



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A Deemed to be University)
TAMAKA, KOLAR - 563103

Mental Health Sensitization Program
for High School Principal/Head
master/Head Mistress

Regarding

Empowering School teachers to screen
for Anxiety and Depression among
students

Organized by

Department of Community Medicine



Seeking Blessings of
LATE SHRI. R. L. JALAPPA
Founder Chairman, SDUET

Chief Patron

SHRI. G. H. NAGARAJA
Hon'ble Chancellor, SDUAHER & Chairman, SDUET

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Vice Chairman, SDUET

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Dean Faculty of Medicine, SDUAHER & Principal,
SDUMC

DR. KRISHNAPPA .J
Medical Superintendent, RLJH&RC

DR. VINUTHA SHANKAR M.S
Vice Principal, SDUMC

Adolescence is a period which is particularly vulnerable for mental health affecting positively and negatively, with almost half of all mental disorders developing before the age of 18 years.

According to World Health Organization (WHO), India possesses the largest adolescent population in the world but mental health data from Indian adolescents are sparse and inconsistent.

Training educators in recognizing early signs of mental health issues and strategies for intervention can be achieved through professional development workshops led by mental health professionals

**3 GOOD HEALTH
AND WELL-BEING**



Organizing Chairperson

Dr.Sunil BN,
Associate Professor, I/C HoD
Dept. of Community Medicine, SDUMC,
SDUAHER

Organizing Secretary

Dr.Pradeep .T.S
Dept. of Community Medicine, SDUMC,
SDUAHER

Joint Organizing Secretary

Dr.Mahima BN
Dept. of Community Medicine, SDUMC,
SDUAHER
Dr.Sahana S Murthy
Assistant Professor
Department of Psychiatry
SDUMC, SDUAHER

Organizing Committee Members

Dr. B. T. Prasanna Kamath, Professor
Dr.Dayanand, Professor
Dr. Vishwas. S Associate Professor
Dr. Samudyatha. U. C Assistant Professor
Dr. Seethal Rose Assistant professor
Dr. Ravishankar. S Assistant Professor
And All Senior Residents and
Post graduates

Programme Schedule

10:00AM-10:15 AM

Registration Venue : PG Auditorium

10:15AM-10:30 AM

Welcome Address

Dr. Sunil B N

Associate Prof & I/C HoD
Dept. of Community Medicine,
SDUMC, SDUAHER

10:30 AM - 11:00AM

What is this School teacher's mental health
empowerment program?

Dr. Pradeep T S

Associate Professor
Dept. of Community Medicine,
SDUMC, SDUAHER

Dr.Mahima B N

MPH Faculty
Dept. of Community Medicine,
SDUMC, SDUAHER

Dr.Sahana S Murthy

Assistant Professor
Department of Psychiatry
SDUMC, SDUAHER

11 AM to 11:25 AM

"Inauguration of the Mental health
Sensitization program

By Hon'ble District commissioner,

Dr.M.R.Ravi (IAS)

Followed by Presidential Address

11:30 AM to 1:00 PM

Guest talk by Chief Guest

Dr. C.R. Chandrashekar.

"People's Psychiatrist,"

Padmashree Awardee

Former Senior Professor of Psychiatry and
Deputy Medical Superintendent,
National Institute of Mental Health and
Neurosciences (NIMHANS),
Bangalore



1:00 PM to 1:05 PM

Vote of thanks

Dr.Sahana S Murthy

Assistant Professor
Department of Psychiatry
SDUMC, SDUAHER