

### Sri Devaraj Urs Academy of Higher Education and Research

(A Deemed to be University) Sri Devaraj Urs Medical College Tamaka, Kolar-563103

We cordially invite you all to a Regional Level CME and WORKSHOP on

**"TOTAL KNEE ARTHROPLASTY"** On

05/11/2024 from 9AM TO 5PM Venue: LIBRARY AV HALL Organized by Dept. of ORTHOPAEDICS



## **INTRODUCTION**

**Total knee arthroplasty**, commonly known as a **knee replacement**, is a surgical procedure that replaces damaged knee joints with artificial components. This is often done to relieve pain and improve function in people with severe osteoarthritis or other knee joint conditions.

- Removal of Damaged Parts: The surgeon removes the damaged cartilage and bone from the ends of the femur (thighbone), tibia (shinbone), and patella (kneecap).
- 2. Implantation of Artificial Components: Metal and plastic components are then implanted to replace the damaged parts. These components are designed to mimic the natural movement of the knee joint.
- **Pain Relief:** Significantly reduces knee pain caused by arthritis.
- Improved Function: Enables patients to perform activities of daily living more easily.
- Increased Quality of Life: Can enhance overall well-being and enjoyment of life.

Recovery from TKA typically involves a period of rehabilitation to strengthen the muscles around the knee and improve range of motion. This may include physical therapy, occupational therapy, and home exercises.

# **GUEST SPEAKERS**



Dr. KARAN SHETTY MBBS, MS(Ortho),DNB(Ortho),FI JR







#### Dr. KARTHIK S J MS Ortho., DNB Ortho., FIJR., FIRJR

## LINK FOR REGISTRATION

https://forms.gle/75YgKDaTdixAuRee6



2 KMC POINTS WILL BE AWARDED FOR PARTICIPATING IN THE PROGRAM

## **PROGRAMME SCHEDULE**

9am - 09.15 am: Networking 09.15am - 9.40am: Introduction and Welcome speech – Dr Nagakumar J S 9.40 - 10am: Surgical anatomy Of knee.

10am – 10.30am: Classification and Clinical features of OA knee 10.30am – 10.45am Inauguration 10.45am - 11.15am: Case selection 11.15am – 11.30am: Tea Break 11.30am – 12.00pm: Pre-Op planning 12.00pm -12.30pm: Principles of TKR 12.30pm -1pm: Surgical management 1pm to 1.30pm: Rehabilitation and complications

1.30 pm – 2.30pm: Lunch break 2.30pm – 4.45pm: Workshop in Skill lab

4.45pm – 5pm: Vote of Thanks - Dr. Vinod Kumar K

Seeking Blessings of Late Shree. R. L. JALAPPA Founder Chairman, SDUET

Chief Patron Sri. G.H. NAGARAJA HON`BLE CHANCELLOR, SDUAHER & CHAIRMAN, SDUET

> Patrons SRI. J.RAJENDRA VICE CHAIRMAN, SDUET

SRI. HANUMANTH RAJU K G SECRETARY, SDUET

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DR. S. CHANDRASHEKAR SHETTY ADVISOR, SDUAHER

DR. D V L N PRASAD CHIEF ADMINISTRATIVE OFFICER, SDUAHER

> DR. MUNINARAYANA C1 REGISTRAR, SDUAHER

> > DR.PRABHAKAR K PRINCIPAL, SDUMC

DR. J KRISHNAPPA J MEDICAL SUPERINTENDENT, RLJH & RC

> DR.VINUTHA SHANKAR M S Vice-Principal, SDUMC

DR. DINESH K DEPUTY MEDICAL SUPERINTENDENT, RLJH & RC DR. RAJKUMAR DEPUTY MEDICAL SUPERINTENDENT, RLJH & RC Dr. Nagakumar J S Prof & HOD, Dept. of Orthopaedics Organizing Chairperson, SDUMC, SDUAHER

Organizing Secretaries Dr. Vinod Kumar K

Workshop In charge - Dr. Sagar V

Organizing Committee Members Dr. Arun H S Dr. Manohar P V Dr. Hariprasad S Dr. Sagar V Dr. Manoj Kumar R Dr. Arun Kumaar S P Dr. Anil Kumar P Dr. Punith Dr. Punith Dr. Harish Dr. Tarun Dr. Kiran

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