



Sri Devaraj Urs Academy of Higher Education & Research

A DEEMED TO BE UNIVERSITY
(DECLARED UNDER SECTION 3 OF UGC ACT, 1956)

ORGANIZED BY
DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS

IN ASSOCIATION WITH

InBody

NutriBodyCon

BODY COMPOSITION
ACROSS THE CLINICAL SPECTRUM

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SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH
(A DEEMED TO BE UNIVERSITY) KOLAR 563103

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH
COMPRISING SRI DEVARAJ URS MEDICAL COLLEGE
A DEEMED TO BE UNIVERSITY
Declared under Section 3 of UGC Act 1956
POST BOX NO.62, TAMAKA, KOLAR - 563 101, KARNATAKA, INDIA
Phone: 08152-210604, 243003 Fax: 08152-243008 Email: office@sduu.ac.in Website: www.sduu.ac.in

SRI DEVARAJ URS MEDICAL COLLEGE

27.06.2025

VENUE : SILVER JUBILEE AUDITORIUM 2nd FLOOR , SDUAHER
KOLAR



WITH FOND REMEMBRANCE OF LATE SRI. R.L. JALAPPA
FOUNDER CHAIRMAN, SDUET, KOLAR

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PRESIDENT, SDUET HON'BLE CHANCELLOR, SDUAHER

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DEAN, FACULTY OF ALLIED HEALTH AND BASIC SCIENCES

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CHIEF ADMINISTRATIVE OFFICER, SDUAHER

DR. PRABHAKAR. K
DEAN, PRINCIPLE, FACULTY OF MEDICINE, SDUAHER

DR. KRISHNAPPA J
MEDICAL SUPERINTENDENT, RLJH&RC

DR. ASHOK KUMAR. B. S.
PRINCIPAL, RLJ COLLEGE OF PHARMACY, SDUAHER

HONORABLE SPEAKERS



Dr. Tulip Chamany
Founder, TODS Centre
Bangalore



Dr. L Sreenivasamurthy
Managing Director,
Senior Diabetologist, LCHRC



Dr. Muthuraju KR
Bariatrics and Metabolic
Surgery, PESUIMSR



Dr. Asna Urooj
Retd Professor
University Of Mysore



Dr. Padmini Vijaykumar
Chief Dietitian, Apollo Hospitals
Sheshadripuram



Dr. Shilpa P
HOD, Associate Professor
Padmashree Institute, BLR



Dr. Vani Krishna
Chief Nutritionist, Manipal
Hospitals, Bangalore



Dr. Zishan
Founder, Drona Fitness
Bangalore

FRIDAY 27th JUNE 2025

Timing	Topic	Speaker	Chairperson
8.00 - 9.30 am	Registration & Body Composition Analysis of Delegates		
Session - 1 : Inside Out - The Science of Body Composition			
9.30 - 9.50 am	Unlocking the Body's Secrets: An Introduction to BIA Technology & its principles	Mr. Tejas RS BCA Specialist, InBody	Dr. KRISHNAPPA J Medical Superintendent, RLJH&RC
9.50 - 10.10 am	InBody 970 Decoded: From Printout to Clinical Insight	Ms. Sakshi Mhatre Clinical Dietitian & BCA Specialist, InBody	Dr.K.Dinesh Professor of Anesthesiology & Deputy Medical Superintendent-I, RLJH&RC
10.10 - 10.30 am	InBody970 Case Study Analysis : Diet and Treatment	Dr. Vani Krishna Chief Nutritionist, Manipal Hospitals	Dr. Ashwini K. Shetty Professor, Dept of Physiology, SDUMC.
10.30 - 11.00 am	Inauguration		
11.00 - 11:10 am	HIGH TEA		
Session - 2 : Metabolic Reset -The Bariatric Journey			
11.10 - 11.30 am	Preparing for Success: The Role of BCA in Pre-Bariatric Assessment	Dr. Tulip Chamany Founder, TODS Bangalore	Dr. P. N. Sreeramulu Professor, Dept of General Surgery, SDUMC
11.30 - 11.50 am	BCA in Post-Bariatric Monitoring: A Smart Approach to Weight & Health Tracking	Dr. Muthuraju KR Bariatrics and Metabolic Surgery, PESUIMSR	Dr. K. Krishna Prasad Professor, Dept of General Surgery, SDUMC
Session - 3 : Endocrine Essentials :Tracking Hormones with Body Composition Data			
11:50 - 12:05 pm	Beyond Glucose: The Role of BCA in Comprehensive Diabetes Care	Dr. L Sreenivasamurthy Managing Director, Senior Diabetologist, LCHRC	Dr. K. Prabhakar Professor, Dept of General Medicine, SDUMC
12:05 - 12:30 pm	InBody in Women's Endocrine Health From PCOS to Menopause	Dr. Padmini Vijaykumar Chief Dietitian , Apollo Sheshadripuram	Dr. Sheela S. R. Professor, Dept of Obstetrics & Gynecology SDUMC
12:30 -1:30 pm	LUNCH		
Session - 4 : Muscle Matters: From Loss to Gain			
1:30 -1:50 pm	Fighting Sarcopenia: The Role of Nutrition and BCA in Muscle Preservation	Dr. Shilpa P Associate Professor Padmashree Institute,BLR	Dr. C.D. Dayanand Professor ,Allied Health Sciences (AHS), SDUAHER
1:50 -2:30 pm	From Muscle to Metabolism: Practical Exercise Strategies for Body Composition	Dr. Zishan Founder , Drona Fitness Bangalore	Dr. Senthil Kumar Elumala Professor & HOD, RLJCOP
Session - 5 : Panel Discussion and Certification			
2:30 -3:00 pm	The New Vital Signs: Muscle, Fat & Function Across Specialties	Dietitian Panel	Dr. Asna Urooj Retd Professor University Of Mysore
3:00 -3:30 pm	InBody Certification Assessment	Team InBody	
3:30 -4:00 pm	VOTE OF THANKS		

REGISTRATION FEES

STUDENTS	₹ 200 /-
FACULTY / DELEGATE	₹ 300 /-



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Link for
registration

Scan QR for
registration

Organizing Chairperson

Dr. Shivakumara CS

I/c HoD, Department of CND,
SDUAHER

Organizing Secretary

Dr. Soundariya S

Assistant Professor, Department of CND,
SDUAHER

Organizing Members

Dr. Satish A

Assistant Professor, Department of CND,
SDUAHER

Ms.Komathy Nagarajan

Lecturer, Department of CND,
SDUAHER

Ms.Priyanga.S

Lecturer, Department of CND, SDUAHER

Ms Sakshi Sachin Mhatre

Clinical Dietitian , InBody

Mr Karn Sharma

Regional Sales Manager , InBody South

Mr Tejas RS

South Medical Sales Specialist , South

FOR MORE DETAILS CONTACT REGISTRATION

Ms.Sindhu

7624994214

Mr.Tejas RS

8291292037

Dr.Satish A

8792566340

About the Department

The Department of Clinical Nutrition & Dietetics at SDUAHER offers integrated **B.Sc.-M.Sc. Clinical Nutrition and Dietetics** and **B.Sc. (Honors) Food Science and Technology** programs. These programs equip students with hands-on skills, scientific knowledge, and research experience. Aligned with NEP 2020, the curriculum promotes flexibility, innovation, and outcome-based learning, meeting national health goals and global food industry standards.

For Admissions Enquiry Contact:

Dr. Shivakumara C. S. Asst Professor & HOD,
Dept of Clinical Nutrition & Dietetics
8105368934

Dr. Satish A.
Asst Professor, Department of CND
8792566340