



Sri Devaraj Urs Academy of Higher Education and Research

(A Deemed to be University)

**Sri Devaraj Urs Medical
College**

We cordially invite you all to the regional
level CME

“Adolescent Mental Health challenges and strategies”

On
20-09-2024

Venue: Sir C V Raman Hall
(PG Auditorium),

Organized by

Dept. of Community Medicine



Seeking Blessings of
Late Shree. R. L. JALAPPA
Founder Chairman, SDUET

Chief Patron

Sri. G.H. NAGARAJA

**HON`BLE CHANCELLOR, SDUAHER &
CHAIRMAN, SDUET**

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PRINCIPAL, SDUMC

DR. J KRISHNAPPA J

MEDICAL SUPERINTENDENT, RLJH & RC

Mentally healthy children and adolescents are more likely to go to school/colleges ready to learn, actively engage in school/college activities, have supportive and caring connections with adults and young people, use appropriate problem-solving skills, have nonaggressive behaviours, and add to positive school culture.

Mental disorders can affect classroom learning, such as poor attendance, difficulties with academic performance, poor social integration, trouble adjusting to school/college, problems with behaviour regulation, and attention and concentration issues, all of which is critical to the success of the student.



**2 KMC CREDIT POINTS
CAN BE AVAILED**

PROGRAMME SCHEDULE

09.00 AM to 09:30 AM

Registration.

09:30 AM to 9:40 AM

Dr.Prasanna Kamath B T, HoD, Department of Community
Medicine- Welcome address

9:40 AM to 9:50 AM

Inauguration of CME by Hon'ble Vice chancellor

Dr. B.VENGAMMA

9:50 AM to 10:00 AM

Hon'ble Vice chancellor Presidential address

10 AM to 10:50 AM

**Session 1: Can We Recognise Anxiety and Depression in
Children?**

Dr.Ruth Sneha, Associate Professor,

Department of Psychiatry, SDUMC, SDUAHER, Kolar

10:50 AM to 11:40 AM

**Session 2: Child development and Child Psychiatry:
Implications on teaching profession**

Dr.Subramanyam M,

Consultant Psychiatrist

East Point Medical College, Bangalore

11:40 AM to 12:30 PM

**Session 3: Caught in the web: Understanding
Behavioural Addictions in the Digital Age**

Dr. Lakshmi Sravanti

Assistant Professor

Department of Child and Adolescent Psychiatry,

NIMHANS

12:30 PM to 1: 20 PM

**Session 4: Parenting styles and their impact on child
development: What we should know?**

Dr. Purushotham A

Assistant Professor, Department of Psychiatry,
SDUMC, SDUAHER, Kolar

1 20 PM to 2 PM - Lunch

2:00 PM to 2:50 PM

**Session 5: Child and adolescent substance addictions.
What we need to do?**

Dr. Shilpashri

Senior Consultant, Incharge Center for De-addiction
SNR Hospital, Kolar

2:50 PM to 3:40 PM

**Session 6: Empowering Adolescents: Creative
Approaches to promote mental health**

Dr.Latha K, Associate Professor,
Department of Mental Health Education NIMHANS

Vote of Thanks.

Registration link for CME

<https://forms.gle/e1kADKiutsH5ZDnM9>

Registration fee-RS 100- Scan to pay



***2 KMC Credit points for registrations before September 12th 2024**

Dr. Prasanna Kamath B T

**Organizing Chairperson,
Dept. of Community Medicine, SDUMC,
SDUAHER**

Dr.Pradeep T S

**Organizing Secretary Dept. of
Community Medicine, SDUMC,
SDUAHER**

Dr. B N Mahima

**Joint organizing secretary, Dept. of
Community Medicine, SDUMC,
SDUAHER**

Organizing Committee Members

Dr. Sunil. B. N Associate Professor
Dr. Vishwas. S Associate Professor
Dr.Harshitha H N, Assistant Professor
Dr. Samudyatha. U. C, Assistant Professor
Dr.Bhoomika V, Assistant Professor
Dr.Manjunath TL, Assistant Professor
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Dr. Ramees M Senior Resident
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Dr. Sankiya M Post Graduate
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Dr. Mohan Babu.G Post Graduate
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Dr. Angayarkanni.P Post Graduate
Dr.Hana Zaiba.Z Post Graduate
Dr.Roopashree.R Post Graduate