



Sri Devaraj Urs Academy of Higher Education & Research
A DEEMED TO BE UNIVERSITY

Dept. of Clinical Nutrition and Dietetics (CND)

Declared under Section 3 of UGC Act, 1956, MHRD GOI No.F.9-36/2006-U.3(A) Dt. 25th May 2007

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Sl. No.	Event Report
1.	Name of the Event: Guest lecture
2.	Topic: Building career in nutrition: skills and goals
3.	Background / Introduction: <p>The guest lecture was conducted by the Department of Clinical Nutrition and Dietetics on 12-01-2024 from 10 AM to 12.00 PM. Chief guest Dt. Arpita P Clinical Nutritionist and holistic health coach, certified sports nutritionist ,diabetes educator and allied health care professional has taken a lecture on topic “Building career in nutrition: skills and goals”. The event began with the inauguration in the presence of Honorable Vice chancellor Dr.B.Vengamma , Honorable Registrar Dr. D.V.L.N Prasad, Dr.C.D.Dayanand Dean faculty of Allied Health and Basic Sciences. The guest lecture also extensively covered essential skills and competencies required for success in the field of nutrition. The guest lecture was concluded with a vote of thanks and a feedback session.</p>
4.	Venue: Library AV hall, SDUAHER
5.	Participants & Delegates in Number: <p>Forty participants gathered for the guest lecturer, including UG, PG students, Ph.D scholars, and CND faculty members.</p>



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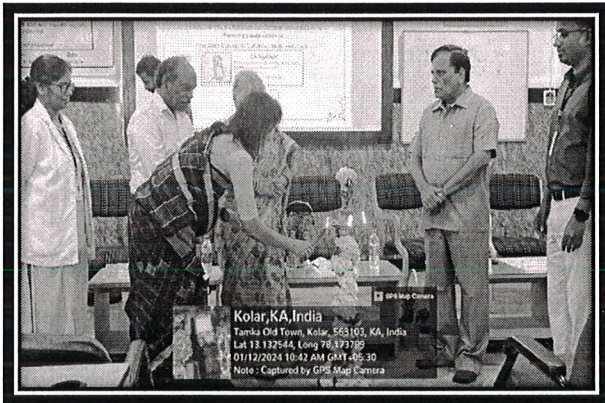
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Event Report

“Building career in nutrition: skills and goals”



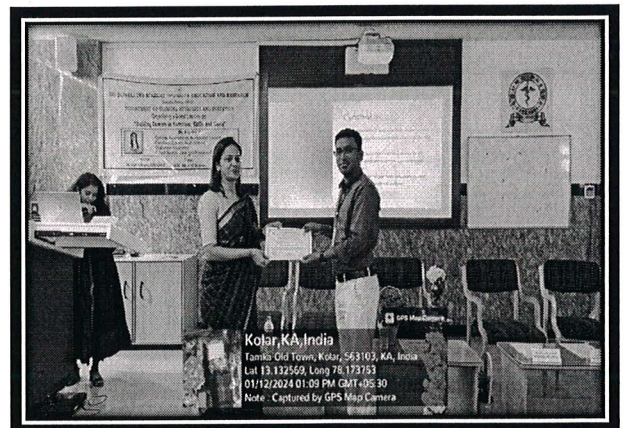
Lamp Lighting Ceremony



Presidential Address



Guest Lecture



A Token of Appreciation

Guest lecture was conducted by the Department of Clinical Nutrition and Dietetics on 12-01-2024 from 10 AM to 12.00 Noon. Chief guest Dt. Arpita P Clinical Nutritionist and holistic health coach, certified sports



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nutritionist, diabetes educator and allied health care professional has taken a lecture on the topic “**Building career in nutrition: skills and goals**”.

Dt. Arpita P is a partner at **Anaa my Health Nutri Care Services** Clinical Nutritionist. She is a Dietitian and holistic health coach with over 14.5 years of experience in hospital, health care centres and educational institutions, she has worked as the Pan India Head Nutritionist (K12) techno services in education institutions, responsible for initiating health and nutrition subjects by creating content for the sports chapter in the school curriculum. This impacted around 60 schools in India benefiting 30,000 children.

The event began with the inauguration in the presence of Honorable Vice Chancellor Dr. B. Vengamma, Honorable Registrar Dr. D. V. L. N Prasad and Dr. C. D. Dayanand Dean faculty of Allied Health and Basic Sciences. Followed by the lamp lighting ceremony, the traditional event symbolized the pursuit of knowledge and enlightenment by all the dignitaries. The welcome address was delivered by Dr. Kalaipriya S. Subsequently addressing the audience, Honorable vice chancellor Dr. Vengamma highlighted the vital role of Nutrition in day-to-day life and career perspectives. In sequence, Honorable Registrar Dr. D. V. L. N Prasad captivating address left a lasting impact on the students. Respected Dr. C. D. Dayanand Dean faculty of Allied Health and Basic Sciences, enlightened the students with his thought-provoking speech and encouraged students to conduct more events.

The lecture begins with the holistic approach highlighting the interconnection of physical, mental and emotional aspects of health. The Dt. Arpita P stressed that nutrition shouldn't be viewed in isolation by as an integral part of overall wellness. The concept of addressing dietary habits, lifestyle choices and psychological factors for comprehensive health improvement was thoroughly explored. The speaker provided valuable insights into diverse opportunities available in the field of nutrition. The guest lecture also extensively covered essential skills and competencies required for success in the field of nutrition. The guest lecture extended its insight into the opportunities and considerations for pursuing a nutrition career abroad. Dt. Arpita P provided valuable information on the National and global landscape of the nutrition profession and the factors individuals should weigh when considering working in a foreign country. Overall the guest lecture served as a valuable resource for the students aspiring nutrition career.

Transitioning to the final segment of the session, Dr. Shivakumara C S, HoD (I/c), motivated the students with his intellectually stimulating speech and presented a gesture of appreciation to the Guest Speaker. The culmination included a vote of thanks conveyed by Ms. Sarvari Tabasum, a second-year PG student. The event concluded with a feedback session where students enthusiastically shared their insights. Their feedback highlighted the session as not only encouraging and thought-provoking but also exceptionally valuable, providing inspiration and practical takeaways. Students expressed gratitude for the enriching experience and emphasized the relevance of the content to their academic and professional development.

Kalaipriya S
2/2/24

Report prepared by: **Dr. Kalaipriya S,**
Organizing secretary

Shivakumara CS
2/2/24

Report verified by: **Dr. Shivakumara CS,**
Organizing chairman

Prof. & HOD
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