

**Name of the event:** State CME & WORKSHOP on BOTOX AND SKIN BOOSTERS

**Date of the event:** 31<sup>st</sup> October 2025

**Name of the department:** Dermatology, Venereology and Leprosy

| Sl. No. | Event Report  |
|---------|---|
| 1       | <b>Level of the event</b><br>RLJH & RC (State CME & WORKSHOP on BOTOX AND SKIN BOOSTERS)  |
| 2       | <b>Background / Introduction</b><br>The Department of Dermatology, Sri Devaraj Urs Medical College, Kolar, successfully organized a <b>State-level Continuing Medical Education (CME) and Workshop on “Botox and Skin Boosters”</b> on <b>31st October 2025</b> . The event aimed to enhance knowledge and practical skills among dermatologists and postgraduate students regarding the latest advancements and applications in aesthetic dermatology, particularly focusing on <b>Botox and Skin Boosters</b> . The program witnessed enthusiastic participation from dermatologists, postgraduates, and faculty from across the state.<br><br><i>Highlights of the Event :</i><br><br>The <b>State CME and Workshop on “Botox and Skin Boosters”</b> , organized by the Department of Dermatology, Sri Devaraj Urs Medical College, Kolar, proved to be an enriching academic and practical experience for all participants. The program was meticulously planned to provide both a strong theoretical foundation and hands-on exposure to the use of botulinum toxin and skin boosters—two cornerstone treatments in modern aesthetic dermatology.<br><br><i>1. Inaugural Session</i><br><br>The State CME and Workshop on “ <i>Skin Boosters and Botox in Today’s World</i> ” commenced at 10:00 a.m. with registration of delegates, followed by the formal inauguration ceremony.<br><br>The program opened with a <b>welcome address</b> by <b>Dr. Rajashekar T. S</b> , Professor and Head, Department of Dermatology, Venereology & Leprosy. He warmly welcomed the dignitaries, faculty, postgraduate students, and delegates, emphasizing the growing importance of aesthetic dermatology in modern clinical practice and the need for structured academic exposure in this field.<br><br>Next, <b>Dr. Prabhakar K, Principal, Sri Devaraj Urs Medical College</b> , addressed the gathering. He commended the Department of Dermatology for organizing a state-level CME on such a relevant and fast-evolving topic. He highlighted the significance of continual learning to provide safe, evidence-based aesthetic procedures and to bridge the gap between traditional dermatology and modern cosmetology.<br><br>Following this, <b>Dr. Krishnappa J, Medical Superintendent, RL Jalappa Hospital &amp; Research Centre</b> , congratulated the organizers for their commitment to academic excellence. He spoke about the increasing patient demand for aesthetic treatments and how such educational events enable clinicians to combine artistry with medical expertise, ensuring optimal patient outcomes. |

The **Registrar of SDUAHER, Dr. Muninarayana C**, then addressed the audience, appreciating the department's initiative and the enthusiastic participation of delegates from various institutions. He emphasized the university's vision of fostering innovation and multidisciplinary collaboration. He further encouraged young dermatologists to pursue aesthetic dermatology ethically and responsibly, aligning clinical practice with both scientific rigor and patient safety.

Finally, **Dr. Rajashekar T. S**, as Organizing Chairman, formally inaugurated the CME and expressed gratitude to the management, Dermatology Society of Kolar, guest speakers, and sponsors for their invaluable support and cooperation in making the event successful.

### *2. Lecture 1: "Basics of Botox & Skin Boosters" – Dr. Sravya Tipirneni*

The first academic session was delivered by **Dr. Sravya Tipirneni**, Senior Consultant Dermatologist and HOD, Manipal Hospital, Varthur Road, Bangalore.

Dr. Tipirneni provided a comprehensive overview of **Botulinum toxin (Botox)**, covering its pharmacology, mechanism of action, reconstitution techniques, dosage considerations, and injection protocols for common aesthetic concerns such as forehead lines, glabellar frown lines, and crow's feet.

She also elaborated on **skin boosters**, focusing on their role in skin hydration, collagen stimulation, and improvement of skin texture and luminosity. The session emphasized **patient selection, product safety, and post-procedure care**, helping attendees build a strong conceptual foundation. Her lucid presentation and clinical insights set the tone for the rest of the CME.

### *3. Lecture 2: "Off-label Indications of Botox" – Dr. Vaishnavi B V*

The second lecture, presented by **Dr. Vaishnavi B V**, Assistant Professor, Department of Dermatology, Sri Devaraj Urs Medical College, explored the **off-label applications of Botox** beyond its conventional cosmetic uses.

Dr. Vaishnavi discussed therapeutic and aesthetic indications such as **hyperhidrosis, migraine, bruxism, gummy smile, platysmal bands, and facial asymmetry**. She emphasized evidence-based practice and ethical considerations when using Botox for non-traditional purposes. The session was particularly appreciated for bridging the gap between **academic knowledge and real-world application**, encouraging participants to adopt a scientific and cautious approach while exploring newer uses of botulinum toxin.

### *4. Lecture 3 & Live Workshop: "Practical Demonstration of Botox and Skin Boosters" – Dr. Deepthi T N*

The highlight of the day was the **hands-on live demonstration** session led by **Dr. Deepthi T N**, Dermatologist, Manipal Hospital, Varthur Road, Bangalore.

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|    | <p>Dr. Deepthi conducted a <b>step-by-step live demonstration</b> on the administration of Botox and skin boosters. Participants observed techniques for patient evaluation, identifying injection points, maintaining aseptic precautions, dilution and reconstitution of the product, and post-procedure management.</p> <p>The demonstration was highly interactive, with attendees engaging in case-based discussions and receiving practical tips for achieving optimal results while minimizing complications. The workshop successfully bridged the gap between <b>theoretical understanding and clinical application</b>, providing participants with confidence to incorporate these procedures into their dermatological practice.</p> |
|    | <p><i>5. Vote of Thanks and Conclusion</i></p> <p>The formal proceedings concluded with a <b>Vote of Thanks</b> delivered by <b>Dr. Madhukiran C</b>, Assistant Professor, Department of Dermatology, Sri Devaraj Urs Medical College.</p> <p>Dr. Madhukiran expressed heartfelt gratitude to all the speakers, participants, organizing team members, and supporting staff for making the event a success.</p> <p>A <b>group photograph</b> marked the successful completion of the CME, followed by a <b>networking lunch</b>, which fostered academic exchange and camaraderie among participants.</p>  |
| 3  | <p><b>Venue</b></p>  |
|    | <p>Department of Dermatology, PG Block 3<sup>rd</sup> floor, SDUAHER</p>   |
| 4  | <p><b>Sponsors</b></p>   |
|    | <p>SDUAHER</p>   |
| 7  | <p><b>Participants &amp; Delegates in Number</b></p>   |
|    | <p>Around 29 Postgraduate Students, 7 Faculty members (Total = 36)</p>   |
| 8  | <p><b>Awards / Prices</b></p>  |
|    | <p>-</p>   |
| 9  | <p><b>Valedictory</b></p>  |
|    | <p>-</p>   |
| 10 | <p><b>Any other information</b></p>  |
|    | <p>-</p>   |

## Photos of the event



**(From left to right) Dr. Hanumanthayya K (Retired Professor of Dermatology), Dr. Rajashekar T. S. (Professor and Head, Department of Dermatology), Dr. Sravya Tipirneni (Senior Consultant Dermatologist and HOD, Manipal Hospital), Dr. Krishnappa J (Medical Superintendent), Dr. Prabhakar K (Principal), and Dr. Deepthi T. N. (Dermatologist, Manipal Hospital) Dr. Menaka Mohan (Dermatologist, Manipal Hospital) are seen offering water to the plant, symbolizing growth, learning, and the nurturing of knowledge.**



**Dr. Muninarayana C (Registrar, SDUAHER), Dr. Krishnappa J (Medical Superintendent), Dr. Rajashekar T. S. (Professor & Head, Department of Dermatology), Dr. Hanumanthayya K (Retired Professor of Dermatology), and Dr. Suresh Kumar (Professor, Department of Dermatology), along with other faculty members and postgraduate students from the Department of Dermatology, were present at the CME.**



**Dr. Muninarayana C (Registrar, SDUAHER), Dr. Krishnappa J (Medical Superintendent), and Dr. Prabhakar K (Principal), along with Dr. Rajashekar T. S. (Professor and HOD) and Dr. Suresh Kumar (Associate Professor), attended the hands-on workshop conducted by Dr. Sravya Tipirneni (Senior Consultant Dermatologist and HOD, Manipal Hospital) during the CME.**



**Hands on workshop being held for the postgraduate students by Dr. Deepthi TN (Dermatologist, Manipal Hospital) and Dr. Menaka Mohan (Dermatologist, Manipal Hospital)**



**Hands on workshop being held for the postgraduate students by Dr. Sravya Tipirneni, (Senior Consultant Dermatologist and HOD, Manipal Hospital)**