convocation, Prof. P.Balaram, Director, Indian Institute of Sciences was conferred with the M.D.Honoris Causa in recognition to his contribution to Medical Research. A total of 119 graduate degrees, 62 postgraduate degrees and 16 postgraduate diplomas were awarded under the Faculty of Medicine and 2 Postgraduate Diploma in Genomic Technology and two Masters of Philosophy (M.Phil.) degrees were awarded under the Faculty of Allied Health Sciences. The university had also awarded Gold medals for the top scorers of the postgraduate university examinations in Preclinical, Paraclinical, Medicine and Allied subjects as well as Surgery and Allied subjects. Gold medals were also awarded to the toppers of the Postgraduate Diploma in Medicine and Allied subjects, Surgery and Allied Subjects as well as Undergraduate (MBBS) university examination.

As part of its social commitment the university, had organized a one day seminar on **25th March 2014** on **“What measures can be taken to ensure informed voting by the members of general public, to ensure election of candidates who are genuinely interested in promoting the welfare of the society”** in collaboration with Shri S.Nijalingappa Foundation and Department of Kannada and Culture, Government of Karnataka. Dr.V.Vijayakumar, Former Vice Chancellor, TNDALU, Chennai, was the Chief Guest and Mr.Anand.R, Chartered Accountant, Trustee, Shri S.Nijalingappa National Foundation attended the seminar as a special invitee.

The Fifth National Research Seminar, an annual scientific feast was held on 25th and 26th April 2014. Prof.G.Padmanabhan, Former Director, Indian Institute of Science, Bangalore inaugurated the seminar. Dr.Rajesh.N.Jagdale, Chancellor, SDUAHER presided over the inauguration. The theme of the seminar was **“Personalized Medicine - The Emerging Paradigm”**. Dr.Anura Kurpad, Prof. in Physiology and Nutrition, St.John’s Medical College & Hospital, Bangalore, Dr.R.D.Lele, Hon.Chief Physician and Director of Nuclear Medicine, Jaslok Hospital, Mumbai, Dr.Ashok Kumar, Prof. & Head, Endocrinology, JIPMER, Pondicherry, Dr.Karl E Arfors, Prof.Emeritus, Karolinska Institute of Research, Stockholm,

Sweden, Dr.Vijay Chandru, CEO, Strand Life Sciences, Bangalore. Dr.Naren.P.Rao, Inspire faculty, Center for Neuroscience, Indian Institute of Science Bangalore, Dr.Mohan Badagandi, Head of Department of Endocrinology and Diabetes, Manipal Hospital, Bangalore, Dr.Surendra Ugale, Laparoscopic Surgeon, Kirloskar Hospital, Hyderabad, Dr.Navkant Bhat, Prof. Dept. of Electrical Communication, Indian Institute of Science, Bangalore, Dr.Ashish Dixit, Consultant in Clinical Hematology and Blood and Marrow Transplant, Manipal Hospital, Bangalore, Dr.Sanjiv Jain, Prof. in Psychiatry, NIMHANS, Bangalore and Dr.H.T.Gangal, Former Professor of Surgery, KIMS, Hubli were the lead speakers and delivered lectures on the theme of the seminar. Dr.Karl E Arfors delivered the valedictory address.

In order to have a self-assessment on its functioning the university decided to conduct an **“Academic and Administrative Audit”**. The audit was conducted on 23rd and 24th May 2014 by a team comprising of former Vice Chancellors, Dr.V.S.Prasad, Dr.Ambedkar, Open University, Hyderabad, Dr.Sabale, YCMOU, Nashik and Dr.R.Chandrashekara, Rajiv Gandhi University of Health Sciences, Bangalore. Subsequent to the audit, Dr.V.S.Prasad, delivered a guest lecture on **“Institutional capacity building for quality assessment”** on 24th May 2014. The lecture was attended by the entire faculty and section heads of the university.

The university conducted its First National Medical Undergraduate Research Conference **“DEMEDCON”** on 31st May and 1st June 2014 with the theme **“Skill to heal, passion to care”**. The conference was inaugurated by Padmashree Dr.H.Sudarshan, Founder of Vivekananda Girijana Kalyana Kendra on 31st May 2014 who delivered the Key Note address on **“Reaching the unreached”**. Dr.P.F.Kotur, Hon’ble Vice Chancellor, of SDUAHER presided over the function. Dr.Arvind Kasthuri, Prof. of Community Medicine, St.John’s Medical College, Dr.Mario Vaz, Prof. of Physiology, Head of Humanities Division, St.John’s Medical College, Dr.Nagesh Simha, Medical Director, Karunashraya Centre for Palliative care and Dr.Dayaprasad, Volunteer, Doctors for Seva, SDUMC alumnus delivered lectures on various topics. There were four pre-conference workshops on “Cardiopulmonary Cerebral Resuscitation, Diagnostic Skills, Research Methodology and Essential Pain Management”. Around 200 delegates from 20 colleges across the country participated in the pre-conference workshop and the proceedings / deliberations of the conference.

The University celebrated **‘Doctors Day’** in association with Alumni Association to commemorate the Birthday of the late Dr.B.C.Roy on 1st July 2014, Dr.K.N.Srinivasaiah,

Medical Practitioner, Srinivasa Clinic, Kolar and Dr.Sreenivasa Murthy, Senior General Practitioner, Ashwini Clinic, Kolar were felicitated on the occasion. The 99th Birthday celebration of Sri Devaraj Urs, Former Chief Minister of Karnataka was held on 20th Aug'2014 in the Foyer of SDUMC. Hon'ble Vice Chancellor recollected the contribution of Sri.Devaraj Urs to the people of Karnataka.

Silver Jubilee Auditorium, Library and Information Centre was inaugurated on 2nd August 2014 by the Chief Guest Shri.Siddaramaiah, Hon'ble Chief Minister of Karnataka. On this momentous occasion, Shri.U.T.Khader, Hon'ble Minister of Health and Family Welfare, Govt. of Karnataka inaugurated the new Interns Men's Hostel and laid the foundation for the Swimming Pool and Dr.Sharan Prakash Rudrappa Patil, Hon'ble Minister of Medical Education, Govt. of Karnataka inaugurated the University Department of Medical Education and the Centre for Clinical Skills and simulations. Shri.K.H.Muniyappa, Member of Parliament and former Union Minister, Shri.V.S.Ugrappa, MLC, Shri.Nazeer Ahmed, MLC were present at the function. Welcome speech was delivered by Shri.Rajesh N.Jagdale, Chancellor, SDUAHER. Shri.Siddaramaiah delivered the inaugural address, Shri.U.T.Khader, Shri.Sharan Prakash Rudrappa Patil, Shri.K.H.Muniyappa also addressed the gathering and Shri.R.J.Jalappa presided over the function and delivered the Presidential address.

The Alumni Association of the constituent college had also celebrated **‘Teachers Day’** on 5th September 2014. During the occasion, two eminent teachers, Dr.S.R.Prasad, Prof. of Microbiology and Director of Post Graduate Studies and Dr.B.Shaikh Nazeer, Prof. of Orthopedics were felicitated.

Sri Devaraj Urs Medical College, the constituent institution of SDUAHER had celebrated **“PARVA”** – an Intra-collegiate Cultural Fest on 19th, 20th and 30th September 2014. Many of the students, teaching and non-teaching staff participated in various competitions. The Sports and Cultural Committee of SDUMC had organized Inter-Collegiate Sports and Cultural Fest **“PLEXUS-2014”** from 3rd to 5th September 2014. The Chief Guest for the Inaugural function was Dr.P.F.Kotur, Hon'ble Vice Chancellor. Shri.R.L.Jalappa, Chairman, SDUET presided over the event. Shri.Pichalli Srinivasa, Chairman, Karnataka Janapada Academy, Bangalore was the Chief Guest for Valedictory function. Shri. R.L.Jalappa, Chairman, SDUET presided over the function and Shri.Rajesh N.Jagdale, Chancellor, SDUAHER, Shri.Naseer Ahmed, MLC , State

of Karnataka, Chairman & MD Inmark Retail Pvt.Ltd, Dr.P.F.Kotur, Vice Chancellor, SDUAHER, Shri.G.H.Nagaraja, Secretary, SDUET were the guests of honor.

In recognition of the successful conducting of the National Integration Camp, the Department of Youth Empowerment and Sports, Government of Karnataka permitted the university to conduct the National Integration Camp once again from 25th September to 1st October 2014. Approximately 130 NSS volunteers belonging to 13 Universities from various parts of the country participated in the weeklong camp. The programme was inaugurated on 25th September 2014 by Dr.N.Nagambika Devi, IAS, Principal Secretary, Dept. of Youth Empowerment and Sports, Govt. of Karnataka and Sri.R.L.Jalappa, Chairman, SDUET presided over the function. Dr.P.F.Kotur, Hon'ble Vice Chancellor, SDUAHER. Mr.A.N.Pujar, Youth Officer and Head, NSS Regional Centre, Bangalore and Mr.Gananath Shetty, State Liaison Officer & Ex-officio Jt. Secretary, NSS Cell Dept. of Youth Empowerment and Sports, Karnataka were the guests of honor.

On October 2014, Gandhi Jayanthi – **“International Non-Violence Day”** was celebrated by the university. The proceedings of the day started with reminiscences by Dr.M.B.Sanikop, Dean, Faculty of Medicine and Principal, SDUMC on Mahatma Gandhi, his life, sufferings and ideologies. This was followed by cleaning of the university campus and abutting highway road side areas by the teaching and non-teaching staff of the university as part of the Swachh Bharat Swasth Bharat Abhiyaan exhorted by the Prime Minister of India.

R.L.Jalappa Hospital and Research Centre the teaching hospital of the Medical College had celebrated **“Hospital Day”** on 18th October 2014 which coincided with the 90th Birthday of Shri.R.L.Jalappa, beloved Chairman of SDUET. The Chief Guest was Dr.Gurumurthy.C.M., Founder Principal, SDUMC and Dr.P.F.Kotur, Hon'ble Vice Chancellor, SDUAHER presided over the function. Shri.J.Narasimhaswamy, Ex.MLA, Doddaballapur was the Guest of Honour. The function was well attended by all the employees and students of the university. On this occasion, hospital staff members who had served the hospital selflessly were honoured. The hospital also had arranged for competitions in various cultural and sports activities and winners were awarded with medals.



Inauguration of “Rashtriya Eka Diwas” on 31st October 2014 by Hon’ble President Shri R.L.Jalappa

The university had celebrated “**Rashtriya Eka Diwas**” (National Unity Day) on 31st October 2014 to commemorate Sardar Vallabhai Patel’s Birth Anniversary to spread the message of Unity, Safety and Security. In honour of Sardar Patel’s contribution to our beloved motherland, the University had organized various events like “Run for Unity”, ‘Essay and Debate Competitions’ on the life of Sardar Patel. The day’s program had started with a documentary film show on Sardar Patel which was attended by more than a 1000 staff and students. The Chairman, Sri.R.L.Jalappa, Sri Devaraj Urs Educational Trust for Backward Classes, Kolar inaugurated the programme. The Chief Guest for the function was Prof.G.R.Aswath, Head of the Department of Political Sciences, Government Women’s College, Kolar. On this occasion, the Rashtriya Eka Diwas Pledge was administered by Prof.B.G.Ranganath, Vice Principal of the College. All the staff and students of the university solemnly pledged to dedicate themselves to preserve and work towards the unity, integrity and security of the nation. The university also observed “**International Students Day**” on 17th November 2014 and held essay competitions and debates on “Shikshith Bharat Saksham Bharat – Quality education for all”.

Sri Devaraj Urs Academy of Higher Education and Research, Kolar is a vibrant place of happenings. The university and the departments of the constituent college continue to conduct several academic activities to update the faculty and the students on the latest developments in various subjects and contemporary issues. Some of the important academic events conducted include Workshop on “**Guidelines on PPTCT and EID of HIV**” on 22nd January 2014, a Live Surgical Workshop on “**Endoscopic Ear Surgery**” on 8th and 9th April 2014. Workshop on “**Pedagogy Microteaching**” was organized on 17th May 2014, State level workshop on “**Disaster Management**” on 19th September 2014, workshop on “**Recent advances in Pediatric Urology**” on 25th September 2014, “**Workplace - Based Formative Assessment,**

Feedback as a Training tool” on 6th November 2014 and a workshop on **“Medical Education Technology”** from 26th to 28th November 2014.

The departments also conducted a number of continuing medical education programmes which include, **“Recent update in RNTCP”** on 7th January 2014; **“Toxicology, Theme - Act fast before poison acts”** on 22nd February 2014, **“Gastrointestinal Pathology”** on 28th June 2014, a State level CME on **“Electrophysiology in Audiology”** on 2nd July 2014, **“Body Donation and Embalming”** on 13th August 2014, **“Interventional Radiology”** on 26th August 2014, **“Emerging viral infections”** on 19th September 2014, **“Boning up on osteoporosis”** on 21st October 2014 and a State Level CME on **“Medicine and Law Interface”** on 14th November 2014. The university apart from conducting workshops and Continuing Medical Education programmes, had also held several seminars, guest lectures, symposia etc. has also initiated steps to update the curricula for the various courses offered, introduce innovations in teaching, learning and evaluation processes and has affirmed to observe the **year 2015 as “The Year of Academic Reforms”**.

Dr.A.V.M.Kutty,
Registrar

COLLEGE REPORT



Devaraj Urs Medical College, with its vibrant campus saw a series of activities during the year 2014. There was considerable infrastructural growth and a spate of academic and co-curricular activities during the year.

The Silver Jubilee Auditorium, Library and Information Center were inaugurated on 2nd August 2014 by Sri Siddharamaiah, Hon'ble Chief Minister of Karnataka. The Silver Jubilee Auditorium accommodates 1100 audience in 1400 sq mtr area: library and information center with its spacious 3200 sq mts area accommodates staff and students as per the requirements of Medical Council of India. On the same momentous occasion Sri U.T.Khadar Hon'ble Minister of Health and Family Welfare inaugurated Men Intern's Hostel and laid the foundation stone for the Swimming Pool. Dr. Sharan Prakash Patil Hon'ble Minister of Medical Education inaugurated the new building to accommodate the University Department of Medical Education and the center for clinical skills and simulation.

During the year our Medical College conducted as many as 45 major academic activities such as CMEs, conferences, Symposia and Seminars. Our 310 strong staff members presented scientific papers in State, National and International conferences. Many of our young scientists and Post Graduate students have bagged prizes in these conferences. Our faculty has contributed 170 publications this year which has seen light in various reputed and indexed journals.

The student research wing conducted its first research conference, DEMEDCON, on 31st May and 1st June 2014 with the theme "Skill to heal and passion to care". The speakers who were authorities in their respective subjects delivered inspiring lectures. The key note speaker was Padmashree Dr. H Sudharshan, Founder of Vivekananda Girijana Kalyan Kendra. Around 250 delegates from 20 Medical Colleges across the country participated in the Pre-Conference workshop as well as the main conference.

Department of Biochemistry conducted the 2nd state level conference AMBKCON for which Dr. Ravindranath, Hon'ble Vice-Chancellor of Rajiv Gandhi University of Health Sciences was the chief guest.

The Medical Education Unit which was upgraded as the University Department Medical Education (U-DOME) has conducted orientation courses for Undergraduates, Interns and Post

Graduate students. U-DOME also conducted workshops on Research methodology, microteaching and question paper setting.

All the constituent departments of College conducted guest lectures, CME's and workshops as notified in the calendar of events. We also observed special days of national importance such as World Environment Day, World Blood Donors' Day, World Heart Day, Alzheimer's Day etc. The programmes conducted on these special occasions have created awareness in the public on many health issues. The NSS and YRC wings are vibrant and they have conducted yearlong activities and two National Integration camps. In these activities students from different states have participated with enthusiasm.

Our Hospital has been catering to the patients of Kolar and neighboring states. Since February 2014 the treatment is free including the charges on surgeries conducted. The attendance at our Hospital outpatient and inpatient departments is more than MCI requirements and all the inpatients are given free breakfast, lunch and Dinner. There is no dearth of clinical material for our students to learn. Our Community Medicine department conducts weekly camps, school health camps, Maternal Child health camps as part of the outreach programme.

The Alumni Association has conducted Doctor's day and Teacher's day. It has felicitated the distinguished Teachers and Doctors who have contributed to the growth of our Institution. Department of Pathology was judged as the best department for this year, for the second consequent year. Dr.Sarala, Prof. & HOD of Pharmacology was selected by the Academy as the best teacher for the year 2014, considering her various contributions.

Our cultural and sports wings conducted intercollegiate cultural and sports festival PLEXUS from 3rd September to 5th September 2014. Twelve Medical Colleges from outside participated in the cultural events and 18 Medical Colleges participated in the sports events. Sri.Pichalli Srinivas, President Karnataka Janapada Academy, Bangalore and Dr.A.B.Subbaiah (Olympian, Arjun Awardee and Asian gold medalist) were the chief guests for the function. The cultural and sports wing has also conducted intra collegiate cultural festival 'PARVA' and Annual Athletic meet. It held Fresher's day to welcome the new entrants to the MBBS course with great enthusiasm.

Our faculty contributed in various capacities on the statutory boards of our University and other Universities. Many of them were honoured by different professional Associations. Our Undergraduates and Postgraduates are recognized outside the state and country for their

talents. Our teachers are striving hard towards providing Quality Education, Good patient care and contributing new knowledge through Research. We are indebted for the constant support provided by the Management.

Dr.M.B.Sanikop
Principal

4th CONVOCAATION





4th Annual Convocation Day – 22nd March 2014



Felicitation to the Chief Guest for 4th Convocation, Bharat Ratna Prof. C.N.R.Rao, National Research Professor, Bangalore by Sri R.L.Jalappa, President, SDUAHER



**Dr.P.F.Kotur, Vice-Chancellor, SDUAHER releasing the College Magazine
“SANKEERNA 2014”**



**Dr. Arundhati Sanjay.T receiving the best outgoing students award for the
year 2013-14 from Shri.Rajesh N Jagdale, Chancellor, SDUAHER**



Best outgoing Woman for Cultural & Literary Activities for the year 2013-14

Dr. Poulomi Ghosh



Best outgoing Man for Cultural & Literary Activities for the year 2013-14

Dr. Siddartha.T



**Best outgoing Sports woman & Late Sri. Nagarajrao R.JagdaleMemorial Award for
the year 2013-14 Dr. Urvashi Khan**



**Best outgoing Sportsman & Late Sri. Nagarajrao R.JagdaleMemorial Award for
the year 2013-14 Dr. Ravi Bharath**

TOPPERS ACADEMIC & CO-CURRICULAR ACTIVITIES FOR THE YEAR 2013-14



DR. POOJA KANDULA
Gold Medal in
ANATOMY



DR. AMIT GUPTA
Gold Medal in
PHYSIOLOGY



DR. MONICA.K
Gold Medal in
BIOCHEMISTRY



DR.NEHA SINHA
Gold Medal in
MICROBIOLOGY



DR. SHILPA SURI C
Gold Medal in
PHARMACOLGOY



DR.A.K. SRAVANTHI
Gold Medal in
FORENSIC MEDICINE



DR.SAJJA CHANDINI
Gold Medal in
COMMUNITY MEDICINE



DR.JASIYA AFREEN.M.H
Gold Medal in
OPHTHALMOLOGY



DR. HEMALATHA.M
Gold Medal in
E.N.T



DR. T NAVYA SPURTHI
Gold Medal in
PAEDIATRICS



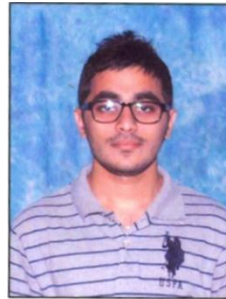
DR. SUMATHA.C.SURESH
Gold Medal in
MEDICINE



DR. BERI ENOSH
Gold Medal in
SURGERY



DR. MADDINENI REVATHI
Gold Medal in
OBG



DR. SIDDARTHA.T
BEST OUT GOING
STUDENT (Men) FOR
CULTURAL & LITERARY
ACTIVITIES FOR THE
YEAR 2013-14



DR. POULOMI GHOSH
BEST OUT GOING
STUDENT (Women) FOR
CULTURAL & LITERARY
ACTIVITIES FOR THE
YEAR 2013-14



DR. RAVI BHARATH
BEST SPORTS MAN FOR
THE YEAR 2013-14 & Late
Sri.Nagarajrao
R.JagdaleMemorial Award



DR. URVASHI KHAN
BEST SPORTS WOMAN
FOR THE YEAR 2013-14 &
Late Sri.Nagarajrao
R.JagdaleMemorial Award



DR. ARUNDHATI SANJAY.T
Gold Medal in Pathology
"BEST OUT GOING STUDENT
FOR THE YEAR 2013-14



FRESH BATCH – 2014-15

HOSPITAL REPORT



It is exciting to see the growth of our hospital and the service and dedication towards the quality health care at an affordable price to the needy rendered by it in the drought hit Kolar district. As usual the hospital is continuing its free treatment in the general wards of various specialties. The patients have to pay only if they are Medico Legal Cases or seek treatment in

super speciality departments.

I am proud to say that altogether, 54 General Health Camps were conducted and 13,901 patients were treated. One hundred twenty four camps were held at R.L.Jalappa Hospital OPD Block at Kolar town in which 1697 patients were benefitted. With respect to Mother and Child Health clinics (MCH), 57 clinics were held, 518 antenatal checkups were done and 201 children's checkups were carried out. Two hundred twelve outreach clinics were held and 5105 patients were treated. Ophthalmology department conducted 84 cataract surgery camps, 1981 people were screened of which 1284 patients were operated. Obstetrics and Gynaecology department of R.L.Jalappa Hospital conducted 1611 normal deliveries and performed 1656 lower segment caesarian sections. The casualty department of the hospital documented 2487 road traffic accidents, 760 cases of poisoning, 206 cases of snake bite, 381 cases of assault, 319 cases of fall from the height and 484 other medico legal cases. During the period under report, 4637 Medico Legal Cases, 7877 non medico legal cases were treated. Two hundred and seventy seven post mortem were conducted.

A MOU is under process with Suvarna Arogya Suraksha Trust, "Jyothi Sanjeevini Scheme" for government employees to cover only super specialty departments Like Urology, Neurology, Plastic surgery, Burns & Polytrauma cases. With same trust under "Rajiv Arogya Bhagya" scheme for APL card holders another MOU is under process for the above stated super specialty Cases. Under 'Vajpayee Arogya Shree Scheme' we have renewed the MOU with the same trust on 9th July 2014. The 'Yeshaswini health insurance scheme' was renewed on 6th September 2014 as the "Third party Agency" is changed from Medi Assist Pvt. Ltd to MD India Pvt.Ltd.

Sri Anand Guruji a famous *astrologer* visited our hospital on 5th December 2014 and blessed our hospital staff.

On 8-12-2014 we have submitted a MOU for the renewal of “Rastriya Swasthaya Bima Yojane”.

The first “Hospital Day” was conducted successfully on 18th October 2014 to commemorate the birth day celebration of our Hon’ble Chairman of Sri Devaraj Urs Educational Trust Sri R.L.Jalappaji. The programme started at 11:30 A.M at the Silver Jubilee Auditorium with the invocation and lighting the inaugural lamp. The Registrar of the Academy welcomed the dignitaries and the gathering. The hospital report was read by Dr.P.N.Sreeramulu, Medical Superintendent. Dr.C.M.Guru Murthy, Founder Principal of the SDUMC was the Chief Guest of the function which was presided over by Dr.P F.Kotur, Hon’ble Vice-Chancellor of SDUAHER. A Bird’s eye view of the life journey of our Hon’ble Chairman Sri R.L.Jalappaji was presented as the audio-visual clips. Dr.V.Lakshmaiah, Former Medical Superintendent, Dr.S.D.Rangappa, Former Deputy Medical Superintendent & Dr.Gurucharan Singh, Senior Prof. of Plastic Surgery were felicitated on the occasion. This was followed by the award distribution to the various staff members of the hospital who have had long standing association with the institution, best workers of various categories and for the winners of the sports and cultural activities.

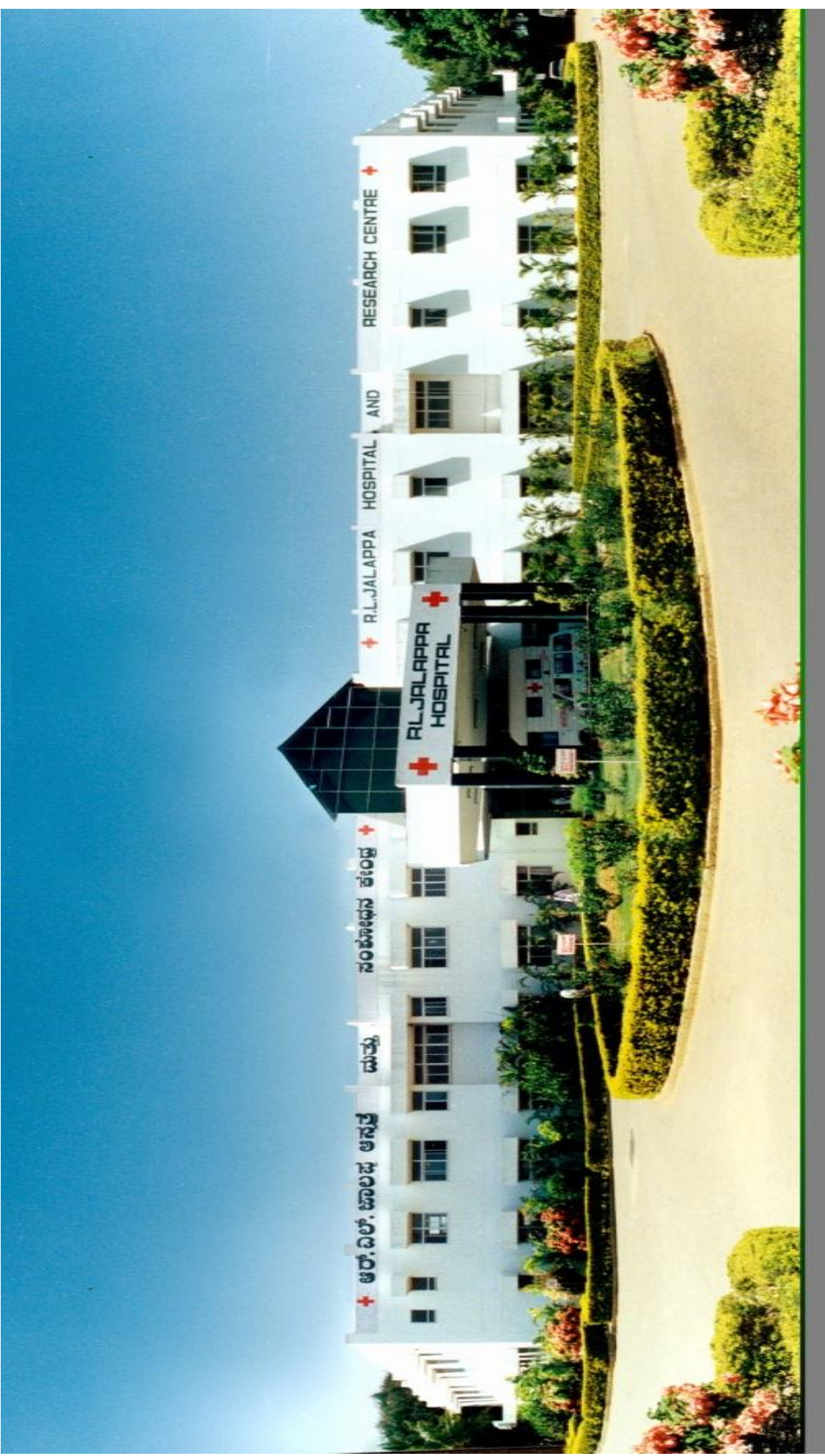
Then the Hospital day Souvenir was released. Sri J.Narasimha Swamy also spoke on the occasion. This was followed by cultural activities by the nursing staff. Finally Dr.S.R.Sheela, Deputy Medical Superintendent delivered the vote of thanks.

This year, Christmas day was celebrated on 20th December 2014 in the hospital which unlike the previous years saw the participation of all the Categories of the hospital staff from attenders to the teaching and non-teaching doctors. The gathering included the Hon’ble Vice Chancellor, Registrar, Principal, Medical Superintendent, Resident Medical Officer, and Chief Nursing Officer on the dais. The gathering was addressed by the Vice Chancellor, the Principal & the Medical Superintendent.

With these few words, I am concluding with an assurance that the hospital will strive to give the best quality health care to the needy patients of this backward rural area.

Dr.P.N.Sreeramulu
Medical Superintendent

HOSPITAL PHOTO



ACADEMIC ACTIVITIES

PHYSIOLOGY

Dr.Karthiyane Kuty.T, Dr.Vinutha Shankar.M.S, Dr.A.Jagadamba and Dr.Geetha.S were resource persons in the UG's Research Methodology Workshop conducted on 14th October 2014 at SDUMC, Kolar.



Dr.Vinutha Shankar.M.S completed her project on “Impact of basic Medical education technology (MET) workshop on faculty performance” and presented at SEARAME Conference at Srilanka from 12th to 15th November 2014.

Dr.P.Raja Reddy attended as delegate at the 42nd Annual Conclave of Research society for the study of diabetes in India RSSDI Bengaluru 2014 held from 21st to 23rd November 2014.

Dr.Karthiyane Kuty.T attended the 1st Golden Jubilee Conference of Association of Physiologist from 15th to 21st December 2014.

Dr.Sumitra attended and presented “Effect of Yoga on HRV & Stress in Medical Students” at the 1st Golden Jubilee Conference of Association of Physiologist from 15th to 21st December 2014.

Topic of Anemia and drugs acting at Neuro Muscular Junction were conducted as vertical integration topics to expose 1st Year MBBS students to applied aspects of Physiology. “Hand washing” was taught to 1st Year MBBS students to inculcate its importance in clinical setting.

BIOCHEMISTRY

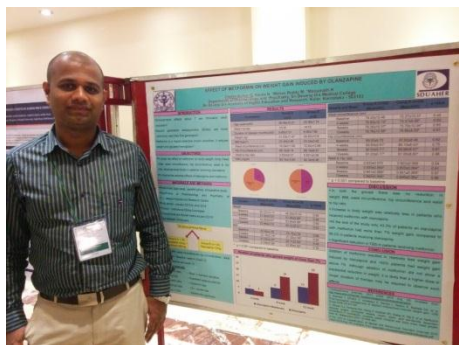
Dr.Sumathi.M.E, Associate Professor of Biochemistry was the Resource Person for UG Research Methodology Workshop conducted for Second MBBS (III Term) students by Student Research Committee on 14th October 2014.

Dr.Sumathi.M.E and Dr.Prabhavathi.K faculty from department of Biochemistry presented poster titled “Association of serum Gamma Glutamyl Transferase with lipid abnormalities in end stage renal disease” and “Association of Serum Uric Acid with anthropometric, HbA1c and Lipid profile in Diabetic Retinopathy” respectively at the 22nd

National conference of Association of Medical Biochemists of India (AMBI) from 14th to 16th November 2014 at Sri Venkateshwara Institute of Medical Sciences, Tirupati.

Mrs. Vanishree.B, Ph.D Scholar attended and presented a poster titled “Evaluation of protein carbonyl content and total antioxidant status in pre and post-delivery of women with preeclampsia within 48 hours” at 41st National Conference of Association of Clinical Biochemists of India from 10th to 13th December 2014 at AIIMS, Jodhpur.

PHARMACOLOGY



Dr Chetan Kumar G was awarded Best Poster at ISRPTCON 2014

Dr. Sowmya C and Dr. Sahana HV (2014-15 batch PGs) **won prizes** in quiz competition organized by department of Pharmacology, AJ Institute of Medical Sciences and Research Centre, Mangalore on 29-11-2014

Dr. Asha B, Dr.Revathi R, Dr. Dheepan N, Dr. Chetan Kumar G, Dr. Ashwitha SD and Dr. Ganashree P presented **papers** in Third International and Sixth National Annual Conference of Indian Society for Rational Pharmacotherapeutics ISRPTCON 2014 organized by departments of Pharmacology and Clinical Pharmacology, JIPMER, Puducherry on 21st and 22nd November 2014.

Dr. Ganashree P presented “**Adverse drug reactions reports**” of R.L.Jalappa Hospital from 1-8-14 to 31-11-14 on 11-12-2014, following CPC presentation.

Dr. Chetan Kumar G (2012-13 batch PG) was awarded **Best Poster** for “Effect of Metformin on weight gain induced by Olanzapine” in Third International and Sixth National Annual Conference of Indian Society for Rational Pharmacotherapeutics, ISRPTCON 2014 organized by departments of Pharmacology and Clinical Pharmacology, JIPMER, Puducherry.



Dr Sahana HV received first prize in quiz at AJ Institute of Medical Sciences and Research Centre, Mangalore on 29-11-2014

Dr. Sahana. HV, Dr. Sowmya.C and Dr. Mohammed Yaseen have attended Advanced workshop on “Clinical Pharmacology” organized by department of Pharmacology, AJ Institute of Medical Sciences and Research Centre, Mangalore on 28th and 29th November 2014.

Dr. Smitha Rai has completed “**Professional diploma in clinical research**” on 10th October 2014 from Catalyst Clinical Services, New Delhi

Dr. Bhuvana K has Completed “**Understanding Research: An Overview for Health Professionals**” on 10th October 2014 from The University of California, San Francisco.

Dr. Asha B has completed “**Advance Certificate Programme in Scientific Writing and Creation of Essential Documents**” on 31st October 2014 from Catalyst Clinical Services, New Delhi

During this quarter department of Pharmacology published the following:

1. Revathi R, Sarala N, Bhaskaran A. Prescribing pattern of antimicrobials in patients during post-operative period- An Observational Study. Br J Med Med Res 2015;5(10):1213-1219.
2. Ramaswamy N, Singh BN, Singh B, Basavareddy A. Profile of glucose intolerance in HIV Positive patients on 1st line and 2nd line antiretroviral therapy. Community Acquire Infect 2014;1(2):58-61.

MICROBIOLOGY

Dr. Mamata Kale attended a workshop on ‘Hands-on training in Laboratory Medicine’ in Pune conducted by Moving Academy of Medicine and Biomedicine, Pune from 6th to 11th Oct 2014.

Dr. S.R. Prasad chaired a session in a CME conducted by Department of Forensic Medicine, SDUMC, Kolar on 14th Nov 2014.

Dr. P.M. Beena, Dr. S.R. Prasad, Dr. Anitha D, Dr. Bipin and Dr. Sudha attended IIIrd Quarterly IAMM-KC meet at Bangalore Medical College, Bangalore on 20th December 2014. Dr.Sudha, Final year postgraduate student presented a poster in the CME.

During this quarter department of Microbiology published the following:

1. Parimala S, Rao TV, Harendrakumar ML, Beena PM. Evaluation of multiple laboratory methods in the diagnosis of Extrapulmonary Tuberculosis. Int J Med Public Health 2014;4:482-485.
2. Parimala S, Vidhya R, Bipin Chandra BL, Beena PM, Hariprakash C. Group G Streptococci in association with brain abscess – A rare occurrence. J Infect Dev Ctries 2014;8:1488-1490.
3. Venkatesh Karkada Srinivasnakshatri, Parimala Subramani, Kanak Narayan Venkateshwaraprasad, Puneet Varma. A fatal case of fungal empyema due to Candida krusei and Candida tropicalis: a rare occurrence with an atypical presentation. Journal of Clinical and Diagnostic Research [serial online] 2014 11[cited:2015 Jan 15] 11 DD01 - DD02.

COMMUNITY MEDICINE

Dr.Ananya Lakshmi, Final year Postgraduate in Community Medicine **Won First Place** in the following presentation on “Innovative ideas to improve the quality of education” held at SDUAHER university auditorium on 21st November 2014. In oration competition on “Unity and Sardar Vallabhai Patel” held at Silver Jubilee auditorium, SDUMC on 31st October 2014. Presentation on “Good Governance” held at SDUAHER university auditorium on 24th December 2014 on behalf of “Good Governance Day”.

Dr.Ananya Lakshmi did a poster presentation titled “Knowledge about malaria and dengue and use of impregnated insecticide bed nets in inmates of Mangalore city” at JNMC, Belgaum at the 26th KACHCON 2014 on 10th and 11th of October 2014.

Dr.Sunil.B.N did an oral presentation titled “Prevalence of anemia among pregnant women in Rural Kolar” at JNMC, Belgaum at the 26th KACHCON 2014 on 10th and 11th of October 2014.

All PG’s attended CME on “Recent updates on Tuberculosis” by Dept. of Community Medicine and Microbiology at MS Ramaiah Medical College on 27th November 2014.

Dr.B.G.Ranganath attended workshop on “Low technology Cervical Cancer Screening and Treatment” at RHUSA, CMC, Vellore.

Dr.B.G.Ranganath and Dr.Anil NS Conducted training programme for Medical Officers of Kolar District at District Health and Family Welfare training centre on “Counseling in

STI/RTI control programme” on 6th November 2014 and also Motivation and Counseling in NPCDCS programme on 16th and 17th December 2014

Community Orientation Programme for 1st MBBS students was held from 15th December 2014 to 3rd January 2015. Students were divided into 6 batches, 25 per batch and were trained at Rural Field Practice area of SDUMC. Each batch was trained for 3 days. Training included transient walk to observe the living conditions and environmental conditions of the Village, Household survey to assess the standards of living and community needs. Primary health care centres, Sub centre, Anganwadi were visited to understand the Health care delivery of India. Interaction with peripheral health workers like ANM, ASHA and Male Health Inspector to know their responsibilities and duties. They also observed the delivery of health services by the health workers. Gram panchayat office and members and the PDO were interviewed to know the problems and measures taken to tackle them by the Government of India.

IMPORTANT EVENTS CONDUCTED:

- a. **Swach Bharath Abhiyan:** All the Teaching & Non-Teaching staff participated in Swach Bharath Abhiyan on October 2nd 2014. All the Faculty and Non-teaching staff are participating in the Abhiyan every Wednesday between 2 to 4 pm. RHTC Devarayasamudra is observing the event every Thursday between 2 to 4 pm.
- b. **World Mental Health Day:** Faculty and undergraduates participated in road rally on 10th October to commemorate World Mental Health Day organized by NIMHANS.
- c. **Hand washing day:** Was organized on 15th October at RL Jalappa Central School in collaboration with NSS wing of SDUAHER. Dr. Muninarayana.C, Professor and HOD and Dr. A. Bhattacharyya, NSS Programme Coordinator of SDUAHER (University) addressed the students regarding the importance of hand washing.
- d. **Rashtriya Ekata Diwas:** All teaching staff, students and NSS volunteers participated in the programme on 31st October.



World AIDS Day – 1st December 2014

e. **World AIDS Day 2014:** Was observed on the 1st of December by Department of Community Medicine in association with the NSS unit of SDUAHER at Govt PU College for Girls, Kolar. Dr. Muninarayana.C, HOD,

Department of Community Medicine and Dr. A. Bhattacharyya, NSS Programme Coordinator of SDUAHER (University), Dr. Ananya Lakshmi and a team of Undergraduate NSS volunteers performed a play at the school and at the KSRTC Bus Stand, Kolar.

- f. International Day for persons with disability:** was observed on 3rd December-2014 by the Department in association with the NSS unit of SDUAHER at “Happy Home” a home for differently abled persons, run by an NGO, located in the general area of Bangarpet, Kolar. The students (NSS volunteers) being aware of their role in social service, collected contributions and purchased various fruits and eatables for the residents of “Happy Home”. The university (SDUAHER), also contributed generously so as to procure various items of regular use by the residents of “HAPPY HOME” such as hand towels, tooth paste, soap as well as eatables like biscuits.



International Day for persons with disability – 3rd December 2014

Mega health camps conducted:

- a. Mega Health Camp at National College ground Bagepalli (Chikkaballapur Dist.) on 11-10-2014** was organized by SDUAHER in association With S.N.Subba Reddy



Charitable Trust. Consultants, Postgraduates, Interns and Paramedical staff from various departments participated in the camp. The camp was inaugurated by Sri R.L.Jalappa, Chairman of SDUET, Mr.Subba Reddy, MLA, Bagepalli, Sri. Nagaraja G.H, Secretary of SDUET, Dr.Sreeramalu, Medical superintendent

of RLJH, Dr.Muninarayana, Prof & Head Community Medicine Dept., SDUMC, Kolar.

The SDUMC NSS student volunteers and programme coordinator attended the camp. A total of 1832 patients utilized the camp facilities of which 955 were males, 877 females and 115 were children. Free food was provided to all the patients who participated in the camp. Dr.Prassanna Kamath, Professor, Dept. of Community Medicine coordinated the event.

- b. **Mega Health Camp at Govt High School, Gudibande (Chikkaballapur Dist.) on 29-11-2014.** Mega Health camp was organized by SDUAHER in association with Govt High School, Gudibande (Chikkaballapur Dist.). Consultants, Postgraduates, Interns and Paramedical staff from various departments participated in the camp. The camp was inaugurated by Mr. Subba Reddy, MLA, Bagepalli, Sri. Nagaraj G.H, Secretary of SDUET , Dr.Muninarayana, Prof & Head Community Medicine Dept., SDUMC, Kolar and other Elected representatives. SDUMC NSS student volunteers and programme coordinator attended the camp. A total of 2483 patients utilized the camp facilities of which 1136 were males, 1347 females and 185 were children. Free food was provided to all the patients who participated in the camp.

Department of Community Medicine has published a paper authored by Nagaraja.G.M, Anil.N.S, Muninarayana.C, Ravishankar.S. A Study of the parents opinion on discrimination among degree college students of Rural Kolar district, South India. International Journal of Humanities and Social Science Invention 2014;3(11):56-61.

MEDICINE

Department of Medicine organized a guest lecture on “Recent updates on cardiac interventions” which was conducted on 7th October 2014. Dr. Keshav, Cardiologist, Fortis Hospital, Bangalore was the guest speaker.

ANAESTHESIA

A one day CPR workshop was conducted on 15th November 2014 for House Surgeons at Central Skill Lab, SDUAHER, Kolar. Dr. Dinesh K and Dr.Ravi M who are ACLS providers conducted the workshop with the team members.

Dr.Dinesh.K, Dr.Somasekharam.P, Dr.Ravi.M and Postgraduate students attended and presented papers at State Level Anaesthesia Conference (KISACON-2014) at SDM Medical College & Hospital, Dharwad held on 17th and 18th October 2014. Dr.Dinesh.K, Dr.Somasekharam.P, Dr.Ravi.M chaired the scientific sessions in the conference.

Dr.Dinesh.K, Dr.Somasekharam.P, and Postgraduate students attended and presented papers at 62nd Annual National Conference of Indian Society of Anaesthesiologists-2014 at Madurai from 26th to 29th December 2014 and Dr.Dinesh.K and Dr.Somasekharam.P chaired the scientific sessions in the conference.

PAEDIATRICS



Children's Day Celebration – 14-11-2015

Department of Paediatrics conducted a “Children’s Day” celebration on 14th November 2014 at R.L.Jalappa Hospital, Kolar. On this occasion a drawing competition was held for children admitted in the hospital. Winners among them were awarded prizes. The event was appreciated by all those gathered. Dr.P.N.Sreeramulu, Medical Superintendent was the chief guest.

Dr.Krishnappa and Dr.Sudha Reddy chaired the event and Dr.Ambresh was the moderator.

ORTHOPAEDICS



Inauguration of CME on “Boning up on Osteoporosis” and workshop on “LCP fixation for Osteoporotic bones” – 21-10-2015

Department of Orthopaedics conducted a CME on “Boning up on Osteoporosis” and workshop on “LCP fixation for Osteoporotic bones” on 21st October 2014 at SDUMC, Kolar. Dr.H.B.Gadiyar, Prof. & HOD of Orthopaedics, PES Medical College, Kuppam spoke about “Treatment, prevention and non-pharmacological intervention in osteoporosis”. Dr. Ramalingaiah, Professor of Orthopaedics, Bangalore Medical College, Bangalore,

gave a talk on “Role of LVS (DXA) in management of chronic back pain-emerging trends”. Dr.Mahesh Bijjawara, Consultant Spine Surgeon, Mahaveer Jain Hospital, Bangalore delivered a talk on “Balloon kyphoplasty in vertebral compression fractures”.

Dr.Arun.H.S, Professor of Orthopaedics attended the Aotrauma Masters Course – Complex Trauma at New Delhi from 6th to 8th November 2014.

Postgraduate students attended the 59th Annual Conference of Indian Orthopaedic Association at HICC & HITEK, Hyderabad from 19th to 22nd November 2014.

Dr.Arun.H.S attended CME on “Meniscus implants and a cadver demonstration of the procedure” at M.S.Ramaiah Medical College & Hospital, Bangalore on 18th December 2014.

Department of Orthopaedics organized a guest lecture on “Basics of knee arthroplasty and recent advances” which was conducted on 17th December 2014. Dr. Somasekhara Reddy, Consultant Arthroplasty Surgeon in Apollo Hospital, Hyderabad was the guest speaker.

Dr.Prabhu.E attended as faculty for a Postgraduate Teaching Programme on “Sports injuries of knee” at St.Martha’s Hospital, Bangalore on 28th December 2014.

OPHTHALMOLOGY

Department of Ophthalmology conducted 23 free Cataract Surgery camps, in which 352 patients were screened of whom 304 were operated.



Evaluation of a patient in Diabetic Retinopathy Camp at Kolar OPD

Department of Ophthalmology conducted a Diabetic Retinopathy Camp on 14th November 2014 at Kolar OPD in view of World Diabetic Retinopathy Day.

Staff & PG's attended State level conference MYCON-2014 at Mysore from 7th to 9th November 2014.

PG's attended "EYE PEP-2014" Postgraduate Workshop conducted by L V Prasad Eye Institute (LVPEI) at Hyderabad from 23rd to 28th November 2014.

RADIO-DIAGNOSIS

Faculty and postgraduate students attended CME on "Musculoskeletal Imaging" at M.V.J. Medical College and Research Hospital, Hoskote on 23rd December 2014.

Dr. Anilkumar Sakalecha, Professor of Radio-diagnosis attended conference on "MRI Update-2014" at Mumbai held on 18th and 19th December 2014.

UNIVERSITY DEPARTMENT OF MEDICAL EDUCATION

UG Orientation course for 1st MBBS was conducted for students admitted in 2014-15 on 7th October 2014. Dr. M.B. Sanikop, Principal addressed students & oriented them to Mentorship Programme. How to manage time and study environment was deliberated. Pre-lecture preparation, organisation, method of taking down notes and making it more interactive to support the learning process was emphasized. How to read medical literature and mindmaps were discussed and this was followed by a group task. Fifteen groups were made & topics were allotted and were given 45 minutes to complete the mindmap and display it. Management of stress in medical education was discussed in depth.

Resource Persons: Dr. Vinutha Shankar MS, Dr. Mohan Reddy, Dr. Anil NS, Dr. Geetha S

Workshop on Workplace-based Formative Assessment and Feedback as Training Tool:

Workshop was conducted on 6th November 2014 and inaugurated by honorable vice chancellor Dr. PF Kotur. Dr.DK Srinivas briefed Educational objectives and Bloom's taxonomy. He explained differences between formative and summative assessment and advantages of formative assessment in terms of more flexibility in duration, small content and feedback to learner. MCI



Workshop on Workplace-based Formative Assessment and Feedback as Training Tool - 6-11-2014

vision 2015 is competency based curriculum, so faculty should get oriented to assessment tools such as Mini Case Evaluation Exercise and Direct Observation of Procedural Skills. The importance of professionalism including communicational skills, ethical and legal understanding, humanism, accountability,

altruism and reflection in PG training was discussed. Mini-CEX is a 10-15

minutes observation of the clinical skills by the peer followed by feedback. 4-6 interactions per year by different observer on different clinical skills were suggested. Direct Observation of Procedural Skills is to assess Practical skills or Clinical Procedures, with agreed assessment criteria. Video demonstrations of clinical history and examination of jaundice patient in OPD, IV cannulation, suturing of scalp injury in the emergency room were done. Each demonstration was followed by reflection and peer feedback. The importance of giving positive feedback in the beginning, self reflection and being non-judgmental was stressed.

Workshop on Soft Skills: A workshop was conducted on 12th November 2014 to commemorate



Workshop on Soft Skills – 12-11-2014

birth anniversary of late Dr. Maulana Abul Kalam Azad and celebrated as National Education Day. Guest-speakers were Mrs. Mary Keightley of Mind Associates, Dr. Vivek Chhabra, Emergency Physician, UK and Dr. Pratibha Kane, Associate Professor, Anaesthesiology, Pune. Our Vice-Chancellor said that Dr. Abul Azad was instrumental in the foundation of UGC and stressed the

importance of the workshop.

Dr. Vivek Chhabra emphasized the need of having a developed emotional quotient and elaborated on “Strategies and Structure for Communication skills”. He discussed several case scenarios inviting suggestions and concluded on the need for proper communication and a good listening ability in order to be a good physician. Mrs. Keightly discussed “Can an apology prevent Litigation?” Participants were to identify three major issues faced by doctors on a regular basis which were debated at length. Dr. Pratibha Kane played the bereaved widow of a patient with one participant as doctor. The participants were to note their observations on what the “doctor” does right and what could have been handled better under the subheadings of ‘body-language’, ‘the beginning’, ‘the middle’ and how the ‘doctor’ ended the interview. The role-play was analyzed in depth with the feedback from the observers. Acronym NURSE was discussed. N-Nurse the emotion, U-Understand the reason for the emotion, R-Respect the emotion, S-Silence/ support, E-Empathy.

11th Medical Education Technology Workshop

Workshop was conducted from 26th to 28th November 2014 Dr. Shirley George was the observer. A Pretest, “breaking the ice” and group dynamics, followed by inauguration by Dr M.B. Sanikop, Principal. Systems approach involved the importance of input, process and output and how teachers can help students become competent doctors. In principles of adult learning, it was

stressed that adults learn when there is a felt need. Educational objectives & taxonomy; the content, activity, criteria, task and condition in framing SLO was elaborated. The concept of Microteaching its advantages and disadvantages were discussed followed by a demo. Different types of media and the precautions to be taken while preparing slides were stressed.

Methods of developing the curriculum, revising and SPICES model was discussed. In 'Quality assurance in Medical Education' the roles of a teacher and how they can be a part of sustaining quality in teaching, patient care and research was emphasized. 'Principles of assessment' involved the grading of some preset questions provided to them, followed by 'Assessment of Knowledge', with active audience participation. Participants were informed to submit a MET-relevant project proposal. 'Skills of Effective Feedback' ignited many new ideas. 'Principles and Application of Internal Assessment' focused on pros and cons of the internal assessment.

The importance of interactive teaching was emphasized by a video clipping of didactic lecture. Participants identify the need for interactive teaching and share it. They designed an interactive session and presented innovative concept maps. Importance of E-learning and Survey Monkey was highlighted. In Good Teaching Practice 5 top challenges in fulfilling various roles by a medical graduate and one feasible solution to each were given. Skill development and Assessment of clinical and practical skills were discussed in depth with demonstration of OSCE / OSPE stations, their advantages and disadvantages.

Resource Persons: Dr. SR Prasad, Dr. Sarala N, Dr. Vinutha Shankar MS, Dr. Muninarayana C, Dr. Suresh TN, Dr. Anil NS, Dr. Prasanna Kamath, Dr. Prasad KNV , Dr. Sudha Reddy VR, Dr. Geetha S.

NSS NATIONAL INTEGRATION CAMP (NIC)



**139th Birth Anniversary of Sardar Vallabhai Patel –
31st October 2014**

National Unity Day, 2014 was observed with fervor and gaiety by the NSS unit of the institution on 31st October 2014 that coincided with the 139th Birth Anniversary of Sardar Vallabhai Patel, the first Home Minister of Independent India.

In a commemorative function organized by the Academy NSS volunteers took part in competitions for essay writing and oration on the life

and work of the Iron Man of India, as the great son of the soil is popularly known.

About 150 NSS volunteers took out a rally to mark the occasion of National Unity Day in Kolar Town. They criss –crossed through the roads and alleys of Kolar Town spreading the message of National unity, integrity cohabitation and inclusive growth.

WORLD AIDS DAY 2014:

The spread of HIV infection over the globe at a lightning speed during the last three decades is often called as Modern Pandemic. India's tryst with HIV/AIDS is marked by a spectacular feature that the epidemic has shifted its focus from the high risk groups to general population through the bridge population. The rising numbers of infection amongst the general population is not only alarming but also make it more pertinent to spread awareness about this dreaded disease, which as on date, does not have a cure.

Keeping this in mind this Department (Community Medicine) in association with the NSS unit of SDUAHER took a plunge on the World AIDS Day (01 December 2014) to spread awareness among the children in their late teens as well as the general public about the infection and the means of its prevention / control.

The Government PU College for Girls, Kolar, was chosen primarily because many health awareness activities undertaken in the community often do not address the girls/women on

HIV/AIDS because of apparent stigma of touching upon the issues that relate to human sexual behavior.



The young students of the Government PU College for Girls, Kolar, were initially addressed by Dr. Muninarayana.C, HOD, Department of Community Medicine, SDUMC, This was followed by a lecture by Dr. A. Bhattacharyya, Asst. Professor as also NSS Programme Coordinator of SDUAHER (University). Students were in for a sweet surprise when the

NSS volunteers (students of third term MBBS of SDUMC) enacted the Role Play after this. The entire programme was hailed by the college authorities, the students and also the Deputy Director, Higher Secondary Education, who was present during the occasion.

The team of NSS volunteers then went to KSRTC Bus Stand at Kolar and performed the Role Play in front of several hundreds of curious spectators. The Role Play was lauded by a cacophony of appreciative clapping of the audience.

The Role Play was conceived, written and directed by Dr. Ananya Laxmi, Post Graduate student in the Dept. of Community Medicine, SDUMC.

The logistics of the entire day's activity was planned and supervised by Dr. P Raja Reddy, NSS Programme Officer and Unit I of NSS of the university and was executed with full support from the teaching and non-teaching staff from the Dept. of Community Medicine. The expenditures incurred on the occasion were borne by the ever supportive SDUAHER authorities.

WOMEN EMPOWERMENT CELL

Women Empowerment Cell of the Academy had organized an Essay competition for



UGs, PGs and nursing students to commemorate the birthday of Sri Subramania Bharathi, the great Hindi and Tamil Poet on 11th December 2014. The winners were announced on 17th December 2014 during second Women Empowerment Cell meeting.

The winners of the essay competition are as follows

1st Place-Miss. Elisabeth Mary, Sri Devaraj College of Nursing

2nd Place-Miss. Abinaya Ravichandran, 3rd term, MBBS, SDUMC.

3rd Place-Miss. Lezia Jenifer, 3rd year BSc, Sri Devaraj College of Nursing

The prizes will be distributed during International women's day celebration.

ANATOMY



Sitting L to R: Dr. Ashwini.N.S Dr.Sridevi.N.S, Dr. M.B.Sanikop, Dr. Venkateshu.K.V, Dr.Divya.C,
Mrs.Krishnaveni.C

Standing L to R: Dr.Kumaraswamy Revanakimath, Dr.Vinay Kulkarni, Dr.Shashikanth Karagi, Mr.Suresh.T,
Dr.Shashidhar

PHYSIOLOGY



Sitting L to R: Mrs.Usha G Shenoy, Dr.Sunanda V Nayak, Dr.Karthiyanee Kutty, Dr.D.V.L.N.Prasad, Dr.Vinutha
Shankar.M.S

Standing L to R: Dr.N.J.Patil, Dr.Raja Reddy.P, Dr.Geetha.S, Dr.Vineetha Vittal, Dr.Jagadamba.A, Dr.Sumithra,
Dr. Parasuraman

BIOCHEMISTRY



Sitting L to R: Dr.Prabhavathi.K, Dr.C.D.Dayanand, Dr.K.N.Shashidhar, Mrs.Deena Mendez, Dr.Sumathi.M.E

Standing L to R: Dr. Susanna.T.Y, Mrs. Vanishree.B, Mrs. Mamatha Kunder, Mrs.Munilakshmi.U

PATHOLOGY



Sitting L to R: Dr.Vidyavathi.K, Dr.T.N.Suresh, Dr.Harendra Kumar.M.L, Dr.C.S.B.R.Prasad, Dr.Subhashis Das

Standing L to R: Dr.Shubhra R, Dr.Chaithra.H, Dr.Supreetha.M.S, Dr.Shilpa.M.D, Dr.Manjula.K,
Dr.Hemalatha.A, Dr.Swaroop Raj.B.V, Dr.Karthik K.R, Dr.Shubham A, Dr. Yashaswini.R, Dr.Veena.R,
Dr.Sharitha.M.N, Dr.Nishit

PHARMACOLOGY



Sitting L to R: Dr.Smitha Rai, Dr.Meenakshi Lella, Dr.Asha.B, Dr.Sarala.N, Dr.Bhuvana.K, Dr.Jayakumar.J.K

Standing L to R: Dr.Sowmya.C, Dr.Chethan Kumar, Dr.Revathi Ramesh, Dr. Dheepan N, Dr.Ashwitha Shruthi, Dr.Mohammed Yaseen, Dr. Ganashree

MICROBIOLOGY



Sitting L to R: Dr.Anitha.D, Dr.Mamata Kale, Dr.Beena.P.M, Dr.S.R.Prasad, Dr.Arvind Natarajn, Dr.Devnikar Anushka V

Standing L to R: Dr.Sagar Mali, Dr.Sudhamani, Dr. Aysha Yasmeeen, Dr.Bipin Chandra Bhagath.L

FORENSIC MEDICINE



Sitting L to R: Dr.Umesh Babu.R, Dr.J.Kiran, Dr.Ajay Kumar.T.S

Standing L to R: Dr. Sindhuri.K, Dr.Murali Mohan.M.C

COMMUNITY MEDICINE



Sitting L to R: Dr.Deepa.L.N, Dr. Prasanna Kamath.B.T, Dr. Muninarayana.C, Dr.B.G.Ranganath, Dr.Anil.N.S,
Dr. Ananta Bhattacharyya

Standing L to R: Dr.Ananya Lakshmi, Dr.Naresh Kumar.J, Dr.Mahesh.V, Dr.Latha.K, Dr.G.M.Nagaraj,
Dr. Varsha.R.M, Mr.Shiva Kumar.S.R, Mr.Nagaraj, Dr.Sunil.B.N, Dr.Harish.S, Dr.Manjunath.T.L

MEDICINE



Sitting L to R: Dr.Deepa.L.N, Dr.Raveesha.A, Dr.V.Lakshmaiah, Dr.B.N.Raghvendraprasad, Dr.K.Prabhakar, Dr.Vidyasagar.C.R

Standing L to R:

Front Row: Dr.Madhavi Reddy, Dr.Santoshi Malkarnekar, Dr.Naveen.L, Dr.Harish Kumar, Dr.Srinivasa.S.V, Dr.Sri Sai Prasad.K

Middle Row: Dr.Spoorthi.V, Dr.Sandeep, Dr.Rahul, Dr.Uphar Gupta, Dr.Arun.V.G, Dr.Likitesh.A.B, Dr.Nagasumanth Reddy, Dr.Reddy Prasad.K, Dr.Anitha.N, Dr.Vaishnavi, Dr.Sridhar.S.G, Dr.Yugendhra.M.R, Dr.Sri Chandhan.R, Dr.Dinesh Reddy.A, Dr.Harish.B.V, Dr.Arun.V, Dr.Spandana.P

Back Row: Dr.Krishna Prasad.A, Dr.Amiril Naga.L.N, Dr.Vijaya Kumar.S, Dr.Surya Prasad.R, Dr.Sudhir.L, Dr.Gorijala Aparna

SURGERY



Sitting L to R: Dr.Krishna Prasad.K, Dr.Sreeramulu.P.N, Dr.Mohan Kumar.K, Dr.A.Bhaskaran, Dr.K.Nischal, Dr.C.A.Shashirekha

Standing L to R:

Front Row: Dr.Asadulla Beig, Dr.Pavan.B.K, Dr.D.Srinivasan, Dr.Vikranth S.N, Dr.Ashwini.R.K, Dr.Pramod.T, Dr. Ananda.K

Middle Row: Dr.Anupam.C, Dr.Naveen.P, Dr.Pawan Katti, Dr.Prashanth.K.D, Dr.Senthil Kumar.S, Dr.Chandan.K.R, Dr.Gugri Mukthinath, Dr.Vivekanand, Dr.Rakesh.N, Dr.Harsha.R, Dr.Kiran Shankar.H

Back Row: Dr.Ramireddy.M, Dr.Arvind.R, Dr.Vivek.H, Dr.Kumar Raghavendra V.M, Dr.Madhu.S.N

OBG



Sitting L to R: Dr.Prashanth.B, Dr.Munikrishna.M, Dr.Sunita.V, Dr.Narayana Swamy.M, Dr.Pushpa P Kotur, Dr.Gomathy.E, Dr.Manjula.H.M

Standing L to R:

Front Row: Dr.Preeti.U, Dr.Priyank V, Dr.Aparna.K.S, Dr.Nagashri.M.N, Dr.Deepika.N, Dr.Latha.G.S, Dr.Nagajyothi.S, Dr.Dheera.A.S

Middle Row: Dr. Divya Spurthi, Dr.Geetha.S, Dr.Vijayalakshmi.C, Dr.Vartika, Dr.Arulsevi.K, Dr.Jhansilakshmi.K

Back Row: Dr.Sharth, Dr.Charu Yadav, Dr.Arshitha, Dr.Apoorva.I, Dr.Alekhy Reddy, Dr.Umadevi.K

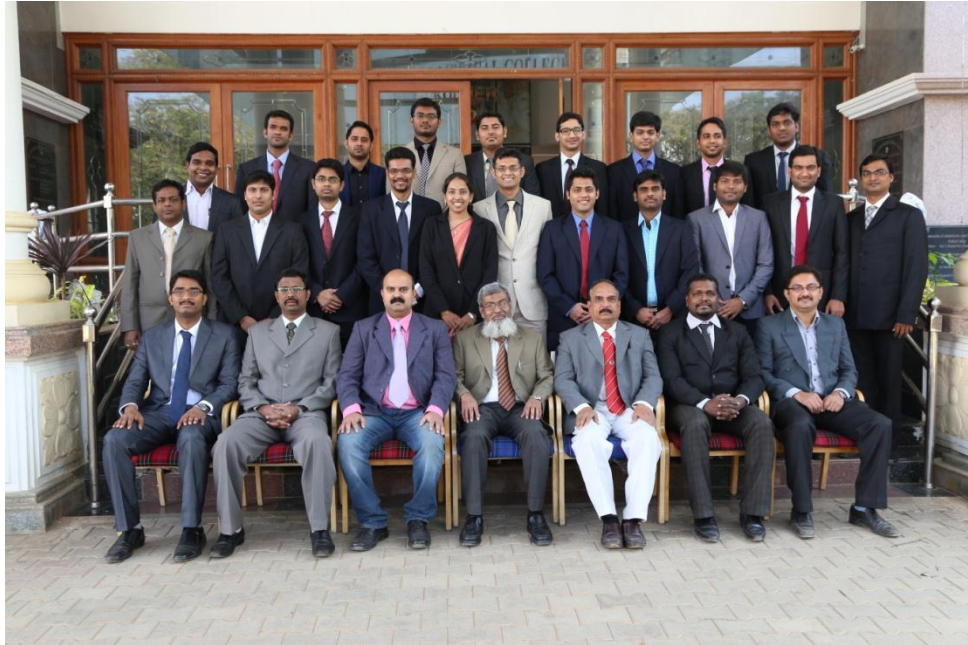
PAEDIATRICS



Sitting L to R: Dr.Anand Mantha, Dr.Sudha Reddy.V.R, Dr.Beere Gowda.Y.C, Dr.K.N.V.Prasad, Dr.Krishnappa.J, Dr.Sharath S Ghalige

Standing L to R: Dr.Aravindh.S, Dr.M.Hima Bindu, Dr.Jyothi.A, Dr.N.Kiran Reddy, Dr.Deepa.K, Dr.Roshith.J.K, Dr.Abhishek.P, Mr.Narayanappa, Mr.Appe Gowda

ORTHOPAEDICS



Sitting L to R: Dr.Hari Prasad.S, Dr.Anil Kumar.S.V, Dr.H.S.Arun, Dr.B.Shaikh Nazeer, Dr.Gudi.N.S, Dr.Prabhu.E, Dr.Vinod Kumar.M

Standing L to R:

Front Row: Dr.Abdul Hadi, Dr.B.Nagarjuna Reddy, Dr.Shaik Hamed, Dr.Vishal.M.H, Dr.Rajyalakshmi.R, Dr.Samarth Arya, Dr.Avi Pranay Shah, Dr.M.Chandravinod Kumar, Dr.Udumula Ashok, Dr.Anvesh.K, Dr.Mahesh Kumar.N

Back Row: Dr.Karthik.P, Dr.Mizanur Rahaman, Dr.Praneeth Kumar.J, Dr.Deshapande.A.A, Dr.C.Chakradhar Reddy, Dr.Nuka Sri Charan, Dr.Vaibhav B, Dr.Pravataneni Prathap

ANAESTHESIA



Sitting L to R: Dr.Rajanna.K, Dr.Ravi.M, Dr.Dinesh.K, Dr.P.F.Kotur, Dr.Somasekharam.P, Dr.Ramesh Kumar.P.B, Dr.Anand.T.T

Standing L to R:

Front Row: Dr.Mohammed Shahid, Dr.Vishnuvardhan.V, Dr.Amruta.S.K, Dr.Supriya.T.C, Dr.Archana.K.R, Dr.Naga Seshu Kumari.V, Dr.Sujatha.M.P, Dr.Suresh Kumar.N, Dr.Kiran.N

Middle Row: Dr.Priyanka.K.J, Dr.Neha Nupoor, Dr.Nikhila.R, Dr.Sowmya.N, Dr.Anusha Raj

Back Row: Dr.Bon Sebastian, Dr.Manjunath.B.N, Dr.Nachiketha Rao.K, Dr.Don Sebastian, Dr.Harish.B.G, Mr.Manjunath

OPHTHALMOLOGY



Sitting L to R: Dr.D.Krishnamurthy, Dr.Narendra P Datti, Dr.Kanthamani.K, Dr.Usha.B.R

Standing L to R:

Front Row: Dr.Mukul.B.M, Dr.Sugaranjini.G, Dr.Preeti.B, Dr.Jyotsna.S, Dr.Shalini.S, Dr.Shalini,
Dr.Rashmi.N.R, Dr.Shrey.M

Back Row: Dr.Dilip Kumar.K, Dr.Preethi.B, Dr.Bhavya Reddy, Dr.Ashwini.R, Dr.Subhratanu.C

ENT



Sitting L to R: Dr.Prashanth Babu.A, Dr.M.Lakshminarayana, Dr.Merchant Shuaib, Dr.Sagayaraj.A,
Dr.S.M.Azeem Mohiyuddin, Dr.Chandrakala.S, Dr.Kouser Mohammadi, Dr.Divya Jyothi.N, Dr.Sindhura.S

Standing L to R:

Front Row: Mrs.Aproova, Dr.Pooja Harsha, Dr.Chaithra.S, Dr.Huda Ali Sayed, Dr.Aunpama.P, Dr.Harshita.T.R,
Dr.Smitha.T.M, Dr.Anjali.K

Back Row: Dr.Reji Mathew, Dr.Balan.Ashok Kumar, Dr.Ricky Sam.A, Dr.Rajesh Melta, Dr.Amit Shankar.Gupta,
Dr.Abhishek C Nayak, Dr.Bhadrigiri Vageesh Padiyar, Dr.Arun.P

DERMATOLOGY



Sitting L to R: Dr.Rajesh.G, Dr.Raghavendra.B.N, Dr.Rajashekar.T.S, Dr.Sathish.S

Standing L to R: Dr.Keerthi.C, Dr.Bindushree.R, Dr.Champa.R, Dr.Ann Mary Jose, Dr.Shruthi.M.K, Dr.Sowmya Soragavi, Dr.Prakruthi.K.N

RADIO-DIAGNOSIS



Sitting L to R: Dr. Vinay.K.K, Dr.Ahanthem Nabakumar Singh, Dr.Pattabhi Raman.V, Dr.Purnima Hegde, Dr.Aswwatha Narayana.T.C, Dr.Anil Kumar Sakalecha.K, Dr.Jagadish Basavaiah

Standing L to R:

Front Row: Dr.Ranga Prasad.M, Dr.K.J.S.S.Raghu Teja, Dr.Anusha Reddy, Dr.Shiva Teja.K, Dr.Keerthi Vasireddy, Dr.Sujatha, Dr.Kuku Mariam Suresh, Dr.Naveen G Naik

Back Row: Dr.Raj Kumar.R, Dr.Shivaprasad.G.S, Dr.Girish.D, Dr.Eswara Sai Prasad, Dr.Bharath Reddy, Dr.Aaditya Kumar Singh, Dr.Ambuj

PSYCHIATRY



Sitting L to R: Dr.Rutha Senha Chandrakumar, Dr.Mona Nongmeikapam, Dr.Mohan Reddy.M, Dr.Jagadesh.S.N

EMERGENCY MEDICINE



Sitting L to R: Dr.Thippeswamy, Dr.Somasekharam.P, Dr.Govinda Raju.M

Standing L to R: Dr.Amrutha.C, Dr.Subash.S

SUPER SUPECIALITY



Standing L to R: Dr. Chandrashekara.M.N, Dr. Dr.Balasubramanyam.N , Dr.Anand Mantha, Dr.Paparaja Murthy.D

MEDICAL EDUCATION UNIT



Sitting L to R: Dr.K.N.V.Prasad, Dr.Lakshmaiah.V, Dr.M.B.Sanikop, Dr.Sarala.N, Dr.S.R.Prasad, Dr.Vinutha Shankar.M.S

Standing L to R: Dr.Prasanna Kamath.B.T, Dr.T.N.Suresh, Dr.Geetha.S, Dr.Anil.N.S, Dr.Mohan Reddy.M

SPORTS



**Volleyball (M) Winners at RRMC,
Bangalore**

Medical College, Kolar.

Men's Volleyball and Women's throw ball teams of our college were winners in "SYNERGIA-2014", an Inter Medical Inter Collegiate Sports Fest held from 9th to 16th March 2014 at Sri Raja Rajeshwari Medical College, Bangalore. Men's Basket ball, and Table Tennis teams along with the Women's Basket Ball team were runners.

The Fun Mela 2013-14 sports activities was organized from 4th to 25th April 2014 at Sri Devaraj Urs

BEST PLAYER OF THE TOURNAMENT

Sl.No.	Name of the game	Name of the Student
01	Volleyball (M)	Mr. Partha .H IXth Term
02	Volleyball (W)	Dr. Chandana. B Intern
03	Basketball (M)	Mr. Manu Reddy VII Term
04	Football (M)	Mr. Kamal. VIII Term
05	Throwball (W)	Dr. Champa (Skin & V.D)
06	Cricket (M)	Mr. Partha .H IX Term
07	Mixed Cricket	Mr. Sanketh.J IX Term & Ms. Meenakshi VIII Term

The closing ceremony took place on the 25th April 2014 at 10:00 P.M. Dr. M.B. Sanikop, Principal & Chairman, Sports committee SDUMC was the Chief Guest. The function was presided by Dr.Vidya Sagar, Convener, Sports Committee, SDUMC. The dignitaries on the dais distributed the prizes to all the winners of the various games.

Our college Football (M) team was the Runner up in the "SPANDAN-2014" sports and cultural fest held at JIPMER, Pondicherry from 18th to 23rd August 2014.

The College Annual Athletic Meet-2014 was held on 17th and 18th September 2014. Inauguration function took place on 17th September 2014 for which Dr.P.F.Kotur, Hon'ble Vice-Chancellor, SDUAHER was the chief guest. On 18th September 2014 Sri.V.Nachegowda, Dean, College of Horticulture, Kolar was the chief guest. Program was presided by our respected

Chairman, Sri R L Jalappa. Registrar Dr A V M Kutty, Principal Dr M B Sanikop, Medical Superintendent Dr .Sreeramulu.P.N. Office bearers of the academy and the institution were present for the function. Sports Convener Dr. Vidyasagar C R proposed the vote of thanks. The dignitaries on the dais distributed prizes to the winners of various events.



SANKERNA
2015

SPORTS

ALEXUS

Fiesta de Film

CULTURALS

SANKERNA
2015

CULTURAL REPORT

PLEXUS-2014

Our college played host to other colleges at the intercollegiate sports and cultural fest PLEXUS 2014, a 3 day extravaganza of sports and cultural events from 3rd to 5th September 2014. Twelve medical colleges participated in cultural events and 18 medical colleges took part in sports events. The program was inaugurated on 3rd September 2014 in the Silver Jubilee Auditorium by the Hon'ble Vice-Chancellor, Dr.P.F.Kotur. Valedictory function was held on 5th September 2014 and Shri Pichalli Srinivas, President, Karnataka Janapada Academy, Bangalore and Dr. A.B.Subbaiah (Olympian, Arjuna Awardee and Asian Games Gold Medalist) were the chief guests. The function was presided by our respected Chairman, Sri R.L.Jalappa. Hon'ble Vice-Chancellor Dr P F Kotur, Secretary Sri G H Nagaraja, Dr. A.V.M. Kutty, Registrar, Dr.M.B.Sanikop, Principal and other office bearers of the academy and the institution graced the occasion. The programme concluded with awarding Raja Rajeshwari Medical College, Bangalore with the overall championship trophy and a cash prize of Rs 50,000. Runners up trophy and a cash prize of Rs 30,000 were bagged by PES Medical College, Kuppam.

FRESHERS DAY 2014

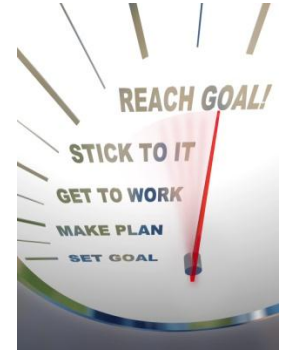
The freshers admitted to the First MBBS were welcomed by their senior students on the 25th September 2014 in Silver Jubilee Auditorium. The programme started with a formal function where our respected President, Shri R.L. Jalappa and Hon'ble Vice-Chancellor Dr. P.F. Kotur were introduced to the 1st year students. Both of them in their speeches stressed the need for discipline and dedication in the life of medical students. The Principal assured them the support of the management in all their curricular and extracurricular activities. The freshers day saw the participation of the senior students in the dances, songs and skits. The freshers (1st MBBS students) also participated in the cultural events. Krishna Seshanka was judged Mr.Fresher and Tejasri.P was judged Miss Fresher.

PARVA 2014

Parva-2014, the inter collegiate fest was held in our campus on 19th, 20th, and 29th, 30th, September 2014. It was the most awaited, fun filled and joyous occasion for all the students. The art and literary events were held on 19th and 20th September 2014 and the stage events on 29th and 30th September 2014. Students participated with enthusiasm and strived very hard to make their batch the best ever in the cultural events.

As a part of the festival, departmental show was organized in which the faculty of various departments put up a show which entertained all.

Set Your Goals & Make Them Happen . . .



WHY DO IT ?

Goals big and small can be the stepping-stones to a happier life and the way we set them can make a difference to achieving them. Here's how.

Having goals for things we want to do and working towards them is an important part of being human. The path towards our goals may not always run smoothly or be easy, but having goals, whether big or small, is part of what makes life good. It gives us a sense of meaning and purpose, points us in the direction we want to go and gets us interested and engaged, all of which are good for our overall happiness. **"Well begun is half done!"** Paying attention to how we set our goals makes us more likely to achieve them and achieving them makes us feel good about ourselves and our lives.

WHERE TO START

Decide: Think of something you want to do or work towards. It doesn't matter what, as long as it's something you want to do - ideally something you're interested in or feel excited by. It should be something you want to do for its own sake not for something or someone else.

Write it down: Writing down our goals increases our chances of sticking with them. Describe your goal in specific terms and timescales Write your goals in terms of what you want, not what you don't want.

Tell someone: Telling someone we know about our goals also seems to increase the likelihood that we will stick at them.

Break your goal down: This is especially important for big goals. Think about the smaller goals that are steps on the way to achieving your bigger aim. Having several smaller goals makes each of them a bit easier and gives us a feeling of success along the way, which also makes it more likely that we'll stay on track towards our bigger goal.

Plan your first step: A goal without planning is just a wish. An ancient Chinese proverb says that the journey of 1000 miles starts with one step. Set a whole series of related daily, weekly and long-term goals, complete with starting times and completion dates. Then think of your next step...and the next...

Keep going: Working towards our goals can sometimes be difficult and frustrating - so we need to persevere. If a step you're doing isn't working, think of something else you could try that still moves you forward, even a tiny bit. If you're struggling, ask people you know for their ideas on what you could do. They may help you see a different way. Thinking about different ways of reaching our goals makes it more likely we'll be successful.

Celebrate: When you reach your goal take time to enjoy it and thank those who helped you. Think about what you enjoyed and learned along the way. Now, what is your next goal ?

C.Eshritha . . . !



I want to see you grinding; I want to see your eyes light up when you start talking about your passion. I want to be there, building towards my own dreams, while supporting you as you lay the foundation for yours. And then I want us to come together and I want us to build the type of bond most can only dream about. I want us to connect in a way that allows us to increase in every way; new heights for your career and different levels for me in mine. A couple that can't motivate each other has a relationship with an expiration date, and that can't be us. When I'm off track, you will keep me focused. When you are down, I'm in your ear reassuring you of your greatness. I'm all about team; I'm down for whatever will contribute to you winning your way.

Individually, we are on drop. Together, we are ocean.

Alone we can
do so little;
together we can
do so much.

XAVIONS....!

Examination!!!

Everything starts scanning me,
Everything seems hobifying,
Mind stops understanding,
All demons evils surround me,
Possible things seem impossible to me,
Consciously, I become unconscious,
Praying God for help,
Without thinking anything,
I keep preparing for-----
At last when it comes
And everything is done
I say, "O it was silly."
And start enjoying things again.

Preeksha

NBBS II

FORLORN LIFE

Me an unfortunate girl,
Looking for troubles and humiliations,
Eschewed from joy and happiness...
Having no trustworthy friends,
And if I do, fate savours me from them!
Leaving me alone, all alone...

Am I an introvert?
Not quite! Neither a sociable kind...
Still awaiting a loyal friend,
With whom I could feel vivacious...

And now with a broken heart,
I keep convincing myself that,
God'll be with me every now and then...
None can snatch him from me!
Only this thought helps me,
Survive in this indifferent world...

SHRADDHA SASI
MBBS II

TWILIGHT

Walking in the silence of the night,
With nothing but wind to caress me,
With the silver light of the moon to guide me,
And twinkling stars to watch upon me,
As the darkness surrounds me like a pool of dark waters,
I saunter
Light as a mist,
Empowered by the cool night breeze.

**Ms. Manju Roshni Loganathan
(ELIXIRS)**

THE VICTORIOUS SELF

Birth is like a sown seed,
From which every blooming flower,
Shows that life is a struggling warfield.

Dreams in your eyes, ambition in your heart,
Let hardwork be the air you breathe.

Storms of turmoil may strike,
Crushing and tearing you apart alike,
An irresistible force suppressing you,
Locking you up in a curfew.

But the power within you awakens,
An enormous tide washing away satans,
Within every soul-there resides,
A power – that cries,
To be unleashed,
To be let open – your inner peace.

Your inner peace – un spoilt, raw,
Perfect, stunning, without a flaw
Peace that feeds your heart,
Peace that pulls you out of the prison of past

Peace that silences your mind
Pushing memories behind.

Every man born is destined to struggle,
With a smile, lets cross each hurdle.

**Ms. Abinaya Ravichandran
(ELIXIRS)**

BENEATH MY SOUL

The golden rays from the blazing sun
Flooding upon me, closing me in its
Warm embrace.

The gushing water, the wild sea and
Its saline waves; dancing around in
White curls.

The powerful wind hurrying past me,
Lifting me up, ruffling my hair,
Enveloping me in the hurricane.

The stable ground beneath, giving shelter
And security; with a gravity that prevents
Us from floating into the unreal.

As my hands are seeking for thou warmth
In this void, it closes the distance
That keeps us apart.

My spirit wanders this place,
Searching for a power that can
Eliminate our greatest enemy-
The darkness within.

A power which can only be acquired
By mere pursuit
A power gained from the five
Elements of life and nature.

Fierce and faithful for fire
Wisdom and well being for water
Audacious and autoerotic for air
enthusiastic and ethical for earth
valiant and vigour for void

Something that cannot be seen but felt.
Something that cannot be taught but learn't
Something that has to be explored within.

**Ms. Manju Roshni Loganathan
(ELIXIRS)**

THE PAIN OF LOVE

Shattered love forced to heal,
Hearts are crying to reveal.

He was always there when I cried,
And never left me till I dried.

He shared my hopes and dreams,
And brought me out of my fears.

Hope wisphered in the distance
To recover thin, lost love.
Healing hurt souls with glory
As greatness unveils the hurt soul.

Not one, not two
But dissipated nights of dreams.
Sadness has begun to sprout
Hope has come to an end.

I love him without regret,
I just havent found him yet.

Love can never thrive without pain,
Even if it survives, there is no gain.
Wont you ever understand my love,

Tell me the truth, my love.

Even if my dreams were shattered,
You were never shattered.
And now I'm all alone.

I love him without regret.
I just haven't found him yet.

I don't need you my love,
I'm walking as a corpse,
Our happiest moments,
Pricking and killing me.

The journey that I make,
Is all yours my love.
The fire of truth, get away from me.
Never have I fallen,
But I am quickly on my way.

I love him without regret,
I just haven't found him yet.

**Ms. Vishnu Preye Sakthivel
(ELIXIRS)**

IRREPLACABLE TREASURE

I open my eyes wide in fear,
and see a world I dont
But a voice I hear,
Of a woman, soft, gentle and low.....
She says 'Oh! How I love you,
No matter what you do.

She stands by you when others let go,
Your success makes her glone.
She is the breeze that dries your tears
She is the wave that wipes your fears.

She is the wind that makes your flag fly high,
She is the ear that listens to you by and by,
She is the light in your way,
And regardless of what you say,
She only smiles and replies,
“Oh how I love you,
No matter what you do”

She is pricked by your words and actions,
But she caresses you with more passion,
You ignore her advice,
But she still strives.....
She masks her fears for your confidence,
She masks her worries for your happiness.

She believes in you
And is always there for you,
She says, “Oh! How I love you,
No matter what you do
Yes, she is your mother,
An irreplaceable treasure.

**Ms. Abinaya Ravichandran
(ELIXIRS)**

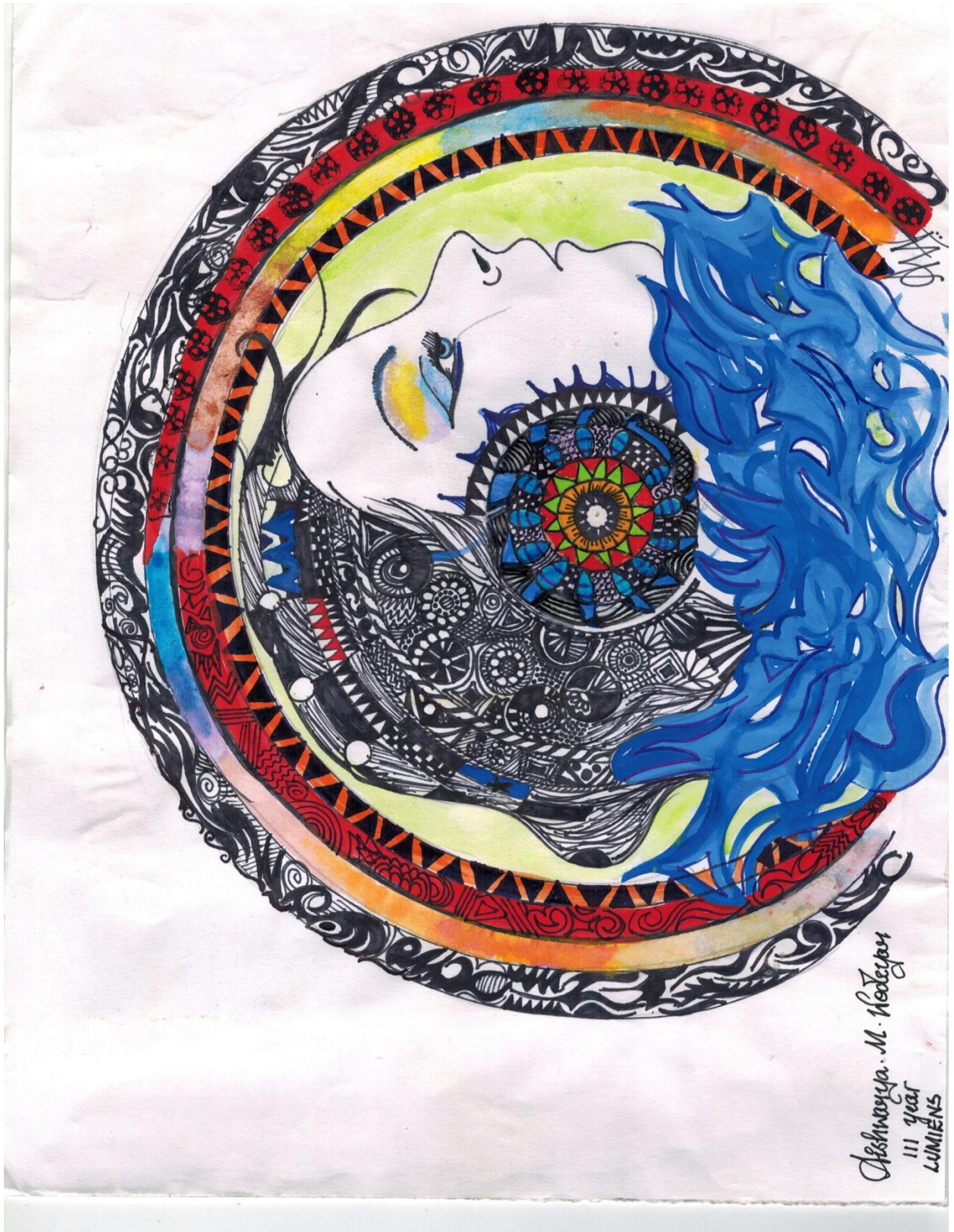
MOTHER'S LOVE

Laughter and playful glee
In a blink may disappear
Friends or foes?
There's no way to tell
Engulfed by fear
Deeper each moment
And desperately listening.

That sweet soft voice echoes
In your mind forever
Those hands, so gentle
Like autumn leaves falling
How she'd stroke your hair
As she'd hum a sweet tune
All your feelings of despair
Slowly would dwindle.

Whether far or near,
'Tis undeniable
Her love, so pure
'Tis irreplaceable.

**Ms.Adella Majaw
(XAVIONS)**



Aishwarya. M. Wodeyar
III year
LUMIENS

By,
Aishwarya M Wodeyar
LUMIENS



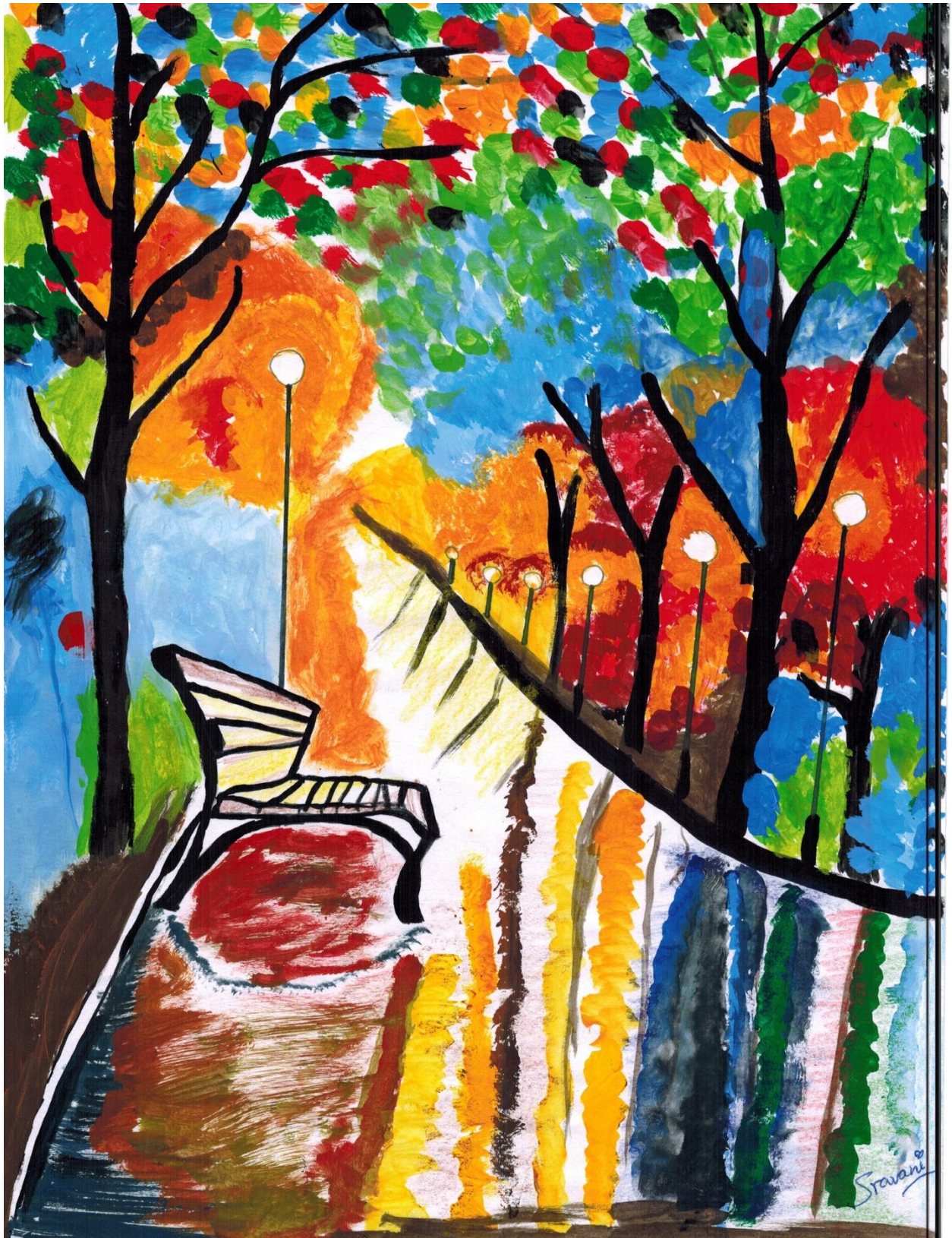
**By,
Deepthi
LUMIENS**



By,
Deepthi
LUMIENS



By,
Sravani
LUMIENS



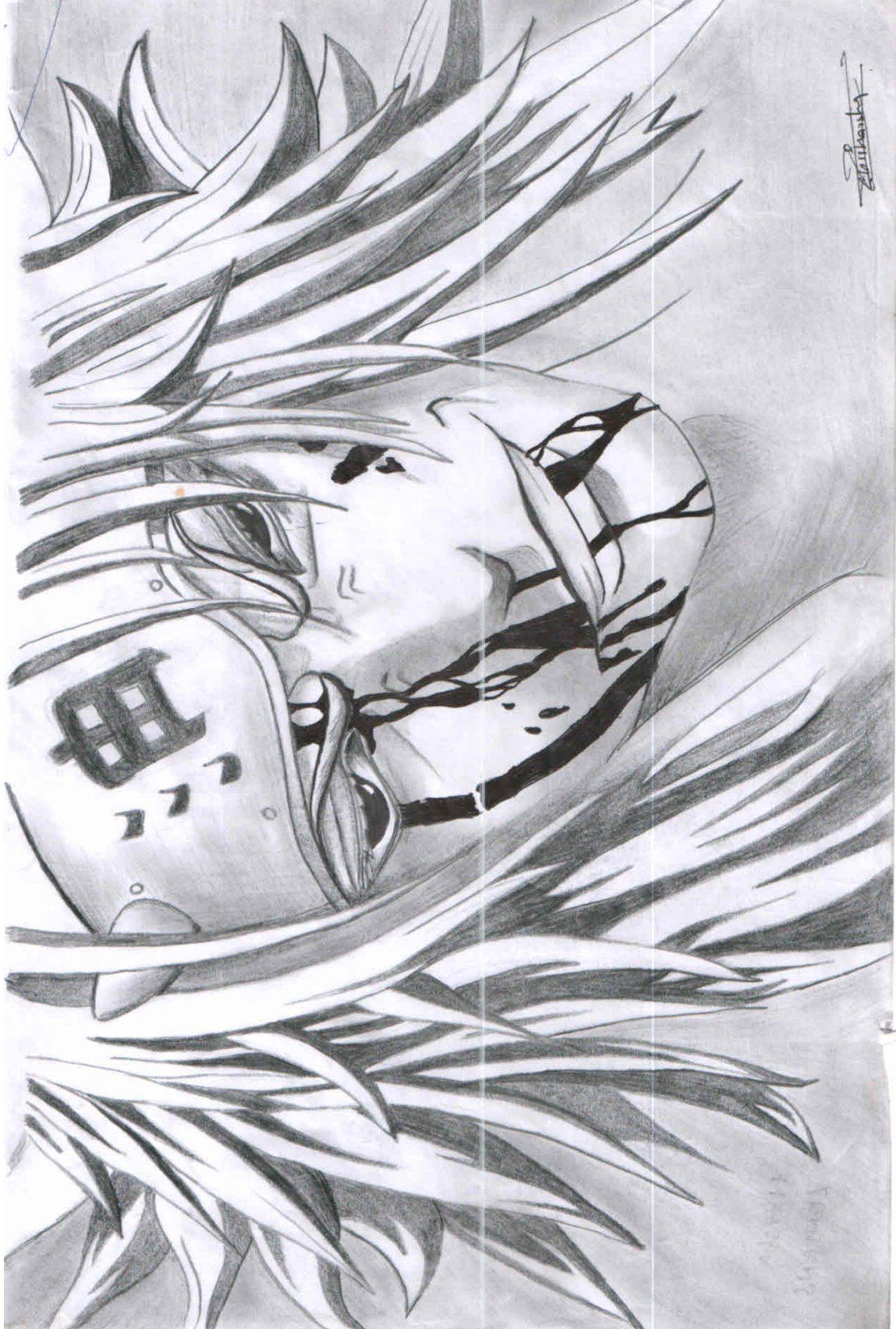
By,
Sravani
LUMIENS



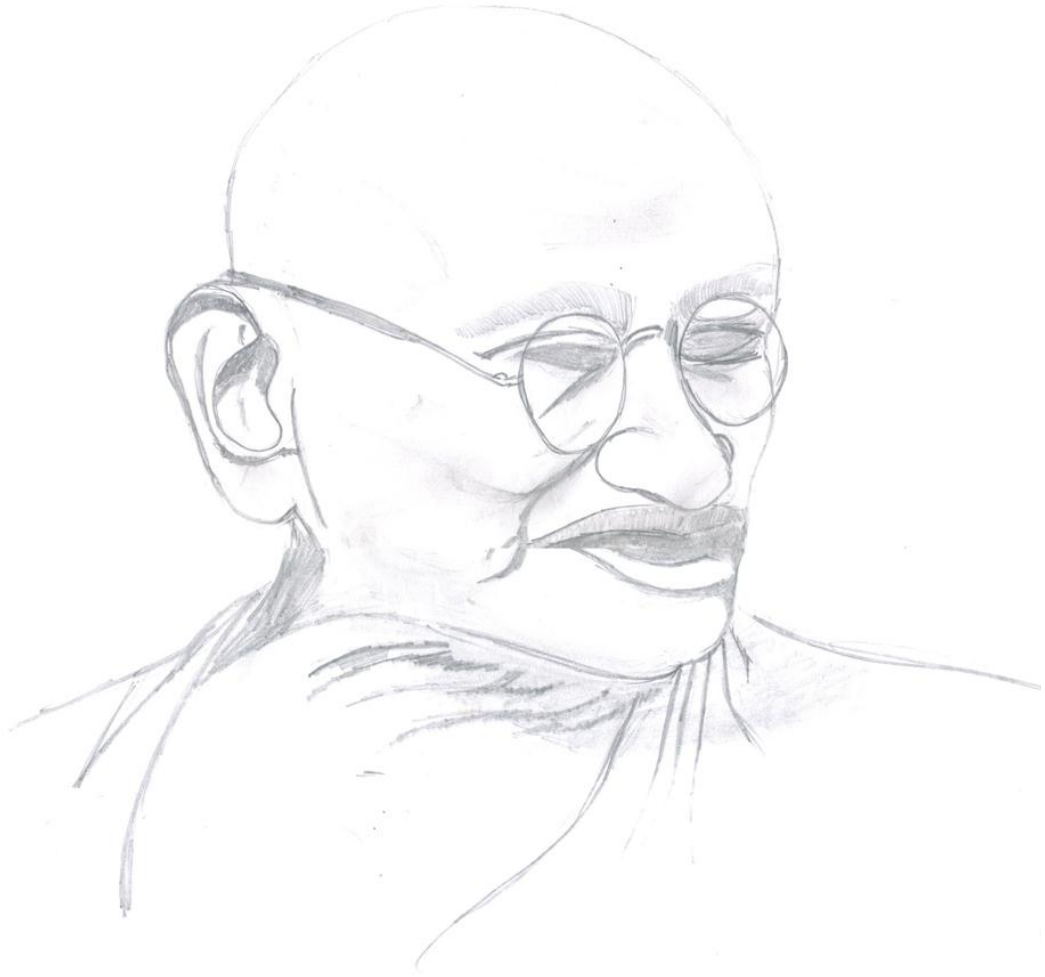
**By,
Ruta Joshi
MAVERICKS**



By,
Siri Chandana
ELIXIRS



By,
Harsha
LUMIENS



Adithya.R
MBS II

**By,
Adithya.R
ELIXIRS**



To My Lovely Mom

By
Manasa.
ELIXIRS

**By,
Manasa.J
ELIXIRS**



By,
Pradeep
ELIXIRS



By,
B.Hemavati
MAVERICKS

HIDDEN IN HUMOUR



By,
Sandipan Ghosh
XAVIONS

ಸ್ವಚ್ಛ ಭಾರತ ಸ್ವಸ್ಥ ಭಾರತ

“ಸ್ವಚ್ಛ ಭಾರತ ಸ್ವಸ್ಥ ಭಾರತ” ಎಂಬ ಧ್ಯೇಯದೊಂದಿಗೆ ಅಕ್ಟೋಬರ್ 2, 2014 ರಂದು ಸ್ವಚ್ಛ ಭಾರತ ಅಭಿಯಾನವನ್ನು ಪ್ರಾರಂಭಿಸಲಾಯಿತು. ಸ್ವಚ್ಛತೆಯೆಂಬುದು ಸ್ವಸ್ಥತೆಗೆ ಮೊದಲ ಹೆಜ್ಜೆ. ಗಾಂಧೀಜಿಯವರ ಹುಟ್ಟು ಹಬ್ಬದಂದೇ ಈ ಅಭಿಯಾನವನ್ನು ಪ್ರಾರಂಭಿಸಿರುವುದು ಬಹುಶಃ ಗಾಂಧೀಜಿಯವರ “ರಾಮರಾಜ್ಯ”ದ ಕನಸನ್ನು ನನಸು ಮಾಡುವಲ್ಲಿ ಪ್ರಾಮಾಣಿಕ ಪ್ರಯತ್ನವೆಂದರೆ ಅತಿಶಯೋಕ್ತಿಯಲ್ಲ.

ನಮ್ಮ ರಾಜಧಾನಿ ದಿಲ್ಲಿಯಲ್ಲಿ ಚಾಲನೆ ಪಡೆದ ಈ ಅಭಿಯಾನದಲ್ಲಿ ಭಾರತದ ಪ್ರತಿಯೊಬ್ಬ ನಾಗರಿಕನೂ ಭಾಗವಹಿಸುತ್ತಿರುವುದು ಹೆಮ್ಮೆಯ ವಿಚಾರ. ನಾವು ನಮ್ಮ ಕೆಲಸ ಮಾಡುವ ಕಛೇರಿಗಳನ್ನು ಪ್ರತಿವಾರವೂ ಒಂದುದಿನ ಪೂರ್ತಿಯಾಗಿ ಸ್ವಚ್ಛತೆಯ ಕಡೆಗೆ ಕೊಂಡೊಯ್ಯುವಲ್ಲಿ ಬರೀಯ ನಾಲ್ಕನೇ ದರ್ಜೆಯ ಕೆಲಸಗಾರರು ಮಾತ್ರವಲ್ಲ ನಾವೂ ಕೂಡ ಭಾಗೀದಾರರು ಎಂಬುದನ್ನು ತೋರಿಸಿಕೊಟ್ಟಿದೆ ಈ ಅಭಿಮಾನ.

ನಮ್ಮ ಪರಿಸರವನ್ನು ಸ್ವಚ್ಛವಾಗಿಡ ಬೇಕೆಂದರೆ ನಾವು ಪ್ಲಾಸ್ಟಿಕ್‌ಗಳ ಬಳಕೆಯನ್ನು ಕಡಿಮೆ ಮಾಡಬೇಕು. ಕಸಕಡ್ಡಿಗಳನ್ನು ಎಲ್ಲಿಂದರಲ್ಲಿ ಎಸೆಯಬಾರದು. ನಮ್ಮ ಮನೆಯ ಕಸವನ್ನು ಗುಡಿಸಿ ಪರರ ಮನೆಯ ಅಂಗಳಕ್ಕೂ ಅಥವಾ ರಸ್ತೆಗೋ ಹಾಕುವುದು ಸರಿಯಲ್ಲ. ನಮ್ಮ ಪರಿಸರದಲ್ಲಿ ನಾವು ತ್ಯಾಜ್ಯಗಳನ್ನು ವಿಂಗಡನೆ ಮಾಡಿ ತ್ಯಾಜ್ಯವಿಲೇವಾರಿ ಮಾಡುವವರಿಗೆ ಸಹಕರಿಸಬೇಕು. ಆಸ್ಪತ್ರೆಗಳಲ್ಲಿ ತಯಾರಾಗುವ ಹಲವು ವಿಧದ ತ್ಯಾಜ್ಯಗಳನ್ನು ನಾವು ವಿಂಗಡನೆ ಮಾಡಿದರೆ ತ್ಯಾಜ್ಯಗಳನ್ನು ಪರಿಸರಕ್ಕೆ ಹಾನಿಯಾಗದಂತೆ ವಿಲೇವಾರಿ ಮಾಡಲು ಸಹಕಾರಿಯಾಗುತ್ತದೆ.

ನಾವಿಂದು ಈ ಪರಿಸರದಲ್ಲಿ ಆಸ್ವಾದಿಸುತ್ತಿರುವ ಸ್ವಚ್ಛ ಗಾಳಿ, ನೀರು, ಬೆಳಕು, ಹಸಿರು ನಮ್ಮ ಮುಂದಿನ ಪೀಳಿಗೆಗೂ ಸಿಗಬೇಕೆಂದಾದರೆ ಸ್ವಚ್ಛ ಭಾರತ ಅಭಿಯಾನದಂತಹ ಪ್ರಾಮಾಣಿಕ ಪ್ರಯತ್ನಗಳಲ್ಲಿ ಹುಮ್ಮಸ್ಸಿನಿಂದ ಭಾಗವಹಿಸಬೇಕು. “ಸ್ವಚ್ಛತೆಯಿಂದ ಸ್ವಸ್ಥತೆಗೆ” ನಾಂದಿ ಹಾಡಬೇಕು. ನಾವೆಲ್ಲರೂ ಬಗ್ಗಟ್ಟಿನಿಂದ ಹೋರಾಡಿದರೆ ‘ಕಸದಿಂದ ರಸ’ವನ್ನು ಪಡೆಯುವ ಸಾಮರ್ಥ್ಯ ನಮಗೆ ಒದಗಿಬರುತ್ತದೆ ಏನಂತೀರೀ?

ಡಾ|| ದಿನೇಶ್.ಕೆ

ಪ್ರಾಧ್ಯಾಪಕರು ಮತ್ತು ಮುಖ್ಯಸ್ಥರು
ಅರಿವಳಿಗೆ ಶಾಸ್ತ್ರ ವಿಭಾಗ

ಆವರಿಸುವೆಯಾ ನನ್ನ? ಕಾದಿರುವೆನು ನಿನ್ನ!!

ಆತ್ಮೀಯನೇ.....

ನನ್ನ ನೆನಹೆಂಬ ತೆಕ್ಕೆಯಲ್ಲಿ

ಅಡಗಿರುವ ಸಿಹಿ ನೀನು

ನನ್ನ ಹೃದಯವೆಂಬ ಖಾಲಿ ಹಾಳೆಯಲ್ಲಿ

ಮೂಡಿರುವ ಚಿತ್ತಾರ ನೀನು.....

ನನ್ನ ಜೀವನವೆಂಬ ದೋಣಿಯನ್ನು

ಸಂತಸವೆಂಬ ದಡ ಸೇರಿಸುವ ನಾವಿಕನು ನೀನು

ನನ್ನ ನೈದಿಲೆಯೆಂಬ ಪ್ರೀತಿಯನ್ನು

ಅರಳಿಸುವ ಸೂರ್ಯ ರಶ್ಮಿ ನೀನು.....

ನನ್ನ ನಯನವೆಂಬ ಕೊಳದಲ್ಲಿ

ಮಿಂಚುತಿಹ ಹುಡುಕಾಟ ನೀನು.....

ನನ್ನ ಮುಖದಲ್ಲಿ

ಮೂಡಿರುವ ಹೂನಗೆಯೂ ನೀನು.....

ನನ್ನೀ ಬಾಳೆಂಬ ಕೆನ್ನೆಗೆ ಬೇಕಿದೆ

ನಿನ್ನ ಸಹಬಾಳ್ವೆಯೆಂಬ ಸಿಹಿಮುತ್ತು.....

ಆವರಿಸುವೆಯಾ ನನ್ನ

ಕಾದಿರುವೆನು ನಾ ನಿನ್ನ!!!

ಡಾ|| ಅನನ್ಯ ಲಕ್ಷ್ಮೀ
ಸ್ನಾತಕೋತ್ತರ ಪದವಿ ವಿದ್ಯಾರ್ಥಿನಿ,
ಸಮುದಾಯ ಆರೋಗ್ಯ ಶಾಸ್ತ್ರ ವಿಭಾಗ,
ಶ್ರೀ ದೇವರಾಜ ಅರಸ್ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ.

“2015ನೇ ವರ್ಷಕ್ಕೆ ಸುಸ್ವಾಗತ”

ಎಂತೊಂತೋ ಎಣಿಸಿದರೂ ಬರಲಾರದು ಹೋದವರ್ಷ
ಏನು ತರುವುದೋ ಏನನ್ನು ಹೊತ್ತು ಬರುವುದೋ ಹೊಸವರ್ಷ
ಏನಾಗುವುದೋ ಏನಾಗಬಹುದೋ ಬರುವ ಮುಂದಿನ ವರ್ಷ
ಈ ಕ್ಷಣ ಈಗ ಇಲ್ಲಿ ಇಂದು ನಾವೆಲ್ಲರೂ ಸೇರಿರುವುದೊಂದೇ ಹರ್ಷ.....

ಅಂತೂ ಇಂತೂ ಮಾಡೇಬಿಟ್ಟೆವು ಹೊಸ ವರುಷದ ಆಮಂತ್ರಣ
ಸಿಕ್ಕಾಪಟ್ಟೆ ಏರುತ್ತಿರುವ ಜನಸಂಖ್ಯಾಸ್ಪೋಟಕ್ಕೆ ಹಾಕೋಣ ನಿಯಂತ್ರಣ
ಇಂದು ಹಿಡಿ ಅನ್ನಕೆ, ಗುಟುಕು ನೀರಿಗೆ ಬಲಿಯಾಗುತ್ತಿವೆ ಸಾವಿರಾರು ಪ್ರಾಣ
ಬಲಿಯಾಗುತ್ತಿರುವ ದೇಹಪ್ರಾಣದ ಬೆಲೆಯನ್ನು ನಾವೆಲ್ಲರೂ ಯೋಚಿಸಬೇಕು ಈಕ್ಷಣ.....

ಏಕೋ ಏನೋ ಇತ್ತೀಚೆಗೆ ಹೆಚ್ಚಾಗುತ್ತಿವೆ ಹೆಣ್ಣುಮಕ್ಕಳ ಅತ್ಯಾಚಾರಗಳು
ಬರಲಿಲ್ಲ ಅರ್ಧರಾತ್ರಿಯಲ್ಲಿ ಮಹಿಳೆ ನಿರ್ಭಯವಾಗಿ ಓಡಾಡುವ ದಿನಗಳು
ಹೆಣ್ಣಿನ ಮಾನ ಪ್ರಾಣದ ಅಪಾಯಕ್ಕೆ ಉಡುವ ತುಂಡು ಬಟ್ಟೆಗಳೇ ಕಾರಣಗಳು
ಕಾನೂನಿನಡಿಯಲ್ಲಿ ಕಾಮುಕ ವ್ಯಾಪ್ತರಿಗೆ ಕತ್ತರಿಸಬೇಕು ತಲೆ,ಕೈ,ಕಾಲುಗಳು

ಹಂಚಿ ತಿಂದರೆ ಸಮಪಾಲು, ಇಲ್ಲದಿದ್ದರೆ ಅಮ್ಮನಂತೆ ಪರಪನ್ನ ಜೈಲುಪಾಲು
ಮುನ್ನುಗ್ಗಿ ಆಟ ಆಡಿದರೆ ಗೋಲು, ಇಲ್ಲದಿದ್ದರೆ ಕ್ರಿಕೆಟ್‌ನಂತೆ ಆಗಾಗ ಸೋಲು.....

ನೋಬಲ್ ಶಾಂತಿ ಪಾರಿತೋಷಕವನ್ನು ಒಟ್ಟಿಗೆ ಹಂಚಿಕೊಂಡ ಇಂಡೋ ಪಾಕ್‌ಗಳು
ಭಾರತ ರತ್ನ ಪ್ರಶಸ್ತಿ ಪಡೆದ ವಾಜಪೇಯಿ- ಮಹಾಮಾಲವಿಯರು ಅನರ್ಘ್ಯರತ್ನಗಳು

ಕಟ್ಟಡ ಕುಸಿತ ಭೂ ಕುಸಿತ, ಚಂಡಮಾರುತದಿಂದ ಜೀವಂತ ಸಮಾಧಿಯಾಗಿದ್ದು ದುರಂತ
ಮಾನಭಂಗ, ವರದಕ್ಷಿಣೆ, ಆಸಿಡ್ ದಾಳಿ, ಆತ್ಮಹತ್ಯೆಯ ಘಟನೆಗಳು ಎಂತಹ ದುಃಖಾಂತ

ಬಿಜೆಪಿಯ ಬುನಾದಿಗೆ ಮೋದಿಯ ಹೊಸ ನಾಂದಿಯ ಹಾದಿ
ಹತ್ತು ವರ್ಷ ಆಡಳಿತ ನಡೆಸಿದ ಕಾಂಗ್ರೆಸ್‌ಗೆ ಆಯಿತು ಸೋಲಿನ ಸರದಿ

ವಿಜ್ಞಾನ ತಂತ್ರಜ್ಞಾನ ಬಾಹ್ಯಕಾಶ ಕ್ಷೇತ್ರಗಳಿಗೆ ಶುಭಮಂಗಳದ ವರ್ಷ
ನಿಸರ್ಗ ಮುನಿದರೆ ಪ್ರವಾಹ, ಬಿರುಗಾಳಿ ಭೂಕಂಪನಗಳ ಸಂಘರ್ಷ

ಕಾಡುಪ್ರಾಣಿಗಳು ನಾಡಿಗೆ ನುಗ್ಗಿ ಬಂದಿದೆ ವಾಸ ಮಾಡುವ ಕಾಲಾ
ಚಿಕಿತ್ಸೆಯೇ ಇಲ್ಲದ ರೋಗ ವಾಸಿಯಾಗದ ರೋಗ ಬಂದಿದೆ ಎಬೋಲಾ

ಭಯೋತ್ಪಾದಕರ ಕಾಟ, ಉಗ್ರವಾದಿಗಳ ಆಟ ಸಾಕು ಸಾಕು
ಮಾನವನ ಭವ್ಯ ಬದುಕಿನ ಭವಿಷ್ಯಕೆ ಬಿಗಿ ಭದ್ರತೆಯು ಬೇಕು.....

ವರ್ಷಾಂತದಲ್ಲಿ ಬೆಂಗಳೂರು ಬೆಚ್ಚಿಬಿದ್ದ ಬಾಂಬ್ ಸ್ಪೋಟಕ
ಹಾರಾಡುತ್ತಿರುವ ವಿಮಾನಗಳೇ ನಾಪತ್ತೆಯಾಗುತ್ತಿರುವುದು ರೋಚಕ

2015ನೇ ವರುಷ ಸರ್ವರಿಗೂ ಸುಖದಾಯಕವಾಗಿರಲಿ
ಹೊಸ ಕಾಮನೆ, ಹೊಸ ಭಾವನೆ, ಹೊಸ ಸಾಧನೆ ಹೊತ್ತು ತರಲಿ ಎಂದು ಸ್ವಾಗತಿಸೋಣ.

ಹಣಬೆ, ನಾ.ಪಾಪೇಗೌಡ

ಶ್ರೀ ದೇವರಾಜ್ ಅರಸ್ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ

ವೈದ್ಯ ತಜ್ಞರ ನಡುವೆ ಉರಗ ತಜ್ಞ



ಎನ್.ಇ.ಶ್ರೀನಿವಾಸ, ನಡುಪಳ್ಳಿ ಗ್ರಾಮದ ನಿವಾಸಿಯಾದ ನಾನು ಸುಮಾರು 15 ವರ್ಷಗಳಿಂದ ಶ್ರೀ ದೇವರಾಜ ಅರಸ್ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯದ ಔಷಧ ಶಾಸ್ತ್ರ ವಿಭಾಗದಲ್ಲಿ ಕೆಲಸ ನಿರ್ವಹಿಸುತ್ತಿದ್ದು. ಇದರ ಜೊತೆಗೆ ಸುಮಾರು 10 ವರ್ಷಗಳಿಂದ ಹಾವುಗಳನ್ನು ಹಿಡಿಯುವುದು ಮತ್ತು ಅವುಗಳನ್ನು ಸುರಕ್ಷಿತ ಪ್ರದೇಶಗಳಿಗೆ ಬಿಟ್ಟು ಬರುವುದು ನನ್ನ ಹವ್ಯಾಸವಾಗಿದೆ.

ಇದುವರೆಗೂ ನಾನು 2 ಸಾವಿರದಷ್ಟು ಹಲವು ಜಾತಿಯ ಹಾವುಗಳನ್ನು ಹಿಡಿದಿದ್ದು. ಉದಾ: ಘಟಸರ್ಪ, ನಾಗರ ಹಾವು, ಕೊಳಕ ಮಂಡಲ, ಕೆರೆಹಾವು. ಇನ್ನೂ ಹಲವು ರೀತಿಯ ಹಾವುಗಳನ್ನು ಹಿಡಿದು ಸುರಕ್ಷಿತ ಪ್ರದೇಶಗಳಿಗೆ ಬಿಟ್ಟು ಬಂದಿರುತ್ತೇನೆ.

ಹಾವುಗಳನ್ನು ಕಂಡರೆ ಮಾನವನಿಗೆ ಭಯ, ಏಕೆಂದರೆ ಎಲ್ಲಿ ಕಚ್ಚಿ ಬಿಡುತ್ತದೋ ಎಂಬ ಭಯ. ಆದರೆ ಹಾವುಗಳಿಗೆ ಮಾನವನನ್ನು ಕಂಡರೆ ಎಲ್ಲಿಲ್ಲದ ಭಯ. ಏಕೆಂದರೆ ಮಾನವರು ಎಲ್ಲಿ ಹೊಡೆದು ಸಾಯಿಸಿ

ಬಿಡುತ್ತಾರೋ ಎಂಬ ಬೆದರಿಕೆ. ಆದುದರಿಂದ ವಿಷಕಾರಿ ಹಾವುಗಳು ಮಾನವನ ಕಣ್ಣಿಂದ ತಪ್ಪಿಸಿಕೊಳ್ಳುವ ಸಂದರ್ಭದಲ್ಲಿ ವಿಧಿಯಿಲ್ಲದೆ ಕಚ್ಚುವ ಪ್ರಸಂಗ ಹಾವುಗಳಿಗೆ ಒದಗಿ ಬರುತ್ತದೆ.

ನಾವು ಹಾವುಗಳನ್ನು ಕಂಡರೆ ಭಯ ಪಡುವ ಅಗತ್ಯವಿಲ್ಲ. ನಮ್ಮ ಮನೆಗಳಲ್ಲಿ ಮತ್ತು ನಾವು ವಾಸಿಸುವ ಪರಿಸರದ ಸುತ್ತ ಮುತ್ತ ವಿಷಕಾರಿ ಹಾವುಗಳನ್ನು ಕಂಡರೆ ಕೊಲ್ಲುವುದಾಗಲೀ, ಹೊಡೆಯುವುದಾಗಲೀ ಮಾಡದೇ ಮುಂಜಾಗ್ರತೆ ವಹಿಸಿ, ಸಮೀಪದಲ್ಲಿರುವ ಉರಗ ತಜ್ಞರನ್ನು ಸಂಪರ್ಕಿಸಿ, ಆದರಿಂದ ಹಾವುಗಳನ್ನು ಹಿಡಿದು ಸುರಕ್ಷಿತ ಪ್ರದೇಶಗಳಿಗೆ ಬಿಟ್ಟು ಬರುವಂತೆ ಮನವಿ ಮಾಡಿಕೊಳ್ಳಿ.

ನನ್ನ ಈ ಸಾಧನೆಯನ್ನು ಕೋಲಾರದ ಸಿ.ಟಿ.ಕೇಬಲ್ ಮತ್ತು ಸಮಯ ನ್ಯೂಸ್ ಜಾನಲ್‌ನವರು ತಮ್ಮ ಜಾನಲ್‌ನ ನೇರ ಪ್ರಸಾರದಲ್ಲಿ ತೋರಿಸಿರುತ್ತಾರೆ. ಇತ್ತೀಚೆಗಂತೂ ಹಾವುಗಳ ಸಂತತಿಯು ಕ್ಷೀಣಿಸುತ್ತಿದೆ.

ಎನ್.ಇ.ಶ್ರೀನಿವಾಸ

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