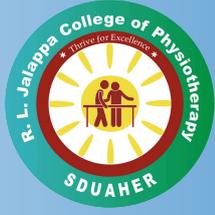


# R.L Jalappa College of Physiotherapy

Constituent College of

Sri Devaraj Urs Academy of Higher Education and Research  
Tamaka, Kolar



## INTERGRATED PULMONARY REHABILITATION WORKSHOP

3 GOOD HEALTH  
AND WELL-BEING



4 QUALITY  
EDUCATION



### BREATHE BETTER - FUNCTION BETTER - LIVE BETTER

This workshop is designed to provide clinicians, physiotherapists, physiotherapy students, and healthcare professionals with practical and scientific insights into evaluating, planning, delivering effective pulmonary rehabilitation program.



**Venue: Skill Lab , SDUAHER**

**10th - 11th February 2026**

**Time: 9 am - 4 pm**

#### WORKSHOP FOCUS

- GOLD Guidelines and Spirometry
- Patient Assessment and Outcome Measures
- Exercise Testing
- Psychiatric Assessment & Smoking Cessation
- Nutritional Assessment and Management
- Bronchial Hygiene Techniques

**Registration Fee: 750/-**

#### CONTACT US:

+91 8073193089

rlcopt@sduaher.ac.in

**REGISTER NOW**



# OUR PATRONS



***Late Sri. R.L Jalappa***

Founder President

Sri Devaraj Urs Educational Trust (SDUET)



**SRI. G H NAGARAJA**  
President, SDUET  
Hon'ble Chancellor, SDUAHER



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SDUAHER



**DR. DAYANAND C D**  
Dean, FAHP,  
SDUAHER

## ***Organising Committe***

**Dr. Anjali Suresh (Organizing Chairperson)**

**Dr. Senthil Kumar E (Organizing Secretary)**

**Dr. Pavan Kumar B.N (Organizing Joint Secretary)**

**Dr. Likhith Manjunath (Treasurer)**

**Day -1 (10-02-2026)**

<b>Time</b>	<b>Session</b>	<b>Speaker</b>
<b>8:30 am -9:30 am</b>	<b>Registration and Breakfast</b>	
<b>9:30 am -10:15 am</b>	<b>Overview of Pulmonary Rehabilitation</b>	<b>Dr Guruprasad Pulmonologist, RLJH&amp;RC</b>
<b>10:15 am -11:00 am</b>	<b>Assessment of Patient for Pulmonary Rehab—PT Perspective</b>	<b>Dr Sudhan S.G (PT) Ph.D Principal, KIPT</b>
<b>11:00 am - 11:30 am</b>	<b>Inauguration</b>	
<b>11:30 am -11-45 am</b>	<b>Tea Break</b>	
<b>11:45 am -12:30 pm</b>	<b>Physiotherapy Management in Pulmonary Rehabilitation</b>	<b>Dr.Senthil Kumar E (PT) Ph.D Professor, RLJCOPT</b>
<b>12:30 pm -1:30 pm</b>	<b>Lunch</b>	
<b>Workshop Sessions Day -1 (1:30 pm - 3:30 pm)</b>		
<b>Station -1</b>	<b>Spirometry: Instructions to and preparation of patient &amp; performing correct maneuvers</b>	<b>Dr.Pavan Kumar B N (PT) Lecturer,RLJCOPT</b>
<b>Station -2</b>	<b>Exercise Test – Step Test</b>	<b>Dr.Likhith Manjunath (PT) Assistant Professor,RLJCOPT</b>
<b>Station -3</b>	<b>Exercise Test—Shuttle Test</b>	<b>Dr Saniksha S.Revendiker (PT) Assistant Professor, RLJCOPT</b>
<b>Station -4</b>	<b>ABG Interpretation</b>	<b>Dr.Senthil Kumar E Professor, RLJCOPT</b>

**Day -2 (11-02-2026)**

<b>Time</b>	<b>Session</b>	<b>Speaker</b>
<b>9:30 am -10:15 am</b>	<b>Addressing Mental Health Issues in Smoking Cessation: A physiotherapeutic Approach</b>	<b>Dr Ruth Sneha Professor &amp; Head, Dept of Psychiatry, SDUMC</b>
<b>10:15 am-11:00 am</b>	<b>Nutritional management in Pulmonary Rehabilitation</b>	<b>Dr Madhavi Reddy Professor, Clinical Nutrition RLJH&amp;RC</b>
<b>11:00 am - 11:15 am</b>	<b>Tea Break</b>	
<b>11:15 am -12:00 pm</b>	<b>Bronchial Hygiene in Chronic Lung Disease</b>	<b>Dr. Mohan Das (PT) Sr. Pediatric Physiotherapist Manipal Hospital, Bangalore</b>
<b>12:00 pm -12:45 pm</b>	<b>Outcome Measures in Pulmonary Rehabilitation</b>	<b>Dr.Anjali Suresh (PT) Ph.D Professor &amp; Head, RLJCOPT</b>
<b>12:45 pm -1:45 pm</b>	<b>Lunch</b>	
<b>Workshop Sessions Day -2 (1:45 pm - 3:15 pm)</b>		
<b>Station -1</b>	<b>Chest Physiotherapy- Assistive Devices</b>	<b>Dr.Senthil Kumar E (PT) Ph.D Professor, RLJCOPT</b>
<b>Station -2</b>	<b>Oxygen Therapy, CPAP &amp; NIV</b>	<b>Dr. Mohan Das (PT) Sr. Pediatric Physiotherapist Manipal Hospital</b>
<b>Station -3</b>	<b>Respiratory Muscle Training</b>	<b>Dr. Pavan Kumar B. N (PT) Lecturer, RLJCOPT</b>
<b>3:30 pm -4:00 pm</b>	<b>Valedictory Ceremony</b>	