## **R.L Jalappa College of Physiotherapy**, Sri Devaraj Urs Academy of Higher Education and Research Tamaka, Kolar, Karnataka 563103 **Event Report**

## Name of the event: Post-Conference Workshop (Kobi Weiss) **Date of the event:** 27<sup>t/h</sup> January 2025 Name of the Department: R.L. Jalappa college of Physiotherapy, SDUAHER

S. no.	Event Report							
1.	Level of Event – Institution/ State/ National/ International							
National level event								
2.	Background/ Introduction							
On the occ	On the occasion of the Post-Conference Workshop on Fascial Manipulation, the R.L. Jalappa College							
of Physiotherapy once again demonstrated its unwavering commitment to excellence in physiotherapy								
education and global collaboration. Held on the 27 <sup>th</sup> of April 2025, this workshop brought together								
international expertise and local enthusiasm, offering participants a transformative learning experience								
under the guidance of renowned fascial therapy expert Kobi Weiss. Through a perfect blend of theory and								
hands-on practice, the event enabled students and professionals to delve deeper into the complexities of								
deep fascia	and its role in chronic pain management. The workshop served as a vital platform for evidence-							
based clini	ical training and skill development, reinforcing the institution's vision to empower							

physiotherapists with innovative, patient-centered approaches. This landmark initiative not only enriched the knowledge base of attendees but also highlighted the college's leadership in advancing physiotherapy practices in India and beyond.

3.	Venue							
MEU, Medical College, SDUAHER, Tamaka, Kolar								
4.	4. Sponsors							
NA								
5.	. Inauguration							
6.	Speaker/ Judges/ Chairman/-Panel Team							
Administrative Officials								
Dr. Muninarayana,								
Registrar,								
SDUAHER, Kolar								
Dr. Senthil Kumar Elumalai,								
Principal & Professor,								
R.L Jalappa College of Physiotherapy								
SDUAHER, K	Tolar							
7.	Participants & Delegates – Number with names							

Total of	43 Delegates (participants list attached)							
8.	Prize Distribution							
NA								
9.	Valedictory Ceremony							
Conduct	ed by Distribution of certificates							

## **10.** Highlights of the event including photos

On the 27<sup>th</sup> of April 2025, the R.L. Jalappa College of Physiotherapy, a constituent college of SDUAHER, hosted a significant post-conference workshop titled "Introduction to Fascial Manipulation: A Closer Look at Deep Fascia as the Source of Pain." This workshop was part of the Karnataka PHYSIOCON 2025 International Physiotherapy Conference and took place at the Medical Education Unit, Medical College 3rd Floor, Kolar, Karnataka.

The day began with the ceremonial lamp lighting at 9:00 AM, graced by distinguished dignitaries including Dr. Muninarayana, Registrar of SDUAHER; Mr. Kobi Weiss, Founder of Feel Mobility Clinic, Israel and instructor at the Stecco Institute of Fascial Manipulation; Dr. Senthil Kumar E, Principal & Physiotherapy: College HOD of R.L. Jalappa of and the organizing team. The event commenced with an inspiring address by **Dr. Muninarayana**, who emphasized the evolving role of fascia-focused physiotherapy and the importance of global knowledge exchange in strengthening clinical skills and patient care in India.

Renowned international expert **Kobi Weiss** conducted the hands-on workshop, providing participants with a comprehensive understanding of deep fascia as a critical source of pain. His sessions were rooted in the principles of the Stecco method of Fascial Manipulation, combining theoretical frameworks with practical applications.

The workshop included:

- Detailed insights into fascial anatomy and the role of deep fascia in musculoskeletal pain.
- Interactive demonstrations of fascial assessment techniques.
- Hands-on training where participants actively practiced palpation, point localization, and manipulation strategies under Kobi's guidance.

This immersive learning experience offered a unique opportunity for students, academicians, and clinicians to refine their manual therapy skills and deepen their understanding of fascial dynamics in clinical physiotherapy.

A delicious lunch was served at **1:00 PM**, offering participants a chance to network and share their reflections on the workshop. The program concluded with **high tea at 4:00 PM**, followed by a **valedictory function** in which **Kobi Weiss was felicitated** with a token of appreciation for his invaluable contribution to physiotherapy education.

This international-level workshop served as a landmark event in bridging the gap between conventional physiotherapy practices and emerging fascial science. With Mr. Weiss's expert mentorship, the attendees left empowered with innovative assessment and treatment strategies aimed at addressing chronic pain and improving patient outcomes. The R.L. Jalappa College of Physiotherapy once again demonstrated its unwavering commitment to fostering global collaboration and advancing physiotherapy education in India.

Prepared by



Mr. K Vinay Kumar Lecturer, Dept of PT, SDUAHER Verified by

Dr. Senthil Kumar E HOD, Dept of Physiotherapy, SDUAHER

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## List of Participants

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