



**Sri Devaraj Urs Academy of Higher Education and Research**

**Kolar- 563103, Karnataka, India**

**NATIONAL CME**

**Hybrid mode**

## **Navigating the Complexities of Diabetes Mellitus: Current Trends and Practical Insights**

**Wednesday, 17th April 2024**

**Organized By**

**Department of Biochemistry**



**Sri Devaraj Urs Medical College**

**Constituent college of**

**Sri Devaraj Urs Academy of Higher Education and Research**

**(A Deemed to be University)**

**NH-75, Tamaka, Kolar-563103**



## **ABOUT THE PROGRAMME**

**Dear Sir / Madam,**

Department of Biochemistry, Sri Devaraj Urs Medical College, Kolar invites you to attend our Hybrid National CME on Navigating the Complexities of Diabetes Mellitus: Current Trends and Practical Insights

This CME provides a comprehensive overview of the latest developments in diabetes management, offering valuable insights into emerging trends and practical strategies for healthcare professionals and patients alike. This topic delves into the multifaceted nature of diabetes, addressing its various types, risk factors, complications, treatment options, and lifestyle management approaches. With a focus on evidence-based practices and real-world applications, this discussion aims to empower stakeholders with the knowledge and tools needed to effectively navigate the challenges posed by diabetes in today's healthcare landscape.

KMC Credit Points will be awarded for delegates registering before 13-04-2024. Certificate will be issued to all registered participants on successful submission of the feedback form.

**Regards and Warm wishes,**

**Dr. Prabhavathi K**

Organizing Chairman

**Dr. Soumya N**

Organizing Secretary

**Dr. Sai Deepika R**

Joint Organizing Secretary

For any queries please contact

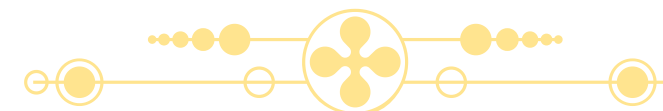
**Dr Soumya N**

Assistant Professor

Department of Biochemistry

Mobile: 9535060693

Email address: [cmebiochemistrysdumc@gmail.com](mailto:cmebiochemistrysdumc@gmail.com)



## **EMINENT SPEAKERS**



**Dr N K Singh**  
MD,FICP,FACP,FRSSDI  
Director, Diabetes and Heart Research Centre, Dhanbad



**Dr. Vageesh Ayyar S**  
MD, DM, DNB, MNAMS  
Professor & Former HOD of Endocrinology  
St John's Medical College, Bangalore



**Dr Somashekara Reddy K S**  
MBBS, MD, DM  
Endocrinologist, SDUMC, Kolar



**Dr.Rutul Gokalani (Thakkar)**  
Consultant diabetologist & Managing Director  
AHC Diabetes Centre, Ahmedabad



**Dr. V. Vettriselvi**  
Professor, Department of Human Genetics  
Sri Ramachandra University



**Dt. Krishna Kothari**  
Clinical Dietitian & Diabetes Educator  
Health Care Foundation



**Dt. Niti Munjal**  
Dietician and Diabetes Educator  
Founder of RxOcean.com



**Dr. Janani Tamilvanan**  
Director, Institute of Nutrigenetics & Geneobe Biolifesciences Private Limited

## PROGRAMME SCHEDULE



**With fond remembrance of Late Sri. R.L. Jalappa**  
**Founder Chairman, SDUET, Kolar**

TIME	SESSION	SPEAKER
8.30 – 9.00 AM	Registration	
9.00 – 9.45AM	Emerging Role of Nutri-epigenetics in Diabetes Mellitus	Dr Janani Tamilvanan
9.45 – 10.00AM	Inaugural Ceremony	
9.45- 10.00AM	Welcome Address	Dr Prabhavathi K
10.00 – 10.45AM	Gut Microbiota in Type 2 Diabetes Mellitus: Implications for diagnosis and Treatment	Dr N K Singh
10.45- 11.30AM	Holistic Management of Type 2 Diabetes Mellitus	Dr Vageesh Ayyar S
11.30- 11.45AM	Tea Break	
11.45 – 12.30PM	Inflammation and Diabetes - Link	Dr Somashekara Reddy K S
12.30- 01.15PM	Your DNA and Diabetes: Update on Research in Genetics of Diabetes Mellitus	Dr V Vettriselvi
01.15- 1.45PM	Lunch Break	
1.45 – 2.30PM	Nutritional Biochemistry and Dietary Management in Type 2 Diabetes Mellitus	Dt Krishna Kothari
2.30 – 3.15PM	Emerging Biomarkers for Glycaemic Control from Bench to Bedside in Diabetes Care	Dr Rutul Gokalani
3..15 – 4.00PM	Intermittent Fasting – Benefits and Best Practices in view of Type 2 Diabetes Mellitus	Dt Niti Munjal
4.00- 4.15PM	Vote of Thanks	Dr Soumya N
4.15- 4.30PM	Tea Break	

**Venue: William Osler AV Hall, 1st Floor, SDUMC**

### CHIEF PATRON

**Sri. G. H. NAGARAJA**  
**President, SDUET**  
**Hon'ble Chancellor, SDUAHER**

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**Registrar, SDUAHER**

**Dr. PRABHAKAR. K**  
**Dean, Faculty of Medicine, SDUAHER &**  
**Principal, SDUMC**

**Dr. KRISHNAPPA. J**  
**Medical Superintendent, RLJH&RC**

**Dr. VINUTHA SHANKAR. M. S**  
**Vice Principal, SDUMC**



**Join Zoom Meeting**

[https://zoom.us/j/94989334684?](https://zoom.us/j/94989334684?pwd=em5RL0dScThaM2l4ZmRUNWVXcFZNZz09)  
[pwd=em5RL0dScThaM2l4ZmRUNWVXcFZNZz09](https://zoom.us/j/94989334684?pwd=em5RL0dScThaM2l4ZmRUNWVXcFZNZz09)

**Meeting ID: 949 8933 4684**

**Passcode: 676857**

**FREE REGISTRATION**

**REGISTRATION LINK**

<https://forms.gle/BXH9n8dt8KN4W7Zw8>

### ORGANIZING COMMITTEE

**Organizing Chairperson**  
**Dr. Prabhavathi K**  
**Professor & Head**  
**Department of Biochemistry**

**Organizing Secretary**  
**Dr. Soumya N**  
**Assistant Professor**  
**Department of Biochemistry**

**Organizing committe members**  
**Dr. Shashidhar K N, Professor**  
**Dr. Susanna T Y, Professor**  
**Dr. Munilakshmi U, Assistant Professor**  
**Dr. Sai Deepika R, Senior Resident**  
**MS. Sharon P Rose, Tutor cum PhD scholar**  
**Dr. Satydeo Kumar Singh PG cum Tutor**  
**Mr. Meghanath, Research Assistant**  
**Mr. Ramagiri Satish, PhD Scholar**  
**Dr. Pragathi U, Tutor**  
**Dr. Sandipan Ghosh, Tutor**  
**Dr. Sujana Raj N, Tutor**  
**Dr. Prashanth D P, Tutor**  
**Dr. Niranjan N, Tutor**