



Sri Devaraj Urs Academy of Higher Education and Research
Comprising Sri Devaraj Urs Medical College
A DEEMED TO BE UNIVERSITY
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Research and Development Cell
&
Innovation and Incubation Cell

Event Report for Workshop: Level Up: Leadership Essentials

A workshop was conducted to boost the leadership skills and to enjoy the team building activities organized by the students and mentored by the members of Innovation and Incubation Cell, SDUAHER.

The workshop was conducted in Physiology AV Hall on 5th August 2024 from 2.00pm to 4.00pm.

The first event was Ice breaker: Participants introduced themselves to each other within 10 minutes. By the end of the session, everyone had the opportunity to recall all the names. The person who remembers the most names was rewarded. At the end of the session all the participants were given an envelope and a sketch pen to creatively introduce themselves by drawing a picture on the envelope. Participants after introducing themselves formed a team of two or three to solve a crossword puzzle provided to them.



Dipak Kumar, III MBBS student, SDUMC, Student Coordinator of Innovation and Incubation Cell, SDUAHER gave a presentation on Exploring the Key Aspects of Leadership focusing on six distinct leadership styles.

An activity to help participants understand their leadership strengths and areas for improvement a direction activity was performed with a checklist to assess their leadership qualities and decision-making skills. Based on their results, they were grouped into four directions representing different leadership styles.



Following this activity a presentation focusing on essential leadership qualities for effective communication in healthcare, emotional intelligence in healthcare settings, interdisciplinary team building, decision-making in clinical practice, conflict resolution in healthcare, and time management and delegation in healthcare contexts was given by Kaushik, III MBBS, SDUMC.

Harsh and Hardik, III MMBS, SDUMC gave a talk on critical thinking in leadership essentials.

Shipwreck Survival Challenge was given to the participants with a chit determining their role in a simulated shipwreck scenario, where they must persuade the event host to allocate the only available life jacket to them. This event was conducted by Likitha, III MBBS, SDUMC.



At the end of the event, the envelopes initially collected from participants were displayed on a wall. Participants were asked to anonymously write messages for each other and place them inside the envelopes. These envelopes then be picked up by the participants to read and reflect on the messages shared.

The event was moderated by Dr Ashwini N S, Professor, Chief Co-Ordinator, Innovation and Incubation Cell, SDUAHER. Dr Sahana S Murthy, Assistant Professor, Member, Innovation and Incubation Cell, SDUAHER, Dr. Kalaipriya S, Member, Innovation and Incubation Cell, SDUAHER.

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