



**Sri Devaraj Urs Academy
of Higher Education and
Research**

(A Deemed to be University)

**Sri Devaraj Urs Medical College
Tamaka, Kolar-563103**

We cordially invite you all to a
WORKSHOP

On

**HEALTHY WOMEN, HEALTHY
WORLD**

Organized by

**Department of Obstetrics &
Gynaecology**



When thinking about women's health, there's a lot to consider. Knowing the diseases and conditions that are among the top health risks for women, such as heart disease and breast cancer, is important. But for many women, effectively managing other matters that affect daily health, such as premenstrual syndrome, birth control, fertility, menopause and more, also is key to enjoying a vibrant life.

One topic that often raises many questions is menstrual and breast health. A fundamental component of women's health, menstrual hygiene entails a thorough comprehension of the behaviours intended to preserve health and cleanliness during the menstrual cycle.

Cancer cervix screening plays a major role in early diagnosis of pre malignant and malignant conditions of cervix. Sensitising all the women about screening is important to reduce the cancer related morbidity and mortality

CHIEF GUEST

SRI NIKHIL B,

IPS

**SUPERINTENDENT OF POLICE,
KOLAR**

PROGRAMME DETAILS

DATE: 28th December 2024

TIME: 10:00 am to 11:30 am

**VENUE: PG auditorium,
University building**

**Awareness programme for the
women police personnel on
common gynaecological
conditions.**

PROGRAMME SCHEDULE

10:00am – 10:10am:

Welcome speech by Dr Munikrishna M

10:10am – 10:20am:

Inauguration

10:20am – 10:40am:

CERVICAL CANCER –
LEARN, PREVENT, SCREEN

Dr Sheela.S.R, Professor
Dept of OBG

10:40am – 11:00am:

MENSTRUAL HEALTH-
UNDERSTAND AND ACT

Dr Rathnamma.P , Professor
Dept of OBG

11am – 11:20am:

SELF BREAST EXAMINATION-
TOUCH AND CHECK

Dr Ashwini, Senior Resident
Dept of Surgery

11:20am – 11.30am:

Vote of Thanks



On the eve of centenary celebrations of

Late Shree. R. L. JALAPPA

Founder Chairman, SDUET

Sri. G.H. NAGARAJA

Hon'ble Chancellor, SDUAHER &
Chairman, SDUET

Sri. RAJENDRA J

Vice Chairman, SDUET

Sri. HANUMANTHA RAJU K.G

Secretary, SDUET

DR. B.VENGAMMA

Hon'ble Vice Chancellor,
SDUAHER

DR. D. V. L. N. PRASAD

CAO, SDUAHER

DR. MUNINARAYANA C

Registrar, SDUAHER

DR. K. PRABHAKAR

Principal SDUMC & Dean,
Faculty of Medicine, SDUAHER

DR. VINUTHA SHANKAR

Vice-Principal, SDUMC

DR. KRISHNAPPPA J

Medical Superintendent
RLJH&RC

Organizing Chairperson

Dr. MUNIKRISHNA M

Professor & HOD
Department of Obstetrics
& Gynaecology, SDUMC

Organizing Secretary

Dr. Vimarshitha

Organizing Committee

Members

Dr.Nandini S	Dr.Aashritha T
Dr.Kavya Rani	Dr.Divya J Patil
Dr.Yamini	Dr.Sharanya
Dr.Sowmya	Dr.Bhavya

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