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DR. J KRISHNAPPA J
MEDICAL SUPERINTENDENT, RLJH & RC

DR. VINUTHA SHANKAR M S
VICE-PRINCIPAL, SDUMC

DR. DINESH K
DEPUTY MEDICAL SUPERINTENDENT, RLJH & RC

DR. RAJKUMAR M G
DEPUTY MEDICAL SUPERINTENDENT, RLJH & RC

For Registration:

***** Registration for the event is free but mandatory.**

Session - Offline mode only

Attendance for all sessions is compulsory

The feedback and assessment form will be shared during the sessions

Certificate will be issued only on successful submission of the feedback form and assessment.

For more details, contact course coordinators

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Assistant professor
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**** Snacks, Tea/coffee will be provided to all participants.**



**Sri Devaraj Urs Medical
College & Hospital, Tamaka,
Kolar**



A Constituent college of
**Sri Devaraj Urs Academy of
Higher Education and Research**
(A Deemed to be University)

"VALUE ADDED COURSE"

For
3rd year BSc Nursing students

ON

"PSYCHIATRIC REHABILITATION"

Conducted by

DEPARTMENT OF PSYCHIATRY

12th - 14th March 2025

28th - 29th April 2025

5th - 6th May 2025

Venue:

LIBRARY AV HALL (1st FLOOR)

Central Library Building, SDUMC

Kolar-563103

The department of Psychiatry is happy to inform you that we are conducting a Value added course on "Psychiatric Rehabilitation".

"Psychiatric rehabilitation" as value-added course would aim to equip students with the knowledge and skills to effectively support individuals with mental health conditions in their recovery journey by focusing on developing practical strategies for community integration, daily living skills, symptom management, and empowering individuals to take ownership of their mental health, ultimately promoting their overall well-being and quality of life within the community

Objectives of the Course: At the end of the course, the learner should be able to

1. Understand the principles of psychiatric rehabilitation
2. Develop skills for assessment and treatment planning
3. Build competency in key life skills training
4. Promote employment and vocational rehabilitation
5. Have knowledge about family and support system involvement
6. Be aware of ethical considerations in psychiatric rehabilitation

Target Audience: 3rd year BSc Nursing students

Contact hours: 30 hours

Attendance: for all the session is mandatory for successful completion of the course

Assessment:

Multiple Choice Questions (MCQs)

Topic	Timings
Day 1	
Pre-test assessment Frequently asked questions about Rehabilitation	2:00 pm- 2:30 pm
Introduction of the program	2:30 pm - 3:30pm
Psychiatric rehabilitation – What we know?	3:30pm - 6:00 pm
Day 2	
Principles of Rehabilitation	2:00 pm- 2:30 pm
Approaches of Rehabilitation	2:30 pm - 3:30pm
Types of Rehabilitation	3:30pm - 6:00 pm
Day 3	
Rehabilitation Team	2:00 - 2:30 pm
Steps in Rehabilitation	2:30 - 3:30 pm
Assessment of rehabilitation	3:30-6:00pm
Day 4	
Planning and implementation of rehabilitation	1:30 pm- 3:30 pm
Evaluation of rehabilitation	3:30 pm - 5:30pm
Feedback formulations	5:30pm - 6:00 pm

Topic	Timings
Day 5	
Role of Family support and others in rehabilitation	1:30 pm- 2:30 pm
Ethical aspects of Rehabilitation	2:30 pm - 3:30pm
Occupational rehabilitation	3:30 pm – 6:00 pm
Day 6	
Multidisciplinary collaboration in psychiatric rehabilitation	1:30 pm- 2:30 pm
Role of Integrative medicine in Rehabilitation	2:30 pm - 3:30pm
Barriers in rehabilitation	3:30 pm – 6:00 pm
Day 7	
Role of Nurses in Psychiatric rehabilitation	1:30 pm- 3:30 pm
Social skills in rehabilitation	3:30 pm - 5:30pm
Conclusion and posttest assessment, feedback of the program	5:30pm - 6:00 pm