



Sri Devaraj Urs Academy of Higher Education and Research

(A Deemed to be University)

Sri Devaraj Urs Medical College
Tamaka, Kolar-563103

We cordially invite you all to a
Webinar on
“**COMPREHENSIVE UPDATE
ON ANKLE TRAUMA**”

On

16/05/2026 from 2PM to 5PM

Venue: Orthopaedics OPD

Organized by

Dept. of ORTHOPAEDICS



INTRODUCTION

Ankle injuries are extremely common. It is important to have a clear insight of the course of recovery after such injury to evaluate the effective strategies to guide management decisions, and understand the potential risk factors involved in the development of chronic problems and recurrent ankle sprains. When the medial ligament complex (MLC), in particular the anterior fascicle of the deltoid ligament, is involved, rotational ankle instability (RAI) can develop.

Generally, a tear of the anterior fibres of the MCL accompanied by anterior talofibular ligament (ATFL) insufficiency has been associated with RAI.

Conservative management is the first line of treatment, with surgery reserved for special cases or if rehabilitation has failed.

Ankle arthroscopy is increasingly used to address ligament insufficiency and to identify and treat intra-articular pathologies. Repair of MLC tears by an arthroscopic all-inside procedure is effective in both MAI and RAI.

GUEST SPEAKERS



Dr. Vinay Kumar Singh

MBBS, D-Ortho, MRCS, M.Ch, DISPSEM, FEBOT, FRCS

Zoom Meeting link

<https://us06web.zoom.us/j/85464420314?pwd=Zq6Q8ymY9Rt3qjFnTZouGAcrGr5A9w.1>

Meeting ID: 854 6442 0314

Passcode: 551399

LINK FOR REGISTRATION

<https://forms.gle/2rx5n45sdySvkjbk7>



PROGRAMME SCHEDULE

2pm - 02.15pm: Introduction and
Welcome speech - Dr Nagakumar J S

02.15pm - 2.40pm: Surgical anatomy
Of ankle.

2.40 – 3pm: Classification and
Clinical features of ankle injuries

3pm – 3.30pm: Decision making
Conservative or surgical

3.30pm – 3.45pm: Surgical
management

3.45pm – 4pm: Rehabilitation

4pm: Vote of Thanks - Dr. Vinod
Kumar K



Seeking Blessings of
Late Shree. R. L. JALAPPA
Founder Chairman, SDUET

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Prof & HOD,
Dept. of Orthopaedics
Organizing Chairperson,
SDUMC, SDUAHER

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