

CME CONTENT		
Topic	Timings	Presentee
Registration	9:00 – 9: 15 am	Organizing committee
Welcome address and inauguration	9: 15 – 9: 45 am	Introduction Invocation song Lighting the lamp
Introductory Remarks	9: 45 – 10 am	Dr. Mohan Reddy Prof & HOD, Psychiatry
Brief address	10:00- 10:10 am	Dr DVLN Prasad I/c Vice Chancellor Registrar, SDUAHER
Brief address about world mental health day	10:10 – 10: 20 am 10:20 - 10:30a.m	Dr Prabhakar, Principal, SDUMC Dr G. Vijayalakshmi, Principal, SDUCON
Chief Guest speech	10:30 – 10:45am	Sri Narayana M, IPS Superintendent of Police Kolar
Guest Speaker	10:45-11.30 am	Sri A.S Ramachandra Senior Counsellor Samadhana Counselling Center
Tea Break	11: 30 - 11: 45 am	15 min

CME CONTENT		
Topic	Timings	Presentee
Mental health from nursing Perspective	11:45-12.15pm	Prof Jairakini Aruna HOD, Department of Psychiatric Nursing, SDUCON
Mindfulness for Mental Health	12:15- 12: 45 pm	Dr. Vijaya Kumar PS I/C HOD of Integrative Medicine, SDUMC
Meditation	12:45- 1:30 pm	Mr. Yadla Vishwa Sree Department of Integrative Medicine, SDUAHER
Lunch	1: 30 - 2pm	30 min
Skit on mental health	2:00-2:30pm	By medical students
Skit on mental health	2.30-3:00pm	By Nursing Students
Poster display and Prize distribution	3.00-3.15 pm	Chief guest
Creative writing display and Prize Distribution	3:15-3.30pm	Chief guest
Other competitions and prize distribution	3:30 – 4:00pm	Chief guest

Dear Participants,

The department of Psychiatry is happy to inform you that we are conducting a CME on World Mental Health Day with the theme “Mental health is universal human right”

The objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health. The Day provides an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide.

Chief Guest

SRI NARAYANA M, IPS
Superintendent of Police, Kolar

Guest Speaker

SRI A.S RAMACHANDRA
Senior Counsellor
Samadhana Counselling Center

ALL ARE WELCOME

PATRONS

Late Sri. R L JALAPPA
Founder Chairman, SDUET

Shri. G.H. NAGARAJA,
President, SDUET

Shri. RAJENDRA. J
Vice President, SDUET

Shri. HANUMANTHA RAJU. K.G
Secretary, SDUAHER

DR. D V L N PRASAD
I/c Vice Chancellor
Registrar, SDUAHER

DR. K. PRABHAKAR
Principal, SDUMC

DR. VINUTHA SHANKAR
Vice-Principal, SDUMC

DR. KRISHNAPPA. J
Medical Superintendent RLJH&RC

ORGANISING COMMITTEE:

Department of Psychiatry, SDUMC, Kolar
psychiatry@sdumc.ac.in

& Department of Psychiatric Nursing, SDUCON,
Kolar
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Sri Devaraj URS Medical
College & Hospital, Tamaka,
Kolar



A Constituent college of Sri Devaraj URS
Academy of Higher Education and Research
(A Deemed to be University)

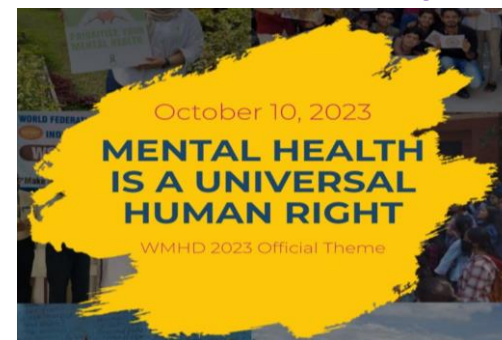
DEPARTMENT OF PSYCHIATRY
in collaboration with
DEPARTMENT OF PSYCHIATRIC NURSING
PRESENTS CME ON

“WORLD MENTAL HEALTH DAY”

10/10/2023

Theme:

*“Mental health is a
Universal Human Right”*



Venue:

PHYSIOLOGY AV HALL (1st FLOOR)

College Building

SDUMC

Kolar-563101