

# BREAK THE CHAIN STOP RAGGING



Be a change-maker

Ragging is never necessary!

SAY NO TO RAGGING

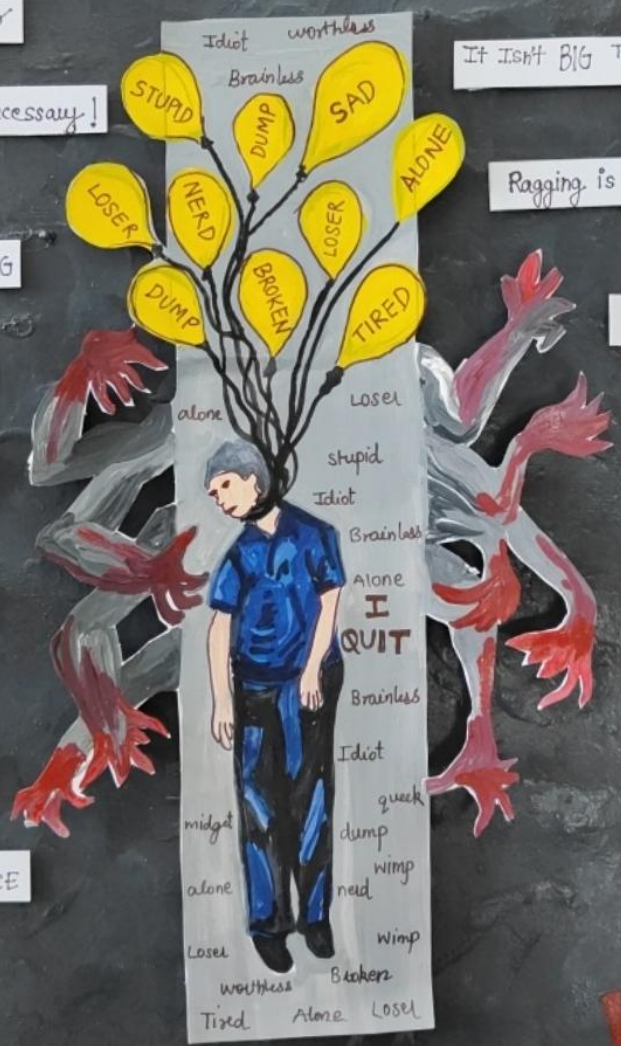
Be a Buddy  
NOT a BULLY!

Enough is Enough

STOP BULLYING

Ragging: A MENACE

# HELP



IT ISN'T BIG TO MAKE OTHERS FEEL SMALL

Ragging is never necessary!

STOP RAGGING

START HELPING



# WHY

They are waiting for us to

Lets do something for them.

SAY NO  
TO

RAGGING



does not  
break the  
ICE, it break  
lives career  
& families.

now is the  
TIME

Your fun games  
is someone's pain



RAGGING  
IS A  
HEINOUS

**CRIME**

SAY NO  
TO  
RAGGIGN  
SAY YES TO  
HARMONY

YOU CAN  
GUIDE THEM  
TOWARDS A  
BETTER  
FUTURE



 STOP RAGGING 

RAGGING  
IS  
A HEINOUS



CRIME



Your fun games is  
some ones pain



YOUR FUN  
CAN BE  
SOMEONE  
ELSE'S  
PAIN

ANTI  
RAGGING

STOP  
RAGGING

I AM

SORRY



MAKE THEM  
NOT THEM HURT LOVE

# SAY NO TO RAGGING

DO NOT ENDURE RAGGING OF ANY FORM.



- Makes Student Bold & Brave to face difficult situations.

• It establishes FRIENDSHIP



- It Improves mutual respect & bonding b/w Seniors & Juniors

ABUSE

BLAME  
WITNESS  
BLAME  
BLAME  
DANCE MONKEY  
SHAME  
PEER PRESSURE  
HARM  
SUCIDAL THOUGHTS  
ANXIETY TO MENTAL HEALTH  
NOT GOOD ENOUGH

- It increases coping strength & stress managing capacity of student.

■ RESPECT IS EXPECTED NOT EARNED



## FORMS

- HOSTEL
- DRESS CODE
- DRUG ABUSE



- ABUSE IS ONLY CAUSING TRAUMA

- Human rights violation



- Petty attempt to assert dominance over weak.

- Always leads to many abuse



- Alcohol
- Smoking
- Mental health Issues
- EVEN SUICIDE



- Encourages MOB MENTALITY
- GROUP VIOLENCE

□ Ragging associated offence

- SEC 323, 324, 355
- Assault (voluntary/intentional) / Hurt
- SEC 506 (Intimidation) • SEC 29A



# ANTI RAGGING



Physical  
Harassment  
Fool  
Loser  
ugly  
Weak  
Slow



Ragging is a punishable offence!  
Don't Indulge In Ragging



I<sup>st</sup> year GNM  
2023-2024

# ANTI RAGGING

RAGGING  
FREE  
CAMPUS



Depression  
Stress  
Pain  
sad



- \* Say No to Ragging, Say yes to friendship
- \* Ragging is a crime, Don't cross the line.
- \* Stand against ragging, stand for respect
- \* Stop ragging, start supporting
- \* Ragging hurts, friendship heals

Ragging is  
a Crime  
remand  
to jail



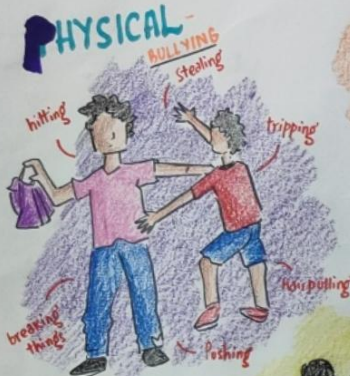
Don't  
PRESSURE  
1<sup>st</sup> year  
GNM  
2023-24

Your Fun Game Can be Someone else's pain





# Say NO To Ragging



## BULLYING

Observed on **12th AUG**

**STOP IT**  
BEFORE IT GOES TOO FAR

BULLIES CAUSE DEPRESSION, AND THUS CAUSE **SUICIDE**  
ARE YOU A MURDERER?



**BREAK THE CONTROL**  
Don't hide. **Speak out**

## CYBER BULLYING



## VERBAL BULLYING

## BULLYING

ASPECT SUCH AS APPEARANCE, SEXUAL PREFERENCE, DUE TO OFFICIAL SEXUAL PREFERENCE, TH... APPARENTLY, COME TO AS MENTALLY DISABLED, MORE FREQUENT AND MORE... CAN NOT BE REALIZED AS A... BEHAVIOR... EMOTIONALLY OR PHYSICALLY DISABLED. WORDS CAN BE USE WHEN NOT IN THEIR RACE, RELIGION ORIENTATION... ANY OTHER ASPECT SUCH AS... APPEARANCE, DISABLED PERSON SHOULD GIVE RESPECT. ORIENTATION CAN BE GIVEN TO THEM BY OFFERING THEM GOOD WITH OTHERS. **BREAK OUT**

**SAY NO TO RAGGING**



**WORDS ARE POWERFUL**  
CHOOSE THEM CAREFULLY



**SOCIETY**

**WORDS CAN BRING YOU DOWN BUT THEY ALSO CAN BRING YOU BACK UP!**

# NO MORE RAGGING

NEW COLLEGE!

STOP BULLY DEFEND THE BULLIED

OHOO! SHE IS NEW HERE



HIS TOUCH IS ABSURD!

LET HAVE SOME FUN WITH HER !!

HAH! HAH!



STUPID NERD WIERD FOOL DUMR



OHOO! SO FUNNY!

PATHETIC

LONER



SEE THEM

BE FRIENDLY WITH YOUR JUNIORS



LOSER IDIOT UGLY

THEY LAUGHED



WORDS are powerful Use it for healthy Purpose.

Say NO to Ragging

! SUICIDE Dont "RAG" It Can destroy Some One's "Future."



" Make a Ragging free Campus."

WARNING Ragging is a Crime.

# Say no to Ragging

**STAND UP  
SPEAK OUT**

Before you even think about RAGGING

Think about...

- POSSIBLE PROSECUTION
- DEBARING from appearing for any examination
- CANCELLATION of admission
- EXPULSION from Institute
- SUSPENSION from attending classes and academic privileges

**LAWS AGAINST RAGGING**

- PROHIBITION OF RAGGING ACT 1997 any disorderly conduct whereby any words spoken or written or by any act done is has the effect of leading, treating or mistreating a peer
- SECTION 339 of IPC - wrongful restraint
- SECTION 340 of IPC
- MEDICAL COUNCIL OF INDIA - specialised laws against ragging in medical institutions

**What is Ragging?**

Any act Resulting in:-

- mental abuse
- physical abuse
- Indecent behaviour
- Criminal Intimidation
- Undermining human dignity
- Exploitation / Extortion
- Use of force

**Pon Navarasu**  
a student of Annamalai University Medical College in Tamil Nadu was murdered in 1996 something from a ragging. Case went, led to the passing of the first anti ragging laws in India

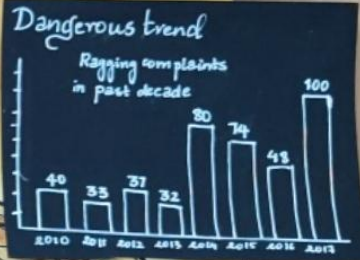
**COGNITIVE CHANGES**  
- Lack of concentration and attention  
- Reduced ability to make decisions  
- Loss of judgement

**BEHAVIOURAL CHANGES**  
- Alcohol and drug addiction  
- Aggressive behaviour  
- Inconsistent structures

**PSYCHOLOGICAL PROBLEMS**  
- Anxiety - reduced self-esteem  
- Depressive mood  
- Nervousness

**MEDICAL PROBLEMS**  
- Sleeping disorders - Hypertension  
- PTSD

**STOP BULLYING**

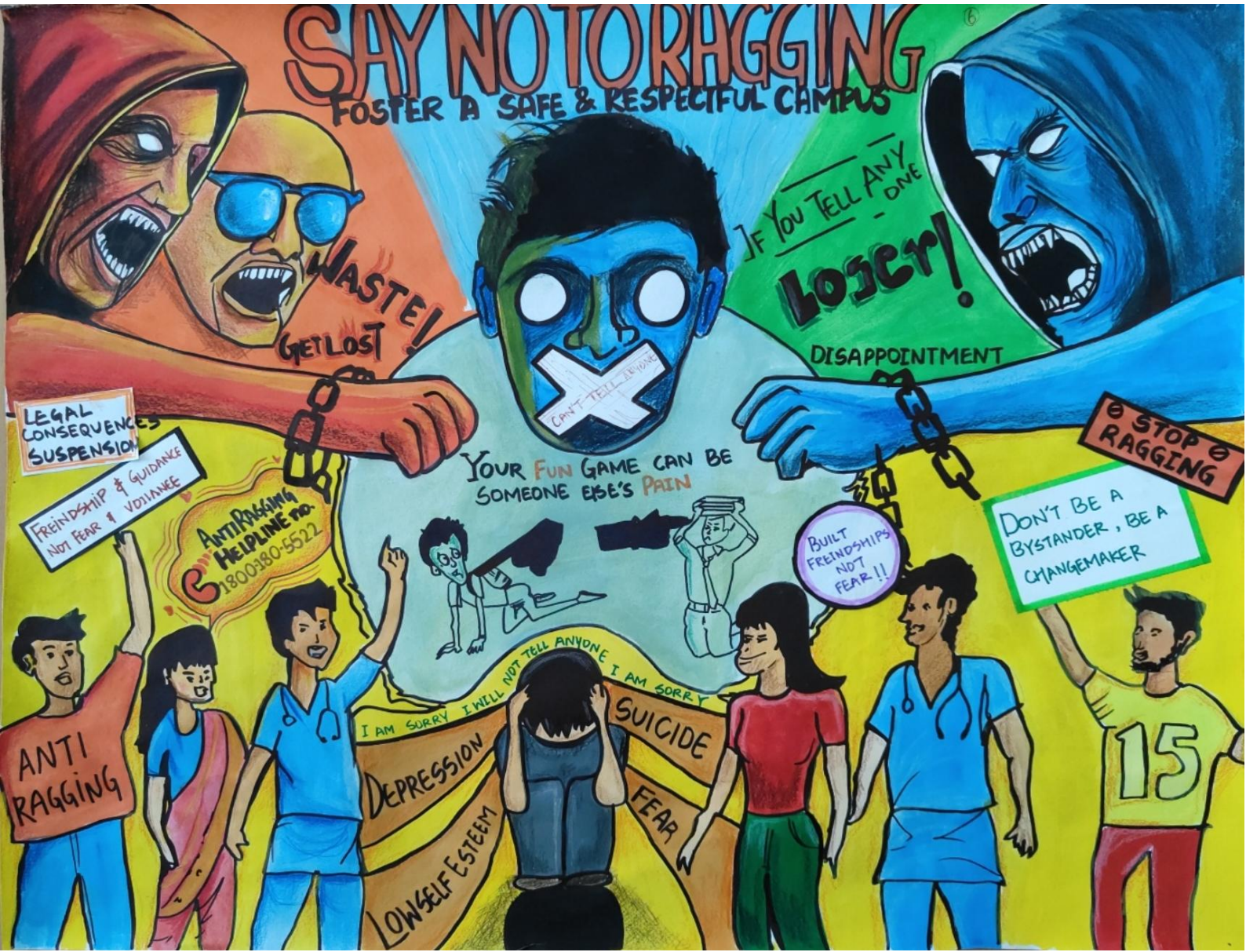


**STOP**  
being a mute witness to ragging!



# SAY NO TO RAGGING

FOSTER A SAFE & RESPECTFUL CAMPUS



WASTE!  
GET LOST!

IF YOU TELL ANY ONE  
**LOSER!**  
DISAPPOINTMENT

LEGAL CONSEQUENCES  
SUSPENSION

Freindship & Guidance  
NOT FEAR & VOLUNCE

ANTI RAGGING  
HELPLINE no.  
18003806522

YOUR FUN GAME CAN BE  
SOMEONE ELSE'S PAIN

STOP RAGGING

DON'T BE A  
BYSTANDER, BE A  
CHANGEMAKER

BUILT FRIENDSHIPS  
NOT FEAR!!

ANTI RAGGING

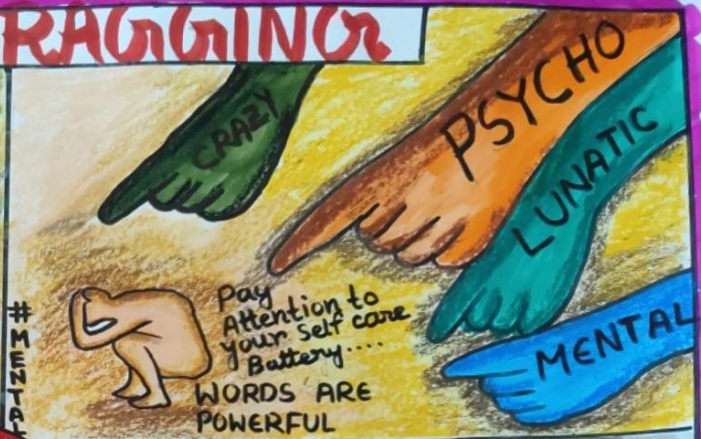
I AM SORRY I WILL NOT TELL ANYONE I AM SORRY

DEPRESSION  
LOW SELF ESTEEM

SUICIDE  
FEAR

15

# SAY NO TO RAGGING



National Anti-ragging Day  
10<sup>th</sup> Sept.  
1800-180-5522



Break the chain  
Be the change....



# ZERO TOLERANCE TO RAGGING



Freedom  
Freedom

Don't Stand by,  
Stand up!

you are not alone



Words can be forgiven  
NOT FORGOTTEN..

## JUST SAY NO!

Empathy  
not Apathy



"A RAG-FREE TOMORROW STARTS TODAY"

GIVE THEM LOVE, NOT PAIN



DON'T HARM, HEAL



# ANTI RAGGING



DON'T HURT THEM



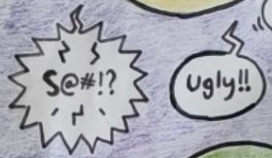
GUIDE AND PROTECT THEM

SAY NO TO RAGGING!!

GRADUATE OR JAIL



THE CHOICE IS YOURS DON'T RAG





RESPECT

Respect  
Not Intimidation

Together  
We Stand



DON'T  
RAG!!!

ENOUGH  
!!!

STOP  
!!!





# STOP RAGGING: BUILDING A SAFE AND RESPECTFUL CAMPUS

KNOW IT, RECOGNISE IT, STOP IT TOGETHER, KNOW IT, RE



I'M SORRY

LEAVE  
EXPLAIN  
DIAYND  
REFUSE

SAY NO TO RAGGING  
YES TO RESPECT

PRACTICE RESISTANCE'S KILL'S

**WHAT WE'RE DOING:**

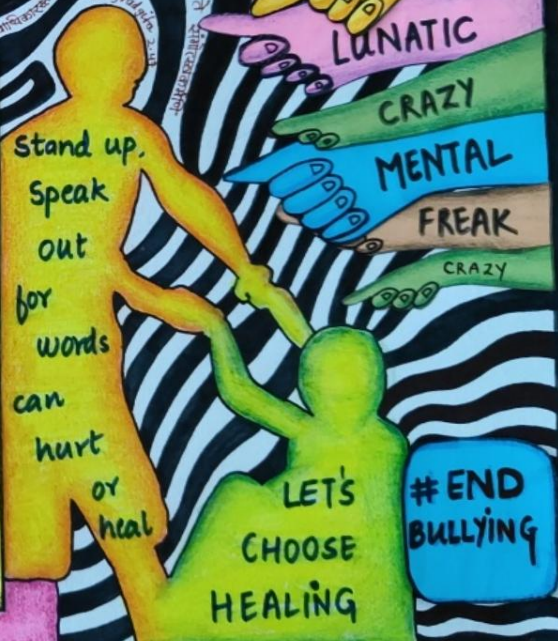
- Comprehensive Education - Ragging and its impact.
- Zero Tolerance Policy - Ragging is a crime. SDUAHER has a strict anti-Ragging aligned with UGC & NMC.
- Empowered staff & faculty
- Positive campus climate - fostering respect, inclusion & kindness to create a supportive environment

**LET'S MAKE SDUAHER A "RAGGING FREE-ZONE"**

- # STOPRAGGING
- # RESPECT
- # TOGETHER WE CAN

TOLLFREE NUMBER  
1800-180-5522  
[24X7]

WHY THE HELL AM I HERE??



# END BULLYING

LET'S CHOOSE HEALING

Stand up.  
Speak out  
for words  
can hurt  
or heal

WEIRD  
PSYCHO  
LUNATIC  
CRAZY  
MENTAL  
FREAK  
CRAZY

12  
~~RAGGING~~

# RAGGING IS A CRIME



RAISE HANDS TOGETHER TO  
**STOP RAGGING**



Don't Raggg, Just interact



**HARRASEMENT**  
IS NOT Compliment!

**GOOD BYE RAGGING**



Your Fun Game

BLACKLISTING  
SUSPENSION  
OWN FAULT HUMILIATION  
EXPULSION

can be  
Someone's  
else  
**PAIN**



**SAY** No To Ragging.....

