

R.L Jalappa College of Physiotherapy

Constituent College of

Sri Devaraj Urs Academy of Higher Education and Research

Tamaka, Kolar



INTEGRATED PULMONARY REHABILITATION A STATE-LEVEL WORKSHOP

3 GOOD HEALTH
AND WELL-BEING



4 QUALITY
EDUCATION



BREATHE BETTER - FUNCTION BETTER - LIVE BETTER

This workshop is designed to provide clinicians, physiotherapists, physiotherapy students, and healthcare professionals with practical and scientific insights into evaluating, planning, delivering effective pulmonary rehabilitation program.



Venue: RLJCOPT , SDUAHER

10th - 11th February 2026

Time: 9 am - 4 pm

WORKSHOP FOCUS

- GOLD Guidelines and Spirometry
- Patient Assessment and Outcome Measures
- Exercise Testing
- Psychiatric Assessment & Smoking Cessation
- Nutritional Assessment and Management
- Bronchial Hygiene Techniques

Eligibility for registration

BPT/MPT Students

Physiotherapy Professionals

Registration Fee: 750/-

CONTACT US:

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REGISTER NOW



OUR PATRONS



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Dr. Anjali Suresh (Organizing Chairperson)

Dr. Senthil Kumar E (Organizing Secretary)

Dr. Pavan Kumar B.N (Organizing Joint Secretary)

Dr. Likhith Manjunath (Treasurer)

Day -1 (10-02-2026)

| Time | Session | Speaker |
|---|--|---|
| 8:30 am -9:30 am | Registration and Breakfast | |
| 9:30 am -10:15 am | Overview of Pulmonary Rehabilitation | Dr Guruprasad Pulmonologist, RLJH&RC |
| 10:15 am -11:00 am | Assessment of Patient for Pulmonary Rehab—PT Perspective | Dr Sudhan S.G (PT) Ph.D Principal, KCPT |
| 11:00 am - 11:30 am | Inauguration | |
| 11:30 am -11-45 am | Tea Break | |
| 11:45 am -12:30 pm | Physiotherapy Management in Pulmonary Rehabilitation | Dr.Senthil Kumar E (PT) Ph.D Professor, RLJCOPT |
| 12:30 pm -1:30 pm | Lunch | |
| Workshop Sessions Day -1 (1:30 pm - 3:30 pm) | | |
| Station -1 | Spirometry: Instructions to and preparation of patient & performing correct maneuvers | Dr.Pavan Kumar B N (PT) Lecturer,RLJCOPT |
| Station -2 | Exercise Test – Step Test | Dr.Likhith Manjunath (PT) Assistant Professor,RLJCOPT |
| Station -3 | Exercise Test—Shuttle Test | Dr Saniksha S.Revendiker (PT) Assistant Professor, RLJCOPT |
| Station -4 | ABG Interpretation | Dr.Senthil Kumar E Professor, RLJCOPT |

Day -2 (11-02-2026)

| Time | Session | Speaker |
|---|---|--|
| 9:30 am -10:15 am | Addressing Mental Health Issues in Smoking Cessation: A physiotherapeutic Approach | Dr Ruth Sneha Professor & Head, Dept of Psychiatry, SDUMC |
| 10:15 am-11:00 am | Nutritional management in Pulmonary Rehabilitation | Dr Madhavi Reddy Professor, Clinical Nutrition RLJH&RC |
| 11:00 am - 11:15 am | Tea Break | |
| 11:15 am -12:00 pm | Bronchial Hygiene in Chronic Lung Disease | Dr. Mohandass G. (PT) Sr. Pediatric Physiotherapist Manipal Hospital, Bangalore |
| 12:00 pm -12:45 pm | Outcome Measures in Pulmonary Rehabilitation | Dr.Anjali Suresh (PT) Ph.D Professor & Head, RLJCOPT |
| 12:45 pm -1:45 pm | Lunch | |
| Workshop Sessions Day -2 (1:45 pm - 3:15 pm) | | |
| Station -1 | Chest Physiotherapy- Assistive Devices | Dr.Senthil Kumar E (PT) Ph.D Professor, RLJCOPT |
| Station -2 | Airway clearance Techniques- PEP devices, Cough Assist Therapy Device | Dr. Mohandass G. (PT) Sr. Pediatric Physiotherapist Manipal Hospital, Bangalore |
| Station -3 | Respiratory Muscle Training | Dr. Pavan Kumar B. N (PT) Lecturer, RLJCOPT |
| 3:30 pm -4:00 pm | Valedictory Ceremony | |