

FESTIVALS

2024-2025



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A Deemed to be University declared under Section 3 of UGC Act 1956)

Comprising Sri Devaraj Urs Medical College

[Constituent unit of Sri Devaraj Urs Educational Trust for Backward Classes (Regd.)]

TAMAKA, KOLAR-563 103, KARNATAKA, INDIA

Ph: 918152-243003, +91 9448395232, Fax: +918152 - 243008 E-mail - registrar@sduaher.ac.in / office@sduaher.ac.in. Website: www.sduaher.ac.in

Name of the event: Onnichonam 2024

Date of the event: 06/10/2024

Name of the department: **Speech Pathology & Audiology**

Sl. No.	Event Report
1	Level of the event : Department level
2	Background / Introduction: Onam, the vibrant harvest festival of Kerala, is celebrated with immense enthusiasm and cultural fervor. It marks the homecoming of the legendary King Mahabali, whose reign is remembered as a golden era of equality and prosperity. The festival reflects the unity and diversity of Indian culture, showcasing traditional art forms, rituals, and cuisine.
3	Venue : Doctor's club
4	Sponsors: Students and teaching and non-teaching faculty of department of speech pathology and audiology sponsored the event.
5	Inauguration : The Onam celebrations were graciously inaugurated by our esteemed HOD. Dr. Usha, alongside Mr. S Lokheshwar, Mrs. Anu Lokheshwar, and Mr. A.V. Sumanth. Their presence added prestige to the event, and their inspiring words set the tone for the festivities. The ceremonial lighting of the lamp marked the beginning of a day filled with cultural vibrancy and unity, leaving a memorable impression on all attendees.
6	Participants: The Onam celebration brought together students from all batches – 1st, 2nd, and 3rd year – along with the enthusiastic participation of freshers. The event served as a platform for students to connect, collaborate, and showcase their talents, fostering a strong sense of unity and inclusivity within the college community.
7	Any other information: We sincerely thank all the staff members for their unwavering support and guidance to the organizing team, ensuring the success of the Onam celebration. A special note of appreciation goes to the supporting team, including the watchmen and cleaners, for their dedicated efforts and cooperation in managing the event logistics.

Dr. Usha M

I/c Head of the Department
Head of the Department
Speech Pathology and Audiology
SDUAHER, Kolar-563103



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Photos of the event





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Usha M

Dr. Usha M

I/c Head of the Department

I/c **Head of the Department**

Speech Pathology and Audiology

SDUAHER, Kolar-563103



Phone/Fax : 08152-243048
Phone : 08152-243003 / 243009
210604 / 05 Ext. 136
e-mail : sduconson@yahoo.in
website : www.sducon-con.in

Student Nurses' Association of India (Unit)

Sri Devaraj Urs School & College of Nursing

TAMAKA, KOLAR-563 101, KARNATAKA

Ref: SDUCON/038/2024-2025

Date: 10/09/2024

CIRCULAR



"May the joy of Onam fill your heart with peace,
happiness and life with prosperity"

Respected Faculties,

We are glad to inform you that SNA Unit of SDUCON is celebrating "*Onam Festival*" on 13-09-2024 at 11:00 am in R.L.Jalappa Silver Jubilee Auditorium. We look forward for your presence. In view of the same lunch is arranged for all staffs in Students Nurses Hostel, SDUCON.

Kindly join for the same.



SNA Advisors

Advisors

Student Nurses Association
Sri Devaraj Urs College of Nursing
Tamaka, Kolar - 563103


Principal

Sri Devaraj Urs College of Nursing
Tamaka, Kolar-563103


IQAC AGAR-IV

Sri Devaraj Urs College of Nursing
Tamaka, Kolar - 563103

President

Dr. G. Vijayalakshmi

SNA Advisors

Mrs. Vani.R

Mrs. Ramya .M

SNA Representatives:

Vice President

Ms.Rincy Roy

General Secretary

Ms.Anakha Santhosh

Cultural Secretary

Ms.Binumol Biju

Sports Secretary

Ms.Beneta & Mr.Mujahid

SNA Members:

1. Ms.Steffy Thomas
2. Ms. Arya S.Biju
3. Ms.Shreya maity
4. Ms.Helan rose shibu
5. Ms.Dhiya prince
6. Ms.Christa ann Joseph
7. Ms.Devika .S
8. Ms.Meenu K. Mathew
9. Ms.Swathi .G
10. Ms. Angel
11. MsMounish
12. Ms.Beneta
13. Mr.Mujahid
14. Ms.Kesiya
15. Mr.Gokul
16. Ms. Karthika Manoj
17. Ms.Gayathri



**SRI DEVARAJ URS COLLEGE OF
NURSING. TAMAKA. KOLAR-563103**

Faculty list

Format No. PRN-02
Issue No. 02
Rev.No. 00
Date: 01-09-2018

SL. No.	Names	Sign.	SL No.	Names	Sign.
01	Dr.Lavanya Subhashini		31	Mrs.Marthasherly	
02	Dr.Zeanath.C.J.		32	Mrs.Kanthamma.B.	
03	Prof.Jairakani Aruna		33	Mr.Mahesh.S.	
04	Prof.Punitha M.		34	Ms.Bharathi.S	
05	Mrs.Gayathri.K.V		35	Ms.Vanaja.K.T	
06	Dr.Malathi K.V.		36	Ms.Shwetha.S.G.	
07	Mrs.Vani R.		37	Mrs.M.Kavitha.	
08	Mrs.T.Umadevi		38	Mr.NaveenKumar.H.V	
09	Mrs.Ramya. M.		39	Mrs.Shobha Mathew	
10	Mrs.Saritha.V		40	Mrs.Uma.S.	
11	Mrs.Komaladevi.R		41	Mrs.C.Rukaminidevi.	
12	Mrs.Pavithra.S.	-	42	Mrs.Lavanya.N.N	
13	Mrs.Rashmi.A		43	Mrs.Tabhitha Florance	
14	Mrs.Kavitha.P		44	Ms.Jean Pearl Maria.V.	
15	Mrs.Geetha.S.		45	Mr.Alfred Arun Kumar.	
16	Mr.Gajendra Singh		46	Mr.Hithesh.S.	
17	Mr.Rajendra Prasad		47	Mrs.Geetha.G.R	
18	Mr.Sampath Kumar	-	48	Mrs.Dorothy Dayana	
19	Mrs.Sumalatha.C.V.		49	Mrs.Munirathna .N.	
20	Mrs.Beneta.V.		50	Mrs.Prema.N.	
21	Mrs.Srilakshmi.G.		51	Mrs.Nasreen Taj.	
22	Mrs.Swathi Shree.N.		52	Mrs.Mala.N.	
23	Ms.Gethcia.I.		53	Mrs.Magdalena.B	
24	Mrs.Thanuja.M.C		54	Mr.Suresh.R.S.	
25	Mrs.Uma.V.		55	Mr.Sathish Kumar	
26	Ms. Asha S		56	Mr.Venkataramappa.	
27	Ms. Malathi B	-	57	Mrs.Pramelamma.N.	
28	Ms.Kokila.K		58	Mrs.Rubin George	
29	Mrs.Shanthi.D		59	Mrs.Philomina Mudiyarasi	
30	Mrs.Jebamani Hepziba				



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Student Nurses' Association of India (Unit)

Sri Devaraj Urs School & College of Nursing

TAMAKA, KOLAR-563 101, KARNATAKA

Ref: SDUCON/347/2024-2025

Date: 23/12/2024



President

Dr. G. Vijayalakshmi

SNA Advisors

Mrs. Vani.R

Mrs. Ramya .M

SNA Representatives:

Vice President

Ms. Rincy Roy

General Secretary

Ms. Anakha Santhosh

Cultural Secretary

Ms. Binumol Biju

Sports Secretary

Ms. Beneta & Mr. Mujahid

SNA Members:

1. Ms. Steffy Thomas
2. Ms. Arya S. Biju
3. Ms. Shreya maity
4. Ms. Helan rose shibu
5. Ms. Dhiya prince
6. Ms. Christa ann Joseph
7. Ms. Devika .S
8. Ms. Meenu K. Mathew
9. Ms. Swathi .G
10. Ms. Angel
11. Ms. Mounish
12. Ms. Beneta
13. Mr. Mujahid
14. Ms. Kesiya
15. Mr. Gokul
16. Ms. Karthika Manoj
17. Ms. Gayathri

CIRCULAR

"The spirit of Christmas is in the 'togetherness and to become better versions of ourselves'".

Respected Faculties,

We are glad to inform you that SNA Unit of SDUCON is celebrating **"Christmas Day Celebration-2K24"** on **24/12/2024** at **11:00am** in Multipurpose Hall, SDUCON.

Let's celebrate the spirit of Christmas.


SNA Advisors

Advisors

Student Nurses Association
Sri Devaraj Urs College of Nursing
Tamaka, Kolar - 563101


Principal
23/12/24

Principal
Sri Devaraj Urs College of Nursing
Tamaka, Kolar - 563101



**SRI DEVARAJ URS COLLEGE OF
NURSING, TAMAKA, KOLAR-563103**

Format No. PRN-0.
Issue No. 02
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Date: 01-09-2018

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01	Dr.Lavanya Subhashini		30	Mrs.Marthasherly	
02	Dr.Zeanath.C.J.		31	Mrs.Kanthamma.B.	
03	Prof.Jairakani Aruna		32	Mr.Mahesh.S.	
04	Prof.Punitha M.		33	Ms.Bharathi.S	
05	Mrs.Gayathri.K.V		34	Ms. Vanaja.K.T	
06	Dr.Malathi K.V.		35	Ms.Shwetha.S.G.	
07	Mrs.Vani R.		36	Mrs.M.Kavitha.	
08	Mrs.Ramya. M.		37	Mr.NaveenKumar.H.V	
09	Mrs.Saritha.V		38	Mrs.Shobha Mathew	
10	Mrs.Komaladevi.R		39	Mrs.Uma.S.	
11	Mrs.Sumalatha.C.V.		40	Mrs.C.Rukaminidevi.	
12	Mrs.Rashmi.A		41	Mrs.Lavanya.N.N	
13	Mrs.Kavitha.P		42	Mrs.Tabhitha Florance	
14	Mrs.Geetha.S.		43	Ms.Jean Pearl Maria.V.	
15	Mr.Gajendra Singh		44	Mr.Alfred Arun Kumar.	
16	Mr.Rajendra Prasad		45	Mr.Hithesh.S.	
17	Mrs.Beneta.V.		46	Mrs.Geetha.G.R	
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24	Mrs.Bindhu.K		53	Mr.Suresh.R.S.	
25	Ms. Asha S		54	Mr.Sathish Kumar	
26	Ms. Malathi B		55	Mr.Venkataramappa.	
27	Ms.Kokila.K		56	Mrs.Pramelamma.N.	
28	Mrs.Shanthi.D		57	Mrs.Rubin George	
29	Mrs.Jebamani Hepziba		58	Mrs.Philomina Mudiyarasi	

Principal

Sri Devaraj Urs College of Nursing
Tamaka, Kolar-563103

2018-19-02



SRI DEVARAJ URS COLLEGE OF NURSING
A Constituent unit of Sri Devaraj Urs Academy of Higher Education and Research
TAMAKA, KOLAR- 563103

Format No.	PRN-05
Issue No.	02
Rev. No.	00
Date.	01-09-2018

REPORT

DATE:-26/12/24

REPORT ON CHRISTMAS DAY CELEBRATION

SNA Unit of SDUCON in coordination with IQAC had organized "Christmas Celebration" on 24/12/2024 at 11:00 am in the multipurpose hall, SDUCON. The programme started with Invocation song by Ms.Aksa & Team III year B.Sc (N) students. The gathering were welcomed by Ms.Swathy.S.Nair III year B.Sc(N) student. Bible reading regarding the birth of Lord Jesus was read by Ms.Jitty Sara Thomas followed by a divine carols group singing presented by Ms.Ancy & team III year BSc (N) students. The ingress of "Santa Claus" with a welcome dance to enrich and celebrate the joy and to spread festivity happiness followed by cake cutting by dignitaries.

Dr.G Vijayalakshmi Principal, SDUCON addressed gathering with christmas greetings. The programme ended with vote of thanks by Ms.Aleena P.B, III year B.Sc Nursing at 12:30pm. At the end of the programme, refreshments (Cake and chips) has been distributed to all the students and staffs. All the Teaching and Non-Teaching Staffs and III year BSc (N), I & II year GNM students had attended the programme.



[Signature]
SNA ADVISORS
Advisors

Student Nurses Association
Sri Devaraj Urs College of Nursing,
Tamaka, Kolar - 563103

[Signature] 26/12/24
PRINCIPAL
Principal

Sri Devaraj Urs College of Nursing
Tamaka, Kolar - 563103



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Name of the event: Pongal/ Sankranthi

Date of the event: 13 January 2025

Name of the department: Department of Speech Pathology & Audiology

Sl. No.	Event Report
1	Level of the event Department level
2	Background / Introduction Pongal / Sankranthi are prominent harvest festivals celebrated in India, particularly in the southern and northern regions, with immense cultural and agricultural significance. Pongal is a four-day festival observed in mid-January (usually January 14–17) to coincide with the Tamil month of Thai, marking the sun's transition into the zodiac sign Capricorn (Makara Sankranthi). Four Days of Pongal: <ul style="list-style-type: none">• Bhogi Pongal: Celebrated by discarding old belongings and starting anew.• Surya Pongal: The main day of worshipping the Sun God, when the traditional Pongal dish is prepared.• Mattu Pongal: Dedicated to cattle, recognizing their contribution to farming.• Kaanum Pongal: A day for social visits and gatherings.
3	Venue Department
4	Sponsors Students of Batch 23-24 organized the event
5	Inauguration NA
6	Participants Participants -Students of speech pathology and audiology and faculty Total number of participants attended – 100
7	Any other information The Pongal/Sankranthi celebration commenced with Nishanth G (MC) introducing the festivities. Keerthana H K and Nishanth then led the traditional pooja ceremony. Following this, Ellu Bella (a traditional sweet) was distributed to all. Sahana M, Veenasree, Sanchay J M, and Sanjay then delivered insightful speeches emphasizing the significance of Pongal/Sankranthi. Our esteemed HOD ma'am then graced the occasion with a melodious song. The celebration continued with engaging games for all batches, including a "remove the sugar cane cover with teeth" challenge and "musical flower." Students enthusiastically participated, and winners were rewarded with gifts. A token of appreciation was also presented to the faculty. A sumptuous Pongal feast was then served to all faculty and students. The event concluded with a memorable group photo session.



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Photos of the event



Inaugural of pooja and faculty of the department



Various Games played by the students

Group photo of students and faculty at the event

Usha M

Dr. Usha M
I/C HOD

I/c Head of the Department
Speech Pathology and Audiology
SDUAHER, Kolar-563103

Cultural and Sports
2024-25



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

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Cultural and Sports

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23	Invictus – KMC, Mangalore	193-227
24	Silhouettes and AIIMBT – AFMC, Pune	228-260

Name of the Event: Garba Night Event

Date of the Event: October 10, 2024

Name of the Department: Synapse Dance Club, SDU Cultural Society

Sl. No.	Event Report
1	Level of the event Institutional
2	Background / Introduction The Synapse Dance Club organised a vibrant Garba Night celebrating Dusshera 2024. The event aimed to promote cultural awareness and foster community spirit among students. The evening featured traditional Garba dancing, bringing together students from various batches to celebrate the festive occasion.
3	Venue Open Air Auditorium
4	Sponsors SDUAHER
7	Participants & Delegates in Number The event saw enthusiastic participation, with over 100 students attending. The lively atmosphere was enhanced by the diverse mix of participants, showcasing unity.
8	Awards / Prizes -Nil-
9	Valedictory The Garba Night organised by the Synapse Dance Club was a resounding success. It fulfilled the objective of celebrating Dusshera while promoting cultural engagement among students. The enthusiastic participation and positive feedback underscore the importance of such events in enriching campus life. We look forward to hosting more cultural celebrations to continue building a vibrant community.
10	Faculty Incharge Dr. Soumya N, Dr. Karthik S, Dr Achala G S , Dr Sudarshan, Dr Ujwal, Dr Inchara
11	Student Incharge Gaddam Devi Panchala Sampritha
12	Any Other Information <ol style="list-style-type: none">Opening Ceremony: The event commenced with a brief introduction about Dusshera, explaining its significance and the cultural importance of Garba.Dance Performances: Participants engaged in energetic Garba sessions, led by experienced dancers from the club, which encouraged everyone to join in.



Dr. KARTHIK S
ASSISTANT PROFESSOR OF MEDICINES
KMC 120023
DATE: _____

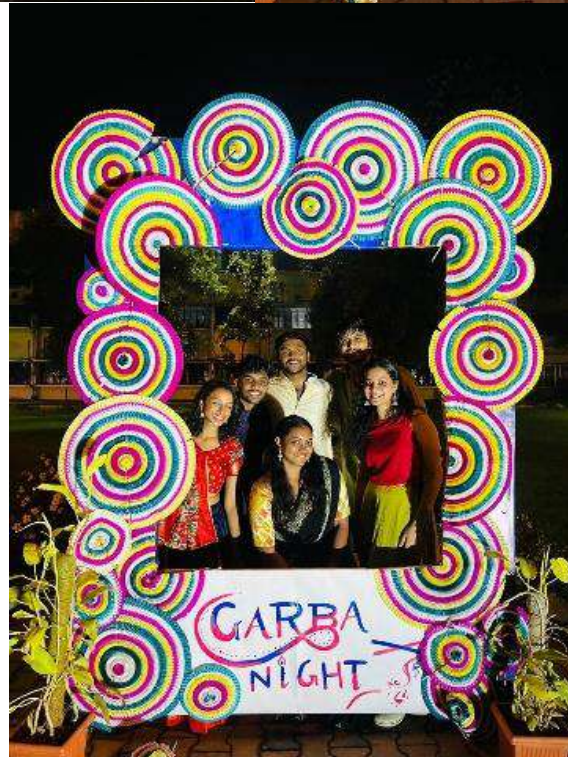
Club Incharge



CONVENER
Cultural Committee
Sri Devaraj Urs Medical College
Tumkur, KOLAR.

Cultural Convener

Photos of the event



Name of the Event: Karaoke Night

Date of the Event: October 17, 2024

Name of the Department: Resonance Music Club, SDU Cultural Society

Sl. No.	Event Report
1	Level of the event Institutional
2	Background / Introduction Resonance Club hosted an exciting Karaoke Night for students and faculty, blending music, camaraderie, and relaxation. The event aimed to provide a break from the academic routine, allowing students and faculty to unwind, showcase their vocal talents and foster stronger bonds.
3	Venue Open Air Auditorium
4	Sponsors SDUAHER
7	Participants & Delegates in Number The event saw enthusiastic participation from over ---- attendees, including students from all years, faculty members, and even a few alumni. The auditorium was decorated with colourful lights and banners, creating a lively, welcoming atmosphere that added to the spirit of the night.
8	Awards / Prizes -Nil-
9	Valedictory The event concluded with a heartfelt vote of thanks by the Cultural Committee's head, who appreciated everyone for their participation and enthusiasm. The success was evident from the smiles, laughter, and shared memories. Students and faculty appreciated the opportunity to unwind and bond outside the classroom. Many noted that such events contribute to positive mental health and a sense of community.
10	Faculty Incharge Dr Soumya N, Dr Karthik S, Dr Achala G S, Dr Sudarshan, Dr Sahana Murthy, Dr Ujwal
11	Student Incharge Bhavya Mitra, Gaddam Devi Penchala Sampritha
12	Any Other Information 1. Jam Session: The evening began with a Jam Session, setting the tone for the night. Musicians gathered with instruments in hand and created spontaneous melodies. Laughter and energy fill the room, as improvisation sparked creativity and connection. 2. Solo Performances: Students took turns singing their favourite songs, from Bollywood classics to Hollywood hits, showcasing diverse musical tastes and impressive vocal talents. 3. Duets and Group Songs: Friends and classmates teamed up for duets and group songs, which became the night's most memorable and entertaining performances. Songs like 'I Will Never Fall in Love' brought everyone together, inspiring spontaneous sing-alongs. 4. Faculty Participation: Faculty members surprised everyone by taking the stage with their performances. Their participation was met with cheers and encouragement, creating a warm and friendly atmosphere between students and faculty



Dr. KARTHIK S
ASSISTANT PROFESSOR OF PEDIATRICS
KMC 120023
DATE _____ TIME _____



CONVENER
Cultural Committee
Sri Devaraj Urs Medical College
Tumkur, KOLAR.

Photos of the event



Name of the Event: Flash Dance

Date of the Event: 19 November, 2024

Name of the Department: Synapse Dance Club, SDU Cultural Society

Sl. No.	Event Report
1	Level of the event Institutional
2	Background / Introduction The Dance Club of SDUMC College hosted an exciting Flash Dance competition for students. The event aimed to provide a break from the academic routine, allowing students to showcase their different forms of dance, compete with each other, and win exciting prizes.
3	Venue PG Auditorium
4	Sponsors SDUAHER
7	Participants & Delegates in Number The event saw enthusiastic participation from students from all years. There were around 25 participants. The auditorium was filled up with students from all years cheering their batchmates while they showcase their talent on stage.
8	Awards / Prizes Prizes were awarded for the winners of the first and second places.
9	Valedictory The event concluded with the judges, Dr. Sahana S Murthy and Dr. Soumya announcing the winners of the competition. Prizes were awarded for the winners of the first and second places. The judges also expressed their opinions on the dances that were showcased throughout the night. They had also appreciated everyone for their participation and enthusiasm. The success of the event was evident from the smiles, laughter, and shared memories.
10	Faculty Incharge Dr. Soumya N, Dr. Karthik S, Dr. Sahana S Murthy
11	Student Incharge K T Arya, Ghali Aditya, Gaddam Devi Penchala Sampritha
12	Any Other Information <ol style="list-style-type: none">1. Initial Round: The program began with 13 participants, dancing for thirteen different tracks. Each track included contemporary, western, kuthu styles of music for which the participants had to dance individually on stage. The judges chose 8 participants to go on to the next round.2. 2nd round: Consisted of face off challenge. This had two participants chosen randomly by the judges to dance on the stage for the same tracks. Judges had to choose one among the two participants for the next round. A total of 4 participants were chosen for the semi-finals.3. Semi-Finals: Two face offs were conducted amongst the four participants, among which 2 were selected as the finalists.4. Finals. The final two participants had to faceoff for the final track of the night for the 1st and 2nd places.

Report Prepared By,

K T Arya

Photos of the event



Karthik
Dr. KARTHIK S
ASSISTANT PROFESSOR OF MEDICINES
KMC 120023
DATE _____ TIME _____

Club Incharge

Saumya N
CONVENER
Cultural Committee
Sri Devaraj Urs Medical College
Tumkuru, KOLAR.

Cultural Convener

Name of the Event: Christmas Carol Event

Date of the Event: 17 December, 2024

Name of the Department: Resonance Music Club, SDU Cultural Society

Sl. No.	Event Report
1	Level of the event Institutional
2	Background / Introduction The Resonance club under the Cultural Committee of SDUMC College hosted an exciting Christmas Carol for students and faculty, blending music, camaraderie, and relaxation. The event aimed to provide a break from the academic routine, allowing students and faculty to unwind, showcase their vocal talents and foster stronger bonds. It brought the Christmas spirit inside all our minds. Program Highlights: 1. Opening Ceremony: The evening began and was carried on by our energetic emcees from our fresher's batch. Their energy truly set the tone for our program. 2. Individual Performances: Students took turns singing their favourite Christmas songs which ignited the unity during this festive season. Songs like Jingle Bell, hallelujah and Rudolph the Red-nosed Reindeer were sung. This inspired many spontaneous sing-alongs too. 3. Choir performance: The college choir, consisting of members from different batches, delivered an exceptional performance of classic Christmas carols. Their harmonious voices resonated throughout the hall, captivating the audience. The repertoire included timeless carols like Silent Night, Feliz Navidad, Joy to the World, and Jingle Bell Rock. Their voices harmonised along with guitars, keyboards and percussion.
3	Venue Open Air Auditorium
4	Sponsors SDUAHER
7	Participants & Delegates in Number The event saw enthusiastic participation from over attendees, including students from all years, faculty members. The auditorium was filled with choir singers and instrumentalists, creating a lively, welcoming atmosphere that added to the spirit of the night.
8	Awards / Prizes -Nil-
9	Valedictory The event concluded with many spontaneous performances. Students and faculty appreciated the opportunity to de-stress and bond outside the classroom. Many noted that such events contribute to positive mental health and a sense of community.
10	Faculty Incharge Cultural committee members – Dr Soumya, Dr Karthik S, Dr Achala G S and Dr Sahana
11	Student Incharge Bhavya Mitra, Gaddam Devi Penchala Sampritha
12	Any Other Information 1. Individual Performances: Students took turns singing their favourite Christmas songs which ignited the unity during this festive season. Songs like Jingle Bell, hallelujah and Rudolph the Red-nosed Reindeer were sung. This inspired many spontaneous sing-alongs too. 2. Choir performance: The college choir, consisting of members from different batches, delivered an exceptional performance of classic Christmas carols. Their harmonious voices resonated throughout the hall, captivating the audience. The repertoire included timeless carols like Silent Night, Feliz Navidad, Joy to the World, and Jingle Bell Rock. Their voices harmonised along with guitars, keyboards and percussion. Feedback and Impact: Students and faculty appreciated the opportunity to de-stress and bond outside the classroom. Many noted that such events contribute to positive mental health and a

sense of community.

Conclusion: Christmas Carol was a resounding success, promoting creativity, social connection, and stress relief. It reminded everyone that balancing academics with recreational activities is essential in medical college. The Cultural Committee plans to host similar events in the future, fostering a vibrant and inclusive college environment.



Karthik
DR. KARTHIK S
ASSISTANT PROFESSOR OF PEDIATRICS
KMC
DATE _____ TIME _____



Soumya N
CONVENER
Cultural Committee
Sri Devaraj Urs Medical College
Tumkur, KOLAR.

Photos of the event



Name of the Event: Plug and Play Workshop

Date of the Event: 6 February, 2025

Name of the Department: Resonance Music Club, SDU Cultural Society

Sl. No.	Event Report
1	Level of the event Institutional
2	Background / Introduction Music club of Cultural Committee, Sri Devaraj Urs Medical College (SDUMC) organized Band workshop, blending music, camaraderie, and relaxation. The event aimed to provide a break from the academic routine, allowing students and faculty to unwind, showcase their vocal and instrumental talents and foster stronger bonds.
3	Venue Open Air Auditorium
4	Sponsors SDUAHER
7	Participants & Delegates in Number The workshop was attended by all the members of the music band which includes 3 singers, 3 guitarists, keyboard player and a drummer.
8	Awards / Prices -Nil-
9	Valedictory The event concluded with many spontaneous jam sessions. Students and faculty appreciated the opportunity to destress and bond outside the classroom. Many noted that such events contribute to positive mental health and a sense of community.
10	Faculty Incharge Dr. Soumya N, Dr. Karthik S
11	Student Incharge Bhavya Mitra, Hemant Prabhakar, Mrudula V Purohit
12	Any Other Information 1. The songs performed during the session were: Rock on Aadat 2. Feedback: The session could be improved with a drum set, the absence of which is reducing the efficiency of the session



DR. KARTHIK S
ASSISTANT PROFESSOR OF PREVENTIVE
MEDICINE
KMC-120023
DATE: _____ TIME: _____



CONVENER
Cultural Committee
Sri Devaraj Urs Medical College
Tumkur, KOLAR.

Photos of the event



Name of the Event: Plug and Play Workshop Part 2

Date of the Event: 11 February, 2025

Name of the Department: Resonance Music Club, SDU Cultural Society

Sl. No.	Event Report
1	Level of the event Institutional
2	Background / Introduction The Resonance club under the Cultural Committee of SDUMC College hosted a Band workshop, blending music, camaraderie, and relaxation. The event aimed to provide a break from the academic routine, allowing students and faculty to unwind, showcase their vocal talents and foster stronger bonds.
3	Venue Open Air Auditorium
4	Sponsors SDUAHER
7	Participants & Delegates in Number The workshop was attended by all the members of the music band which includes 3 singers, 3 guitarists, keyboard player and a drummer.
8	Awards / Prices -Nil-
9	Valedictory The event concluded with many spontaneous performances. Students and faculty appreciated the opportunity to destress and bond outside the classroom. Many noted that such events contribute to positive mental health and a sense of community.
10	Faculty Incharge Dr. Soumya N, Dr. Karthik S, Dr Achala G S, Dr Sahana S Murthy
11	Student Incharge Bhavya Mitra, Hemant Prabhakar, Mrudula V Purohit
12	Any Other Information Highlights: The songs performed during the session were: 1. Kalank 2. O re piya Feedback: The session could be improved with a drum set, the absence of which is reducing the efficiency of the session



DR. KARTHIK S
ASSISTANT PROFESSOR OF PREVENTIVE
MEDICINE
DATE _____ TIME _____



CONVENER
Cultural Committee
Sri Devaraj Urs Medical College
Tumakuru, F.O.I.A.R.

Photos of the event



Name of the Event: Sing Your Heart Out

Date of the Event: 12 February, 2025

Name of the Department: Resonance Music Club, SDU Cultural Society

Sl. No.	Event Report
1	Level of the event Institutional
2	Background / Introduction The music club organized an engaging and interactive workshop on voice and song selections. The event aimed to provide students with a platform to enhance their musical skills and gain insights on how to choose a song on the basis of their voice.
3	Venue Open Air Auditorium
4	Sponsors SDUAHER
7	Participants & Delegates in Number Around 20 undergraduate students participated in this workshop.
8	Awards / Prizes -Nil-
9	Valedictory The event concluded with many spontaneous performances. Students and faculty appreciated the opportunity to destress and bond outside the classroom. Many noted that such events contribute to positive mental health and a sense of community.
10	Faculty Incharge Dr. Soumya N, Dr. Karthik S, Dr Achala G S, Dr Sahana S Murthy
11	Student Incharge Bhavya Mitra, Mrudula V Purohit, Hemant Prabhakar
12	Any Other Information Objective: To encourage creativity and self-expression through music Key activities included: A brief introduction, discover genre of music , song expression .



Dr. KARTHIK S
ASSISTANT PROFESSOR OF PEDIATRICS
KMC-1200223
DATE _____ TIME _____



CONVENER
Cultural Committee
Sri Devaraj Urs Medical College
Tumakuru, P.O.L.A.R.

Photos of the event



Name of the Event: Freshers' Event

Date of the Event: 18/02/2025-20/02/2025

Name of the Department: SDU Cultural Society in collaboration with Sports Committee

Sl. No.	Event Report
1	Level of the event Institutional
2	Background / Introduction Freshers' Day was organized to welcome the new batch of students, helping them integrate into the college environment through interactive sessions, performances, and team-building activities. The event aimed to foster camaraderie among students and provide them with a memorable start to their academic journey. Synapse, dance club, organised various dance performances. CBI drama Club and Khayal Lit Club organised a mini pageant for the batch.
3	Venue Volleyball Court, Cricket Ground, Open Air Auditorium
4	Sponsors SDUAHER
7	Participants & Delegates in Number The event saw enthusiastic participation from over 130 attendees, including students from all years, faculty members.
8	Awards / Prices Award for the Ultimate Survivor in the sports event Award for Mr. Freshers' and Ms. Freshers'
9	Valedictory <ul style="list-style-type: none">• The event concluded with a vote of thanks, recognizing the efforts of the organizing team and participants.• Faculty members shared words of encouragement for the freshers.• A group photograph was taken to commemorate the occasion.
10	Faculty Incharge Dr. Soumya N, Dr. Karthik S, Dr. Vishwas S, Dr. Ujval M, Dr. Shantharam V, Dr. Geetha S, Dr Munilakshmi, Dr Achala G S
11	Student Incharge Gaddam Devi Penchala Sampritha, Suranjan Borah
12	Any Other Information <ol style="list-style-type: none">1. The event featured a mix of cultural performances, interactive games, and icebreaker sessions.2. Students actively engaged in the activities, making the event a grand success.3. Feedback from participants was overwhelmingly positive, with appreciation for the well-organized and entertaining experience.



Club Incharge



Cultural Convener

Photos of the event









Name of the event: Apollo 2025 at SDUMC

Date of the event: February 24th, 2025

Name of the department: Cultural Committee, SDUMC

Sl. No.	Event Report
1	Level of the event Institutional
2	Background / Introduction Overview: The Cultural Committee of SDUMC organized Apollo night, an event focused mainly on music, all batches of MBBS participated to make the event a success Program Highlights: The evening began with a warm welcome by a representative from the Cultural Committee. Event started off with a duet performance by the freshers batch. As the evening progressed participants from every batch came up to the stage to give us a very entertaining performance of their voice as well as showcasing their instrumental talents. The auditorium was filled with cheers as each batchmate, senior and junior stepped onto the stage and gave their hard worked performance. Decoration of the stage was very well received by everyone and received a lot of compliments from many, bringing smiles to the team who worked on the decoration. The event concluded with a group song from the freshers batch and a thank you note from the music representatives of the conducting batch.
3	Venue Silver Jubilee Auditorium
4	Sponsors SDUAHER
7	Participants & Delegates in Number Around 350 to 400 students and 15 staff participated in the event The event was attended by the MBBS students, Postgraduates and Faculty of SDUMC. The auditorium setup, complete with comfortable seating and a decoration with "Retro Night" as the theme was the main highlight of the night.
8	Awards / Prices Nil
9	Valedictory The event concluded with a vote of thanks, recognizing the efforts of the organizing team and participants.
10	Faculty Incharge: Cultural committee members – Dr Soumya, Dr Karthik S, Dr Achala G S
11	Any other information Feedback and Reception: The response from students was overwhelmingly positive. Students appreciated Apollo 2025 and requested for more nights like this. Conclusion: Apollo 2025 was a success and the Cultural Committee aims to conduct more events as such.



DR. KARTHIK S
ASSISTANT PROFESSOR OF MEDICINE
MMC 120023
DATE _____ TIME _____



CONVENER
Cultural Committee
Sri Devaraj Urs Medical College
Tumkur, F.O.L.A.R.

Photos





Name of the Event: PARVA' 25

Date of the Event: 24/04/2025 - 4/05/2025

Name of the Department: SDU Cultural Society

Sl. No.	Event Report
1	Level of the event Institutional
2	Background / Introduction The Cultural Committee, Sri Devaraj URS Medical College (SDUMC), organized PARVA' 25. Day 1 24th April 2025 Khayal On April 24, PARVA 2025 kicked off with a burst of creativity and colour. The Khayal Literary Club hosted a lively Pictionary event, where participants teamed up to sketch and guess words under pressure. The room was filled with laughter, quick thinking, and a wonderful display of imagination. Chitrakan Meanwhile, the Chitrakan Art Club's Doodling event offered a more relaxed yet equally creative space. With pens and paper in hand, participants let their ideas flow freely, producing thoughtful and artistic interpretations of the given theme. Both events captured the spirit of Day 1—fun, expressive, and full of student talent. Day 2 25th April 2025 Chitrakan The Chitrakan Art Club continued celebrating artistic expression with a vibrant Painting event as part of PARVA 2025. Participants brought their creativity to life on canvas, interpreting the theme in unique and colourful ways. The atmosphere buzzed with quiet focus and bursts of inspiration as students showcased their skills, blending technique with imagination. It was a beautiful reminder of the power of art to express, connect, and inspire. Day 3 26th April 2025 CBI The CBI Club took the audience on a thrilling investigative journey through Nuclear Strike, a high-stakes simulation where participants were tasked with unravelling a fictional nuclear threat. With clues hidden across campus and intense interrogations, teams showcased their deduction skills, teamwork, and strategic thinking. The event culminated in a tense final reveal, rewarding the most perceptive minds. The immersive storytelling and suspenseful execution made it a crowd favourite. Khayal

The Khayal Club's English Debate was a battleground of wit and words, where participants passionately argued motions on contemporary issues with logic and flair. With topics ranging from AI ethics to global policy, the event saw fiery rebuttals, sharp cross-questioning, and eloquent conclusions. The debate not only tested knowledge and public speaking but also encouraged critical thinking and respectful discourse. Judges praised the level of preparation and originality of arguments.

Day 4

28th April 2025

Khayal

Khayal Club's Block & Tackle was a rollercoaster of spontaneity and speech. Participants were challenged to switch stances mid-sentence on quirky and controversial topics, testing not just their oratory skills but also their mental agility and sense of humour. The energy in the room was electric as speakers flipped from 'for' to 'against' on cue, drawing laughter and applause. Judges evaluated based on fluency, wit, and adaptability, making it a true test of presence of mind.

Chitrakan

The Chitrakan Club's Sketching event was a celebration of quiet creativity. Artists brought their imagination to life on paper, interpreting the theme with diverse styles — from minimalism to detailed realism. The event provided a serene space amidst the fest's buzz, with participants completely immersed in their strokes. The final artworks reflected powerful stories and emotions, showcasing the incredible talent in the college.

Day 5

29th April 2025

Khayal

The Kannada Debate brought a strong sense of regional pride and sharp intellect to the stage. Participants debated passionately on socially relevant and thought-provoking topics, using eloquent language and powerful rhetoric. The judges lauded the debaters for their clarity of thought, cultural relevance, and the smooth flow of arguments and rebuttals. The event was a brilliant platform for celebrating the Kannada language and public speaking prowess.

Resonance

The Western Solo Music event was a melodic treat that had the audience swaying to soulful vocals and energetic tunes. Contestants performed a variety of genres — from pop to blues — showcasing impressive vocal range, stage presence, and musicality. Each performance was met with cheers and applause, as the stage lit up with raw musical talent and passionate expression.

CBI

The Duo Act event was a dramatic blend of emotion, timing, and chemistry. Pairs performed short skits that ranged from comedy to intense drama, often with unexpected twists. The stage became a canvas for storytelling, and the audience was captivated by the synergy and expression of each duo. The performances were a perfect balance of entertainment and acting skill.

Khayal

The Creative Writing event offered a quiet but powerful platform for expression. Writers explored a given prompt or theme, weaving stories, poems, and reflections with imagination and depth. Entries showcased a wide range of emotions and perspectives, with some works leaving a lasting impression through their originality and impact. Judges appreciated the nuanced writing and creative interpretations.

Day 6

2nd May 2025

Synapse

The Eastern Solo Dance event lit up the stage with vibrant performances rooted in Indian semi-classical, folk, and contemporary styles. Dancers showcased expressive storytelling, rhythmic footwork, and dynamic movements that brought cultural flair with a modern twist. From cinematic to folk-inspired routines, each solo performance was a display of individuality, energy, and creativity. The audience was captivated by the emotive expressions and seamless choreography that highlighted the rich diversity of Eastern dance traditions beyond the classical realm.

Day 7

3rd May 2025

Synapse

The Synapse Dance Club delivered a spectacular finale with a diverse lineup of performances.

- The Classical Dance segment showcased elegance and discipline through traditional Indian dance forms, marked by expressive storytelling and refined technique.
- In the Duet/Trio Dance, performers brought synchronised chemistry and strong emotional narratives to the stage, blending contemporary and thematic choreography.
- The Group Dance was a powerhouse of energy and coordination, featuring vibrant costumes, dramatic formations, and infectious enthusiasm that had the audience on their feet.

Resonance

The Resonance Music Club filled the air with melody and emotion.

- The Classical Singing performances highlighted rich vocal textures and mastery over ragas, offering a soulful musical experience.
- The Eastern Duet acts beautifully, harmonised tradition and creativity, as pairs sang in sync, blending regional influences and expressive delivery with musical finesse.

Chitrakan

The Face Painting event turned faces into live canvases, as artists from the Chitrakan Art Club brought out striking designs and vibrant visuals. With themes ranging from abstract art to nature and mythology, each painted face told a unique story. Creativity and attention to detail stood out as the event merged art and expression.

CBI

The Mime performance by the CBI Drama Club was a powerful display of silent storytelling. Through expressive gestures, body language, and impactful themes, the actors conveyed emotion and narrative without a single word. The silence only amplified the message, leaving the audience deeply moved and impressed by the performers' control and creativity.

Departmental Show

The much-awaited Departmental Show brought together students from various batches in a joyous, spirited celebration. Each department presented performances that ranged from skits and parodies to dance and fashion walks, filled with inside jokes, camaraderie, and creativity. It was a perfect closing act that reflected the unity and talent within the college, wrapping up PARVA on a high and heartfelt note.

Day 8

4th May 2025

Chitrakan

The Art Relay was a dynamic, time-bound creative challenge where participants built on each other's sketches in a relay format. The event encouraged spontaneity, teamwork, and visual storytelling. It was a colourful display of artistic improvisation, resulting in collaborative pieces that showcased collective imagination and quick thinking.

CBI

The Variety Show was a lively mix of acts that kept the audience entertained from start to finish. Skits, stand-up comedy, musical parodies, and dramatic monologues took turns on stage, reflecting the club's diverse talents. The spontaneity, humour, and energy made it a crowd favourite, with each performance earning cheers and laughter.

Resonance

- The Western Duet performances were smooth and melodic, with pairs harmonising beautifully across genres like pop, soul, and acoustic ballads. Stage chemistry and vocal synchronisation stole the spotlight.
- The Eastern Solo acts brought heartfelt renditions of Indian melodies. With emotional depth and vocal precision, the singers captivated the audience, ending the music section on a soulful note.

Khayal

- The Bollywood Quiz was a fun and fast-paced contest that tested participants' knowledge of iconic films, music, trivia, and pop culture. From guessing audio clips to visual rounds, the quiz was a hit with cinema lovers.
- Potpourri was a blend of quirky literary games, impromptu challenges, and wordplay, bringing out both creativity and quick wit. It served as a light-hearted literary finale for the fest.

Fashion Show – Grand Finale

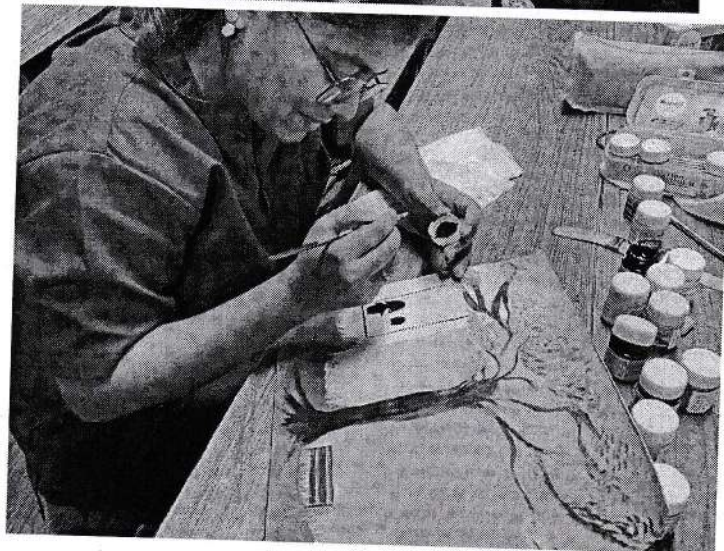
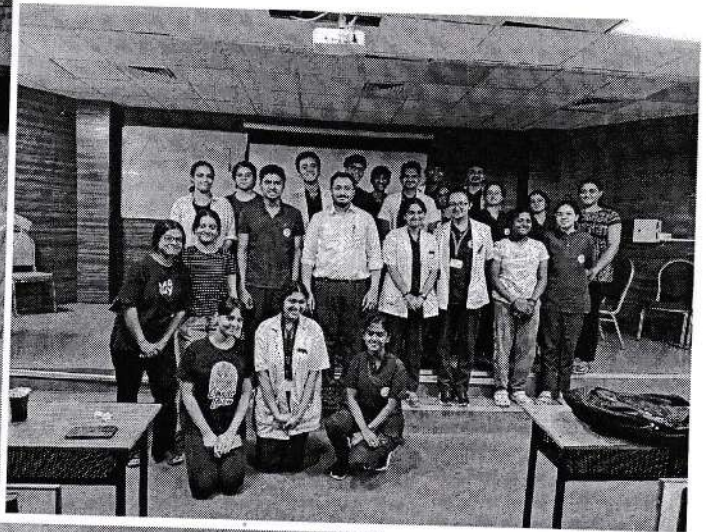
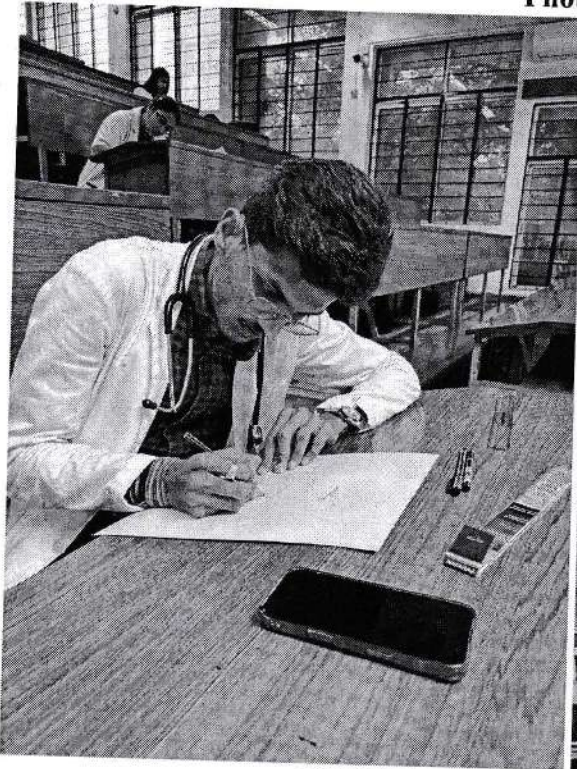
The Fashion Show was the dazzling grand finale of PARVA. With stunning outfits, confident walks, and powerful themes, each walk was more than just glamour — it was a statement. From ethnic to contemporary looks, and from concept-based themes to freestyle couture, the ramp

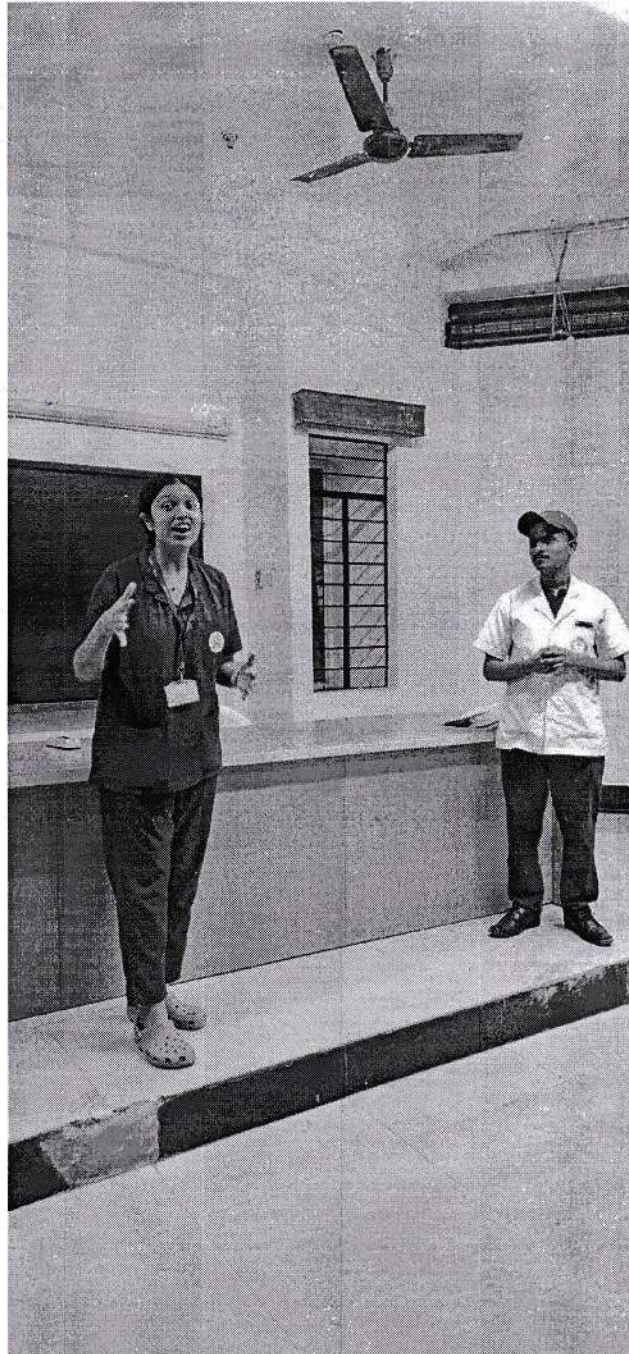
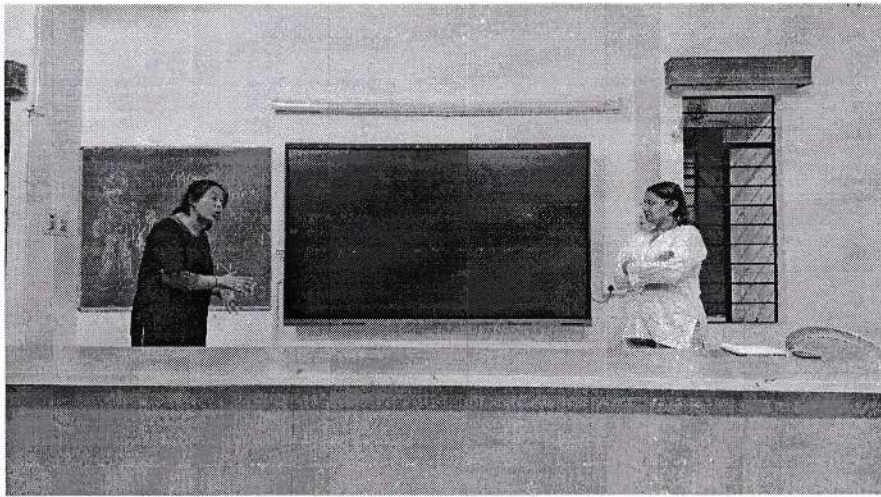
	came alive with flair and personality. The show ended on a high note, celebrating individuality, creativity, and style.
3	Venue Silver Jubilee Auditorium, Open Air Auditorium
4	Sponsors SDUAHER
7	Participants & Delegates in Number The event was attended by 300 students and faculty from various departments.
8	Awards / Prizes The students who won were awarded 1st, 2nd, and 3rd prizes, as well as an overall batch trophy. The organising committee members were presented with mementoes of appreciation. All the winners received cash prizes and certificates. The list of winners is attached below.
9	Valedictory The event concluded with a Valedictory Ceremony on 05/05/2025 at the Silver Jubilee Auditorium.
10	Faculty Incharge Dr. Soumya N, Dr. Karthik S, Dr. Achala G S
11	Student Incharge Gaddam Devi Penchala Sampritha
12	Any Other Information Our College Band performed during the Band Night/ DJ Night conducted post Valedictory Ceremony. The drums sponsored by SDUAHER enhanced the performance.

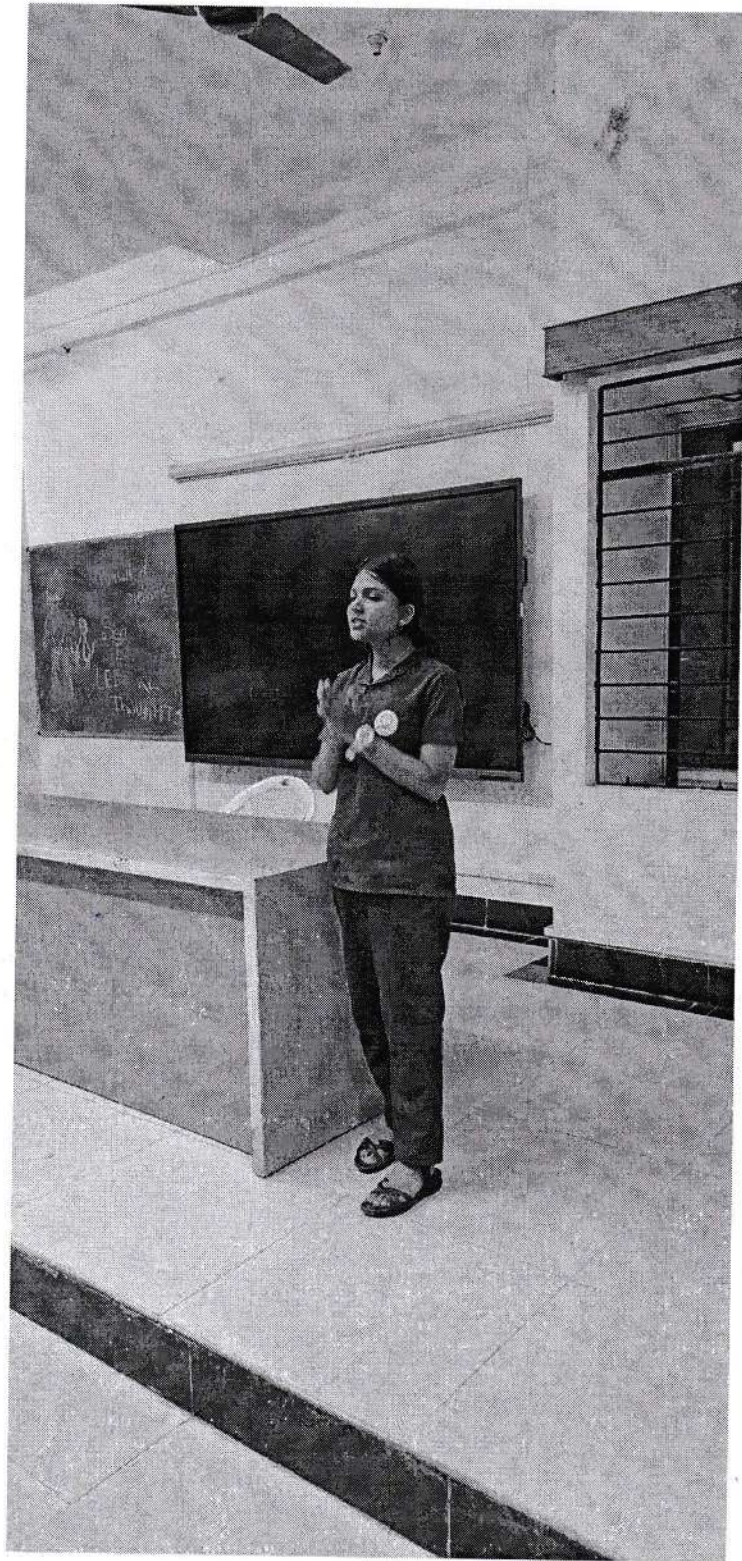

 Dr. KARTHIK S
 ASSISTANT PROFESSOR OF PAEDIATRIC
 KMC 120023
 DATE: 27/5/25 TIME:

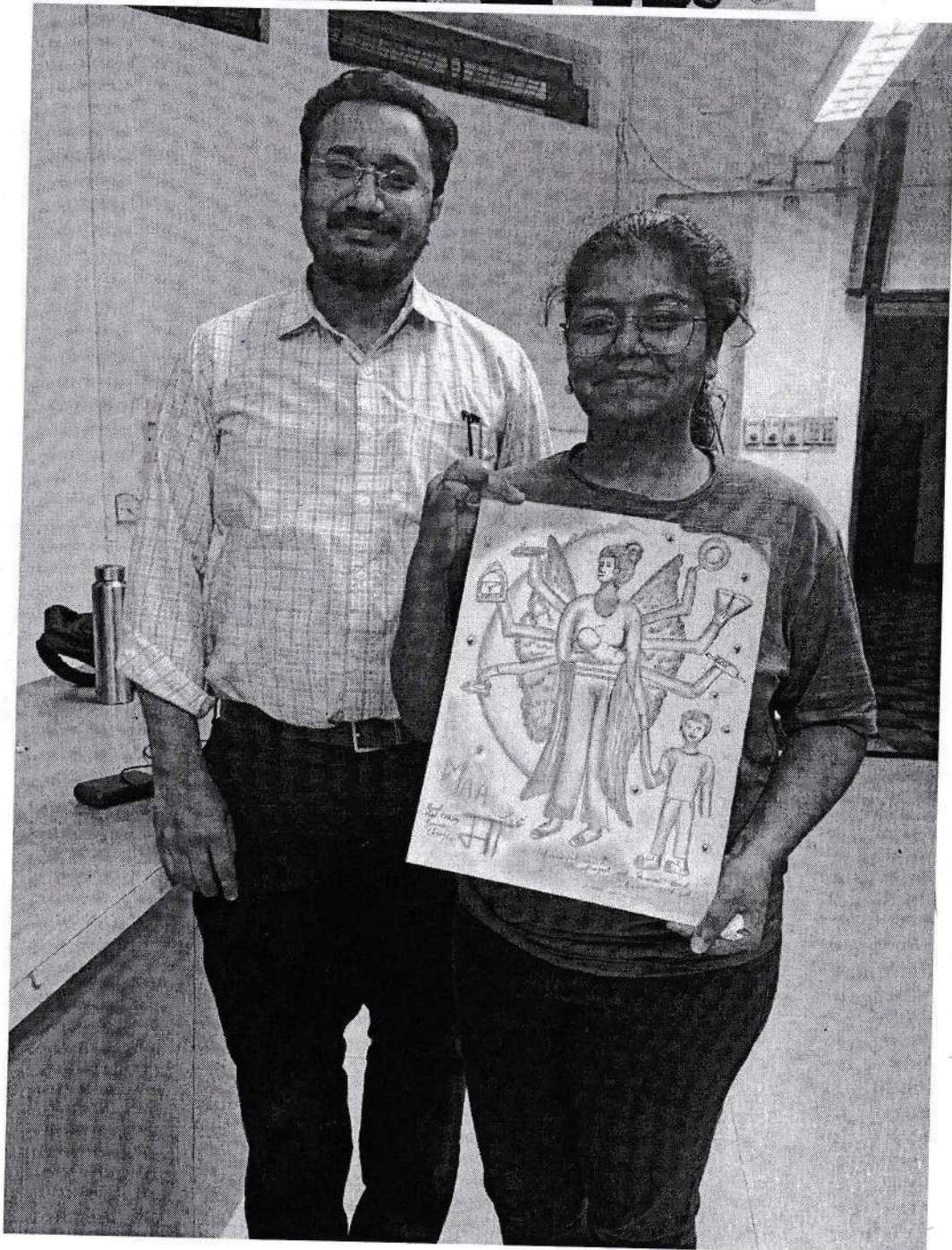

 CONVENOR
 Cultural Committee
 Sri Devaraj Urs Medical College
 Tamaka, KOLAR.

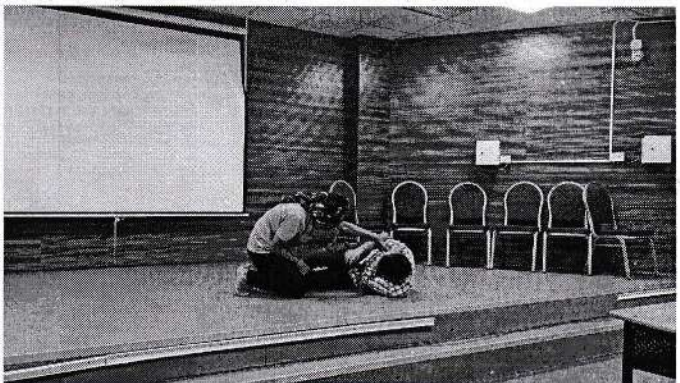
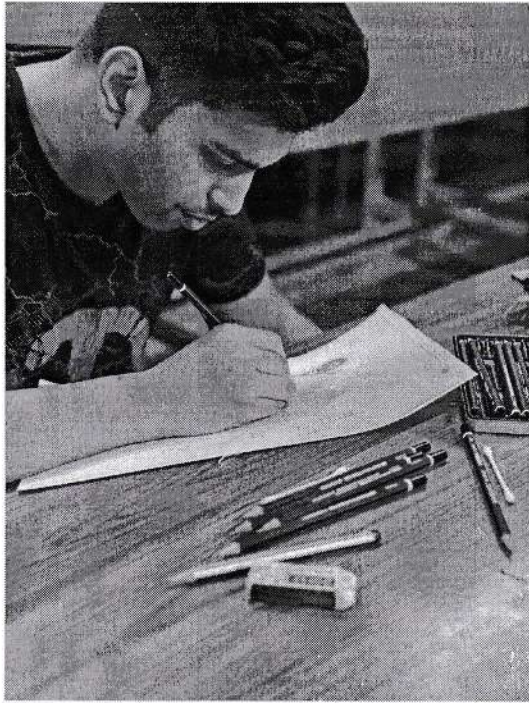
Photos of the event

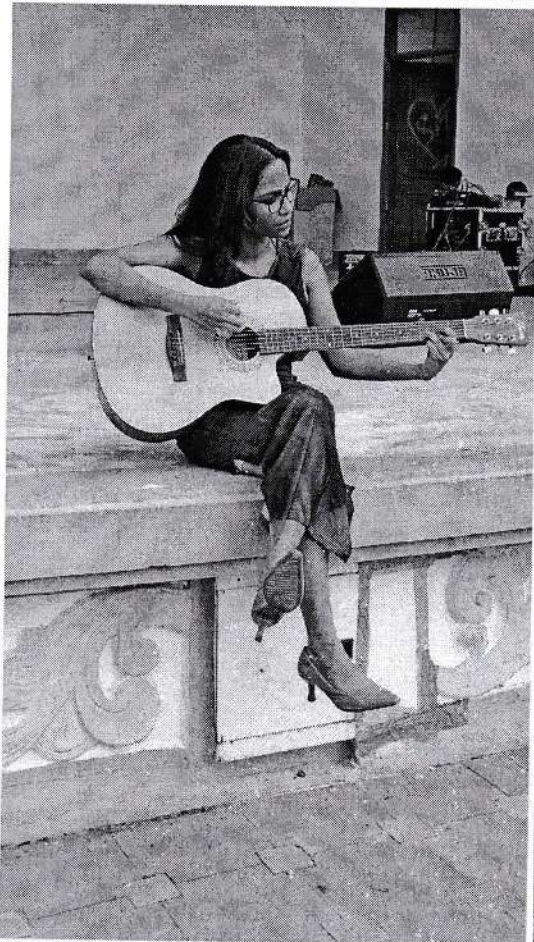
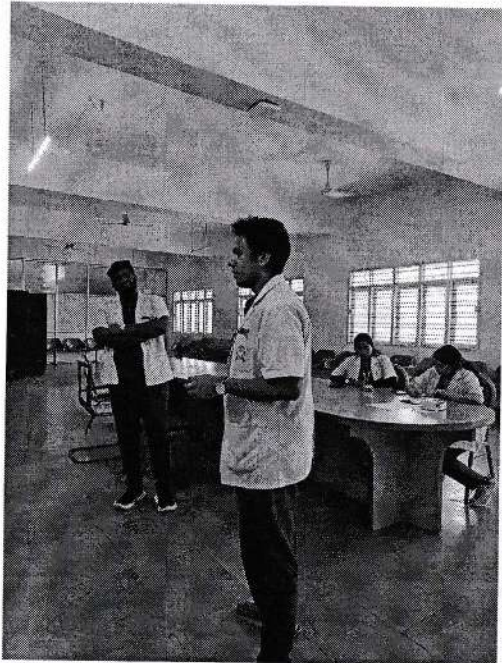


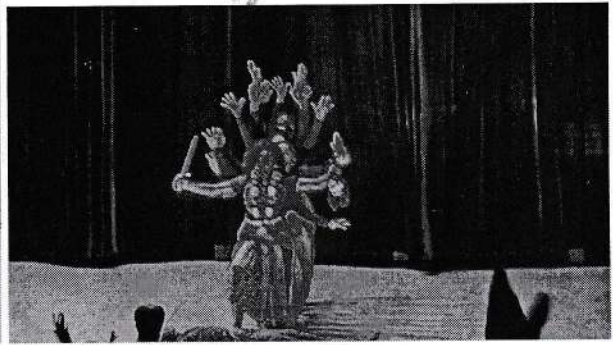




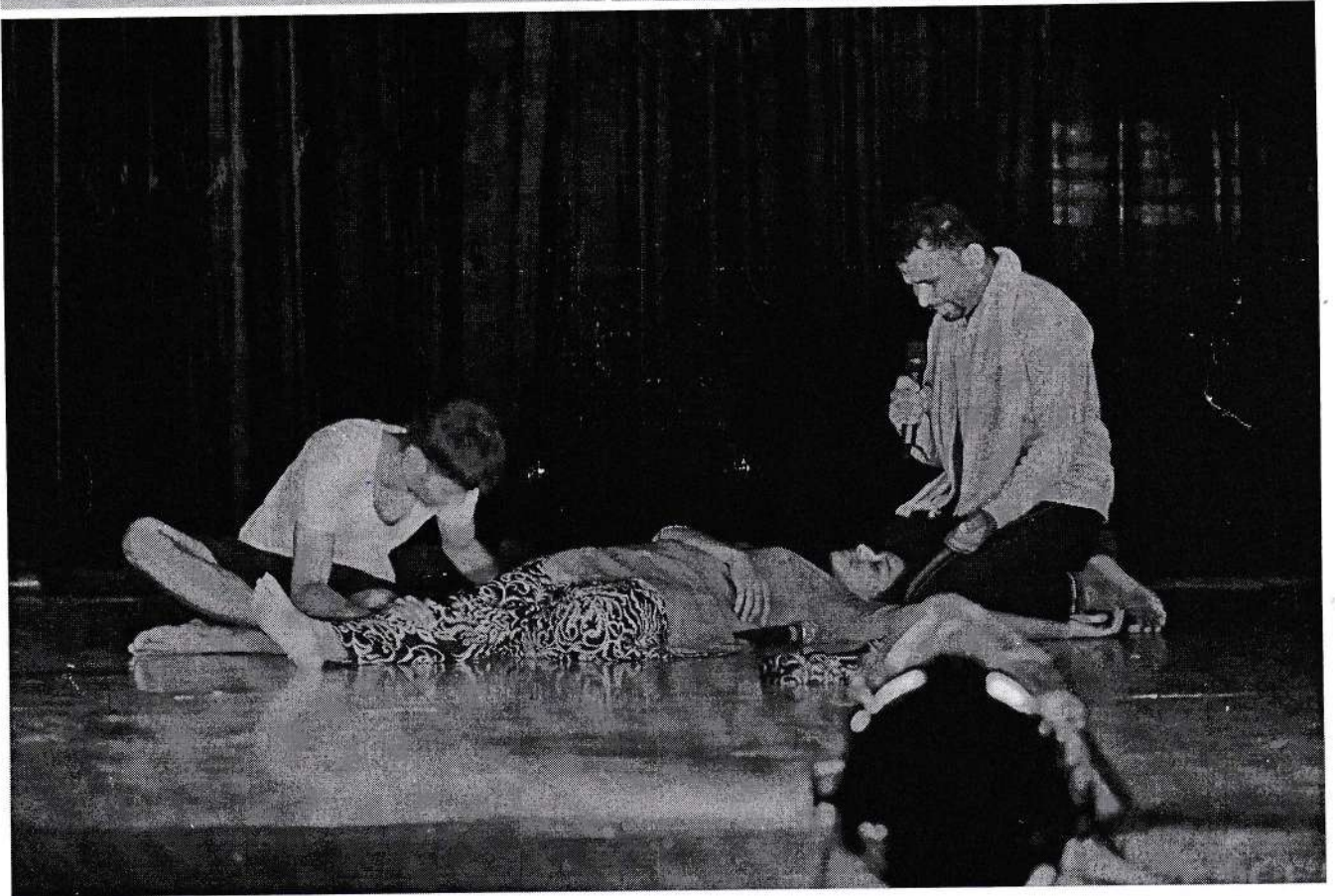




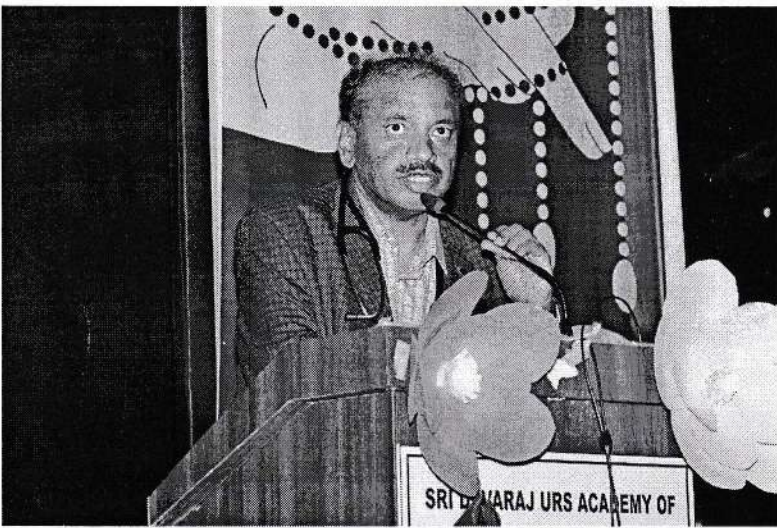
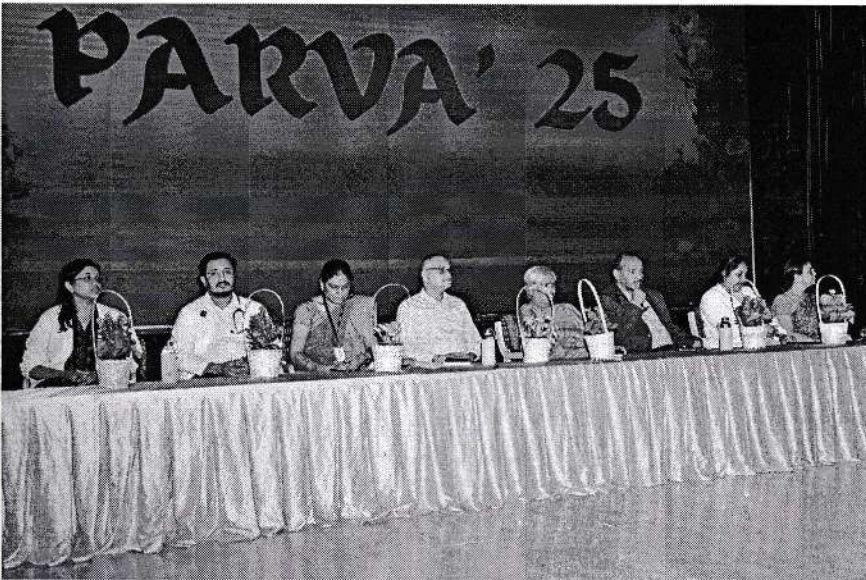


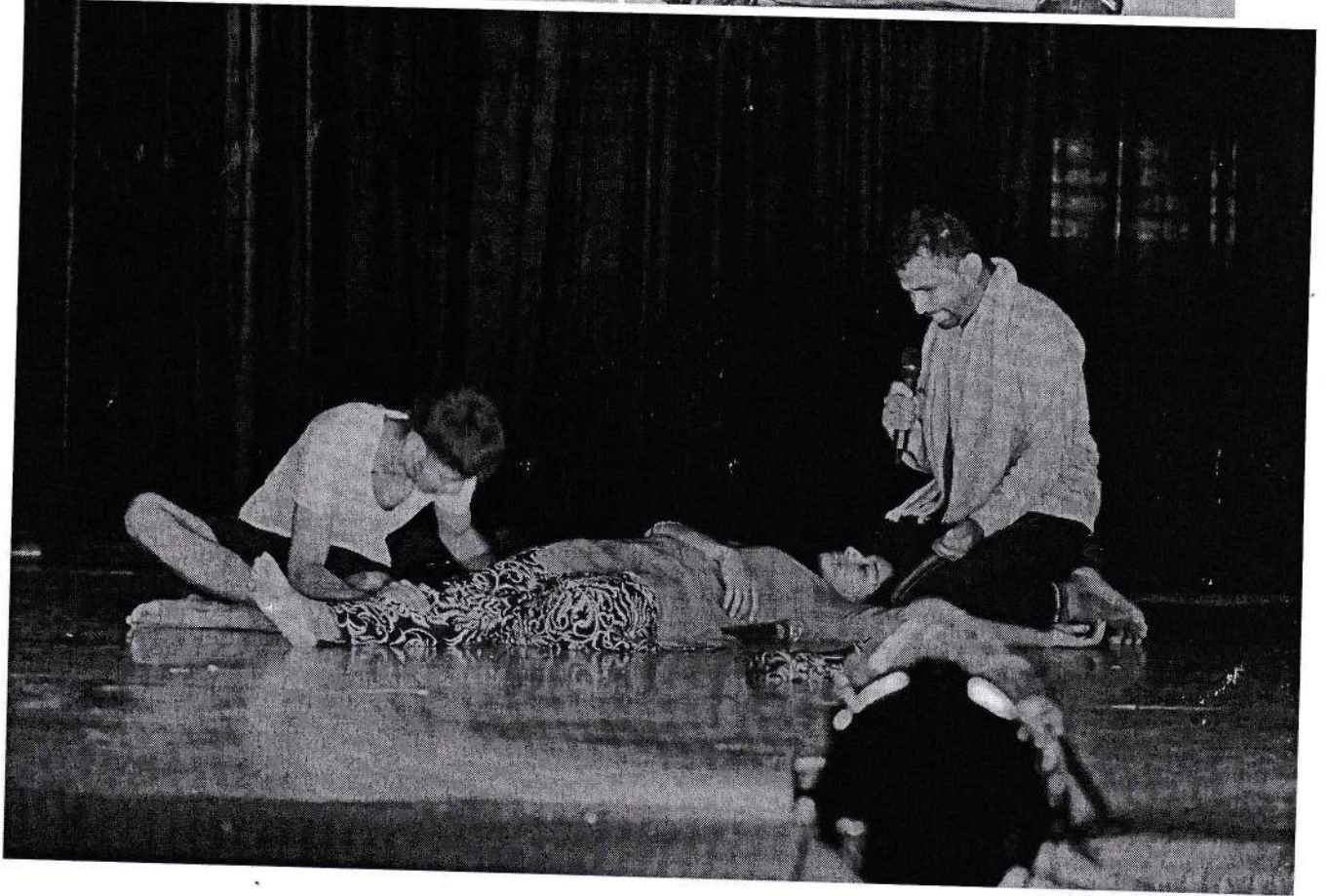
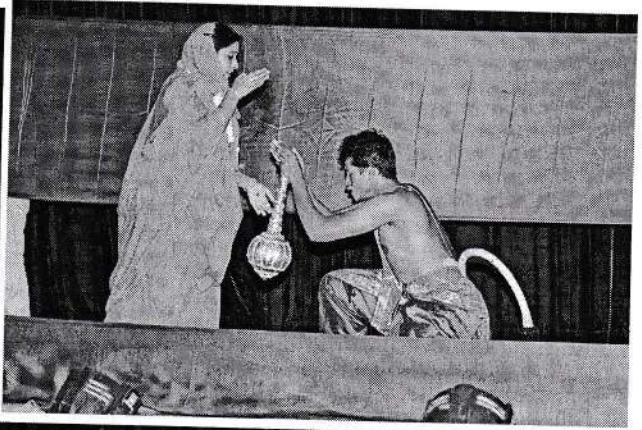












WINNERS

Name	Event	Place
Anlitta	Classical Solo Dance	1st
Arya	Classical Solo Dance	2nd
Lakshya	Classical Solo Dance	3rd
Arya	Eastern Solo Dance	1st
Aditya C G	Eastern Solo Dance	2nd
Madhumanti	Eastern Solo Dance	3rd
Sampritha	Western Solo Dance	1st
Hemanth	Western Solo Dance	2nd
Parul	Western Solo Dance	3rd
Arya, Madhumanti	Duet/Trio	1st
Lakshya	Duet/Trio	2nd
Sampritha, Parul	Duet/Trio	3rd
Zephyros	Group Dance	1st
Xorticans	Group Dance	2nd
Artemis	Group Dance	3rd
Jayesh	Classical Solo Music	1st
Kalyani	Classical Solo Music	2nd
Pooja	Classical Solo Music	3rd
Anupama	Eastern Solo Music	1st
Ankitaa	Eastern Solo Music	2nd
Bedanta	Eastern Solo Music	3rd
Bedanta	Western Solo Music	1st
Kalyani	Western Solo Music	2nd
Sampritha	Western Solo Music	3rd
Anughna	Western Solo Music	3rd

Anlitta, Bedanta	Eastern Duet	1st
Ankita, Pooja	Eastern Duet	1st
Bhavya, Purbasha	Eastern Duet	2nd
Varsha, Vaishnavi	Eastern Duet	3rd
Sampritha, Srusti	Western Duet	1st
Bedanta Arpith	Western Duet	2nd
Shlok, Ira	Western Duet	3rd
Xorticans	Group Vocals	1st
Zephyros	Group Vocals	2nd
Arcadians	Group Vocals	3rd
Invictus	Variety Show	1st
Artemis	Variety Show	2nd
Xorticans	Variety Show	3rd
Artemis	Mad Ads	1st
Zephyros	Mad Ads	2nd
Arcadians	Mad Ads	3rd
Osheen	Nuclear Strike	1st
Yuvraj	Nuclear Strike	2nd
Aditi Sen	Nuclear Strike	3rd
Aditi Sen	Pass the Remote	1st
Dwarkadheesh	Pass the Remote	2nd
Kritika	Pass the Remote	3rd
Zephyros	Mime	1st
Arcadians	Mime	2nd
Xorticans	Mime	3rd
Aditi Sen, Kritika	Duo Act	1st
Dwarka, Utkarsh	Duo Act	2nd
Yuvraj, Ayush	Duo Act	3rd
Ruthik	Block & Tackle English	1st
Ayati	Block & Tackle English	2nd

Jasmine	Block & Tackle English	3rd
Ayati	JAM	1st
Nachiketa	JAM	2nd
Ghali Aditya	JAM	3rd
Aditi Anand	Potpourri	1st
Anlitta	Potpourri	2nd
Soumik	Potpourri	3rd
Anupriya	Creative Writing	1st
Jasmine	Creative Writing	2nd
Nachiketa	Creative Writing	2nd
Malvika	Creative Writing	3rd
Priya	Pictionary	1st
Namitha	Pictionary	2nd
S R Aditi	Pictionary	3rd
Raizel	Hindi Debate	1st
Ayati	Hindi Debate	2nd
Nachiketa	Hindi Debate	3rd
Raizel	English Debate	1st
Ayati	English Debate	2nd
Mahathi	English Debate	3rd
Aniketana	Kannada Debate	1st
Ruthik	Kannada Debate	2nd
Anoop	Kannada Debate	3rd
Anupriya	Bollywood Quiz	1st
Deepanshu	Bollywood Quiz	2nd
Amogh	Bollywood Quiz	3rd
Soumik	Sketching	1st
Vivek	Sketching	2nd
Shreya Maurya	Sketching	3rd
Shreya Maurya	Face Painting	1st
Sreshta	Face Painting	2nd
Pankaj	Face Painting	3rd
Kannaki	Face Painting	3rd
Parul	Recycle Art	1st
Hemanth	Recycle Art	2nd

Sampritha	Recycle Art	3rd
Shreya Maurya	Doodling	1st
Dikshita	Doodling	2nd
Sreshta Gonella	Doodling	3rd
Vivek	Painting	1st
Shreya Maurya	Painting	2nd
Ruthik	Painting	3rd
Kannaki	Painting	3rd
Shreya & Himaja	Art Relay	1st
Soumya & Vaishnavi	Art Relay	2nd
Parul	Art Relay	3rd
Xorticans	Fashion Show	1st
Arminius	Fashion Show	2nd
Arcadians	Fashion Show	3rd
Harsh Sharma	Photography	1st
S R Aditi	Photography	2nd
Gagan Rampurhalli	Photography	3rd
Abhiram Krishna	Mr PARVA	
Greeshma	Ms. PARVA	

Dr. KARTHICK .S
ASSISTANT PROFESSOR OF MEDICINES
KMC 120023
DATE 21/11/23

Soumya N
Cultural Committee
Sri Devaraj Urs Medical College
Taraika POLAR.



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar

Department of Student Welfare



Name of the Event: Invictus (inter-collegiate fest of Kasturba Medical College, Manipal) Date of the Event: 8/4/25-14/4/25 Name of the Department: SDU Cultural Society

Sl. No.	Event Report
1	Level of the event Inter-collegiate
2	Background / Introduction Invictus'25, inter-collegiate fest of Kasturba Medical College, Manipal, brought together many medical colleges across India. Students of Sri Devaraj Urs Medical college participated in various cultural activities like dance, drama, music, art, literature and fashion and came home with remarkable achievements.
3	Venue Kasturba Medical College, Manipal
4	Sponsors SDUAHER
7	Participants & Delegates in Number The event saw enthusiastic participation from 53 attendees, including students from all batches.
8	Awards / Prizes Fashion show - 1st place Theatre - 3rd place Eastern vocal group - 2nd place Eastern solo dance - 3rd place Potpurri - 1st place (Anikethan, Medha, Lakshya) Diary entry - 3rd place (Malavika) Eastern solo singing - 2nd place (Aviral) Photography- 3rd place (Manas V)
9	Valedictory <ul style="list-style-type: none">• The participants and winners were awarded their certificates in the silver jubilee auditorium on 5/05/2025 along with the winners of PARVA 2025• The event concluded with a vote of thanks, recognizing the efforts of the students in charge and participants.• A group photograph was taken to commemorate various events.
10	Faculty Incharge Dr. Soumya N, Dr. Karthik S
11	Student Incharge Pranitha C, Manas V
	Any Other Students participated in various events with much enthusiasm and efforts.

Soumya N
CONVENER
Cultural Committee
Sri Devaraj Urs Medical College
Tamaka, KOLAR.



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

**SRI DEVARAJ URS MEDICAL COLLEGE
Tamaka, Kolar**

Department of Student Welfare





SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE
Tamaka, Kolar

Department of Student Welfare



KMC PARTICIPANTS

Sl. No.	Name	Reg. No.	Sign
1.	Medha Acharya	22MB1068	Medha
2.	Pranitha . C	22MB1094	Pranitha
3.	Yasha . M	22MB1146	Yasha . M
4.	Neha . N	22MB1083	Neha . N
5.	Naranda Babu BS	22MB1080	Naranda
6.	Jayachandea R. Gowda	22MB1057	Jayachandea
7.	Varsha . P.	22MB1138	Varsha . P.
8.	Mandula V. Purohit	22MB1074	Mandula
9.	Swathi . M	22MB1126	Swathi
10.	Saajini . A	22MB1109	Saajini
11.	Nimisha D. Gowda	22MB1086	Nimisha
12.	Munavalli Mitanshu Mahesh	22MB1075	Munavalli
13.	ANIKETHAN . S . KUMAR	22MB1016	Anikethan
14.	DARSHAN . M	22MB1036	Darshan
15.	Manas . V	22MB1064	Manas
16.	Chetan Srivathsav	22MB1032	Chetan
17.	NIDHI ANN VARGHESE	22MB1084	Nidhi
18.	HEMANT PRABHAKAR	22MB1051	Hemant
19.	VAISHNAVI PRASAD	22MB1135	Vaishnavi
20.	LAKSHYA NAIR	22MB1062	Lakshya
21.	Varuni S . A	22MB1139	Varuni
22.	Chhalana Shree C	22MB1033	Chhalana
23.	Bhanya	21MB2021	Bhanya
24.	Zariqur Ai	22MB1132	Zariqur
25.	Hardhik	21MB1046	Hardhik
26.	Mayur	22MB1067	Mayur
27.	Vinayak	22MB1142	Vinayak
28.	Samprietha	21MB1041	Samprietha
29.	Brij Mohan Rao	20MB1026	Brij
30.	Disha Kakkur	20MB1032	Disha
31.	Purvi	20MB1139	Purvi
32.	Osheen	20MB1137	Osheen
33.	Karishma	20MB1043	Karishma



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Tamaka, Kolar

Department of Student Welfare



34	Bedanta C.	23MB1027	Bedanta C.
35	Anulita	23MB1016	Anulita
36	Catherine	23MB1031	Catherine
37	Shreyas U	23MB1124	Shreyas
38	Shreya Ramesh	23MB1123	Shreya
39	Hemanya A	22MB1011	Hemanya
40	MARSHITHA C.S	22MB1047	Marshitha
41	PRAPTI PRGyasi	22MB1095	Prapti
42	ADITI ANAND	22MB1004	Aditi
43	VANIKA KHANNA	22MB1136	Vanika
44	Sughandhiga	23MB	Sughandhiga
45	Soundarya J	22MB1118	Soundarya
46	Siddhant S	22MB1115	Siddhant
47	Mithansa Malavika	22MB1063	Malavika
48	NIDHI ANN VARGHESE	22MB1084	Nidhi
49	YUVRAJ PAWAR	22MB1150	Yuvraj
50	Aryabadyukhi	22MB1021	Aryabadyukhi
51	Sumit	22MB1122	Sumit
52	Tanisha Jain	22MB1129	Tanisha
53	Atharva	22MB1025	Atharva

	<p>SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH</p> <p>SRI DEVARAJ URS MEDICAL COLLEGE Tamaka, Kolar</p> <hr/> <p>Cultural Committee</p>	
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Event Report :SILHOUETTES AND AIIMBT

Date: 7/05/25 to 13/05/25

Venue: AFMC

Organized by: AFMC

Level: Intercollege event

Introduction

SILHOUETTES is the annual cultural fest organized by the Armed Forces Medical College (AFMC), Pune. This year, a group of students from our college had the opportunity to participate in this prestigious event held from 08/05/2025 To 12/05/2025 The fest featured a vibrant mix of cultural, literary, and performing arts events, bringing together students from across the country.

Objective of Participation

The main objectives of attending the fest were:

- To represent our college at a national-level cultural platform.
- To participate in various competitions and showcase our talents.
- To interact and network with students from other premier institutions.
- To experience the organizational and cultural richness of AFMC.

EVENT PARTICIPATED:

SILHOUETTES '25 conducted by AFMC Pune was a grand success as the hard work that went into rigorous practice session helped us bag multiple prizes, especially in Dramatic event. We participated in various events -

1. Western duet (music)- Srusti Desai and Purbasha Dan
2. Eastern duet (music)- Purbasha Dan and Bhavya Mitra
3. Eastern solo dance- Madhumanti Mandal
4. Sketching- Soumik Kundu (ART)
5. Face painting- Soumik Kundu (ART)

6. Face painting- Khushi Charan (art)
7. Coffee painting- Soumik Kundu(art)
8. Painting - Soumik Kundu (Art)
9. Slam Poetry- BVS Mahathi (literature)
10. Slam Poetry- Khushi Charan (literature)
11. Turncoat Debate- BVS Mahathi (literature)
12. Spell bee- Akashdip Banerjee (literature)
13. Duo Act- Aditi Sen and Kritika (Drama)
14. Street play (Drama)
15. Curtain call (Drama)
16. Photography - Harsh Sharma

ACHIEVEMENTS:

We are proud to mention the following accomplishments during the fest:

1. CBI (Drama club) team bagged 2nd prize in CURTAIN CALL .
2. Western Duet (MUSIC) performed by PURBASHA DAN C SRUSTI DESAI bagged 3rd prize.
3. Eastern solo dance performed by MADHUMANTI MANDAL bagged 2nd prize.
4. Slam Poetry done by KHUSHI CHARAN bagged 3rd prize.

Experience and Learning

The fest provided a valuable learning experience in many aspects:

- Exposure to high-level competition and creative performances.
- Improved confidence and stage presence.
- Better teamwork and coordination skills.
- Inspiration for future cultural activities in our own college.

Conclusion

Attending SILHOUETTES 2025 was a memorable and enriching experience for our team. We thank the college administration for providing us with this opportunity and look forward to participating in similar events in the future.

VARIOUS IMAGES FROM THE EVENTS.







EVENT REPORT

TATVAM 2025

- Venue: JSS Medical College, Mysore
- Dates: 31st May – 2nd June 2025
- Delegation: 25 Students | 2 Faculty Mentors
- Institution: Sri Devaraj Urs Medical College, Kolar

-

This year's TATVAM 2025 was not just a fest—it was an emotional odyssey. Set against the grand cultural backdrop of JSS Medical College, Mysore, the festival adopted the timeless Indian theatrical concept of Navarasa—the Nine Emotions—as its central theme. From joy to fury, wonder to sorrow, each event became a living tableau of human expression, and our college's enthusiastic contingent of 25 students, guided by 2 spirited faculty mentors, stepped into this world of rasas with creative abandon.

EVENTS PARTICIPATED

- Fashion Show
- Group Dance
- Classical Solo Dance
- Sketching
- Solo Singing

- FASHION SHOW: The Tarot Comes Alive

With the theme “Tarot Cards”, our fashion team crafted an enigmatic runway spectacle that blurred the lines between mysticism, emotion, and art. Characters from the Major Arcana—from

the ominous Devil to the radiant Sun, the mysterious High Priestess to the chaotic Tower—came to life through fashion.

The stage transformed into a mystical realm of symbols and shadows. Each model embodied a card, a prophecy, a truth hidden in silk, leather, or lace.

The result? A breathtakingly bold visual narrative that captured the imagination of judges and audience alike—earning our team the 3rd Prize in ‘Panache’, the Fashion Show Competition.



□ STAR PERFORMERS & ACCOLADES

□ Anlitta K Katticaran (MBBS Phase 2)

In a riveting solo that balanced strength with serenity, Anlitta gave classical dance a fresh emotional texture. Her graceful portrayal deeply resonated with the theme of Navarasa, capturing the mood of Karuna and Adbhuta earning her the well-deserved 3rd Prize in Classical Solo Dance.



□ Fashion Show Team – 3rd Prize in Panache

A performance that mixed drama, design, and divination—a true Tarot-inspired triumph that etched itself into the minds of the audience.



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SRI DEVARAJ URS MEDICAL COLLEGE
Tamaka, Kolar
Cultural Committee



As the curtain fell on Tatvam 2025, our college didn't just return with medals—we came back with a gallery of memories, a library of stories, and a living embodiment of Navarasa in our hearts.

We thank our management, faculty mentors for their belief, our students for their courage, and the organizers of JSS Medical College for giving us a stage where emotion found expression, and talent found purpose.

Soumya N
CONVENER
Cultural Committee
Sri Devaraj Urs Medical College
Tamaka, KOLAR.

CRICKET CLUB

SDU IPL 8 REPORT

The poster for the SDUMC Cricket Club IPL -8 2024 features a central image of a cricket stadium at night with a large trophy in the foreground. The text at the top reads 'SDUMC CRICKET CLUB PRESENTS IPL -8 2024 YATRA PRATIBHA AVSARA PRAPNOTIHI Where talent meets opportunities'. Below the trophy, logos for various IPL teams are displayed: Sunrisers, Punjab Kings, Mumbai Indians, Delhi Capitals, Knight Riders, Rajasthan Royals, Gujarat Titans, Lucknow Super Giants, Chennai Super Kings, and Rajasthan Royals. At the bottom, it says 'Team auction on 6th May', 'Player auction on 9th May', and 'Starting on 17th May'. There is also a QR code and the CricHeroes logo with the text 'Live scores and commentary @cricheroes'.

The Cricket Club of SDUAHER organized a 12 over Red Tennis Ball Cricket League for all the Under Graduate & Post Graduate Students from Faculty of Medicine & Students from Faculty of Allied Health & Basic Sciences, Teaching and Non-teaching staff of our campus. All the players were divided into 10 teams with the same names as Indian premier League Viz. CSK, RCB, SRH, MI, KKR, RR, PBKs, DC, LSG & GT. All the teams played 9 league matches one against each opponent and the teams which ended up top 4 qualified for the playoffs.

The Tournament was Inaugurated by Dr Rajkaumar , Deputy Medical Superintendent of RLJH & RC at 4:30 PM On 6th July at Cricket Ground. Dr Sunil B N, Sports Convener & Students from all the Teams participated in the Inauguration.



All the matches were played in the Main Ground behind the Ladies hostel on the Evenings of each working day and on holidays 4 matches were conducted. The schedule of the Cricket matches were put up and all the matches were played at the time mentioned in the Schedule.

The Schedule was as follows

MATCH NO.	DATE	DAY	FIXTURE	TIME
1	20-05-2024	MONDAY	DC vs KKR	4:00 PM
2	21-05-2024	TUESDAY	LSG vs RR	4:00 PM
3	22-05-2024	WEDNESDAY	SRH vs PBK	4:00 PM
4	23-05-2024	THURSDAY	GT vs CSK	4:00 PM
5	24-05-2024	FRIDAY	MI vs RCB	4:00 PM
6	25-05-2024	SATURDAY	KKR vs CSK	4:00 PM
7	26-05-2024	SUNDAY	RCB vs GT	8:30 AM
8	26-05-2024	SUNDAY	RR vs CSK	10:00 AM
-	26-05-2024	SUNDAY	RESERVE DAY	11:30 AM
9	26-05-2024	SUNDAY	MI vs LSG	2:30 PM
10	26-05-2024	SUNDAY	PBKS vs DC	4:00 PM
11	27-05-2024	MONDAY	SRH vs RR	4:00 PM
12	28-05-2024	TUESDAY	GT vs LSG	4:00 PM
13	29-05-2024	WEDNESDAY	SRH vs KKR	4:00 PM
14	30-05-2024	THURSDAY	DC vs RR	4:00 PM
15	31-05-2024	FRIDAY	MI vs KKR	4:00 PM
16	01-06-2024	SATURDAY	CSK vs LSG	4:00 PM
17	02-06-2024	SUNDAY	SRH vs MI	8:30 AM
18	02-06-2024	SUNDAY	LSG vs DC	10:00 AM
-	02-06-2024	SUNDAY	RESERVE DAY	11:30 AM
19	02-06-2024	SUNDAY	CSK vs RCB	1:00 PM
20	02-06-2024	SUNDAY	PBKS vs GT	2:30 PM
21	03-06-2024	MONDAY	KKR vs LSG	4:00 PM
22	04-06-2024	TUESDAY	PBKS vs MI	4:00 PM
23	05-06-2024	WEDNESDAY	CSK vs DC	4:00 PM
24	06-06-2024	THURSDAY	RR vs MI	4:00 PM
25	07-06-2024	FRIDAY	SRH vs RCB	4:00 PM
26	08-06-2024	SATURDAY	PBKS vs LSG	4:00 PM
27	09-06-2024	SUNDAY	RR vs GT	8:30 AM
28	09-06-2024	SUNDAY	DC vs RCB	10:00 AM
-	09-06-2024	SUNDAY	RESERVE DAY	11:30 AM
29	09-06-2024	SUNDAY	CSK vs SRH	1:00 PM
30	09-06-2024	SUNDAY	RR vs KKR	2:30 PM
-	10-06-2024	MONDAY	RESERVE DAY	4:00 PM
31	11-06-2024	TUESDAY	RCB vs RR	4:00 PM
32	12-06-2024	WEDNESDAY	PBKS vs KKR	4:00 PM
33	13-06-2024	THURSDAY	DC vs SRH	4:00 PM
-	14-06-2024	FRIDAY	RESERVE DAY	4:00 PM
-	15-06-2024	SATURDAY	RESERVE DAY	4:00 PM
-	16-06-2024	SUNDAY	RESERVE DAY	4:00 PM
-	17-06-2024	MONDAY	RESERVE DAY	4:00 PM
34	18-06-2024	TUESDAY	DC vs GT	4:00 PM

35	19-06-2024	WEDNESDAY	KKR vs RCB	4:00 PM
36	20-06-2024	THURSDAY	CSK vs MI	4:00 PM
37	21-06-2024	FRIDAY	RCB vs LSG	4:00 PM
-	22-06-2024	SATURDAY	RESERVE DAY/ NEET EXAM	
-	23-06-2024	SUNDAY	RESERVE DAY/ NEET EXAM	
-	24-06-2024	MONDAY	RESERVE DAY/ NEET EXAM	
38	25-06-2024	TUESDAY	GT vs SRH	4:00 PM
39	26-06-2024	WEDNESDAY	PBKS vs RCB	4:00 PM
40	27-06-2024	THURSDAY	GT vs MI	4:00 PM
41	28-06-2024	FRIDAY	PBKS vs RR	4:00 PM
42	29-06-2024	SATURDAY	KKR vs GT	4:00 PM
43	30-06-2024	SUNDAY	DC vs MI	8:30 AM
44	30-06-2024	SUNDAY	CSK vs PBKS	10:00 AM
45	30-06-2024	SUNDAY	SRH vs LSG	11:30 AM
-	30-06-2024	SUNDAY	RESERVE DAY	1:00 AM
-	30-06-2024	SUNDAY	RESERVE DAY	2:30 AM
-	30-06-2024	SUNDAY	RESERVE DAY	4:00 PM
-	01-07-2024	MONDAY	RESERVE DAY	4:00 PM
46	02-07-2024	TUESDAY	QUALIFIER - 1	4:00 PM
47	03-07-2024	WEDNESDAY	ELIMINATE	4:00 PM
48	04-07-2024	THURSDAY	QUALIFIER - 2	4:00 PM
49	05-07-2024	FRIDAY	FINALS	4:00 PM
-	06-07-2024	SATURDAY	RESERVE	4:00 PM

All the Matches Live Scorecard was there online through Cric Heroes App which was viewed and had more than 50 thousand Views for the Tournament.

RCB team started Go Green Campaign by having played the Match with Green Jerseys among Staff & Students by planting 20 Saplings at the Herbal Garden and Creating Awareness and Taking Responsibility about the Nature.



After the league matches PBK, KKR, CSK & RR teams finished in the top four places in the League phase and qualified for the Playoffs.

Team	M	W	L	T	NR	RR	Net Run Rate
SDUMC Punjab Kings	9	8	1	0	0	16	3.390
SDUMC Kolkata Knight Riders	9	8	1	0	0	16	1.965
SDUMC Chennai Super Kings	9	6	3	0	0	12	0.859
SDUMC Rajasthan Roy...	9	5	4	0	0	10	0.884
SDUMC Mumbai Indians	9	5	4	0	0	10	0.738
SDUMC Gujarat Titans	9	5	4	0	0	10	0.143
SDUMC Sunrisers Hyd...	9	4	5	0	0	8	-0.417
SDUMC Royal Challengers B...	9	2	7	0	0	4	-1.179
SDUMC Lucknow Supe...	9	2	7	0	0	4	-2.242
SDUMC Delhi Capitals	9	0	9	0	0	0	-4.645

Eliminator was played between CSK Vs RR in which RR qualified for Qualifier 2. Qualifier 1 was played between the Table Toppers PBKs and KKR in which PBKs emerged victorious and qualified for the Grand Final. The Winner of the Eliminator RR took on losers of Qualifier 1 KKR in which KKR won and booked their spot in the Grand Finale.

The Grand Finale took place on 9th of July 2024 between KKR & PBKs. PBKs won the toss and elected to Bowl first. KKR scored 125 runs with the Contributions from Shivnarayan and Manju. PBKs chasing this total started cautiously and with the swash buckling batting by Rohan with a Fifty successfully Chased the Target and PBKs emerged as the Champions for the First Time in SDU IPL history.

The Post Match Presentation was Graced by Hon'ble Vice Chancellor Dr B Vengamma, Dr DVLN Prasad, Chief Administrative Officer of the Academy, Dr Muninarayana C, Registrar of the Academy, Dr Prabhakar K , Principal of SDUMC , Dr Sunil B N, Sports Convener & Physical Education Director Mr. Subramanyam.

Dr Manohar, Medicine Senior Resident donated 150 Helmets to all the Security Personnel, Non-teaching & Support Staff who were having Two Wheelers and did not have Helmet for Driving as response to Death of One of Our Security Personnel Mr. Shivanna who met with an Accident and had Head Injury because he was without Helmet. All the administrators of the Academy Distributed the Helmets to all and Cautioned them to Use Helmets while riding a Two Wheeler.



Distribution of 150 Helmets to Security Personnel & Non-Teaching Staff





Distribution of Mementoes to Team Owners



These were the list of Trophies won:

Man of Match – Rohan , PBKs (Fifty)



Orange Cap (Most Run Scorer of the Tournament) – Pavan, MI
(392 Runs)



Purple Cap (Most Wicket Taker of the Tournament) – Manjunath, KKR (19 Wickets)



Green Cap (Most Catches in the Tournament) – Dr Sunil B N (23 Catches)



Most Valuable Player of the Tournament – Dr Nishanth Yadav
(54.3 Impact Pionts)



Sunrisers Hyderabad Won Fairplay Award for 2024 season



Third Place was bagged by RR.

Players – Dr Elangovan, Dr Karthik, Dr Aditya Sharma, Harish, Somashekar, Gogul, Pruthvi, Basheer, Kahid



Runners of the Tournament: KKR

Players – Dr Mohan, Dr Sunil B N, Dr Shivnaryan, Dr Vinod, Dr Shivam, Venkat, Bilal Basheer, Md. Mustafeez, Manjunath, Dr Abhishek Goswami, Dr Abhiharshan, Vaibhav



Winners of the Tournament: PBKs

Players – Dr Akshay, Dr Nagkumar, Dr Ajay, Dr Nidhil, Dr Dishanth , Dr Nikhil, Dr Naveen, Labeeb, Srinath, Prnav Lathwal, Pranav Mishra, Prashil, Rohan, Sahil




Sports Convener
Sports Committee
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 103



**SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH
SRI DEVARAJ URS MEDICAL COLLEGE, TAMAKA, KOLAR**



SPORTS DEPARTMENT

Event Report

Name of Event: **FUNMELA - 2024**

Name of Department; **SPORTS**

1.	Level of Event – Inter batch Sports competitions, SDUAHER
2.	<p>Background / Introduction:</p> <p>Every year the Fun Mela (Intra Collegiate Batch wise Competitions)was conducted in the month of February and march academic years The University provides ample opportunities for the students to take part in all Indoor & Outdoor Sports activities games like;- Volleyball, Football, Basketball, Cricket, Kabaddi, Throwball, Badminton, Tennis, Chess & carom etc.</p> <p>The Sports Secretaries and Sports representatives will be taking responsibilities to organise the events after class hours.</p>
3.	Venue: Sports grounds SDUMC.
4.	Sponsors: SDUAHER,
5.	<p>Inauguration:</p>  <p>The poster is for the inauguration of Fun-Mela 2024. It features the SDUAHER and SDUMC logos at the top. The main text reads: 'FUN-MELA '24 Invitation'. Below this, it says 'We cordially invite you to join us for the Inauguration ceremony of "Fun-Mela 2024"'. The date is 'DATE: 02/09/24' and the time is 'TIME: 4.30pm'. The venue is 'VENUE: Volleball ground'. The Chief Guest is 'Dr. Muninaraayana. C, Registrar'. The Guest of Honor is 'Dr. Prabhakar. K, Principal, SDUMC'. The Sports Convener is 'Dr. Sunil. B.N, Associate professor, community medicine'. The Physical Education Director is 'Mr. Subramanyam'. The Student Sports Secretaries are 'Ms. Vindhya Chavali' and 'Mr. Harsh Sharma'. The poster also includes icons for tennis rackets, a basketball, and a game controller.</p>

FUNMELA-2024 : The Inauguration of Fun mela was conducted on 02/09/2024 at 4.30 P.M in the Volleyball Ground. **Dr.Muninaryana C , Registrar , SDUAHER** was the Chief Guest, Dr. Sunil B N, Convener, Sports Committee, & Sumanth , Asst Registrar & Mr.Harsh Sharma & Ms.Vindhya Chavali , Sports Secretaries attended the function. The other office bearers of the academy and the institution were also present for the function. .



6.

Speaker/Judges/Chairman/Panel Team/:

Speaker;- Dr.Muninarayana C , Hon'ble Registrar , SDUAHER & Dr. Prabhakar K , Principal, SDUMC

Judges;- Senior Sports Players

Chairman;- Dr. Sunil.B.N/Mr. N.Subramanyam/Mr. Harsh Sharma/Ms. Vindya Chavali



7.	Participants & Delegates — Number with names:	
	Sl.No	Name of the Team/Players
	01	Xortiacns
	02	Zypherus
	03	Artemis
	04	Areminius
	05	Invictus
	06	PG Students
07	Teachers	

8. Incharge & Events Details :

FUN-MELA '24
 We cordially invite you to join us for
FUN-MELA 2024
 Indulge in the following sports:

Badminton — Bhavya (9354098585)
Basketball — Hardik (9315979186)
Volleyball — Srusti & Hemanth (7483138017)
Table tennis — Soumik & Vindhya (9474857557)
Lawn tennis — Devanuj (8638658836)
Throwball — Shrividya (8792934627)
Fun cricket — Pranav (9778309343)
Cricket — Pranav
Futsal — Sparsh & Akhil (9037362644)
Chess — Aditya Raj (8755111848)
Call of duty — Sparsh (9188543446)


Student Sports Secretaries
Ms. Vindhya Chavali
(9945600726)
Mr. Harsh Sharma
(981114779)

Sri Devaraj Urs Academy of Higher Education & Research, Tamaka, Kolar

Event Report

Name of Event: **FUNMELA -2021 (VALEDICTORY CEREMONY)**

Name of Department; **SPORTS**

S.no	Event Report
1.	Level of Event – Inter batch Sports competitions
2	<p>Background / Introduction:</p> <p>Every year the Fun Mela (Intra Collegiate Batch wise Competitions)was conducted in the month of February and march academic years The University provides ample opportunities for the students to take part in all Indoor & Outdoor Sports activities games like;- Volleyball, Football, Basketball, Cricket, Kabaddi, Throwball, Badminton, Tennis, Chess & carom etc. The Sports Secretaries and Sports representatives will be taking responsibilities to organise the events after class hours.</p>
3.	Venue: Sports grounds SDUMC.
4.	Sponsors: SDUAHER, Sports Fund
5	<p>Valedictory Ceremony: FUN MELA 2024 ON 23rd September 2024</p>  <p align="center">SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH SRI DEVARAJ URS MEDICAL COLLEGE Tamaka, Kolar</p> <p align="center">FUN-MELA' 24</p> <p align="center">FELICITATION CEREMONY</p> <p align="center">WE CORDIALLY INVITE YOU TO JOIN US FOR THE FELICITATION CEREMONY OF "FUN-MELA 2024"</p> <p align="center">MONDAY 23 SEPTEMBER</p> <p align="center">TIME:7:30 P.M</p> <p align="center">VENUE: VOLLEYBALL COURT</p> <p align="center">CHEIF GUEST -DR. VENGAMMA. B VICE CHANCELLOR SDUAHER</p> <p align="center">GUEST OF HONOR -DR. MUNINARAAYANA . C REGISTRAR, SDUAHER</p> <p align="center">-DR. D. V. L. N PRASAD CHIEF ADMINISTRATIVE OFFICER SDUAHER</p> <p align="center">-DR. PRABHAKAR. K PRINCIPAL, SDUMC</p> <p align="center">SPORTS COMMITTEE CONVENER -DR . SUNIL B .N</p> <p align="center">-DR. VINUTHA SHANKAR VICE PRINCIPAL . SDUMC</p> <p align="center">SPORTS SECRETARIES VINDHYA CHAVALI HARSH SHARMA</p>

	<p>FUNMELA-2024: The Valedictory ceremony of Fun mela was held on 23/09/2024 at 8.30 P.M in the College ground. for which Dr B Vengamma, Vice Chancellor was the Chief Guest, Dr. Vidyasagar, C.R, Professor of Medicine , Dr. Sunil.B.N Convener, Sports Committee, Mr.Harsh Sharma & Ms. Vindhya Chavali , Sports Secretaries attended the function. The other office bearers of the academy and the institution were also present for the function. .</p> <p>Mr. Mr.Harsh Sharma & Ms. Vindhya Chavali Sports Secretaries delivered the welcome address.</p> <p>Dr.Sunil.B.N, Co-Convener, gave the vote of thanks</p>																									
6.	<p>Speaker/Judges/Chairman/Panel Team Speaker: Dr Prabhakar K , Principal, SDUMC Judges: Senior Sports Players Chairman;- Dr. Sunil.B.N/Mr. N.Subramanyam/Mr Harsh Sharma & Dr Vindhya Chavali & other qualified officials team.</p>																									
7.	<p style="text-align: center;">Participants & Delegates — number with names:</p> <table border="1" data-bbox="357 1048 1433 1402"> <thead> <tr> <th>Sl.No</th> <th>Name of the Team/Players</th> <th>Numbers</th> </tr> </thead> <tbody> <tr> <td>01</td> <td>Xortiacns</td> <td>1st Year</td> </tr> <tr> <td>02</td> <td>Zypherus</td> <td>2nd Year</td> </tr> <tr> <td>03</td> <td>Artemis</td> <td>3rd year</td> </tr> <tr> <td>04</td> <td>Areminius</td> <td>4th Year</td> </tr> <tr> <td>05</td> <td>Invictus</td> <td>Interns batch</td> </tr> <tr> <td>06</td> <td>PG Students</td> <td>PG Students</td> </tr> <tr> <td>07</td> <td>Teachers</td> <td>All Teachers</td> </tr> </tbody> </table>		Sl.No	Name of the Team/Players	Numbers	01	Xortiacns	1st Year	02	Zypherus	2 nd Year	03	Artemis	3 rd year	04	Areminius	4 th Year	05	Invictus	Interns batch	06	PG Students	PG Students	07	Teachers	All Teachers
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8.	<p style="text-align: center;">FUN MELA 2024 FINAL RESULTS</p> <p style="text-align: center;">TABLE TENNIS</p> <table border="1" data-bbox="357 1594 1433 1995"> <tbody> <tr> <td>01</td> <td>TABLE TENNIS Men (Singles)</td> <td>TABLE TENNIS Men(Singles)</td> </tr> <tr> <td></td> <td>Harshith Gowda</td> <td>Dr. Nishant Saini</td> </tr> <tr> <td>02</td> <td>TABLE TENNIS Men (Doubles)</td> <td>TABLE TENNIS Men(Doubles)</td> </tr> <tr> <td></td> <td>Aniketn</td> <td>Harshith Gowda</td> </tr> <tr> <td></td> <td>Vivek</td> <td>Soumik</td> </tr> <tr> <td>03</td> <td>TABLE TENNIS Women (Singles)</td> <td>TABLE TENNIS Women(Singles)</td> </tr> <tr> <td></td> <td>Vindhya Chavali</td> <td>Hemanya & Sohini</td> </tr> </tbody> </table>		01	TABLE TENNIS Men (Singles)	TABLE TENNIS Men(Singles)		Harshith Gowda	Dr. Nishant Saini	02	TABLE TENNIS Men (Doubles)	TABLE TENNIS Men(Doubles)		Aniketn	Harshith Gowda		Vivek	Soumik	03	TABLE TENNIS Women (Singles)	TABLE TENNIS Women(Singles)		Vindhya Chavali	Hemanya & Sohini			
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04	TABLE TENNIS Women (Doubles)	TABLE TENNIS Women(Doubles)
	Hazarikaindhya Chavali	Hemanya
	Hazarika	Sohini
<u>TENNIS (MEN & WOMEN)</u>		
05	TENNIS Men (Singles)	TENNIS Men(Singles)
	Dr. Eldo George Varghese	Dr. Hari Murali
06	TENNIS Men (Doubles)	TENNIS Men(Doubles)
	Dr.Eldo George Verghees	Dr. Anurag
	Dr. Hari Murali	Dr. Shubham
07	TENNIS Mixed (Doubles)	TENNIS Mixed (Doubles)
	Ayati	Vindhya
	Devanuj	Aangshuman
<u>C O D WINNERS & C O D RUNNERS</u>		
08	<u>Zephyrus A</u>	<u>Xorticans A</u>
	Balaji	Anirudh
	Jayanth	Vyas
	Jagadeesh	Tharun
	Manas	Ashraf
	Chetan	Abhiram
<u>CHESS (Men) & (Women)</u>		
08	CHESS (Men)	CHESS (Men)
	Dr. Akshay	Anoop (Artemis)
09	CHESS (Women)	CHESS (Women)
	Rishika (Artemis)	Vyshnavi (Zephyrus)
<u>BADMINTON (Men & Women)</u>		
10	BADMINTON MEN (Singles)	BADMINTON MEN (Singles)
	Harshith Gowda	Aditya Gali
		Dr.Eldo Verghes (Bronze)
11	BADMINTON MEN (Doubles)	BADMINTON MEN (Doubles)
	Harshith Gowda (Artemis)	Dr. Tarun
	Rohan	Dr. Swarna
12	BADMINTON WOMEN (Singles)	BADMINTON WOMEN (Singles)
	Rushika (Xorticans)	Rishika (Artimes)
		Srshtidesai (Bronze)

13	BADMINTON WOMEN (Doubles)	BADMINTON WOMEN (Doubles)
	Rushika (Xorticans)	Rishika (Artemes)
	Manya	Vidhya Chavali
<u>CRICKET (Men & Women)</u>		
15	FUN CRICKET	FUN CRICKET
	Akshay Alok	Dr. Elangovan
	Preeti Maroti	Dr. Yuva Chitra Kaladar Reddy
	Md. Abhu salam	Dr. Ajay Reddy
	Ayush Saini	Dr. Anunitha
	Satender Dalal	Dr. Shwetha
	Md. Mustafeez	Dr. Varshini
	Roshni Sahu	Dr. Sindhu
	Harshita Yadav	Dr. Sanjana
	D'Souza Savio	Dr. Koushik
	Dishanth Barnwal	Dr. Abhiharshan
	Md. Nasar	Dr. Abhishek Goswami
		Dr. Dinakar
		Venkat
<u>FUTSAL (MEN)</u>		
16	FUTSAL (MEN)	FUTSAL (MEN)
	Pranav (Artemis)	Vinayak (Zephyros)
	Akhil	Dheemanth
	Saprsh Sudeep	Rithwik
	Soumik	Aryan
	Bhavya Mitra	Mayur
	Utkarsh Patak	Bhuvan
	Hemanth	Ashwin
	Harshith Gowda	Pranay
	Ajith	
<u>BASKETBALL (MEN & WOMEN)</u>		
17	BASKETBALL 5 / 5 MEN	BASKETBALL 5 / 5 MEN
	Dheemanth (Zephyros)	Dr. Mani mohan Reddy
	Vivek	Pawan
	Shambhu	Aakash
	Vinayak	Rishabh Singh
	Hitesh	Aditya Sharma
	Anikethan	Swarna
	Somashekar	Bhuvan
	Shreyas	
	Mayur	

18	BASKETBALL 3 v 3 Mixed	BASKETBALL 3 v 3 Mixed
	Vivek S (Zephyros)	Harsh Sharma (Artemis)
	Dheemanth	Harshvardhan
	Sanya	Srshti Desai
	Vinayak	Raaj
	Shambu	
	Sejal	
19	BASKETBALL 3 v 3 GIRLS	BASKETBALL 3 v 3 GIRLS
	Srushti Desai (Artemis)	Sanya (Zephyros)
	Christa	Hemanya
	Jeeva	Sejal
	Shubhangi	Tanvee
	Vindhay Chavali	Soundharaya
	Shreya	Pranitha
<u>CARROM (MEN & Women)</u>		
20	CARROM (MEN) Doubles	CARROM (MEN) Doubles
	Srinivas J	Aditi S R
	Nagaraj N M	Reshma Reddy
21	BEST / MOST VALUABLE PLAYERS FOR THE FUNMELA	
	FUTSAL (Men)	
	Golden Boot - Sparsh Sudeep	
	Play Maker – Dr. Abhiharshan	
	Golden Glove – Dheemanth	
	FUN CRICKET	
	Best Player (Womens)- Preeti Maroti	
	Best Player (Men) -Rohan	
	THROWBALL (Women)	
	Best Player – Shri Vidhya	
	BASKETBALL (Women)	
	Best Player- Shrushti Desai	
	BASKETBALL (Men)	
	Best Player- Vivek S	

9

Highlights of Events including Photos; Valedictory Ceremony (Photos)













Convener
Sports Committee
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 103

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH	
	SRI DEVARAJ URS MEDICAL COLLEGE Tamaka, Kolar - 563103 SPORTS DEPARTMENT	

Date: 01/12/2024

HOSPITAL DAY SPORTS ACTIVITIES REPORT

As Part of Celebrating the 99th Birth Anniversary of Sri R L Jalappa, Founder Chairman of SDUAHER various Sports and Athletic Events were Planned for all the Teaching & Non-Teaching Staff of SDUMC, AHBS, SDUCON, Jalappa Central School from 7th October to 25th October at Various Grounds of SDUAHER Campus.

The following were the list of Athletics & Team Events which were Conducted in the Campus for all the staff.

Sl.No	Men	Women
ATHLETICS		
01	100 Meters Run	100 Meters Run
02	200 Meters Run	200 Meters Run
03	400 Meters Run	400 Meters Run
04	1500 Meters Run	Shot Put
05	Shot Put	Discuss Throw
06	Discuss Throw	Javelin Throw
07	Javelin Throw	
08	Long Jump	
GAMES		
01	Cricket	Throwball
02	Volleyball	Tennicoit - Singles
03	Futsal	Tennicoit - Doubles
04	Tennis - Singles	Badminton – Singles
05	Tennis - Doubles	Badminton – Doubles

06	Badminton – Singles	Carrom- Doubles
07	Badminton – Doubles	Chess
08	Table Tennis – Singles	
09	Table Tennis – Doubles	
10	Carrom – Doubles	
11	Chess	





Prize Winners of the Hospital Day Celebration of 2024

Team Events

SI NO	Event	Winners	Runners
WOMEN			
1	Throwball	Dr Inchara & team	SDUAHER (Hemavathi L & team)
2	Tennicot – Singles	Madhavi	Uma (Purchase section)
3	Tennicot – Doubles	Madhavi & Prema	Dr Shwetha & Uma
4	Badminton – Singles	Prema	Dr Shwetha
5	Badminton – Doubles	Dr Rashmi & Dr Shwetha	Prema & Madhavi
6	Carrom – Singles	Dr Chaitra	Shruthi B
7	Carrom – Doubles	Dr Chaitra & Dr Inchara	Bhagyashree & Somala
8	Chess	Dr Manasa reddy	Dr Mahima B N

SI NO	Event	Winners	Runners
MEN			
1	Cricket	Narayana Hrudayalaya (Girish)	APJ Abdul Kalam (Vishwanath singh)
2	Volleyball	SDUMC (Srinath)	Manifold Operaters (Naryanaswamy)
3	Futsal	SDUMC (Sunil B N)	Manifold Operaters (Naryanaswamy)
4	Badminton – Singles	Dr Tarun	N.Subramanyam
5	Badminton – Doubles	Dr Tarun & N Subramnayam	Girish & Goutham (NH)
6	Carrom – Singles	Vishwanath Singh	Ranjith
7	Carrom – Doubles	Vishwantgh Singh & Meeraj	Srinivas J & Nagaraj
8	Tennis – Singles	Dr Sunil B N	N.Subramanyam
9	Tennis – Doubles	Dr Sunil B N & N. Subramanyam	Dr Tarun & Dr Vidyasagar
10	Table Tennis – Singles	Dr Devendra Prasad	Dr Tarun
11	Table Tennis – Doubles	Dr Sunil B N & N. Subramanyam	Dr Tarun & Dr Vidyasagar
12	Chess	Vishwanath Singh	Krishnamurthy (PRO)

ATHLETICS



SI No	Event	First Prize	Second Prize	Third Prize
WOMEN				
1	100 Meters	Rakshitha K J	Dr Manasa Reddy	Rani
2	200 Meters	Navya V	Dr Manasa Reddy	Rakshitha K J
3	400 Meters	Navya V	Rakshitha K J	Bharathi K
4	Shot Put	Dr Manasa Reddy	Dr Shwetha	Bhagyashree
5	Discuss	Dr Manasa Reddy	Dr Shwetha	Bharathi K
6	Javelin	Stephy (NH)	Dr Inchara	Dr Manasa Reddy

MEN				
1	100 Meters	Jagadish	Ananda A	Deppak Babu S
2	200 Meters	Jagadish	Beeresh C N	Ananda A
3	400 Meters	Jagadish	Sunil S	Madhuchandra
4	1500 Meters	Sunil S	Jagadish	Hemanth
5	Shot Put	Bhaskar (NH)	Beeresh C N	Rakesh
6	Discuss	Bhaskar (NH)	Prudhviraj (NH)	Ananda A
7	Javelin	Prudhviraj (NH)	Ananada A	Hebson (NH)
8	Long Jump	Gowtham (NH)	Srinath Reddy	Ananda A

All the Prize winners were awarded with Certificate of Appreciation & Cash Prize on Hospital Development Committee meeting at William Osler on 14/11/2024 by Dr. B Vengamma, Vice- Chancellor, SDAHER & Dr Krishnappa J, Medical Superintendent.





	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH SRI DEVARAJ URS MEDICAL COLLEGE Tamaka, Kolar - 563103 SPORTS DEPARTMENT	
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SDUMC ANNUAL ATHLETIC MEET-2023-24

Event Report

Name of Event: **“SDUMC ANNUAL ATHLETIC MEET 2023-24”**

Name of Department; **Sports**

SL.NO	
1	Name of the event; “SDUMC ANNUAL ATHLETIC MEET 2023
2	Back ground /Introduction; “SDUMC ANNUAL ATHLETIC MEET 2023-24” Intra Collegiate Batch wise Competitions was conducted from 22 nd to 23 rd March , 2025 at Football Ground , SDUMC
3	Venue; Sri Devaraj Urs Medical College , Football Ground , Kolar
4	Sponsors; SDUAHER Sports fund
5	<p>Inauguration ; “SDUMC ANNUAL ATHLETIC MEET 2023-24”</p> <p>The Inauguration of SDUAHER Annual Athletic Meet-2023-24 was conducted on 22/03/2025 at 9.30 A.M in the SDUMC College ground for which Dr.Muninarayana.C, Honourable Registrar, SDUAHER was the Chief Guest, Guests of honour were Dr. Prabhakar.K, Dean/Principal, SDUMC, Dr.Arvind Natarajan, Dean, AHS & BS , Dr. Sunil.B.N, Convener, Sports Committee, Mr.Harsh Sharma , Ms. Vindya Chawli & other Sports Secretaries attended the function. The other office bearers of the academy and the institution were also present for the function.</p> <p>Dr. Sunil.B.N. Convener, Sports Committee delivered the welcome address;</p> <ol style="list-style-type: none"> 1) The march past for all Individual batches was done by the students for which the prizes were also announced, 2) The torch carrying flame was passed from all batches and handed over to the Chief guest officially declared the annual athletic meet open for the academic year 2023 -24 3) The flag was hoisted by the chief guest & also received the guard of honor from the entire march past contingent. 4) The oath was administered to all the participants. <div data-bbox="194 1525 1396 1910" data-label="Image">  </div> <p>Chief Guests for the SDUMC Annual Athletic Meet- 2023-24</p>



Chief Guests for the SDUMC Annual Athletic Meet- 2023-24



Flag Hoisting by the Chief Guest Hon'ble Dr.Muninarayana.C, Registrar, SDUAHER



Chief Guest Receiving Guard of Honor

Mr. Harsh Sharma Sports secretary gave the vote of thanks.



Assembly of the Sports Athlete's by According to the House wise



Olympic Torch Arrived by the Sports Secretary's



Olympic Torch receiving by the Chief Guest Hon'ble **Dr.Muninarayana.C,
Registrar, SDUAHER**



Guest of Honoring receiving by the Chief Guest Hon'ble **Dr.Muninarayana.C,**
Registrar, SDUAHER



Oath Taking by Sports Captain's



Parade by Band Set Team

- 6** **Speakers/Judges/Chairman/Panel Team;**
- a) Dr. Prabhakar.K, Dean/ Principal, SDUMC
 - b) Dr. Arvind Natarajan, Dean, AH&BS, SDUAHER
 - c) Dr. Krishnappa.J,Medical Superintendent,RLJH&RC,
 - d) Dr. Sunil.B.N , Convener, Sports Committee,
 - e) Mr. N.Subramanyam, Physical Education Director,
 - f) Mr. Manjunatha.M.E, Physical Education Instructor,
 - g) Mr. Harsh Sharma & Ms. Vindya Chawli Sports Secretaries,
 - h) Sports representatives from each batch
 - i) Other Physical Education teachers of the college/School.

7 **Participants & Delegates in Number;-**

Arcadians	
Xorticans	
Zephyr0s	
Artemis	
Invictus	
P.G. s	
Teaching Faculty	
Non-teaching Faculty of SDUAHER	



800 Meter Run for Men



800 Meter Run for Women



50 Meter 3 Leg Race for Men



50 Meter 3 Leg Race for Women



50 Meter Sack Race for Women



100 Meter Running for Teaching Staff (women)



Discuss Throw for Teaching Staff (Men)



High Jump for Men



Tug of War For Women



Medals & Certificates Distribution for Winners





Medals & Certificates Distribution for Winners

Valedictory: SDUMC ANNUAL ATHLETIC MEET 2023"

The Valedictory Ceremony of **SDUMC ANNUAL ATHLETIC MEET 2023"** was held on 23.03.2025 at 4.30 P.M in the Athletic ground, SDUMC for which **Dr.Muninarayana.C, Honourable Registrar, SDUAHER** was the Chief Guest, Guests of Honour Dr.Sunil.B.N, Convener, Sports Committee, Mr. N.Subramanyam, Physical Education Director & Mr. Manjunatha.M.E, Physical Education Instructor were also present during the ceremony, Mr. Harsh Sharma & Ms. Vindya Chawli Sports Secretaries were attended the function.

Dr.Muninarayana.C, Honourable Registrar, SDUAHER, give away the Individual Championship & Overall Championship Trophies for the winners

Awards /Prizes ;- **INDIVIDUAL CHAMPIONSHIP (MEDICAL)**

01	Mr. Hasith	(Male)
02	Ms. Pooja	(Female)

;- **INDIVIDUAL CHAMPIONS RUNNERUP (MEDICAL)**

01	Dr. Anand	(Male)
02	Ms. Rishika	(Female)



Men's Individual Championship 2023-24: Runner up-Dr. Anand



Women's Individual Championship 2023-24: Runner up- Rushika



Women's Individual Championship 2023-24: Winner - Pooja



Men's Individual Championship 2023-24: Winner – Hasith Gogula

OVER ALL CHAMPIONSHIP

01	Arcadians	148 points
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**OVERALL CHAMPIONSHIP-2023-24 (ARCADIANS BATCH) Received from the Chief Guest
Hon'ble Dr.Muninarayana.C, Registrar, SDUAHER**



OVERALL CHAMPIONSHIP-2023-24 ARCADIAN BATCH



Sports secretaries was Lowering the College Flag handed over to the chief guest




the College Flag passed on to the next conducting batch

Lowering the College Flag.The Chief guest for Valedictory function was **Dr.Muninarayana.C, Honourable Registrar, SDUAHER**, The Flag was lowered with all the sports secretaries of the Individual batches and was handed over to the chief guest which was passed on to the next conducting batch.

Dr. Sunil.B.N ,Convener, Sports Committee, gave the vote of thanks.


Convener
Sports Committee
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 103

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH SRI DEVARAJ URS MEDICAL COLLEGE Tamaka, Kolar - 563103 SPORTS DEPARTMENT	

SDUMC ANNUAL ATHLETIC MEET-2023-24
(MEN) WINNERS (M.B.B.S)

Sl.No	NAME OF THE EVENT	NAME OF THE ATHLETE	PLACE
1	100 Mtrs Running	Mr. Hasith	I
2		Dr. Anand	II
3		Mr. Harsha	III
4	200 Mtrs Running	Mr. Suhas.R.H	I
5		Dr. Vinod Kumar	II
6		Mr. Mani Mohan	III
7	400 Mtrs Running	Dr. Abhiharshan	I
8		Mr. Harshith Gogula	II
9		Mr. Akhil Balakrishnan	III
10	800 Mtrs Running	Dr. Abhiharshan	I
11		Mr. Vivek	II
12		Mr. Harshith Gowda	III
13	1500 Mtrs Running	Dr. Abhiharshan	I
14		Mr. Vivek	II
15		Mr. Harshith	III
16	5000 Mtrs Running	Dr. Abhiharshan	I
17		Mr. Vivek	II
18		Mr. Vishwajith.K.S &Dr. Sathvik	III
19	4x100 Mtrs Relay	Hasith, Adithyaram, Abhishikth, Vyas	I
20		Vivek, Deemanth, Durgesh, Anikethan	II
21		Nellutpal, Ujjwal, Anuraj, Laksray	III



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar - 563103

SPORTS DEPARTMENT



SDUMC ANNUAL ATHLETIC MEET-2023-24
(MEN) WINNERS (M.B.B.S)

SI.No	NAME OF THE EVENT	NAME OF THE ATHLETE	PLACE
22	Long Jump	Dr. Anand	I
23		Dr. Abhiharshan	II
24		Mr. Hasith Gogula	III
25	High Jump	Dr. Anand	I
26		Mr. Adithya	II
27		Mr. Sparsh	III
28	Triple Jump	Mr. Hasith	I
29		Mr. Raj Dharshan	II
30		Mr. Abhishikth	III
31	Discuss Throw	Mr. Mithun Reddy	I
32		Mr. Harshith Gowda	II
33		Mr. Gnanesh	III
34	Javelin Throw	Dr. Anand	I
35		Mr. Harshith	II
36		Mr. Revanth	III
37	Shot Put	Mr. Mithun	I
38		Mr. Adithya	II
39		Mr Harshith Gowda	III



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

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SPORTS DEPARTMENT



SDUMC ANNUAL ATHLETIC MEET-2023-24
(MEN) WINNERS (M.B.B.S)

Sl.No	NAME OF THE EVENT	NAME OF THE ATHLETE	PLACE
40	100x4 Mixed Relay	i) Mr. Nilutpal Bora ii) Mr. Ujjwal Kumar iii) Miss. Pooja.M iv) Miss. Asmitha	I
41		i) Mr. Adithya ii) Mr. Hashith iii) Miss. Shravya iv) Miss.Catherine	II
42		i) Mr. Pranav ii) Mr. Akhil iii) Miss.Shreya iv) Miss. Adithi	III
46	3 Leg Race	Mr. Harsha & Mr. Dimpu	I
47		Mr. Harish & Mr. Nachiketh	II
48		Mr. Sagar & Mr. Sanjay	III
47	Cycle Race	Mr. Utkarsh Raj	I
48		Mr. Jaya Chandra	II
49		Mr. D. Kushal	III



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE



Tamaka, Kolar - 563103

SPORTS DEPARTMENT



**SDUMC ANNUAL ATHLETIC MEET-2023-24
(WOMEN) WINNERS (M.B.B.S)**

Sl.No	NAME OF THE EVENT	NAME OF THE ATHLETE	PLACE
1	100 Meter Running	Miss. Pooja. M	I
2		Miss. Asmitha	II
3		Miss. Rushika	III
4	200 Meter Running	Miss. Varshini	I
5		Miss. Pooja. M	II
6		Miss. Asmitha	III
7	400 Meter Running	Miss. Rushika	I
8		Miss. Varshini	II
9		Miss. Asmitha	III
10	800 Meter Running	Miss. Rushika	I
11		Miss. Asmitha	II
12		Miss. Deepthi	III
13	1500 Meter Running	Miss. Rushika	I
14		Miss. Deepthi	II
15		Miss. Sejal	III
16	4x100 Meter Relay	Pooja.M, Asmitha, Varshini, Deepthi	I
17		Adithi, Reshma, Rakshitha, Shreya	II
18		Catherine, Muktha, Chandana, Teju	III
19	Long Jump	Miss. Adithi.S.R	I
20		Miss. Pooja. M	II
21		Miss. Shrusti	III

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH SRI DEVARAJ URS MEDICAL COLLEGE Tamaka, Kolar - 563103	
	SPORTS DEPARTMENT	

SDUMC ANNUAL ATHLETIC MEET-2023-24
(WOMEN) WINNERS (M.B.B.S)

SI.No	NAME OF THE EVENT	NAME OF THE ATHLETE	PLACE
22	High Jump	Miss. Pooja. M	I
23		Miss. Soundarya	II
24		Miss. Christina	III
25	Triple Jump	Miss. Shrusti	I
26		Miss. Pooja. M	II
27		Miss. Shreya	III
28	Discuss Throw	Miss. Sharnya	I
29		Miss. Soundarya	II
30		Miss. Shrusti	III
31	Javelin Throw	Miss. Shrusti	I
32		Miss. Sejal	II
33		Miss. Soundarya	III
34	Shot Put	Miss. Chaturya	I
35		Miss. Sinchana	II
36		Miss. Muskaan	III
37	Sac Race	Miss. Lavanya	I
38		Miss. Soundarya	II
39		Miss. Jahanavi	III
40	Cycle Race	Miss. Yuvarani	I
41		Miss. Sinchana Gowda	II
42		Miss. Mahini Verma	III



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar - 563103

SPORTS DEPARTMENT





SDUMC ANNUAL ATHLETIC MEET-2023-24
INDIVIDUAL CHAMPIONSHIP

Sl.No	NAME OF THE ATHLETE	PLACE /POSITION
01	Individual Championship (M) Mr. Hasith	Winners (M)
	Individual Championship (W) Ms. Pooja	Winners (W)
02	Individual Championship (M) Dr. Anand	Runner up (M)
	Individual Championship (W) Ms.Rishika	Runners up (W)

OVER ALL CHAMPIONSHIP

Sl.No	NAME OF THE HOUSE	PLACE /POSITION
01	ARCADIAN BATCH	148 POINTS

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH SRI DEVARAJ URS MEDICAL COLLEGE Tamaka, Kolar - 563103	
	SPORTS DEPARTMENT	

SDUMC ANNUAL ATHLETIC MEET-2023-24

TUG OF WAR FOR MEN

SL NO	NAME OF THE Batch	RESULTS
01	INVICTUS	WINNERS
02	XORTICANS	RUNNERS

TUG OF WAR FOR WOMEN

SL NO	NAME OF THE Batch	RESULTS
01	INVICTUS	WINNERS
02	XORTICANS	RUNNERS



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar - 563103

SPORTS DEPARTMENT



**SDUMC ANNUAL ATHLETIC MEET-2023-24
(WOMEN -Below 50 Years) WINNERS (Teaching Staff)**

Sl.No	NAME OF THE EVENT	NAME OF THE ATHLETE	PLACE
1	100 Mtrs Running	Dr. Mamatha shree.C	I
2		Dr. Seethal Rose	II
3		Dr. Poorni Bharathi	III
7	50 Mtrs Sac Race	Dr. Apoorva	I
8		Dr. Poorni	II
9		Dr. Chaithra	III
10	3 Leg Race	Dr. Pooja & Dr. Sinchana Gowda	I
11		Dr. Iraa & Dr. Adithi	II
12		Dr. Srusti & Dr. Lakshya	III
13	Discuss Throw	Dr. Sheetal	I
14		Dr. Poorni Bharathi	II
15		Dr. Supreetha	III
16	Shot Put	Dr. Sheetal	I
17		Dr. Sneha	II
18		Dr. Shilpa	III
19	Javelin Throw	Dr. Gowri	I
20		Dr. Supreetha	II
21		Dr. Sheetal	III



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar - 563103

SPORTS DEPARTMENT



**SDUMC ANNUAL ATHLETIC MEET-2023-24
(MEN-Below 50 Years) WINNERS (Teaching Staff)**

SI.No	NAME OF THE EVENT	NAME OF THE ATHLETE	PLACE
1	100 Mtrs Running	Dr. Suhas	I
2		Dr. Vinod	II
3		Dr. Mani Mohan	III
4	200 Mtrs Running	Dr. Suhas	I
5		Dr. Vinod	II
6		Dr. Mani Mohan	III
7	Discuss Throw	Dr. Suhas	I
8		Dr. Mani Mohan	II
9		Dr. Ruthvik	III
10	Shot Put	Dr. Ruthvik	I
11		Dr. Mani Mohan	II
12		Dr. Suhas	III
13	Javelin Throw	Dr. Mani Mohan	I
14		Dr. Suhas	II
15		Dr. Ruthvik	III



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar - 563103

SPORTS DEPARTMENT



**SDUMC ANNUAL ATHLETIC MEET-2023-24
(MEN) WINNERS (Non-Teaching Staff)**

SI.No	NAME OF THE EVENT	NAME OF THE ATHLETE	PLACE
1	Discuss Throw	Mr. Srinivas.J	I
2		Mr. B.H. Anand	II
3		Mr. Shiva Kumar	III
4	Shot Put	Mr. B.H. Anand	I
5		Mr. Sreenath	II
6		Mr. Srinivas.J	III
7	Javelin Throw	Mr. Anand	I
8		Mr. Arun Kumar	II
9		Mr. Srinivas	III



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar - 563103

SPORTS DEPARTMENT



**SDUMC ANNUAL ATHLETIC MEET-2023-24
(WOMEN) WINNERS (Non-Teaching Staff)**

Sl. No	NAME OF THE EVENT	NAME OF THE ATHLETE	PLACE
1	100 Mtrs Running	Mrs. Baghyalakshmi	I
2		Mrs. Usha Rani	II
3		Mrs. Mani Kumari	III
7	200 Mtrs Running	Mrs. Bharathi	I
8		Mrs. Rathnamma	II
9		Mrs. Shashikala	III
10	Discuss Throw	Mrs. Bharathi	I
11		Mrs. Rathnamma	II
12		Mrs. Shashikala	III
13	Shot Put	Mrs. Rathnamma	I
14		Mrs. Bharathi	II
15		Mrs. Baghyalakshmi	III
16	Javelin Throw	Mrs. Bharathi	I
17		Mrs. Baghyalakshmi	II
18		Mrs. Rathnamma	III


Convener
Sports Committee
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 103



21/04/2025

BASKETBALL CLUB

SDU JBL SEASON 2 REPORT

The Basketball Club of SDUAHER organized a 3 membered Basketball Tournament for all the Under Graduate & Post Graduate Students of Faculty of Medicine & Students from Faculty of Allied Health & Basic Sciences, Teaching Staff of our campus. All the players were divided into 7 teams with the names as Kochi Kings, Nagpur Nuggets, Sonipat Lakers, Hyderabad Warriors, Jaipur Heat, Bengaluru Bucks & Tamaka Thunders. All the teams played 6 league matches one against each opponent and the teams which ended up top 4 qualified for the playoffs.

The Tournament was inaugurated by Honorable Vice Chancellor Dr Vengamma, Sports Convener Dr Sunil B N, Sports Convener & Students from all the Teams participated in the Inauguration.

All the matches were played in the Basketball Court in the Ladies hostel Campus on the Evenings of each working. The schedule of Basketball matches were put up and all the matches were played at the time mentioned in the Schedule.

NAME OF THE TEAM	CAPTAIN
Bengaluru Bucks	Dr. Akash
Hyderabad Warriors	Ms. Greeshma & Mr. Nishanth
Jaipur Heat	Dr. Aditya sharma & Ms. Sejal
Kochi Kings	Dr. Abhi Harshan
Nagpur Nuggets	Dr. Shobith
Sonipat Lakers	Dr. Hardik

JALAPPA BASKETBALL
BASKETBALL
BIGGER & BETTER!
3v3

JBL
JBL
JBL

JBL
JBL

2ND EDITION
JBL

Dr. ADITYA
886980630

VIVEK
9686116736



Please abide by the following rules

1. Your team must contain 3 boys and 2 girls
2. It's a 3v3 match
2 boys+ 1 girl on court at all times
3. 10 minutes 2 quarters
4. In case of tie an extra quarter will be there and the team to make 11 points first wins the match
5. Unlimited substitutions are allowed
6. Top 4 teams on the score board enter into semifinals

Wishing you and your team Best of luck

Glimpses of the Basketball Matches being held at the Basketball Court under Lights



The Tournament was inaugurated by Honorable Vice Chancellor Dr Vengamma, Sports Convener Dr Sunil B N, and Sports Convener



Inauguration Match



League Matches



The Final match was played between Nagpur Nuggets & Sonipath Lakers at Basketball Court on 10/03/2025 from 6:00 PM to 8:00 PM and Sonipath Lakers won the Final.



The following were the individual Best Performers of the Tournament

1. Emerging Player (Female) - Ms. Tejal
2. Emerging Player (Male) -Mr. Abhijith
3. MVP (Female) - Ms. Greeshma
4. MVP (Male) - Mr. Hardik
5. Prime Time Award - Mr. Vivek
6. **3 Point** Contest winner - Mr. Vivek

The Post Match Presentation was graced by Dr. Sunil B N, and Sports Convener, Physical Education Director Mr. Subramanyam & Physical Education Instructor Mr. Manjunatha M E



Emerging Player (Female) - Ms. Tejal



Emerging Player (Male) -Mr. Abhijith



MVP (Female) - Ms. Greeshma



MVP (Male) - Mr. Hardik



Prime Time Award - Mr. Vivek Vivek



3 Point Contest winners - Mr.



Third Place was bagged by Bengaluru Bucks.

Players - Dr. Akash, Dr. Ajay, Dr. Shrey Ahalwat, Srushti, Shlok, Shreyas



Runners - Nagpur Nuggets

Runners of the Tournament: Nagpur Nuggets

Players - Dr. Shobith, Dr. Jay Vardhan, Sejal, Dr. Vinod, Hemanya, Dr. Gowtham, Prashasvi, Manasvi



Winners - Sonipat Lakers

Winners of the Tournament: Sonipat Lakers

Players -Dr. Hardik, Greeshma, Harsh, Jayanshu, Dr. Gayathri, Harsh's, Ayaan, Deetya


Convener
Sports Committee
Sri Devaraj Urs Women's College
Tamaka, Kolar - 563 103



30/05/2025

BASKETBALL CLUB

SDUBC REPORT

The Basketball Club of SDUAHER Collaboration with SDUBC organized a 3X3 Inter League membered Basketball Tournament for all the Under Graduate & Post Graduate of our campus. All the players were divided into 4 teams with the names as Celtics, Miami, Lakers & Warriors. All the teams played 4 league matches one against each opponent and the teams which ended up top 2 qualified for the Finals.

The Tournament was inaugurated on 23rd May 2025 at 4:30 PM in the Basketball Court, SDUAHER. For which Honorable Dr Sunil B N, Sports Convener, Dr. Manohar Gowda President of SDUBC, Mr. Manjunjatha.M.E Physical Instructor & Students from all the Teams participated in the Inauguration.

All the matches were played in the Basketball Court in the Ladies hostel Campus on the Evenings of each working. The schedule of Basketball matches were put up and all the matches were played at the time mentioned in the Schedule.

NAME OF THE TEAM	CAPTAIN
Golden State Warriors	Ajay Gowda
Los Angeles Lakers	Thilk Kumar
Boston Celtics	Vivek
Miami	Gopal Krishna
Houston Rockets	Harish Gowda

Glimpses of the Basketball Matches being held at the Basketball Court under Lights



The Tournament was inaugurated by Sports Convener Dr Sunil B N, Dr. Manohar Gowda President of SDUBC, Mr. Manjunatha.M.E Physical Instructor, and SDUBC Organizing Members & Others



Assembly of the Participants





Honor to the Chief Guest & Guests



Basketball Teams Introducing to the Chief Guest & Guests



Basketball Shooting in Basket by Chief Guest & Guests



Basketball Officials



Karate Demonstration



Honoring to the Achievers by Guests



Honoring to the KKBL Winners by Guests



Warm-up Match



Inauguration Match



League Matches

The Final match was played between Chicago Bulls & Los Angeles Lakers at Basketball Court on 25/05/2025 from 6:00 PM to 8:00 PM and Los Angeles Lakers won the Final.



The following were the individual Best Performers of the Tournament

1. Best Player (Male) - Mr. Thilk Kumar
2. Best Player (Female)-Ms. Greeshma
3. **Best Shooter** - Mr. Vivek.S
4. Best Defence - Mr. Girish.V
5. Upcoming Player (Male) - Mr. Abhilash
6. Upcoming Player (Female) - Ms. Sejal Sai Sree

The Post Match Presentation was graced by SDUBC Organizing Members



Best Player (Male) - Mr. Thilk Kumar



Best Player (Female)-Ms. Greeshma



Best Shooter - Mr. Vivek.S



Best Defence - Mr. Girish.V



Upcoming Player Mr. Abhilash



Upcoming Player Ms. Sejal Sai Sree



Third Place was bagged by Houston Rockets.



Runners of the Tournament: Chicago Bulls



Winners of the Tournament: Los Angeles Lakers


Convener
Sports Committee
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 103



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar - 563103

SPORTS DEPARTMENT



Event Report

Name of Event: "SPANDAN-2024" JIPMER , PONDICHERRY

Name of Department: **Sports**

SL.NO	
1	Name of the event; "SPANDAN- 2024" INTER COLLEGIATE SPORTS & CULTURAL COMPETITIONS
2	Back ground /Introduction; "SPANDAN- 2024" INTER COLLEGIATE SPORTS & CULTURAL COMPETITIONS. JIPMER steadfast dedication to academic brilliance and cutting edge medical research has eamed it an eminent position among the best medical colleges in the nation. Spandan a weeklong spectacle where reality and mystery interwine, where excitement and thrill take center stage, and where medico from all over the country come together for south Indias biggest medical college fest.
3	Venue; "JIPMER , Pondicherry Sports Ground"
4	Sponsors; SDUAHER Sports fund
5	Inauguration ; " The Inauguration of "SPANDAN SPORTS COMPETITION 2024" was conducted on 02/11/2024 at 8.30 A.M in the Cricket Ground for which Ms. Bharathi, President, Sports Council, Ms. Dharshini, Vice President, Mr. Dev Brijesh, General Secretary was the Chief Guest, & Speaker Mr. Roshan, Public Relations & Other Sports Committee and Cultural Committee represetatives are attended. 1) Introduction of the Teams/Captains/Players 2) Cutting the Tape/Ball 3) Inauguration by doing the Bowling /Batting by President/Vice President,
6	Speakers/Judges/Chairman/Panel Team; a) Mr. Roshan, Speaker, JIPMER b) Mr.Jothir, Sports Secretaries c) Mr. Sai Sree, Sports Secretary, d) Mr. Dev Brijesh, General Secretary.
7	Participants & Delegates in Number;- 12 Teams participated Mr. Siddarth P.S Mr. Pravith Prasad Mr. Mevin George Mr. Roshin Itty Verghese Mr. Ashmal Mrishad

8

Awards /Prizes :-

1500 Meters Run/ 800 Meters Run

Siddarth.P.S	Gold Medal
Siddarth.P.S	Gold Medal

Long Jump

Roshin Itty Verghese	Gold Medal
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4 X 100 Meters Relay

Mr. Roshin Itty Verghese Mr. Siddarth.P.S Mr. Mevin George Mr. Pravith Prasad	GOLD MEDAL
--	------------

200 Meters Run

Mr. Pravith Prasad	Bronze Medal
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400 Meters Run

Mr.Mevin George	Bronze Medal
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1,500 Meters Run

Mr.Ashmal Mirshad	Bronze Medal
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Valedictory ;



Mr. Siddarth.P.S Finishing 1500 Meters Run



Mr. Roshin Itty Verghese Finishing 4x 100 Meters Relay



Participants with Medals


Convener
Sports Committee
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 103



JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH
 (An Institution of National Importance under The Ministry of Health and Family Welfare, Govt. of India)



LES YEUX

Certificate of Merit

This is to certify that

Mr./Ms. SIDHARTH P.S has
 secured 1st place in 4x100m relay Men's event
 conducted as a part of Sports event series in

JIPMER SPANDAN '24



Tothir

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[Signature]

SPORTS SECRETARY PRIZE SECRETARY PHYSICAL INSTRUCTOR STUDENT ADVISOR DEAN ACADEMIC



JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH
 (An Institution of National Importance under The Ministry of Health and Family Welfare, Govt. of India)



LES YEUX

Certificate of Merit

This is to certify that
 Mr./Ms. SIDHARTH has
 secured 1st place in 800m (Men's) event
 conducted as a part of Sports event series in

JIPMER SPANDAN '24



Jothir

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SPORTS SECRETARY

PRIZE SECRETARY

PHYSICAL INSTRUCTOR

STUDENT ADVISOR

DEAN ACADEMIC



JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH
 (An Institution of National Importance under The Ministry of Health and Family Welfare, Govt. of India)



LES YEUX

Certificate of Merit

This is to certify that
 Mr./Ms. ROSKIN has
 secured 1st place in 4x100m relay Men's event
 conducted as a part of Sports event series in

JIPMER SPANDAN '24



Jothir

K. Dinmay

SPORTS SECRETARY PRIZE SECRETARY PHYSICAL INSTRUCTOR STUDENT ADVISOR DEAN ACADEMIC



LES YEUX

Certificate of Merit

This is to certify that

Mr./Ms. MEVIN has
secured 1st place in 4x100m RELAY (MEN'S) event
conducted as a part of Sports event series in

JIPMER SPANDAN '24



Tothir

SPORTS SECRETARY PRIZE SECRETARY PHYSICAL INSTRUCTOR STUDENT ADVISOR DEAN ACADEMIC



JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH
 (An Institution of National Importance under The Ministry of Health and Family Welfare, Govt. of India)



LES YEUX

Certificate of Merit

This is to certify that

Mr./Ms. ROSHAN has
 secured 1st place in LONG JUMP event
 conducted as a part of Sports event series in

JIPMER SPANDAN '24



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J.K. Sai Sree

SPORTS SECRETARY PRIZE SECRETARY PHYSICAL INSTRUCTOR STUDENT ADVISOR DEAN ACADEMIC



JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH
 (An Institution of National Importance under The Ministry of Health and Family Welfare, Govt. of India)



LES YEUX

Certificate of Merit

This is to certify that

Mr./Ms. MEVIN has
 secured 3rd place in MEN'S HOOM event
 conducted as a part of Sports event series in

JIPMER SPANDAN '24



Jothir 

 K. Dinmay
 Pelammungan



SPORTS SECRETARY PRIZE SECRETARY PHYSICAL INSTRUCTOR STUDENT ADVISOR DEAN ACADEMIC



JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH
 (An Institution of National Importance under The Ministry of Health and Family Welfare, Govt. of India)



LES YEUX

Certificate of Merit

This is to certify that

Mr./Ms. ASHMAL MIRSHAD has
 secured 3rd place in MEN'S 1500m event
 conducted as a part of Sports event series in

JIPMER SPANDAN '24



Jothir

[Signature]

[Signature]

[Signature]

[Signature]

SPORTS SECRETARY

PRIZE SECRETARY

PHYSICAL INSTRUCTOR

STUDENT ADVISOR

DEAN ACADEMIC



JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH
 (An Institution of National Importance under The Ministry of Health and Family Welfare, Govt. of India)



LES YEUX

Certificate of Merit

This is to certify that

Mr./Ms. PRAVITHA has
 secured 3rd place in mens 200m event
 conducted as a part of Sports event series in

JIPMER SPANDAN '24



Jothir

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SPORTS SECRETARY

PRIZE SECRETARY

PHYSICAL INSTRUCTOR

STUDENT ADVISOR

DEAN ACADEMIC



JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH
 (An Institution of National Importance under The Ministry of Health and Family Welfare, Govt. of India)



LES YEUX

Certificate of Merit

This is to certify that

Mr./Ms. SIDDARTH P.S has
 secured 1st place in MEN'S 1500 m event
 conducted as a part of Sports event series in

JIPMER SPANDAN '24



Jothir

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SPORTS SECRETARY

PRIZE SECRETARY

PHYSICAL INSTRUCTOR

STUDENT ADVISOR

DEAN ACADEMIC



JAWAHARLAL INSTITUTE OF POSTGRADUATE MEDICAL EDUCATION AND RESEARCH
 (An Institution of National Importance under The Ministry of Health and Family Welfare, Govt. of India)



LES YEUX

Certificate of Merit

This is to certify that

Mr./Ms. PRAVITH has
 secured 1st place in 4x100m relay Men's event
 conducted as a part of Sports event series in

JIPMER SPANDAN '24



Tothir

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[Signature]

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SPORTS SECRETARY

PRIZE SECRETARY

PHYSICAL INSTRUCTOR

STUDENT ADVISOR

DEAN ACADEMIC



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar - 563103

SPORTS DEPARTMENT



Event Report

Name of Event: “**COBALT SKIES-2024**” BANGALORE MEDICAL COLLEGE & RI

Name of Department; **Sports**

SL.NO													
1	Name of the event; “COBALT SKIES - 2024” INTER COLLEGIATE SPORTS & CULTURAL COMPETITIONS												
2	Back ground /Introduction; “COBALT SKIES 2024” INTER COLLEGIATE SPORTS & CULTURAL COMPETITIONS. Bangalore Medical College and Research Institute is one of the Medical Colleges in the country, equipped with the best of the infrastructure, the institution functions with a mission to nature well trainees ethical and competent doctors and provide quality health care services, Feast you eyes on our master piece painted with the sweet and tears of our talented students full of life, zest, joy and emotion.												
3	Venue; “BMCRI , Bangalore Sports Ground”												
4	Sponsors; SDUAHER Sports fund												
5	Inauguration ; The Inauguration of “ COBALT SKIES - 2024 ” INTER COLLEGIATE SPORTS & CULTURAL COMPETITIONS was conducted on 13/11/2024 at 9.30 A.M in the BMCRI College campus.Dr. Ramesh Krishna.K Director and Dean was the Chief Guest, and other Teaching faculties also attended for the function, Mr.Harsha A.S General Secretary, Swarup Raj Varma Cultural Secretary and Nikitha R. Bhut were also attended the function. 1) Introduction of the Teams/Captains/Players 2) Cutting the Tape/Ball 3) Inauguration by doing the Service/ Kicking the Football by Director/Dean,												
6	Speakers/Judges/Chairman/Panel Team; a) Dr. Ramesh Krishna.K Director/Dean, b) Mr. Kumar, Physical Director, c) Mr.Harsha A.S General Secretary, d) Swarup Raj Varma Cultural Secretary and e) Nikitha R. Bhut												
7	Participants & Delegates <table border="1"><tbody><tr><td>Hari Krishnan H</td><td></td></tr><tr><td>Paul Jolly</td><td></td></tr><tr><td>Adil Mushraf A P</td><td></td></tr><tr><td>Sharmil</td><td></td></tr><tr><td>Anandu. M</td><td></td></tr><tr><td>Mohammad Shemeem</td><td></td></tr></tbody></table>	Hari Krishnan H		Paul Jolly		Adil Mushraf A P		Sharmil		Anandu. M		Mohammad Shemeem	
Hari Krishnan H													
Paul Jolly													
Adil Mushraf A P													
Sharmil													
Anandu. M													
Mohammad Shemeem													

	Ashmal Mirshad A.T	
	Siddarth P.S	
	Saidhali Shihab	

8

Awards /Games Won :-

Ist Match

SDUAHER	2--1	KOIMS
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2nd Match

SDUAHER	2--0	Sapthagiri Institute Of Medical Sciences, Bangalore
---------	------	---

3rd Match

SDUAHER	3--1	Ambedkar Dental College, Bangalore
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4th Match

SDUAHER	2--0	Bangalore Medical College & Research Institute, Bangalore B. Team
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Semi Finals Match

SDUAHER	3--1	Bangalore Medical College & Research Institute, Bangalore P.G. Team
---------	------	---

Finals

SDUAHER	SDUMC
---------	-------

Valedictory ;






Dip
Convener
Sports Committee
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 103



GLOBAL SKILLS Sports Certificate

This is to certificate that Mr/Miss ADHIL MUSHARAF A.P.
participated in FUTSAL and got
1st place.

DECATHLON



DR ACADEMY
DO RIGHT FOR GENUINE EDUCATION



Estb. 1996

Harsha A S

Dr. Ramesh Krishna K

Dr. Manoranjan U D

Harsha A S

Varun U S

Dr. Manoranjan U D

Dr. Ramesh Krishna K

Dr. Asima Banu

General Secretary

Sports Secretary

Sports Chairperson

Dean and Director

Principal

BMCRI

BMCRI

BMCRI

BMCRI



GOBALT SIKRIS

Sports Certificate

This is to certificate that Mr/Miss HARIKRISHNAN . H
1st participated in FUTSAL and got
1st place.

DECATHLON

Varun US

General Secretary Sports Secretary
Varun US



Dr. Manoranjan U D

Sports Chairperson
Dr. Manoranjan U D



Dr. Ramesh Krishna K

Dean and Director
Dr. Ramesh Krishna K



Dr. Asima Banu

Principal
Dr. Asima Banu



GOBALT SKILLS

Sports Certificate

This is to certificate that Mr/Miss SHARMIL
participated in FUTSAL and got
1st place.

DECATHLON



DR ACADEMY

DO RIGHT FOR GENUINE EDUCATION



ESTD. 1996

Harsha AS

Varun US

Dr. Ramesh Krishna K

Dr. Asima Banu

General Secretary Sports Secretary

Sports Chairperson

Dean and Director

Principal

BMCRI

BMCRI

BMCRI



GOBAL SKILLS

Sports Certificate

This is to certificate that Mr/Miss SIDHARTH P.S.
participated in FUTSAL and got
1st place.

DECATHLON



DR ACADEMY
DOUGHEST FOR GENUINE EDUCATION



Estd. 1996

Harsha AS

Dr. Manoranjan U D

Harsha AS

Dr. Manoranjan U D

Dr. Asima Banu

General Secretary Sports Secretary

Sports Chairperson

Dean and Director

Principal

BMCRI

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BMCRI



INSIGHTSIAS

GOBALLE SKILLS

Sports Certificate

This is to certificate that Mr/Miss PAUL JOLLY
participated in FUTSAL and got
1st place.

DECATHLON



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Estd. 1996

Varun US

Dr. Ramesh Krishna K

Dr. Manoranjan U D

Harsha A S

Varun US
Sports Secretary

Dr. Manoranjan U D
Sports Chairperson

Dr. Asima Banu
Principal

General Secretary

Dean and Director

Principal

BMCRI

BMCRI

BMCRI



INSIGHTSIAS

GLOBAL SKILLS

Sports Certificate

This is to certificate that Mr/Miss ANANDU. M
participated in FUTSAL and got
1st place.

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Harsha A S

General Secretary

BMCRI

Varun U S

Sports Secretary

BMCRI

Dr. Manoranjan U D

Sports Chairperson

BMCRI

Dr. Ramesh Krishna K

Dean and Director

BMCRI

Dr. Asima Banu

Principal

BMCRI



INSIGHTSIAS

GLOBAL SKILLS

Sports Certificate

This is to certificate that Mr/Miss MOHAMMED SHE MEEM
participated in FUTSAL and got
1st place.

DECATHLON



DR ACADEMY
DOUGHT FOR GENUINE EDUCATION



Estd. 1996

Harsha AS

Varun US

Dr. Manoranjan U D

Harsha AS

Varun US

Dr. Manoranjan U D

Dr. Ramesh Krishna K

Dr. Asima Banu

General Secretary

Sports Secretary

Sports Chairperson

Dean and Director

Principal

BMCRI

BMCRI

BMCRI

BMCRI



INSIGHTSIAS

COBAFEST SKILLS

Sports Certificate

This is to certificate that Mr/Miss JOSSIM SAJI
participated in FUTSAL and got
1st place.

DECATHLON



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Estd. 1996

Varun US

Dr. Ramesh Krishna K

Harsha AS

Harsha AS

Varun US

Dr. Manoranjan U D

Dr. Ramesh Krishna K

Dr. Asima Banu

General Secretary

Sports Secretary

Sports Chairperson

Dean and Director

Principal

BMCRI

BMCRI

BMCRI

BMCRI

BMCRI



INSIGHTSIAS

GOBAL SKILLS

Sports Certificate

This is to certificate that Mr/Miss SAIDHALI SHIHAB participated in FUTSAL and got 1st place.

DECATHLON



DR ACADEMY
DO RIGHT FOR GENUINE EDUCATION



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Harsha A S

General Secretary

BMCRI

Varun US

Sports Secretary

BMCRI

Dr. Manoranjan U D

Sports Chairperson

BMCRI

Dr. Ramesh Krishna K

Dean and Director

BMCRI

Dr. Asima Banu

Principal

BMCRI



Date: 28/02/25

Event Report

Name of Event: ASTRA 2-0 All India Inter Collegiate Allied & health Care
Professions Sports Fest.

Name of Department; **Department of Sports, SDUAHER.**

1.	Level of Event – ASTRA 2-0, All India Inter Collegiate Allied & health Care Professions, Sports Fest.
2.	Background / Introduction: Yenepoya (Deemed University) originated from the Islamic Academy of Education a nonprofit trust founded in 1991 by Dr. Yenepoya Abdulla Kunhi has evolved through the decades serving the education sector of coastal Karnataka. Today the Institution comprises of ten constituent colleges serving over 14000 students. The Institution encompasses 6 campuses in which the main campus is situated in Deralakatte, Mangalore.
3.	Venue: Yenepoya University, Deralakatte, Mangalore.
4.	Sponsors: SDUAHER Sports Funds
5.	Inauguration: The inauguration Ceremony was held on 13 th of May 2024 at 4.30 pm at Soccer Ground, Yenepoya University, Mangalore, with High Tea and was welcomed with Traditional invoked Almighty's blessing through a prayer song by student of the campus. Chief guest, Dr. Vijay Kumar Manavalan, Vice Chancellor, Yenepoya Univeristy, Dr. G Shreekumar Menon Registrar, Yenepoya University, Dr. Sunita Saldanha, Dean, Yenepoya Allied Health Care Professionals. Mr. Sujith, K.V, Organizing Secretary, & Director of Physical Education, Mr. Mohiyuddin Sharfran.S.A. Asst. Professor, YSAHS were present at the ceremony. Vice Chancellor, Chief guest along with Dignitaries Dean proceeded with the ceremony by Lightening the lamp, Vice Chancellor was felicitated with Gold plated momentum. Later the Chief guest gave a motivational speech and encouraged the students to participate more in sports and cultural activities along with the academic activities. The ceremony ended with a Vote of Thanks and the National Anthem.

6.	Panel Team: Team managers: Mr. N. Subramanyam.																																																																								
7.	<p>Participants & Delegates- Number with names: A total of students took part in the Event.</p> <table border="1"> <thead> <tr> <th>Sl.No</th> <th>Name of the Student</th> <th>Semester</th> </tr> </thead> <tbody> <tr><td>01</td><td>Jomon Varghese</td><td>4</td></tr> <tr><td>02</td><td>Hari Krishnan.H</td><td>6</td></tr> <tr><td>03</td><td>Paul Jolly</td><td>4</td></tr> <tr><td>04</td><td>Adil Musharaf A P</td><td>6</td></tr> <tr><td>05</td><td>Sharmil</td><td>6</td></tr> <tr><td>06</td><td>Mohammed Jasheel. P</td><td>Intern</td></tr> <tr><td>07</td><td>Muhammad Salim M</td><td>4</td></tr> <tr><td>08</td><td>Anandu. M</td><td>4</td></tr> <tr><td>09</td><td>Mevin George</td><td>6</td></tr> <tr><td>10</td><td>Nizam. N</td><td>2</td></tr> <tr><td>11</td><td>Mohammad Shemeem</td><td>2</td></tr> <tr><td>12</td><td>Nahas Ali</td><td>2</td></tr> <tr><td>13</td><td>Josin Saji</td><td>2</td></tr> <tr><td>14</td><td>Ashmal Mirshad A T</td><td>Intern</td></tr> <tr><td>15</td><td>Mohammad Junais</td><td>Intern</td></tr> <tr><td>16</td><td>Keerthan Vashishta</td><td>3 (Medical)</td></tr> <tr><td>17</td><td><u>Vinayak Nambiar</u></td><td>5 (Medical)</td></tr> <tr><td>18</td><td>Aditya.C. G</td><td>3 (Medical)</td></tr> <tr><td>19</td><td>Harshith Gowda</td><td>8 (Medical)</td></tr> <tr><td>20</td><td>Abhijith Ronaldo A</td><td>4</td></tr> <tr><td>21</td><td>Rohan Thames Philip</td><td>2</td></tr> <tr><td>22</td><td>Y Brijesh Reddy Yadav</td><td>2</td></tr> <tr><td>23</td><td>Harisudhan. K T</td><td>6</td></tr> </tbody> </table>	Sl.No	Name of the Student	Semester	01	Jomon Varghese	4	02	Hari Krishnan.H	6	03	Paul Jolly	4	04	Adil Musharaf A P	6	05	Sharmil	6	06	Mohammed Jasheel. P	Intern	07	Muhammad Salim M	4	08	Anandu. M	4	09	Mevin George	6	10	Nizam. N	2	11	Mohammad Shemeem	2	12	Nahas Ali	2	13	Josin Saji	2	14	Ashmal Mirshad A T	Intern	15	Mohammad Junais	Intern	16	Keerthan Vashishta	3 (Medical)	17	<u>Vinayak Nambiar</u>	5 (Medical)	18	Aditya.C. G	3 (Medical)	19	Harshith Gowda	8 (Medical)	20	Abhijith Ronaldo A	4	21	Rohan Thames Philip	2	22	Y Brijesh Reddy Yadav	2	23	Harisudhan. K T	6
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8.	<p align="center">Highlights of Events including Photos: All matches played were League/Knockout Basis The Fixtures with their results are as follows</p> <p align="center"><u>Badminton (Men)</u> <u>League Matches</u></p> <p>1) Balaji Allied Health Sciences, Pondicherry V/s SDUAHER Team Score: 0 -- 2 Outcome: SDUAHER WIN</p> <p>2) SDUAHER V/s A.J. Allied Health Sciences Score: 2 -- 0 Outcome: SDUAHER Win</p> <p>3) SDUAHER V/s KMC Mangalore Score: 2 -- 0 Outcome: SDUAHER Win</p> <p align="center"><u>Semifinals</u></p> <p>4) SDUAHER V/s Nitte Allied Health Sciences, Mangalore Score: 2 -- 0 Outcome: SDUAHER Win</p> <p align="center"><u>FINALS</u></p> <p>5) Yenepoya Allied Health Sciences V/S SDUAHER, Kolar</p>																																																																								

Score: 2 - 1
Outcome: SDUAHER Lost & secured Runners



SDUAHER team Collecting Runners up certificate in ASTRA-2-0



Mr. Abhijith Collecting Medals



Mr. Harshith Gowda & Mr. Shambu Collecting Medals



Team Photo with the Chief Guest

FOOTBALL (Men)

The Fixtures with their results

- 1) **Fr. Mullers College of AHS Mangalore V/s SDUAHER Team**
Score: 0 -- 2
Outcome: SDUAHER WIN

- 2) **SDUAHER V/s College of Physiotherapy, Mangalore**
Score: 0 -- 1
Outcome: Lost

- 3) **SDUAHER V/s Kasturba College of AHS, Mangalore**
Score: 1 -- 3
Outcome: Lost



SDUAHER FOOTBALL TEAM IN ASTRA 2-0
At Yenepoya University, Mangalore

FUTSAL (MEN) A Team

- 1) SDUAHER V/s Vivekananda College of Physio, Mangalore
Score: 2 -- 0
Outcome: Won
- 2) SDUAHER V/s Physiotherapy College , Mangalore
Score: 1 -- 2
Outcome: Lost
- Semifinals**
- 3) SDUAHER V/s Yenepoya University, Mangalore
Score: 2 -- 0
Outcome: Lost

FUTSAL (MEN) B Team

- 1) SDUAHER V/s A.J Institute of AHS, Mangalore
Score: 2 -- 0
Outcome: Won
- 2) SDUAHER V/s Nitte College of AHS, Mangalore
Score: 2 -- 0
Outcome: Won
- 3) SDUAHER V/s Yenepoya Allied Health Sciences , Mangalore
Score: 0 -- 2
Outcome: Lost

SEMIFINALS

SDUAHER, Kolar v/s Physiotherapy College, Mangalore
Score: 1 –1

PENALTY

3 –1
Outcome: SDUAHER WIN

FINALS

SDUAHER, Kolar V/S Yenepoya University B Team
Score: 1-3
Outcome :SDUAHER LOST





SDUAHER Futsal Team Runners Up in the ASTRA 2-0 Sports Fest
Held at Yenepoya University , Mangalore


Convener
Sports Committee
Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 103



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH
SRI DEVARAJ URS MEDICAL COLLEGE, TAMAKA, KOLAR
SPORTS DEPARTMENT



Event Report

Name of Event: 13th NITTE ACCOLADES 2025 South India Level Medical/Dental/ Allied Inter Collegiate Sports Fest.

Name of Department; **Department of Sports, SDUAHER.**

1.	Level of Event – 13 th NITTE ACCOLADES 2025 South India Level Medical/ Dental/Allied Inter Collegiate Sports Fest.
2.	Background / Introduction: Nitte Accolades 2025 Sports Fest south India Medical and Dental Inter Collegiate Sports tournament will take place from March 11 th to 14 th at Nitte University, Mangalore. The vision of the University to develop Nitte University as a Centre of Excellence imparting quality education, Generating competent, skilled manpower to face the scientific and social challenges , with a high degree of credibility, Integrity , ethical standards and social concern.
3.	Venue: Nitte University, Deralakatte, Mangalore.
4.	Sponsors: SDUAHER, Tamaka, Kolar
5.	Inauguration: The inauguration Ceremony was held on 11 th March 2025 at 4.30 pm at B.C. Alvas Indoor Stadium, Nitte University, Mangalore, with High Tea and was welcomed with Traditional invoked Almighty's blessing through a prayer song by student of the campus. Chief guest, Dr.Sumalatha R. Shetty, Medical Superintendent, K.S.Hegde Hospital, Guests of Honor,Dr. Sandeep Shetty, Dean, K.S.Hegde Medical Academy, & Dr. Muruali Krishna, Convener, Sports Committee, Nitte University & Dr.Karunakar Shetty, Physical Education Director were present at the ceremony. Later the Chief guest gave a motivational speech and encouraged the students to participate more in sports and cultural activities along with the academic activities. The ceremony ended with a Vote of Thanks.

6.	Panel Team: Team managers: Dr. Eldo George Verkhese, Mr. N. Subramanyam. Mr. Manjunatha. M.E & Dr. Gowra Srinivas.	
7.	Participants & Delegates- Number with names: A total of students took part in the Event.	
	Name of the Students	Semester
Sl.No		
01	Harshith Gowda D G	8 th Term
02	K.Vishwajith	2 nd Term
03	Shambhu.S	6 th Term
04	Rohan Raj.R.S	8 th Term
05	Shreedhara Aditya Sharma	Intern
06	Dr. Eldo Varkey George	Plastic Surgeon
07	Rushika.R	3 rd Term
08	Rakshitha.S	2 nd Term
09	Dr. Preethi Maroti	Intern
10	Teju S. N	3 rd Term
11	Shree	3 rd Term
12	Srusti Desai	9 th Term
13	Nisarga.A.S	7 th Term
14	Sharanya	7 th Term
15	Soundarya	7 th Term
16	Thanu Shree N.L	7 th Term
17	Chinmayee	2 nd Term
18	Poreddy Hemanth Reddy	9 th Term
19	Gowra Srinivas	Intern/CMO
20	Chiraag Gowda H.M	3 rd Term
21	Aditya Ram	3 rd Term
22	Abhay Mohan	2 nd Term
23	Yuva Chitra Kaladhar Reddy	Intern
24	Samarth.S	2 nd Term
25	Dimpu Devaiah.K.M	3 rd Term
26	Somashekhar	7 th Term
27	Raj Darshan	9 th Term
28	N.Subramanyam	Physical Director

8.

Highlights of Events including Photos:

The Fixtures with their results

Badminton (Men)

1) NUCSER, Mangalore V/s SDUMC Team

Score: 0 -- 3

Outcome: SDUAHER Won



League Matches

2) SDUMC V/s NGS MIPS, Mangalore

Score: 3 -- 0

Outcome: Won



Semifinals

3) SDUMC V/s Kanachur Medical College, Mangalore
Score: 3 -- 2
Outcome: Won



Finals

4) SDUMC V/s Kasturba Medical College, Mangalore
Score: 3 -- 1
Outcome: Won
Outcome: SDUMC secured WINNERS



Sri Devaraj Urs Medical College, Men's Badminton Team



BADMINTON MEN RECEIVING WINNERS TROPHY

BADMINTON (Women)

- 1) Yenepoya Dental, Mangalore V/s SDUMC Team
Score: 0 -- 2
Outcome: SDUMC Won**



SEMIFINALS

- 2) **K.S. Hegde Medical Academy, Mangalore V/s SDUMC Team**
Score: 0 -- 2
Outcome: SDUMC Won



FINALS

- 3) **SDUMC Kolar V/s A.J. Institute of Medical Sciences, Mangalore**
Score: 1 -- 2
Outcome: AJIMS Won
Outcome: SDUMC secured RUNNERS





BADMINTON WOMEN RECEIVING RUNNERS TROPHY

TENNIS (Men)

- 1) **SDM Dharwad V/s SDUMC Team**
Score: 2 -- 0
Outcome: SDM Dharwad Won

- 2) **K.M.C. Mangalore V/s SDUMC Team**
Score: 1 -- 2
Outcome: KMC Won

- 3) **Kanachur Institute of Medical Sciences V/S SDUMC, Kolar**
Score: 1 -- 2
Outcome: SDUMC Won

We did not Progress to Next Round

VOLLEYBALL (WOMEN)

- 1) **NGSMIPS. Mangalore V/s SDUMC Team**
Score: 0 -- 2
Outcome: SDUMC Won
- 2) **KS Hegde Medical Academy. Mangalore V/s SDUMC Team**
Score: 0 -- 2
Outcome: SDUMC Won

SEMIFINALS

- 3) **Kasturba Medical College. Mangalore V/s SDUMC Team**
Score: 0 -- 2
Outcome: SDUMC Won

FINALS

- 4) **SDUMC, Kolar V/s NUINS, Mangalore**
Score: 0 -- 2
SDUMC Lost
Outcome: SDUMC secured RUNNERS



VOLLEYBALL WOMEN RECEIVING RUNNERS TROPHY

VOLLEYBALL (MEN)

- 1) Srinivasa Institute of Medical Sciences Mangalore V/s SDUMC Team
Score: 0 -- 2
Outcome: SDUMC Won
- 2) Hassan Institute of Medical Sciences, Hassan, V/s SDUMC Team
Score: 2 -- 0
Outcome: SDUMC lost
- 3) Poynachi Dental College. Mangalore V/s SDUMC Team
Score: 0 -- 2
Outcome: SDUMC Won

QUARTER FINALS

- 4) SDUMC, Kolar V/s Kanachur Medical College, Mangalore
Score: 1 -- 2
SDUMC Lost
Outcome: Kanachur Medical College, Won



[Signature]
Convener
Sports Committee

Sri Devaraj Urs Medical College
Tamaka, Kolar - 563 103



(Deemed to be University)

Where there is space for every dream

13th NITTE ACCOLADES - 2025

(South India level Medical & Dental Inter collegiate sports tournament)

CERTIFICATE OF MERIT

This is to certify that **Shreedhara Aditya Sharma**
representing..... **SDUMC - KOLAR**.....
has secured **Winners/Runner-up / Participated in**..... **BADMINTON**..... tournament

held from 11th to 14th March 2025.

Prof. Dr. Harsha Halahalli

Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V

Deputy Director of Sports

Dr. Karunakar Shetty

Physical Education Director



13th NITTE ACCOLADES - 2025
(South India level Medical & Dental Inter collegiate sports tournament)

CERTIFICATE OF MERIT

This is to certify that **Rohan Ray, R.S.**
representing..... **SDUMC - K.O.L.A.R.**
has secured **Winners/Runnerup / Participated in**..... **BAD.MINTON**..... tournament
held from **11th to 14th March 2025.**

Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V
Deputy Director of Sports

Dr. Karunakar Shetty
Physical Education Director



13th NITTE ACCOLADES - 2025
(South India level Medical & Dental Inter collegiate sports tournament)

CERTIFICATE OF MERIT

This is to certify that **Shambhu. S.**
representing **S.D.V.M.C.-KOLAR**
has secured **Winners/Runnerup /Participated** in **BADMINTON** tournament
held from **11th to 14th March 2025**.


Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)


Dr. Murali Krishna V
Deputy Director of Sports


Dr. Karunakar Shetty
Physical Education Director



13th NITTE ACCOLADES - 2025
(South India level Medical & Dental Inter collegiate sports tournament)

CERTIFICATE OF MERIT

This is to certify that **K. Vignwajith**
representing **SDUMC - KOLAR**
has secured Winners/Runner-up /Participated in **BADMINTON** tournament

held from 11th to 14th March 2025.

Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V
Deputy Director of Sports

Dr. Karunakar Shetty
Physical Education Director



13th NITTE ACCOLADES - 2025
(South India level Medical & Dental Inter collegiate sports tournament)

CERTIFICATE OF MERIT

This is to certify that Harshith Gowda. D.G.
representing SDUMC - KOLAR
has secured ~~Winner~~ / Participated in BADMINTON tournament
held from 11th to 14th March 2025.

Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V
Deputy Director of Sports

Dr. Karunakar Shetty
Physical Education Director



NITTE

(Deemed to be University)

Where there is space for every dream

13th NITTE ACCOLADES - 2025

(South India level Medical & Dental Inter collegiate sports tournament)



This is to certify that **RAKSHITHA**

representing..... **SDVMC.....KOLAR**

has secured **Winners/Runner up /Participated in.....BADMINTON.....** tournament

held from 11th to 14th March 2025.

Prof. Dr. Harsha Halahalli

Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V

Deputy Director of Sports

Dr. Karunakar Shetty

Physical Education Director



NITTE

(Deemed to be University)
Where there is space for every dream

13th NITTE ACCOLADES - 2025
(South India level Medical & Dental Inter collegiate sports tournament)



This is to certify that **RUSHIKA**
representing **SDUMC. KOLAR**
has secured **Winners/Runner up** /Participated in **BAD MINTON** tournament
held from 11th to 14th March 2025.

Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V
Deputy Director of Sports

Dr. Karunakar Shetty
Physical Education Director



13th NITTE ACCOLADES - 2025

(South India level Medical & Dental Inter collegiate sports tournament)

CERTIFICATE OF MERIT

This is to certify that **PREETI MAROTHI**.....
representing..... **SDVMC KOLAR**.....
has secured Winners/Runner up /Participated in..... **VOLLEYBALL**.....tournament

held from 11th to 14th March 2025.

Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V
Deputy Director of Sports

Dr. Karunakar Shetty
Physical Education Director



NITTE

(Deemed to be University)

Where there is space for every dream

13th NITTE ACCOLADES - 2025

(South India level Medical & Dental Inter collegiate sports tournament)



This is to certify that **SRUSTI RAVINDRA DESAI**

representing **SDUMC - KOLAR**

has secured Winners/Runner up /Participated in **VOLLEYBALL** tournament

held from 11th to 14th March 2025.

Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V
Deputy Director of Sports

Dr. Karunakar Shetty
Physical Education Director



NITTE

(Deemed to be University)

Where there is space for every dream

13th NITTE ACCOLADES - 2025

(South India level Medical & Dental Inter collegiate sports tournament)



This is to certify that **NISARGA .A. S**

representing..... **SDUMC KOLAR**

has secured Winners/Runner up /Participated in..... **VOLLEYBALL**.....tournament

held from 11th to 14th March 2025.

Prof. Dr. Harsha Halahalli

Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V

Deputy Director of Sports

Dr. Karunakar Shetty

Physical Education Director



13th NITTE ACCOLADES - 2025
(South India level Medical & Dental Inter collegiate sports tournament)

CERTIFICATE OF MERIT

This is to certify that **SHARANYA P.**
representing **SDUMC - KOLAR**
has secured Winners/Runner up /Participated in **VOLLEYBALL** tournament
held from 11th to 14th March 2025.


Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)


Dr. Karunakar Shetty
Physical Education Director



13th NITTE ACCOLADES - 2025
(South India level Medical & Dental Inter collegiate sports tournament)

CERTIFICATE OF MERIT

This is to certify that **SOUNDARYA.....J**.....
representing..... **SDUMC - KOLAR**.....
has secured Winners/Runner up /Participated in..... **VOLLEYBALL**.....tournament
held from 11th to 14th March 2025.

Harsha
Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V
Dr. Murali Krishna V
Deputy Director of Sports

Dr. Karunakar Shetty
Dr. Karunakar Shetty
Physical Education Director



13th NITTE ACCOLADES - 2025
(South India level Medical & Dental Inter collegiate sports tournament)

CERTIFICATE OF MERIT

This is to certify that **THANUSHREE . N . L**
representing..... **SDVMC - KOLAR**
has secured Winners/Runnerup /Participated in..... **VOLLEYBALL**tournament
held from 11th to 14th March 2025.

Harsha
Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)

Murali Krishna V
Dr. Murali Krishna V
Deputy Director of Sports

Karunakar Shetty
Dr. Karunakar Shetty
Physical Education Director



13th NITTE ACCOLADES - 2025

(South India level Medical & Dental Inter collegiate sports tournament)

CERTIFICATE OF MERIT

This is to certify that **TEJU . SN**
representing..... **SDUMC - KOLAR**
has secured Winners/Runner up /Participated in..... **VOLLEYBALL**..... tournament
held from 11th to 14th March 2025.

Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V
Deputy Director of Sports

Dr. Karunakar Shetty
Physical Education Director



13th NITTE ACCOLADES - 2025
(South India level Medical & Dental Inter collegiate sports tournament)

CERTIFICATE OF MERIT

This is to certify that **SHREE . M. GOWDA**
representing..... **SDVMC - KOLAR**
has secured Winners/Runner up /Participated in..... **VOLLEYBALL**.....tournament

held from 11th to 14th March 2025.

Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V
Deputy Director of Sports

Dr. Karunakar Shetty
Physical Education Director



NITTE

(Deemed to be University)

Where there is space for every dream

13th NITTE ACCOLADES - 2025

(South India level Medical & Dental Inter collegiate sports tournament)



CERTIFICATE OF MERIT

This is to certify that **CHINMAYI DEVI** **N.R**
representing **SDUMC - KOLAR**
has secured Winners/Runner up /Participated in **VOLLEYBALL** tournament
held from 11th to 14th March 2025.

Prof. Dr. Harsha Halahalli
Registrar, (Nitte Deemed to be University)

Dr. Murali Krishna V
Deputy Director of Sports

Dr. Karunakar Shetty
Physical Education Director

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH SRI DEVARAJ URS MEDICAL COLLEGE, TAMAKA, KOLAR	
	SPORTS DEPARTMENT	

Event Report

Name of Event: **"INVICTUS-2025" SPORTS FEST**

Name of Department; **SPORTS**

SL.NO																																	
1	Name of the event; <u>"INVICTUS-2025" ANNUAL INTER MEDICAL INTER COLLEGIATE SPORTS FEST,</u>																																
2	<p>Back ground /Introduction; An Inter Medical Inter Collegiate Sports Fest, held from 8th to 14th April-2025 at Kasturba Medical College, Manipal, Udupi.,</p> <p>The Inter collegiate Fest of Kasturba Medical College is providing a massive spotlight for a multitude of sporting events such as Athletics, Football, Volleyball, Basketball, Swimming & Cricket etc. Invictus has always provided its participants with the chance to create lasting memories and lifelong friendship.</p> <p>A total of 7 teams of 6 Events which included Volleyball Women, Basketball Men, Football Men, Cricket Men, Swimming Men & Women, Badminton Men & Mixed teams participated in the Fest.</p>																																
3	Venue; Kasturba Medical College, Manipal, Udupi,																																
4	Sponsors; SDUAHER Sports Fund																																
5	Inauguration: the Inauguration of KMC "INVICTUS-2025" was done by Dr.Sharath Rao, Pro Vice-Chancellor & Dr Padmaraj Hegde, Dean & Mr. Deepak, PED on 8 th April at Kasturba Medical College, Manipal, Udupi.																																
6	Speakers/Judges/Chairman/Panel Team; 1. Dr. Pradeep T S – Associate Professor, Community Medicine 2. Mr. Manjunatha M E – Physical Instructor, SDUAHER																																
7	<p>Participants & Delegates in Number;- 06 Teams (62 Members)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <th colspan="2" style="text-align: center; color: red;">Volleyball (Women)</th> </tr> <tr><td>Preethi Marothi</td><td>Intern</td></tr> <tr><td>Amisha Dhaka</td><td>Intern</td></tr> <tr><td>Shruti Gupta</td><td>Intern</td></tr> <tr><td>Aarohi Rohila</td><td>Intern</td></tr> <tr><td>Angela Mathew</td><td>Intern</td></tr> <tr><td>Monisha Verma</td><td>Intern</td></tr> <tr><td>Bhavika</td><td>Intern</td></tr> <tr><td>Shrusti Desai</td><td>9th Term</td></tr> <tr><td>Soundharya J</td><td>7th Term</td></tr> <tr><td>Thanushree N.L</td><td>3rd Term</td></tr> <tr><td>Nisarga A.S</td><td>3rd Term</td></tr> <tr><td>Teju S.N</td><td>3rd Term</td></tr> <tr> <th colspan="2" style="text-align: center; color: red;">Badminton (Men & Women)</th> </tr> <tr><td>Harshith Gowda D G</td><td>8th Term</td></tr> <tr><td>Shambhu.S</td><td>6th Term</td></tr> </table>	Volleyball (Women)		Preethi Marothi	Intern	Amisha Dhaka	Intern	Shruti Gupta	Intern	Aarohi Rohila	Intern	Angela Mathew	Intern	Monisha Verma	Intern	Bhavika	Intern	Shrusti Desai	9 th Term	Soundharya J	7 th Term	Thanushree N.L	3 rd Term	Nisarga A.S	3 rd Term	Teju S.N	3 rd Term	Badminton (Men & Women)		Harshith Gowda D G	8 th Term	Shambhu.S	6 th Term
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Rohan Raj.R.S	8 th Term
Shreedhara Aditya Sharma	Intern
Srujan K	5 th term
Rushika	3 rd Term

Football (Men)

Jayanshu Goyal	Intern
Akhil Balakrishnan	9 th Term
Sparsh Sudeep	9 th Term
Bhavya Mitra	9 th Term
Utkarsh Patak	9 th Term
Vinayak Nambiar	7 th Term
Ritvik Sathish	7 th Term
Bhuvan.S	7 th Term
Aryan Sharma	7 th Term
T.S.Ashwin	7 th Term
Aditya C.G	3 rd Term
Hasith Gokula	3 rd Term
Bana Bharath Reddy	3 rd Term
M.Ashraf	3 rd Term
Aryan Sonilal	2 nd Term
Mayur. C.J	7 th Term

Cricket (Men)

Dr.Ajay Reddy	P.G Student (Ortho)
Akshay Alok	Intern
Pranav Lathwal	Intern
Satender Dalal	Intern
Pankaj Mrinal Singh	7 th Term
Nishanth Yadav	9 th Term
Pranav Manoj	8 th Term
Mayur C.J	5 th Term
Aditya Aski	5 th Term
Somashekhar	5 th Term
Pranav Mishra	5 th Term
Sahil Deshmukh	3 rd Term
Sanjay Kumar	3 rd Term
Ayan Doddmani	2 nd Term
Vivek Vaibhav	2 nd Term

Basketball (Men)

Aditya Sharma	Intern
Shrey Ahlavat	Intern
Rishabh Singh	Intern
Satwik Sharma	Intern
Chandan Gowda	Intern
Hardik Gahlwat	7 th Term
Vivek S	7 th Term
Dheemanth T B	7 th Term
Nishanth Gowda	2 nd Term
Harsha Nanda B N	2 nd Term

Swimming (Women)	
Kruthi M	2 nd Term
Trisha	2 nd Term
Swimming (Men)	
Ajith Bhujangarao Thorat	9 th Term
Harsh Sharma	7 th Term
Harshith Gowda	9 th Term
Hardik Gahlwat	7 th Term
Bhavya Mitra	9 th Term
Taksh S	7 th Term
Athletics (Men)	
Hasith Gokula	3 rd Term

8

Awards /Prizes ;- Highlights of Events including Photos;
All matches played League/Knockout Basis

➤ **VOLLEYBALL (WOMEN)**

A total of 09 teams in 2 pools participated in the Event and all teams played against each other in the league phase and 2 teams in each pool qualified for quarterfinals. Each other toppers of knockout phase played Semifinals & finals.

01) Sri Devaraj Urs Medical College, Kolar V/s Army Force Medical College

Result: SDUMC WON 2-1 Sets

02) Sri Devaraj Urs Medical College, Kolar V/s KMC, Mangalore

Result: SDUMC WON 2-1 Sets

03) Sri Devaraj Urs Medical College, Kolar V/s KIMS, Mangalore

Result: SDUMC WON 2-0 Sets

(QUARTER-FINAL)

04) Sri Devaraj Urs Medical College, Kolar V/s KSHEMA, Mangalore

Result: SDUMC WON 2-0 Sets



Sri Devaraj Urs Medical College, Kolar V/s KSHEMA, Mangalore



(SEMI-FINAL)

05) Sri Devaraj Urs Medical College, Kolar V/s AJIMS, Mangalore

Result: SDUMC WON 2-0 Sets



Sri Devaraj Urs Medical College, Kolar V/s AJIMS, Mangalore

(FINALS)

06) Sri Devaraj Urs Medical College, Kolar V/s K M C, Manpal

Result: SDUMC WON 2-0 Sets



Volleyball (Women's) Team were the Champions in the "INVICTUS-2025" Sports Fest KMC, Manpal

➤ CRICKET (MEN)

A total of 26 teams participated in the Event and all teams played against each other in the league phase in each the 4 pools and 2 teams in each pool qualified for Quarterfinals & lost Semifinal against AFMC and did not make it to Finals.

01) Sri Devaraj Urs Medical College, Kolar V/s A B Vajpayee Medical College

Result: SDUMC Won by 6 Wickets

02) Sri Devaraj Urs Medical College, Kolar V/s M S Ramaiah Medical College

Result: SDUMC Won by 6 Wickets

03) Sri Devaraj Urs Medical College, Kolar V/s M G M C R I College

Result: SDUMC Won by 84 Runs

QUARTER FINALS

04) Sri Devaraj Urs Medical College, Kolar V/s Yenapoya Medical College, Mangalore

Result: SDUMC Won by 6 Wickets

SEMI FINALS

05) Sri Devaraj Urs Medical College, Kolar V/s Army Forced Medical College, Mangalore

Result: SDUMC Lost by 6 Wickets 96 Runs



➤ FOOTBALL (MEN)

A total of 20 teams participated in the Event and all teams played against each other in the league phase in each the 4 pools and 2 teams in each pool qualified for Quarterfinals. In league phase we lost 4 matches as below the teams:-

01) Sri Devaraj Urs Medical College, Kolar V/s S D M College

Result: SDUMC Lost by 0-2 Goals

02) Sri Devaraj Urs Medical College, Kolar V/s B M Patil

Result: SDUMC Lost by 1-8 Goals

03) Sri Devaraj Urs Medical College, Kolar V/s K M C Mangalore

Result: SDUMC Lost by 1-2 Goals

04) Sri Devaraj Urs Medical College, Kolar V/s J N M C

Result: SDUMC Lost by 1-2 Goals



Sri Devaraj Urs Medical College Football Team

➤ BASKETBALL (MEN)

A total of 26 teams participated in the Event and all teams played against each other in the league phase in each the 6 pools and Top 1 of each pool will go through to the Quarterfinals directly. Basketball team won 2 matches against JNMC & AJIMS and Lost 2 matches against KMC Mangalore & AIMS did not Qualify for Quarterfinals.

In league phase we lost 2 matches as below the teams:-

01) Sri Devaraj Urs Medical College,Kolar V/s J N M C

Result: SDUMC Won by 38-28



Sri Devaraj Urs Medical College, Kolar V/s J N M C



02) Sri Devaraj Urs Medical College,Kolar V/s K M C Mangalore

Result: SDUMC Lost by 29-31

03) Sri Devaraj Urs Medical College,Kolar V/s A J I M S

Result: SDUMC Won by 27-21

04) Sri Devaraj Urs Medical College,Kolar V/s A I M S

Result: SDUMC Lost by 31-32



Sri Devaraj Urs Medical College Basketball Team

➤ BADMINTON (MEN)

The Fixtures with their results

Badminton (Men)

1) AJMC V/s SDUMC Team

Score: 2 -- 3

Outcome: SDUAHER Won

2) DMC V/s SDUMC Team

Score: 0 -- 3

Outcome: SDUAHER Won

3) AMC V/s SDUMC Team

Score: 0 -- 3

Outcome: SDUAHER Won

Quarter Final

4) YENOPOYA V/s SDUMC Team

Score: 3 --1

Outcome: SDUAHER LOST

A team of 4 took part in Badminton Singles & Doubles and did not proceed to Semifinals



➤ **BADMINTON (MIXED)**

A team of 2 took part in Badminton Mixed Doubles and did not proceed to Semifinals

Badminton (Mixed)

- 1) KIMS V/s SDUMC Team
Score: 22 -- 30
Outcome: SDUAHER Won
- 2) KMC V/s SDUMC Team
Score: 2 -- 1
Outcome: SDUAHER Lost

➤ **SWIMMING (MEN & WOMEN)**

A Contingent of 5 Boys and 2 Girls took part in individual & Team Events in Swimming. They took part in 3 Relay & 12 Individual Events

A total of 5 Medals were Bagged by the SDUMC Contingent in 4 Events. The details of the Medals Won & Event Participated are mentioned Below:-

INDIVIDUAL EVENTS

Sl No	Name of the Participant	Name of the Event (Event)	Position
01	Taksh.S	25 Meter Backstroke	Gold
02		50 Meter Backstroke	Silver
03		100 Meter Backstroke	Silver
04		25 Meter Breaststroke	--
05		50 Meter Breaststroke	--
01	Harsh	50 Meter Butterfly	--
02		100 Meter Butterfly	--

01	Bhavya Mithra	400 Meter Freestyle	--
01	Trisha	25 Meter Freestyle	--
02		50 Meter Freestyle	--
01	Kruthi	25 Meter Freestyle	--
02		50 Meter Freestyle	--
03		25 Meter Breaststroke	--
04		50 Meter Breaststroke	--

RELAY EVENTS

Sl No	Name of the Event (Event)	Name of the Participant	Position
01	4x25 Meter Medley	Harsh	Bronze
02		Taksh.S	
03		Bhavya Mithra	
04		Harshith Gowda	

01	4x50 Meter Medley	Harsh	--
02		Taksh.S	
03		Bhavya Mithra	
04		Harshith Gowda	

01	4x25 Meter Freestyle	Harsh	--
02		Taksh.S	
03		Bhavya Mithra	
04		Hardik	

01	4x50 Meter Freestyle	Harsh	--
02		Taksh.S	
03		Bhavya Mithra	
04		Hardik	

01	4x100 Meter Freestyle	Harsh	--
02		Taksh.S	
03		Bhavya Mithra	
04		Hardik	

MIXED RELAY EVENTS

01	4x50 Meter Freestyle	Harsh	--
02		Taksh.S	
03		Kruthi	
04		Trisha	

01	4x50 Meter Medley	Harsh	--
02		Taksh.S	
03		Kruthi	
04		Trisha	

The following were the Medals won in Swimming Events

SL NO	Name of the Event	Name of the Participant	Medals Won
01	25 Meter Backstroke	Taksh.S	Gold
02	50 Meter Backstroke	Taksh	Silver
03	100 Meter Backstroke	Taksh	Silver
04	4 x 25 Meter Medley Relay	1) Taksh S 2) Harsh Sharma 3) Harshith Gowda 4) Bhavya Mitra	Bronze

➤ SWIMMING (MEN & WOMEN)



50 Meter Free Style for Women



50 Meter Free Style for Men



Mr.Taksh Receiving Gold Medal in 25 Meter Backstroke



Swimming team was received Bronze Medal in 4 x 25 Meter Medley Relay



Mr. Taksh Receiving Silver Medal in 50 & 100 Meter Backstroke



Volleyball (Women's) Team were the Champions in the "INVICTUS-2025" Sports Fest KMC Manipal

➤ Athletics (MEN)

A Single Athlete Participate in Track & Field Events. The details of the Medal Won & Event Participated are mentioned Below:-

Sl No	Name of the Participant	Name of the Event (Track & Field Event)	Position
01	HASITH GOGULA	100 Meter Sprint	IV Place
02		Long Jump	IV Place
03		Triple Jump	II Pace



Mr. Hasith Gogula won Silver Medal in Triple Jump (Field Event) in Athletics



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Taksh

REPRESENTING SDUMC POSITION IN THE EVENT
FOR SECURING 3rd CONDUCTED AS
4 x 25 m Medley relay (boys)
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Padmaraj

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



KASTURBA MEDICAL COLLEGE

MANIPAL

(A commitment and a quest for excellence)



KMC
STUDENT
COUNCIL

CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Harshit

REPRESENTING SDUMC
FOR SECURING 3rd POSITION IN THE EVENT
4 x 25 m Medley Relay (boys) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Harsh

REPRESENTING SDUMC _____ POSITION IN THE EVENT
FOR SECURING 3rd _____ CONDUCTED AS
4 x 25m Medley relay (boys)
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Padmaraj

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Bhavya

REPRESENTING SDUMC
FOR SECURING 3rd POSITION IN THE EVENT
4 x 25m Medley - relay (boys) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Dr. Padmaraj Hegde

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Dr. Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Dr. Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL

CERTIFICATE OF MERIT

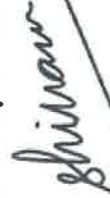
THIS CERTIFICATE IS PROUDLY PRESENTED TO

Taksh

REPRESENTING Sri Dwaraj Vns Academy of Higher Education and Research
FOR SECURING 1st POSITION IN THE EVENT
- 25m Backstroke - CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.



ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL



SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL



DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL



DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL



DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

TAKSH

REPRESENTING Sri Devaraj Urs Medical College
FOR SECURING 2nd POSITION IN THE EVENT
50m Backstroke CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Dr. Padmaraj Hegde

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Dr. Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Dr. Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

TAKSH

REPRESENTING Sri Devaraj Urs Medical College
FOR SECURING 2nd POSITION IN THE EVENT
100m Backstroke CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Dr. Padmaraj Hegde

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Dr. Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Dr. Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

NASITH

REPRESENTING S DVMC
FOR SECURING II POSITION IN THE EVENT
TRIPLE JUMP (ATHLETICS) - INVICTUS' 25 CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Dr. Padmaraj Hegde

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Dr. Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Dr. Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Preethi Marothi

REPRESENTING Sri Devaraj Urs Medical College, Kolar
FOR SECURING 1st Position IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Padmaraj

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Amisha Dhaka

REPRESENTING Sri Devaraj Urs Medical College, Kolar
FOR SECURING First POSITION IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Manipal

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Bhavika

REPRESENTING *Sri Devaraj Urs Medical College, Kolar.*
FOR SECURING *First* POSITION IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL



DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Thamshree N.L.

REPRESENTING *Sri Devanjy URS Medical College, Kolar*
FOR SECURING *First* POSITION IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL



DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Sanchaya J.

REPRESENTING *Sri Devraj RS Medical College, Kolar*
FOR SECURING *First* POSITION IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Padmaraj

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Shruasti Desai

REPRESENTING *Sri Devaraj Urs Medical College, Kolar*
FOR SECURING *1st* POSITION IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Padmaraj

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Monisha Verma

REPRESENTING *Sri Devaraj Urs Medical College, Kolar*
FOR SECURING *First* POSITION IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Padmaraj Hegde

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Angela Mathew

REPRESENTING *Sri Devaraj Urs Medical College, Kolar*
FOR SECURING *First* POSITION IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Manipal

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Anurag Rohela

REPRESENTING *Sri Dewraj Urs Medical College, Kolar*
FOR SECURING *1st* POSITION IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Padmaraj

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Shruti Gupta

REPRESENTING Sri Devaraj Urs Medical College, Kolar
FOR SECURING First POSITION IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Padmaraj

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Teju S.N.

REPRESENTING *Sri Devaraj Urs Medical College, Kolar*
FOR SECURING *First* POSITION IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Padmaraj

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



CERTIFICATE OF MERIT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Dr. Nisarga A.S

REPRESENTING *Sri Devaraj Urs Medical College, Kolar*
FOR SECURING *First* POSITION IN THE EVENT
Volleyball (Women) CONDUCTED AS
A PART OF INVICTUS, THE INTERCOLLEGIATE FEST OF KMC
MANIPAL, HELD IN APRIL 2025.

Arundhati

ARUNDHATI KULSHRESHTHA
PRESIDENT, STUDENT COUNCIL

Shivam

SHIVAM MEHRA
SPORTS SECRETARY, STUDENT COUNCIL

Padmaraj

DR. PADMARAJ HEGDE
DEAN, KMC MANIPAL

Arvind Pandey

DR. ARVIND PANDEY
FACULTY ADVISOR, STUDENT COUNCIL

Vinod Nayak

DR. VINOD NAYAK
FACULTY ADVISOR, STUDENT COUNCIL



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar - 563103

SPORTS DEPARTMENT



Event Report

Name of Event: **"SILHOUETTES & AIIMBT-2025" SPORTS FEST, PUNE**

Name of Department; **SPORTS**

SL.NO																									
1	Name of the event; "SILHOUETTES & AIIMBT-2025" An Inter Medical Inter Collegiate Sports Fest was held from 7 th to 11 th May 2025 at Armed Forces Medical College, Pune,																								
2	Back ground /Introduction; Every year "SILHOUETTES & AIIMBT" an Inter Medical Inter Collegiate Sports & Cultural Competitions is being conducted in the month of May in the all-academic years. Millions of light years from here we questioned where are we! We find that we live on an insignificant planet of a humdrum star last in a galaxy tucked away in some forgotten corner of the universe. Hop on board as our hitchhikers guide you through our fest Silouettes2025; a space odyssey.																								
3	Venue; Armed Forces Medical College, Pune,																								
4	Sponsors; SDUAHER																								
5	Inauguration ;																								
6	Speakers/Judges/Chairman/Panel Team; Team manager:- Mr. Manjunatha M E - Instructor, SDUAHER																								
7	Participants & Delegates in Number = 04 Teams (21 Members) Volleyball (Women) <table border="1"><tbody><tr><td>Preethi Marothi</td><td>Intern</td></tr><tr><td>Amisha Dhaka</td><td>Intern</td></tr><tr><td>Shruti Gupta</td><td>Intern</td></tr><tr><td>Aarohi Rohila</td><td>Intern</td></tr><tr><td>Angela Mathew</td><td>Intern</td></tr><tr><td>Monisha Verma</td><td>Intern</td></tr><tr><td>Bhavika</td><td>Intern</td></tr><tr><td>Shrusti Desai</td><td>9th Term</td></tr><tr><td>Soundharya J</td><td>7th Term</td></tr><tr><td>Aradhana</td><td>4th Term</td></tr><tr><td>Varshini</td><td>2nd Term</td></tr><tr><td>Kavya Cheritha</td><td>Intern</td></tr></tbody></table>	Preethi Marothi	Intern	Amisha Dhaka	Intern	Shruti Gupta	Intern	Aarohi Rohila	Intern	Angela Mathew	Intern	Monisha Verma	Intern	Bhavika	Intern	Shrusti Desai	9 th Term	Soundharya J	7 th Term	Aradhana	4 th Term	Varshini	2 nd Term	Kavya Cheritha	Intern
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Varshini	2 nd Term																								
Kavya Cheritha	Intern																								

Swimming (Men)	
Harshith Gowda	9 th Term
Bhavya Mitra	9 th Term
Harsh Sharma	7 th Term
Taksh S	7 th Term
Hardik Gahlwat	7 th Term
Athletics (Men)	
Harshith Gowda	9 th Term
Roshin Itty Varghese	7 th Sem
Mevin George	7 th Sem
Sidharth.P.S	6 th Sem
Pravith Prasd	6 th Sem
Badminton (Men)	
Harshith Gowda	9 th Term

Total 21 Members

8

Awards /Prizes:

Highlights of Events including Photos:

➤ **VOLLEYBALL (WOMEN)**

A total of 16 teams in 4 pools participated in the Event and all the teams played against 4 teams in their respective Pool in the league phase and one team which topped each pool Progressed to Semifinals.

First Match

01) Sri Devaraj Urs Medical College, Kolar V/s VGDM College

Result: SDUMC WON 2-0 Sets



Second Match

02) Sri Devaraj Urs Medical College, Kolar V/s MIT College

Result: SDUMC LOST 1-2 Sets



Third Match

03) Sri Devaraj Urs Medical College, Kolar V/s GMC, Nagapur

Result: SDUMC WON by WALKOVER



Fourth Match

04) Sri Devaraj Urs Medical College, Kolar V/s MIT College

Result: SDUMC WON 2-0 Sets



Volleyball Girls did not Progress to Semifinals as team ended up Second in the League Phase.

➤ BADMINTON (MEN)

Harsith Gowda took part in Badminton Singles Event

The Fixtures with their results

Badminton (Men) Singles

1) SDUMC Team V/s AFMC

Score: 15 - 01

Outcome: SDUMC Won

2) SDUMC Team V/s PIMS

Score: 15 - 12

Outcome: SDUMC Won

3) SDUMC Team V/s SVKMPGCL

Score: 15 - 09

Outcome: SDUMC Won



Pre Quarter Final

4) SDUMC Team V/s KMC Mangalore

Score: 21 - 14

Outcome: SDUMC Won

Quarter Final

5) JSSMC V/s SDUMC Team

Score: 21 - 14

Outcome: SDUMC Lost



➤ SWIMMING (MEN)

A Contingent of 5 Boys took part in individual & Team Events in Swimming. They took part in 4 Relay & 11 Individual Events

A total of 6 Medals were Bagged by the SDUMC Contingent in 8 Events. The details of the Medals Won & Event Participated are mentioned Below:-

INDIVIDUAL EVENTS

Sl No	Name of the Participant	Name of the Event (Event)	Position
01	Taksh.S	25 Meter Backstroke	--
02		50 Meter Backstroke	Silver
03		100 Meter Backstroke	--
04		25 Meter Butterfly	Bronze
05		50 Meter Butterfly	Silver
06		100 Meter Individual Medley	Bronze
01	Harsh	50 Meter Butterfly	--
02		100 Meter Butterfly	--
01	Bhavya Mithra	400 Meter Freestyle	--



50 Meter Butterfly



25 Meter Butterfly



100 Meter Individual Medley

RELAY EVENTS

Sl No	Name of the Event (Event)	Name of the Participant	Position
01	4x25 Meter Medley	Harsh	--
02		Taksh.S	
03		Bhavya Mithra	
04		Harshith Gowda	

01	4x50 Meter Medley	Harsh	Silver
02		Taksh.S	
03		Bhavya Mithra	
04		Harshith Gowda	

01	4x50 Meter Freestyle Relay	Harsh	Silver
02		Taksh.S	
03		Bhavya Mithra	
04		Hardik Gahlwat	

01	4x100 Meter Freestyle Relay	Harsh	--
02		Taksh.S	
03		Bhavya Mithra	
04		Hardik Hardik Gahlwat	



4x50 Meter Medley



4x50 Meter Freestyle Relay

The following were the Medals won in Swimming Events

SL NO	Name of the Event	Name of the Participant	Medals Won
01	50 Meter Butterfly	Taksh	Silver
02	50 Meter Backstroke	Taksh	Silver
03	100 Meter Individual Medley	Taksh	Bronze
04	25 Meter Butterfly	Taksh.S	Bronze
05	4 x 50 Meter Medley Relay	1) Taksh S 2) Harsh Sharma 3) Harshith Gowda 4) Bhavya Mitra	Silver
06	4 x 50 Meter Freestyle Relay	1) Taksh S 2) Harsh Sharma 3) Hardik Gahlwat 4) Bhavya Mitra	Silver

➤ Athletics (MEN)

A Contingent of 6 Boys took part in individual & Team Events in Track & Field Events.

The details of the Medals Won are mentioned Below:-

Sl No	Name of the Participant	Name of the Event (Track & Field Event)	Position
01	Mr. Siddarth.P.S	800 Meter Running	Gold
02	Mr. Mevin George	High Jump	Gold
03		Triple Jump	Silver
04	Mr. Harshith Gowda	Discuss Throw	Silver
05	Mr.RoshinItty Varghese	High Jump	Bronze
06	Siddarth.P.S Mevin George RoshinItty Varghese Pravith Prasd	4x400 Meter Relay	Silver



Discuss Throw



4x400 Meter Relay



Swimming Team of Sri Devaraj Urs Medical College

9

Valedictory:

Prizes were given for all the winners by the Chief Guest in the Valedictory Function on 11th May at AFMC campus in the evening.



4 x 50 Meter Freestyle Relay



4 x 50 Meter Medley Relay



50 Meter Butterfly



50 Meter Backstroke



Discus Throw – Silver Medal



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STUHO JETTES & AIMBI 2025

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CYRUS POONAWALLA GROUP



POWERED BY



Indian Overseas Bank

Certificate of Merit

This is to certify that

✓ Mr/Ms TAKSH

of SDUMC

Competed in 50M BACKSTROKE BOYS and secured 2nd

GIRIRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt. Col
Officer-in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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STUHO EVENTS AII MB 2025

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Giant Medical Foundation
Ruby Hall Clinic



Indian Overseas Bank

Certificate of Merit

This is to certify that

Mr/Ms TAKSH

of SDMC

Competed in 100 M INDIVIDUAL MELEY BOYS and Secured 3rd


GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant


PANKAJ DAS

Lt Col
Officer-in-charge


YASH VASHISHTH

Medical Cadet
Tournament Director



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Grant Medical Foundation
Ruby Hall Clinic

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Certificate of Merit

This is to certify that

Mr/Ms TAKSH

of SDUMC

Competed in 50M BUTTERFLY BOYS and secured 2nd


GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant


PANKAJ DAS

Lt. Col
Officer in-charge


YASH VASHISHTH

Medical Cadet
Tournament Director



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Certificate of Merit

This is to certify that

Mr/Ms TAKSH

of SDVMC

Competed in 25M BUTTERFLY BOYS and Secured 3rd

GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt. Col
Officer in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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Ruby Hall Clinic



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Certificate of Merit

This is to certify that

Mr/Ms TAKSH

of SDMC

Competed in YX50M FREESTYLE BOYS and secured 2nd


GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant



PANKAJ DAS

Lt. Col
Officer-in-charge



YASH VASHISHTH

Medical Cadet
Tournament Director



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Certificate of Merit

This is to certify that

Mr/Ms HARSH of SDVMC

Competed in 4x50M FREESTYLE BOYS and Secured 2nd

GIRIRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt Col
Officer-in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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Grant Medical Foundation
Ruby Hall Clinic



Indian Overseas Bank

Certificate of Merit

This is to certify that

Mr/Ms BHAVYA

of SDUMC

Competed in 4x50m FREESTYLE BOYS and secured 2nd


GIRIRAJ SINGH

Maj Gen
Dean and Deputy
Commandant


PANKAJ DAS

Lt Col
Officer-in-charge



YASH VASHISHTH

Medical Cadet
Tournament Director



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Indian Overseas Bank

Certificate of Merit

This is to certify that

Mr/Ms HARDIK

of SDVMC

Competed in YxSOM FREESTYLE BOYS and Secured 2nd

GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt Col
Officer in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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Ruby Hall Clinic



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Certificate of Merit

This is to certify that

Mr/Ms TAKSH

of SDUMC

Competed in AX50M MEDLEY RELAY BOYS and Secured 2nd


GIRIRAJ SINGH

Maj Gen
Dean and Deputy
Commandant


PANKAJ DAS

Lt Col
Officer in-charge



YASH VASHISHTH

Medical Cadet
Tournament Director



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Certificate of Merit

This is to certify that

Mr/Ms HARSHIT of SDUMC

Competed in 4x50M MEDLEY RELAY BOYS and secured 2nd

GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt Col
Officer-in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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Ruby Hall Clinic



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Certificate of Merit

This is to certify that

Mr/Ms BHAVYA

of SDPMC

Competed in 4X50M MEDLEY RELAY BOYS and Secured 2nd

GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt Col
Officer in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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Certificate of Merit

This is to certify that

✓ Mr/Ms HARSH

of SDUMC

Competed in 4x50M MEDLEY RELAY BOYS and secured 2nd


GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant



PANKAJ DAS

Lt Col
Officer-in-charge



YASH VASHISHTH

Medical Cadet
Tournament Director



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Certificate of Merit

This is to certify that

Mr/Ms Sidharth of ADUMC and secured Ist Position
Competed in 800m (Men)

GIRRAJ SINGH
Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS
Lt. Col
Officer-in-charge

YASH VASHISHTH
Medical Cadet
Tournament Director



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Indian Overseas Bank

Certificate of Merit

This is to certify that

Mr/Ms Merin of SDUMC

Competed in High Jump (Men) and secured 1st Position

GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt Col
Officer in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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STUJIOVENTURES AIIIMB & BI 2025

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PRESENTED BY



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Certificate of Merit

This is to certify that

Mr/Ms Merin of _____

Competed in Triple jump (men's) and Secured IInd position

GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt Col
Officer in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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Certificate of Merit

This is to certify that

MP/Ms Harshith of SDVME

Competed in Discus Throw (Men's) and secured IInd Position

GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt Col
Officer-in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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SUHOJITTS & AIMBI 2025

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CYRUS POONAWALLA GROUP

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Certificate of Merit

This is to certify that

Mr/Ms Roshin of Sdumc

Competed in High Jump (Men) and Secured IIIrd Position

GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt Col
Officer in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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Ruby Hall Clinic



Indian Overseas Bank

Certificate of Merit

This is to certify that

Mr/Ms Sidharth of ADUME

Competed in 4 x 400 m Relay (men's) and Secured 11th position


GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant


PANKAJ DAS

Lt Col
officer-in-charge


YASH VASHISHTH

Medical Cadet
Tournament Director



ARMED FORCES MEDICAL COLLEGE

STUHO & JETTES ATHLETICS TAMBI 2025

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Ruby Hall Clinic



Indian Overseas Bank

Certificate of Merit

This is to certify that

Mr/Ms Rashmi

of ADUMC

Competed in 4 x 400m Relay (men's)

and Secured IInd position

GIRIRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt Col
Officer-in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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CYRUS POONAWALLA GROUP



Gemini Medical Foundation
Ruby Hall Clinic

POWERED BY



Indian Overseas Bank

Certificate of Merit

This is to certify that

Mr/Ms Nigam

of SDMC

Competed in 4x400m Relay (men's)

and Secured IInd position

GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant

PANKAJ DAS

Lt Col
Officer-in-charge

YASH VASHISHTH

Medical Cadet
Tournament Director



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Client Medical Education
Ruby Hall Clinic

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Indian Overseas Bank

Certificate of Merit

This is to certify that

Mr/Ms Mevin of ADUMC

Competed in 4 x 400 m Relay (mens) and Secured IInd position


GIRRAJ SINGH

Maj Gen
Dean and Deputy
Commandant


PANKAJ DAS

Lt. Col
Officer-in-charge


YASH VASHISHTH

Medical Cadet
Tournament Director

Language classes
2024-25



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SRI DEVARAJ URS MEDICAL COLLEGE, Tamaka, Kolar



I MBBS Timetable (2024-2025 batch)

Day	8.00am-8.55am	8.55am-9.50am	09.50am-10.45am	10.45 - 11.00 am	11.00am – 1.00pm		1.00pm – 2.00pm	2.00pm – 4.00pm	
					Batch	PRACTICAL			
MON	PERIODIC ASSESSMENT TEST / THEORY CLASS	ANATOMY	PHYSIOLOGY	Break	A B C	ANATOMY PHYSIOLOGY BIOCHEMISTRY	LUNCH BREAK	ANATOMY	
TUE	PHYSIOLOGY	BIOCHEMISTRY	ANATOMY		A B C	BIOCHEMISTRY ANATOMY PHYSIOLOGY		ANATOMY	
WED	KANNADA CLASS / COMMUNITY MEDICINE	BIOCHEMISTRY	ANATOMY		A B C	PHYSIOLOGY BIOCHEMISTRY ANATOMY		ANATOMY	
THU	BIOCHEMISTRY	ANATOMY	PHYSIOLOGY		A B C	ANATOMY PHYSIOLOGY BIOCHEMISTRY		ANATOMY	
FRI	ANATOMY	PHYSIOLOGY	FAP/ BIOCHEMISTRY		A B C	FAP & BIOCHEMISTRY ANATOMY PHYSIOLOGY		SELF DIRECTED LEARNING/AITO	
SAT	YOGA & MEDITATION	BIOCHEMISTRY	ANATOMY		A B C	PHYSIOLOGY BIOCHEMISTRY ANATOMY		Theory: Community Medicine / Environmental studies (2.00 – 3.00pm)	Practicals: Community Medicine / Environmental studies (3.00 – 4.00pm)
Batches: A → 1 – 70 B → 71 – 140 C → 141 – 200									

[Signature]
HOD of ANATOMY
Professor & HOD
Department of Anatomy
SDUMC, Kolar.

[Signature]
HOD of PHYSIOLOGY
Professor & HOD
Department of Physiology
Sri Devaraj Urs Medical College
Tamaka, Kolar-563103

[Signature]
HOD of BIOCHEMISTRY
Professor & Head
Department of Biochemistry
Sri Devaraj Urs Medical College
Tamaka, KOLAR-563103

[Signature]
HOD of COMMUNITY MEDICINE
Professor & HOD
Dept. of Community Medicine
SDUMC, Kolar-563103

25/10/2024

[Signature]
PRINCIPAL
Principal
Sri Devaraj Urs Medical College
Tamaka, Kolar-563103

Date	8.00-8.55 am	9am-10am	10am-11am	11.00-11.15 am	11.15 am-12.00 pm	12.00pm-1.00pm	1.00pm-2pm	2.00-3.00 pm	3.00pm-4.00pm	4-5 pm
14 October 2024	Registration	A.(1,2) Inauguration and Opening remarks		Break	A(3,4). (Facility visits (Library, Sports Gound, Hospital)		Lunch	A(3,4)Facility visits (University, Skill lab, Departments)		
15 October 2024		A.(6) MBBS Curriculum description	A (7)Examination- IA, University rules and regulations	Break	A(8,9) Library orientation and registration		Lunch	A (10) IMG- roles and responsibilities	A(11) Career pathways and personal growth)	
16 October 2024	F (9) Yoga and Meditation	A(12) Exploratory session with students to find out why they chose to become doctors		Break	B(1) First aid	B(15) Hand washing	Lunch	F (1,2) Sports and extracurricular activities		
18 October 2024	F (10) Yoga and Meditation	B (2) Introduction to BLS/CPR	B (3) Demonstration BLS/CPR	Break	B (4) Demonstration BLS/CPR	B (5) Demonstration BLS/CPR	Lunch	B (6) Demonstration BLS/CPR	B (7) Demonstration BLS/CPR	B (8) Demonstration BLS/CPR
21 October 2024	F (11) Yoga and Meditation	B (9) Needle Stick Injury and Universal Precautions	B (10) Blood Spill mangement	Break	B(11) Group activity - Lab safety measures	B(12) Group activity - Chemical safety measures	Lunch	B (13) Biomedical waste guidelines	B(14) Immunization requirements of health care professionals	
22 October 2024		C(1,2) Field visit to community health centre		Break	C(3,4) Field visit to community health centre		Lunch	C (5,6) Role of various levels of health care delivery system - Debriefing		
23 October 2024	F (12) Yoga and Meditation	D (1) Making most of the lectures; Time management	D (2) Study skills and learning techniques, SDL, Group dynamics	Break	D (3,4) Stress management- Mental and emotional health		Lunch	D (5) Interpersonal relationships	D (6) Awareness of impact of substance abuse on professional and personal growth	
24 October 2024		D (7) Antirragging measures and helpline	D (8) Gender sensitization	Break	D (9) Case discussion - trust in doctor patient relationship, Rights of patient and duties of a doctor	D (10) Bioethics and medical ethics	Lunch	D (11,12) Case discussion on principles of bioithics - small group activity		
25 October 2024	F (13) Yoga and Meditation	D (13) Professional qualities and roles of physician	D (14) Empathy in patient encounters	Break	D (15) Functioning as a part of health care systems	D (16) Disability competencies under 5 roles of the IMG	Lunch	D (17,18,19) Mentorship activity and assignment of mentors		
26 October 2024		D (20) Research ethics for Undergraduates	E (1) Communication skills	Break	E(2) Language and Kannada teaching	E(3) Language and Kannada teaching	Lunch	F (3,4) Sports and extracurricular activities		
28 October 2024	F (14) Yoga and Meditation	E (6,7) Principles of communication, Importance and techniques of effective communication		Break	E(4) Language and Kannada teaching	E(5) Language and Kannada teaching	Lunch	F (5,6) Sports and extracurricular activities		
29 October 2024		E(8) Computer skills	E(9) Computer skills	Break	E(10) Computer skills	Instructions for white coat ceremony	Lunch	F (7,8) Sports and extracurricular activities		
30 October 2024	F (15) Yoga and Meditation	A (14,15) White coat ceremony		Break	A (16,17) White coat ceremony		Lunch			

A	Orientation module including history of Indian Medicine	15
B	Skills module	15
C	Community Orientation module	5
D	Professional development and Ethics module including mental Health	20
E	Enhancement of Language and Computer skills module including clinico laboratory communication	10
F	Sports and Extra curricular activities	15



**SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH,
TAMAKA, KOLAR
SCHOOL OF ALLIED HEALTH SCIENCES**

Timetable for 1st Year B.Sc. Semester- II (2024 -25 Batch CBCS Scheme) Period -May-2025 to October 2025					
Day	9:00AM – 11.00 AM	11.00AM – 11.15 AM	11.15 AM - 1.00PM	1.00PM- 2.00 PM	2. 00PM – 4:00 PM
Monday	Pathology Theory	BREAK	Tutorials Biochemistry (01 to 70) Pathology (71 to 140) Microbiology (141 to 202)	LUNCH BREAK	Pathology Assignment
Tuesday	Biochemistry Theory		Tutorials Pathology (01 to 70) Microbiology (71 to 140) Biochemistry (141 to 202)		Biochemistry Assignment
Wednesday	Microbiology Theory		Tutorials Microbiology (01 to 70) Biochemistry(71 to 140) Pathology (141 to 202)		Microbiology Assignment
Thursday	Biochemistry Theory		Discipline Specific Elective		Discipline Specific Elective
Friday	Pathology Theory		Discipline Specific Elective		English For Communication
Saturday	Microbiology Theory		Spoken Kannada		Environmental Studies (2pm-4pm)

Note: Every Second Saturday Mentorship Activity will be conducted

Course Co-ordinator
PROGRAMME CO-ORDINATOR
ALLIED HEALTH SCIENCES,
SDUAHER, KOLAR-563 101


Professor & HOD
Professor & HOD
Dept. of Allied Health Sciences
SDUAHER, Tamaka, Kolar



R.L. JALAPPA COLLEGE OF PHYSIOTHERAPY, SDUAHER

Time Table

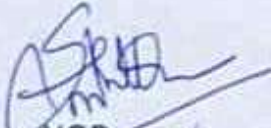
SEM/Course/Year: 1st SEM BPT 2024

From: 8/10/2024 TO 28/02/2025

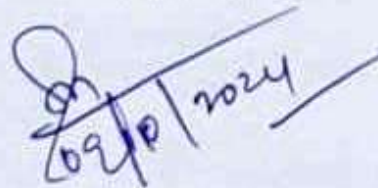
With Effect From: 8/10/2024

Day/Time	9:00 – 9:50AM	9:50-10:35AM	10:35-11:20AM	11:20-12:05AM	12:05AM-12:50AM	12:50-1:50PM	1:50-2:35PM	2:35-3:20PM	3:20-4:00PM
Monday	Anatomy	Anatomy	English	English	Intro – PT & Rehab	Lunch Break	Physiology	Physiology	Physiology
Tuesday	Anatomy	Anatomy	Test/assignment	Library	Intro – PT & Rehab		Physiology	Physiology	Physiology
Wednesday	Physiology	Physiology	Physiology	Anatomy	Anatomy		Fitness	Fitness	Fitness
Thursday	Physiology	Physiology	Physiology	Anatomy	Anatomy		Anatomy	Anatomy	Anatomy
Friday	Physiology	Physiology	Physiology	Library	Test/assignment		Anatomy	Anatomy	Anatomy
Saturday	Anatomy	Anatomy	Kannada	Kannada	Intro – PT & Rehab		Mentor Mentee		Test/assignment

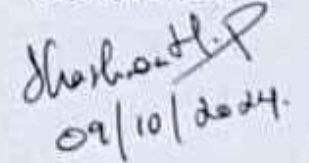
Name of the Subject	No of hrs. / wk.	Name of the Subject	No of hrs./ wk.
Anatomy	16	Intro to PT, Rehab & health care	3
Physiology	14	Kannada	2
		English	2


HOD
Professor & HOD,
Department of Physiotherapy
FAH & BS, SDUAHER
Kolar

Coordinator


09/10/2024

co-coordinator


09/10/2024



Sri Devaraj Urs Academy of Higher Education & Research

Tamaka, Kolar – 563101



Department of Speech Pathology & Audiology Timetable

B.ASLP: 2024-25

Semester 1

From: September 2024

To: January 2024

Days	9:00 – 9:40	9:40 – 10:20	10:30 – 11:00	11:00 – 11:40	11:40 – 12:20	12:20 – 1:00	12:45 – 1:30	1:30 – 4:10
Monday	I-Aud	Aud-T	A&P-Aud	A&P-SLP	I-SLP	NSS	Lunch break	Clinicals
Tuesday	I-Aud	I-SLP	A&P-Aud	A&P-SLP	I-SLP	Library		
Wednesday	SLP-T	I-SLP	A&P-Aud	A&P-SLP	I-Aud	Aud-T		
Thursday	Aud-T	I-SLP	A&P-Aud	A&P-SLP	I-Aud	English		
Friday	I-Aud	I-SLP	A&P-Aud	A&P-SLP	SLP-T	Library		
Saturday	I-Aud	SLP-T	A&P-Aud	A&P-SLP	I-SLP	Kannada		

Note: Mentorship activity will be conducted every second Saturday afternoon.

Introduction to Speech-language Pathology
(I-SLP)

Mr. S Lokheshwar

Introduction to Audiology (I-Aud)

Mr. M Abhijith

Anatomy and Physiology of Speech &
Swallowing (A&P-SLP)

Mr. A V Sumanth

Anatomy and Physiology of Hearing (A&P-Aud)

Ms. H M Apoorva

Tutorials Speech-language Pathology
(SLP-T)

Ms. Anu Lokheshwar

Tutorials Audiology (Aud-T)

Mr. R Bharath**

R Bharath
Coordinator

Dr Usha M
I/c HoD

Peace and Harmony
2024-25



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A Deemed to be University declared under Section 3 of UGC Act 1956)

Comprising Sri Devaraj Urs Medical College

[Constituent unit of Sri Devaraj Urs Educational Trust for Backward Classes (Regd.)]

TAMAKA, KOLAR-563 103, KARNATAKA, INDIA

Ph: 918152-243003, +91 9448395232, Fax : +918152 - 243008 E-mail - registrar@sduaher.ac.in / office@sduaher.ac.in. Website: www.sduaher.ac.in

Peace and Harmony

Sl. No.	Details	Pages
1	Advanced Yoga Competition	1-11
2	Common Yoga Protocol Training for students	12-31
3	Mass Yoga Demonstration	32-40
4	Observation of International Yoga Day	41-43
5	CME on Adolescent Mental Health Challenges and Strategies	44-53
6	Celebration of Ratha Saptami	54-59
7	World mental Health Day 2024	60-73
8	Sahaja Yoga Training Program	74-78
9	Yoga for Health and Wellness	79-92
10	World Meditation Day	93-103



No. SDUAHER/KLR/IM/ 52 /2024-25

Date: 25/ 06 /2024

To,
The Registrar
SDUAHER, Kolar.

From,
I/C Head
Dept. of Integrative Medicine
SDUAHER

Through: proper channel

Dear Sir,

Subject: Submission of International Day of Yoga -Event Reports

With reference to the above subject, I would like to bring the following information for your kind consideration. With your permission, the Department of Integrative Medicine in association with Sri Devaraj Urs Medical College, Sri Devaraj Urs College of Nursing, NSS unit, SDUAHER, and R L Jalappa Central School, SDUET conducted a series of events to celebrate the 10th International Day of Yoga 2024 from 12th to 21st Jun. 2024. Herewith I am submitting the event reports of the same in a prescribed format.

Thanking you

Yours Sincerely


(Dr. Ashween Bilagi)
Head

Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tataka, Kolar-563101, Karnataka, India

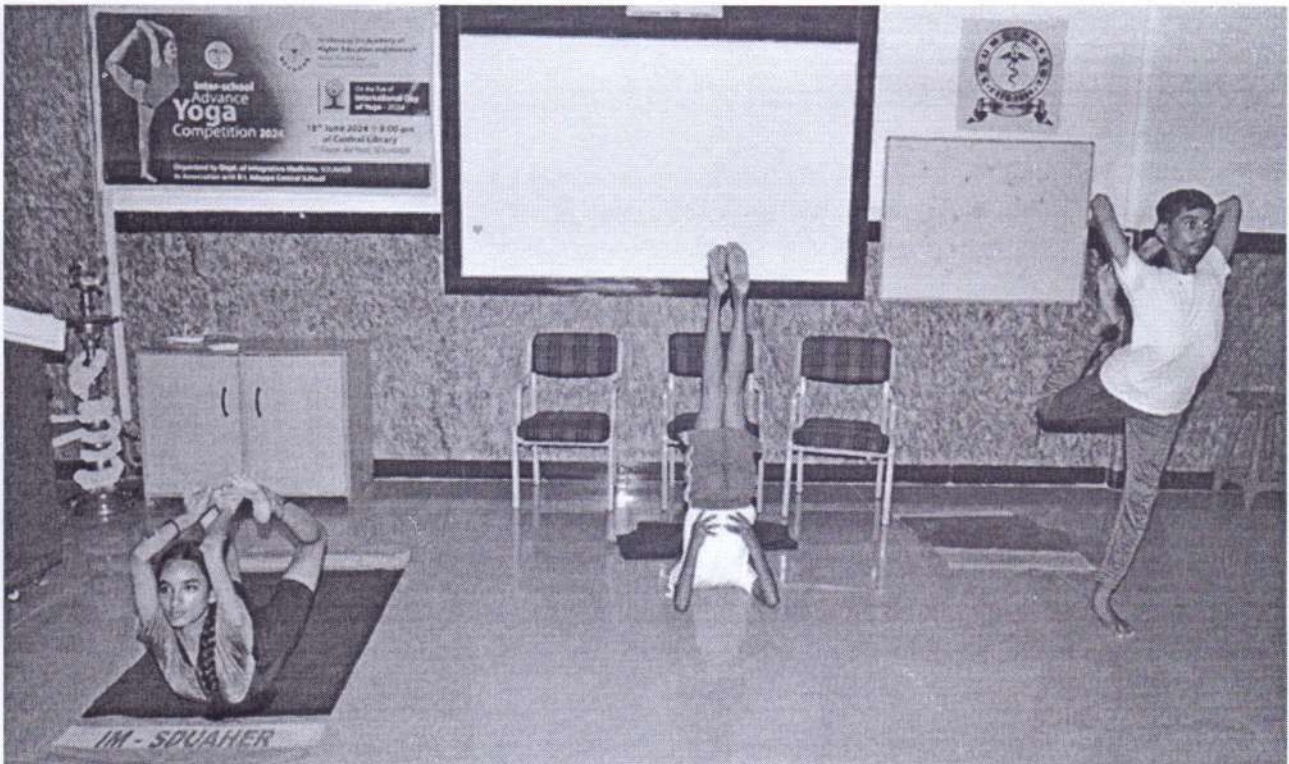
Enclosures

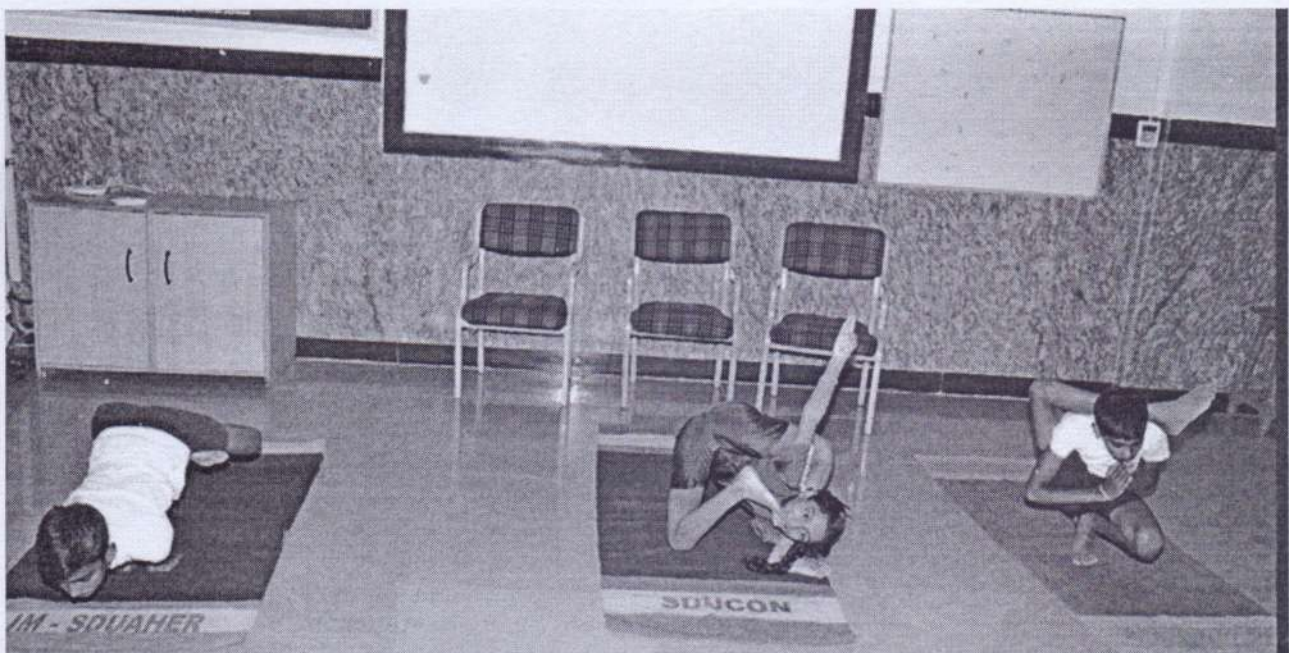
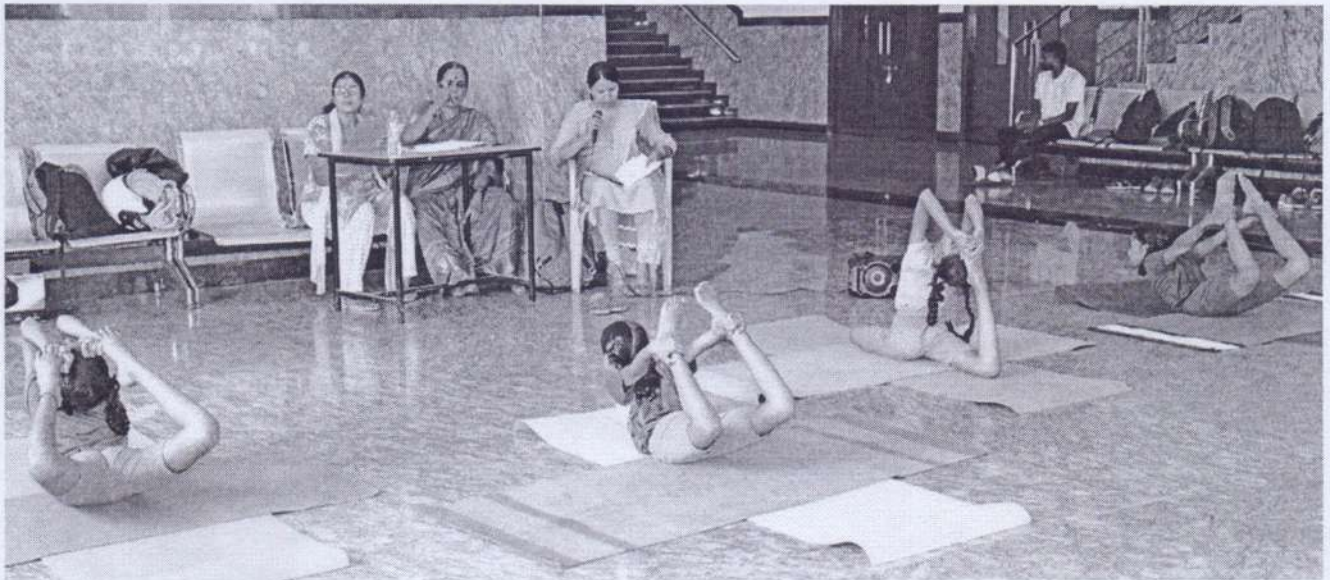
- Event report (5)
 1. Advance Yoga Competition
 2. Poster Drawing Competition
 3. 10 days Common Yoga Protocol Training_ MBBS Students
 4. One week Common Yoga Protocol Training_ Nursing Students
 5. Mass Yoga Demonstration-2024
- Flyers
- Participant attendance

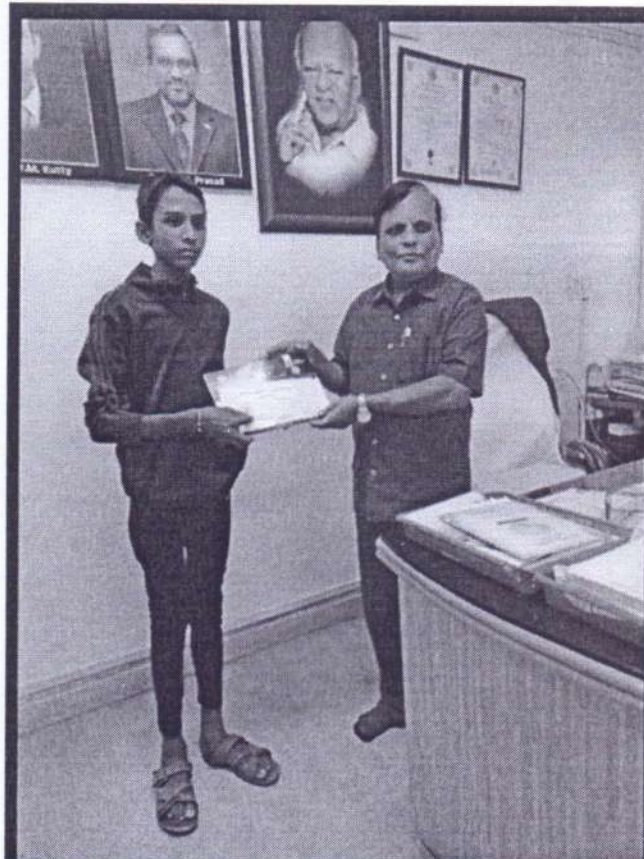
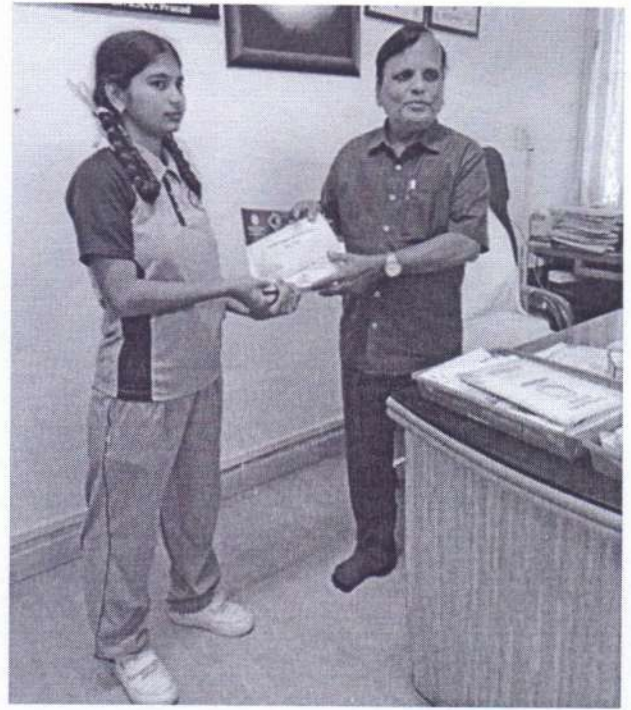
Sl. No.	Event Report
1	Name & Level of Event: Advance Yogasana Competition State-level event (Inter School Competition)
2	<p>Background / Introduction: Yoga received official acceptance worldwide after its inception (International Day of Yoga) in the United Nations General Assembly in 2014. A total of 177 nations co-sponsored the resolution, which is the highest number of co-sponsors ever for any UNGA resolution of such nature.</p> <p>In this regard, the Department of Integrative Medicine in collaboration with R L Jalappa Central School organized a state-level advance Yogasana competition to celebrate 10th International Day of Yoga 2024.</p> <p>The Advanced Yoga Competition is an esteemed event that brings together yoga practitioners from various backgrounds to showcase their skills, discipline, and dedication to the ancient practice of yoga. This competition goes beyond basic postures, challenging participants to demonstrate advanced techniques that require exceptional flexibility, strength, and mental focus. The importance of such an event lies in its ability to promote a deeper understanding and appreciation of yoga's multifaceted nature. It serves as an inspiring platform for individuals to push their limits, encouraging a spirit of healthy competition and continuous self-improvement. Additionally, it highlights the holistic benefits of yoga, fostering physical well-being, mental clarity, and emotional balance. By celebrating the advanced practices of yoga, the competition underscores the transformative power of this ancient tradition, motivating more people to integrate its profound teachings into their lives.</p>
3	Venue: 1 st floor, Central Library, AV hall, SDUAHER
4	Sponsors: Sri Devaraj Urs Academy of Higher Education and Research, Kolar
5	Inauguration: by Dignitaries_ Dr. B Vengamma, Honorable Vice-Chancellor, SDUAHER, Dr. Arvind Natarajan, Dean of FAH & BS, Dr. Ashween Bilagi, I/C HoD, Dept. of Integrative Medicine, SDUAHER & Smt. Lakshmi Bhatt, Principal, R L Jalappa Central School, Kolar
6	Speakers / Judges / Chairman / Panel Team: Nikhil S, Shriya S, Sunitha L, Nalinakshmma R, Manjula, Nag Shetty, Rajeshwari,
7	Participants & Delegates in Number: 85 students & Teachers:15 Total :100
8	Awards / Prices: Announced on 18 th June 2023 (List attached)
9	Valedictory: Not applicable
10	Any Other Information: Flyer and other details attached

Action pics of the event:











[Handwritten Signature]
Head
Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tamaka, Kolar-563101, Karnataka, India

Advance Yoga Competition Winner list-2024

Conducted on 18/06/2024

Total Participated -85 students

Sl.No	Name	School	Prize
1	Bindya A Reddy	Saraswati Vidhya Mandira, Anekal	1 st
2	Preetham Gowda R	R L Jalappa Central School.	2 nd
3	Sunitha Y	M. Tres, Chandapura.	3 rd
4	Ganavi L S	Kendriya Vidhyalaya, K.G.F	4 th


Head
Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tamaka, Kolar-563101, Karnataka, India

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A Deemed to be University)

Declared under Section 3 of UGC Act, 1956, MHRD GOI No.F.9-36/2006-U.3(A) Dt. 25th May 2007

TAMAKA, KOLAR-563 103 KARNATAKA, INDIA

DEPARTMENT OF INTEGRATIVE MEDICINE

Ph:08152-243244, 243009, 243160 Fax: 08152-243008 E-mail: registrar@sduaher.ac.in/office@sduaher.ac.in website: www.sduaher.ac.in

Registration Sheet

Advance Yoga Competition -2024

18th Jun. 2024

Venue: Central Library, SDUAHER.

Kendriya Vidyalaya, Beml Ngr.

Sl.No	Name	Mobile. No	Payment	Signature
1.	Ganavi. LS	9742823033	✓	Ganavi
2.	Lavanya S Binali		✓	Lavanya
3.	Bhavana. N.		✓	Bhavana N
4.	Priyusha Suma		✓	Priyusha
5.	Dharshan		✓	Dharshan
6.	Kurthana - N		✓	Kurthana N
7.	Sinchana K.T		✓	Sinchana K.T
8.	Shalini D		✓	Shalini D
9.	Kavina S		✓	Kavina S
10.	K. Durga		✓	K. Durga
11.	Vasishini.4		✓	Vasishini.4
12.	Madhumi An. R		✓	Madhumi An. R
13.	Priya dharshini. S		✓	Priya dharshini. S
14.	Bindi. M.U		✓	Bindi. M.U
15.	Srinisha. M		✓	Srinisha. M
16.	Rignth. P		✓	Rignth. P
17.	Additya. S		✓	Additya. S
18.	A. M. SHANK		✓	A. M. SHANK
19.	B. M. Ananth		✓	B. M. Ananth
20.	Abhiram. B.M		✓	Abhiram. B.M
21.	Doushi. P		✓	Doushi. P
22.	Shanya		✓	S.P.S
23.	Kurthana		✓	S.P.S
24.	Chandana. D.R		✓	S.P.S
25.	Chirasini. R		✓	S.P.S
26.	Ravi kumar		✓	S.P.S
27.	Tharun		✓	S.P.S
28.	Shri Gini		✓	S.P.S
	Nikhil		✓	S.P.S
	Anvuth		✓	S.P.S

Kendriya Vidyalaya, Beml Ngr.

V.E.S

Sree vidya Nikethan Sainik Public School

1. Tues
7.10.24

DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

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TAMAKA, KOLAR-563 103 KARNATAKA, INDIA

DEPARTMENT OF INTEGRATIVE MEDICINE

Ph:08152-243244, 243009, 243160 Fax: 08152-243008 E-mail: registrar@sduaher.ac.in/office@sduaher.ac.in website: www.sduaher.ac.in

S.V.M

Sl.No	Name	Mobile. No	Payment	Signature
29.	PARTHA.B.J		✓	Partha
30.	Paranthkumar.S		✓	Kumar
31.	Srikrishna		✓	Sri
32.	Shravya		✓	Shravya
33.	Parana Gowda		✓	Parana
34.	Bhavana.M		✓	Bhavana
35.	Nirvitha		✓	Nirvitha
36.	Aliheerika		✓	Aliheerika
37.	Mithun Gowda.C		✓	Mithun
38.	Moulyu.R		✓	Moulyu
39.	Sahana.P		✓	Sahana.P
40.	Yaksha.V		✓	Yaksha
41.	Hari Krishan		✓	Hari
42.	Chiron Reddy R		✓	Chiron
43.	Mandeesho.C		✓	Mandeesho
44.	Heunda.V		✓	Heunda
45.	Beeantho.R		✓	Beeantho
46.	Divya.D		✓	Divya
47.	Birdya Reddy		✓	Birdya
48.	Prabhu P Shetty		✓	Prabhu
49.	Sikha.R		✓	Sikha
50.	Sunitha.Y		✓	Sunitha
51.	Sanjana.M		✓	Sanjana.M
52.	Nanditha.C		✓	Nanditha.C
53.	Rithesh Raj.M		✓	Rithesh
54.	Sagar.K		✓	Sagar
55.	Jashwanth Reddy.R		✓	Jashwanth
56.	Deesham		✓	Deesham
57.	Bhaagavi.S		✓	Bhaagavi
58.	Pallavi.R		✓	Pallavi
59.	Gayana.N		✓	Gayana
60.	Indhu shree.M		✓	Indhu

M. Tripathy

DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A Deemed to be University)


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TAMAKA, KOLAR-563 103 KARNATAKA, INDIA

DEPARTMENT OF INTEGRATIVE MEDICINE

08152-243244, 243009, 243160 Fax: 08152-243008 E-mail: registrar@sduaher.ac.in/office@sduaher.ac.in website: www.sduaher.ac.in

Sl.No	Name	Mobile. No	Payment	Signature
61	Surendera	874880494	✓	Surendera.S
62	Sudeep		✓	Sudeep.P.G
63	Shagunth Perasad.PS		✓	
64	Harsha-	9964315931	✓	
65	Suri Nilisha	9000354399		
66	Dhanvi.M	9761902922	✓	
67	Sahana A Reddy	7795792400	✓	
68	Thamushree.AS	7353407309	✓	
69	Rajani.B.A	9632278772	✓	
70	Umeshree.R.V	9066843046		
71	Aparna.N.R	9448774406	✓	Sahyadri college Kolar
72	Vishnu Priya	9380690710	✓ online	Green Valley Public School
73	Vikasni.M.	9980320650	✓	R.L.J.C.S
74	Priya Dushinis	9448586874	✓	R.L.J.C.S
75	Kumari Koniska	88847016400		-
76	Doeethambhara.P	9448768832		-
77	Karishma.S	9877353	✓	-
78	Priya J Prasad	9792431744	✓	G.V.P.S
79	Smaha.C.A	7411581064	✓	G.V.P.S
80	Tharuni Sri.R	7795354389	✓	C.V.K
81	Siti Sanchana.P	9731778119	✓	C.V.K
82	Akshaya.A	9066176777	✓	C.V.K
83	Nidyaashree.P	7092466710	✓	C.V.K
84	Manoj Prasad.V.R	7795054767	✓	C.V.K
85	Karunya	9815762331		C.V.K


Head
 Department of Integrative Medicine
 Sri Devaraj Urs Academy of
 Higher Education and Research
 Tamaka, Kolar-563101, Karnataka, India



Yoga for Harmony & Peace

Common Yoga Protocol Training for Medical Students

Date: 12/06/2024 to 21/06/2024

Time: 8:00 AM to 9:00 AM

Venue: Open Air Auditorium, SDUMC

Why Participate?

- **Boost Health:** Improve your overall fitness and resilience.
- **Stress Management:** Discover techniques to manage stress effectively.
- **Holistic Care:** Integrate yoga principles into your medical practice.

What to Bring:

- Yoga mat
- Comfortable clothing
- Water bottle

For More Information, Contact:

Department of Integrative Medicine, SDUAHER, **Mrs. Sunitha L:** 9591453281

Event report

Name of the Event: 10 days Common Yoga Protocol training for MBBS students

Name of the Department: Integrative Medicine, SDUAHER

Sl.no	Event Report
1	Level of Event - Institution
2	<p>Background/Introduction- The Department of Integrative Medicine SDUAHER, conducted 10 days of Common Yoga Protocol training for the MBBS Students, On the occasion of the 10th International Day of Yoga 2024, in open air auditorium SDUMC, from 8:00 am to 9:00 am.</p> <p>The Common Yoga Protocol Training for medical students is a vital initiative aimed at integrating the holistic principles of yoga into medical education. This training program introduces future healthcare professionals to a standardized set of yoga practices that enhance physical, mental, and emotional well-being. The importance of this initiative lies in its potential to equip medical students with practical tools for stress management, improved focus, and overall health. By incorporating yoga into their daily routines, medical students can experience firsthand the benefits of a balanced lifestyle, which they can later recommend to patients. Furthermore, this training fosters a holistic approach to healthcare, encouraging the integration of traditional and modern medical practices for comprehensive patient care. Through this program, medical students are better prepared to advocate for and implement wellness practices that promote long-term health and resilience.</p>
3	Venue- open-air auditorium SDUMC
4	Sponsors - SDUAHER
5	Inauguration- NA
6	Speakers- Not applicable
7	Participants - Students 116, faculty 04, Total 120

8	Prize distribution etc_ NA
9	Valedictory ceremony_ NA
10	Highlights of the events including photos - attached
11	Dates of conduct of events from 12/06/2024 - 21/06/2024

Event Pics



Sri Devaraj Urs
Head
 Department of Integrative Medicine
 Sri Devaraj Urs Academy of
 Higher Education and Research
 Tamaka, Kolar-563101, Karnataka, India





Dr. J. K. Shivam
Head
Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tumakuru, Kolar-563101, Karnataka, India

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A Deemed to be University)

Declared under Section 3 of UGC Act, 1956, MERD GOI No.F.9-36/2006-U.3(A) Dt. 25th May 2007

TAMAKA, KOLAR-563 103 KARNATAKA, INDIA

DEPARTMENT OF INTEGRATIVE MEDICINE

Ph:08152-243244, 243009, 243160 Fax: 08152-243008 E-mail: registrar@sduaher.ac.in/office@sduaher.ac.in website: www.sduaher.ac.in

ATTENDANCE SHEET

10days Common Yoga Protocol Training Program for MBBS students
12th to 21st June-2024 at 8.00 am to 9.00 am
Venue: Open air auditorium, SDUMC.

Sl.No	Name	Mobile. No	Signature
1.	Nachiketa Naresh Pandey	7004432822 (68)	Nachiketa (21MB107)
2.	Muskan Rajhansh	9525098959 (66)	Muskan (21MB1075)
3.	Monish R.N.	9986090210 (65)	Monish (21MB1073)
4.	Shivani	9004972544 (57)	Shivani
5.	Ayushi Singh	9525522250 (9)	Ayushi
6.	Ayati Pathania	9995050528 (8)	Ayati
7.	Darshini Singh	9905252305 (1)	Darshini
8.	Rishi Aditya	72209582 (38)	Rishi (21MB1043)
9.	SAAKSHI BOHRA	7340032008 (95)	Saakshi (21MB1109)
10.	Kebit Shukul	206084676 (53)	Kebit (21MB1060)
11.	Priya Chaudhary	882462063 (77)	Priya (21MB1089)
12.	Priya	9909532350	Priya (21MB1089)
13.	Raghavendra	7309594277 (82)	Raghav (21MB1094)
14.	Prasant	8996204363 (75)	Prasant (21MB1096)
15.	Aumita	5079452350 (9)	Aumita
16.	Seam Shakkal	7044766693	Seam Shakkal (21MB1117)
17.	Deerasha Tetwan	9425783594 (29)	Deerasha (21MB1001)
18.	Shreeta Singh	9716249322 (113)	Shreeta (21MB1129)
19.	Ash	991222260 (12)	Ash (21MB1012)
20.	Anshuman	0709902766 (8/1)	Anshuman (21MB1001)
21.	Swathi B	767925704 (122)	Swathi (21MB1140)
22.	Archana	93729 07935	Archana (21MB1142)
23.	Deepika	99491 04781	Deepika (21MB1032)
24.	Maha ranjan das	9642627475	Maha ranjan
25.	Harsh Grouda	8861078921	Harsh (21MB1049)
26.	Rohitha Patil	7598344603	Rohitha (21MB1095)
27.	Sai Praneth	9866149604	Sai Praneth (21MB1096)
28.	Disha Siddesh Kori	9449730489	Disha (21MB1036)

SLN	Name	Mobil.no	Signature
29	Divya Srivastava	9630359272	(21MB1037)
30	Ritika Goyal (21MB1102)	7835946230	
31	RACHANA PAI (21MB1093)	7019043109	
32	SAAKSHI RAJESH HONNAPURMATH (21MB1110)	9611689013	
33	NEETHRA	918089015488	
34	S.R. ADITI (21MB1108)	9108456820	
35	CHARNIKA (21MB1076)	9398694792	
36	Manisha	9950525230(63)	
37	Marium	9525025230(64)	
38	Priyanka Kuma ⁽¹³⁵⁾ Choudhary	9997071727	
39	Vandana CR (154)	8660235055	
40	IRAA VARMA (47)	9340424518	
41	HARSH SHARMA (42)	9811143779	
42	SOUMIK KUNDU (114)	9340424518	
43	Seavani .Y.G (21MB134)	9483848653	
44	Madhumanti Mandu (61)	1035654521	
45	SHRUTI DIVYA DUBEY (111)	9791469968	
46	Shivani (57)	8957895061 7004522544	
47	Bhavya Sanyal (23)	9682332025	
48	Leena R Pal (142)	9945764559	
49	Likha Gaurav.V. (60)	6362189971	
50	Anoop (10)	9438459172	
51	Anuska (14)		
52	Harshika (59)	8143632004	
53	Karish (58)		
54	Pooja (78)		
55	Berlin Mariya Benny (21)	9995320966	
56	Tanvi J	8431572185	
57	Sreya S.P (117)	8921041705	

SLN	Name	Mobil.no	Signature
58	Spoorthi	8923467891	
59	Prumvika (146)	9482117881	
60	Sharath. Meti (149)	9686468746	
61	Sushant (130)	9686457925	
62	Gyan Babbar (40)	8432189971	
63	Anupriya (73)	6368186967	
64	Diksha (31)	9810869717	
65	Sushikta (109)		
66	Shreevidya. V. Savali (110)	8792934627	
67	Jyotsnika Narega	8895245426	
68	Wani wase	7006937271	
69	K.T. Anja (50)	9695304726	
70	Kamini Singh (51)	8130770059	
71	Aditi sen (03)	787085473123	
72	Krutiika (55)	9533072399	
73	Raagi (80)	9870219220	
74	Ishita (48)	9868957072	
75	Shravan Kalyan (143)	9690957404	
76	D. Nikitha (28)	9908008340	
77	Chinithi Saranya (26)	7604854513	
78	Bhoomika (24)	9824658930	
79	BV Mahathi (40)	9098343001	
80	Mariam (64)	9765432100	
81	V.S. Rajalharshwan (124)	98807415948	
82	B. Nikhayaashree (70)	9150835037	
83	V.S. Grogal (39)	9043663001	
84	Akhil Belakrishnan (08)	9037862644	
85	Sparsh Sudheep		
86	Yashin (158)	7881778120	

SL.N	Name	Mobil.no	Signature
87	Ushishita (128)	9934476963	
88	Utkash (125)	8902464515	
89	Sampriha (37)	88676 03723	
90	Sruti Desai (118)	7483138017	
91	CHRISTA THRELS SHAJAN (25)	85920 22811	
92	Samudhi (99)	9518876084	
93	Shreya M (108)	9035880833	
94	Prakashan (79)	829 255 3393	
95	Dharmadheesh Tanuja (36)	99 0000 78852825	
96	Vignesh (127)	9108456820	
97	Shruti Songode (46)	930734 9932	
98	Saurik Kunder (114)	9474837357	
99	Sanjana Surya (100)	9844714902	
100	Shreya Chergappa (10)	9632787560	
101	Saasani Rajesh (96) Kannapuram	9611689013	
102	Ritika Nayal (89)	7835946230	
103	Khushi Charan (54)	9079293361	
109	Teera Ann Jacob (140)	9446855884	
110	Sukhraj Raj (119)	81057 94732	
111	Shruti Satish (102)	8454878267	
112	Aayushi (02)	9065126183	
113	Dr. Mrs. Vaishnavi (32)	7416306333	
114	Priya	99117 2073	
115	Anurag	9320 11637	
116	Prayanshu	7642062278	


Head
 Department of Integrative Medicine
 Sri Devaraj Urs Academy of
 Higher Education and Research
 Tamaka, Kolar-563101, Karnataka, India



Yoga for Harmony & Peace

**Common Yoga Protocol Training
for Nursing Students**

Date: 14/06/2024 to 21/06/2024
Time: 5:00 PM to 6:00 PM
Venue: Open Air Auditorium, SDUMC

Why Participate?

- **Boost Health:** Improve your overall fitness and resilience.
- **Stress Management:** Discover techniques to manage stress effectively.
- **Holistic Care:** Integrate yoga principles into your medical practice.

What to Bring:

- Yoga mat
- Comfortable clothing
- Water bottle

For More Information, Contact:

Department of Integrative Medicine, SDUAHER, Mrs. Sunitha L: 9591453281

Event report

Name of the Event: One week Common Yoga Protocol training for Nursing students

Name of the Department: Integrative Medicine, SDUAHER

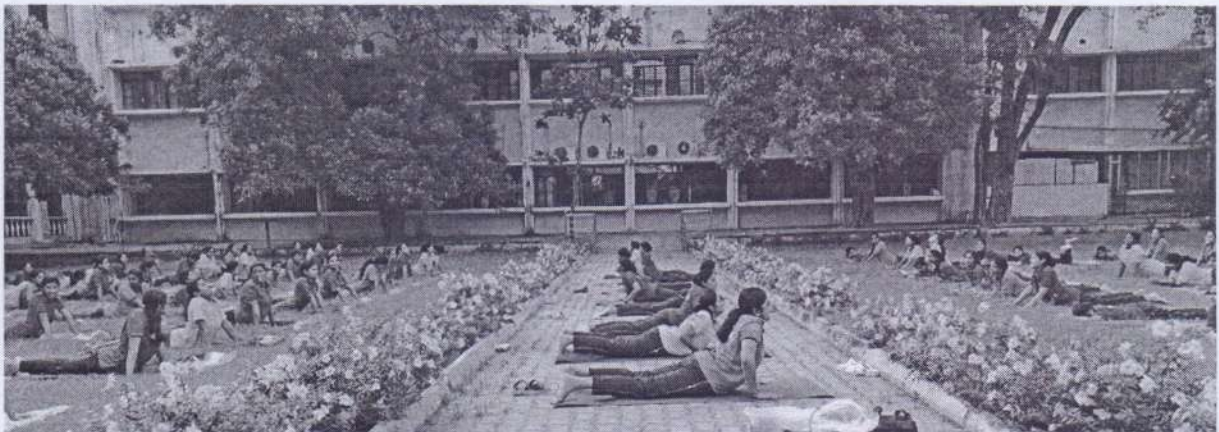
Sl.no	Event Report
1	Level of Event - Institution
2	<p>Background/Introduction- The Department of Integrative Medicine SDUAHER, conducted One week of Common Yoga Protocol training for Nursing Students, on the occasion of the 10th International Day of Yoga 2024, in open air auditorium SDUMC, from 5:00 pm to 6:00 pm.</p> <p>The Common Yoga Protocol Training for nursing students is an essential program designed to introduce future nurses to the holistic benefits of yoga. This training involves a standardized set of yoga practices aimed at enhancing physical, mental, and emotional well-being. The importance of this initiative lies in its capacity to equip nursing students with effective tools for stress management, improved concentration, and overall health. As nurses often face demanding and high-stress environments, incorporating yoga into their routine can significantly improve their ability to maintain calm, focus, and resilience. Additionally, this training promotes a holistic approach to patient care, enabling nurses to advocate for and implement wellness practices that benefit both themselves and their patients. By integrating yoga into their education, nursing students can develop a balanced lifestyle and a compassionate approach to healthcare, ultimately enhancing the quality of care they provide.</p>
3	Venue- open-air auditorium SDUMC
4	Sponsors - SDUAHER
5	Inauguration- NA
6	Speakers- Not applicable
7	Participants - Total: Students: 156, Faculty 04 Total: 160

8	Prize distribution etc_ NA
9	Valedictory ceremony_ NA
10	Highlights of the events including photos - Attached
11	Dates of conduct of events from 14/06/2024 To 20/06/2024

Event Pics




Head
 Department of Integrative Medicine
 Sri Devaraj Urs Academy of
 Higher Education and Research
 Tamaka, Kolar-563101, Karnataka, India



~~Head~~
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KOLAR-563 103 KARNATAKA, INDIA
DEPARTMENT OF INTEGRATIVE MEDICINE

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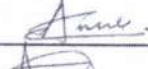
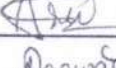
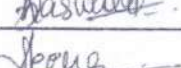
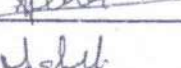
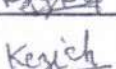
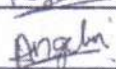
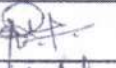



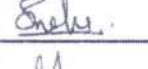
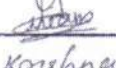

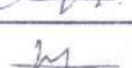
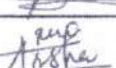


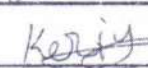



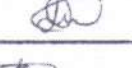



ATTENDANCE SHEET

Common Yoga Protocol - 2024

14th to 20th Jun. 2024 at 5.30pm to 6.30pm

Venue: Open- air Auditorium, SDUMC

Sl.No	Name	Mobile. No	Signature
1.	Estha Maria Paul	9891626531	<i>Estha</i>
2.	Vaishnavi Manoj	6238717144	<i>Vaishnavi</i>
3.	Rifa Fathima S	9633167759	<i>Rifa</i>
4.	Grinnu Elsa Crigi	7012214559	<i>Grinnu</i>
5.	Aneeta U	7012237601	<i>Aneeta</i>
6.	Ann Maria vareghese	9037146491	<i>Ann</i>
7.	Nahana T	9526379858	<i>Nahana</i>
8.	Mubliha. ck	9447978161	<i>Mubliha</i>
9.	Aleena maria benry	9569949158	<i>Aleena</i>
10.	Riya Rey	9301078502	<i>Riya</i>
11.	Vinaya mol Jks	9495724957	<i>Vinaya</i>
12.	Jilly maria thomas	6147282455	<i>Jilly</i>
13.	Kripalunian	8714755064	<i>Kripa</i>
14.	Anakha Sandosh	9947213919	<i>Anakha</i>
15.	Angel Rose	8075422257	<i>Angel</i>
16.	Anamara	8606812687	<i>Anamara</i>
17.	Mleneena	8129689388	<i>Mleneena</i>
18.	Meslin Elsa Manuel	8075963864	<i>Meslin</i>
19.	Ashmi	8075963864	
20.	Senect	8075963864	
21.	Stelra	8075963864	
22.	Abiye	80	
23.	Saithya Thomas	8606047955	<i>Saithya</i>
24.	Angel. j	8075963864	
25.	kin	8075963864	
26.	Kejika Angel Maria Aji	9074612565	<i>Kejika</i>

Sl.N	Name	Mobil.no	Signature
27.	Anya		
28.	Febby		
29.	Anumol K Biju	7025789275	
30.	Aneltha Mary Aji	8891237782	
31.	ANNA SHANI	7736645190	
32.	Arunima. k. Biju	9747164528	
33.	Anaswara Toby	8921365886	
34.	Aleena Thampi	7736245645	
35.	Megha Prasad	7736316522	
36.	Kejiah Saji		
37.	Angelini Balu		
38.	Aleena Bobby	7306431321	
39.	Ansha Anil kumaru	9895474907	
40.	Anagha. s. prasad	7736192073	
41.	Sreelakshmi m.a	7025161230	
42.	Sheha Anna haiju	7736490037	
43.	Nirnam Elza Renny	9995943826	
44.	Krishna shabu	8891074252	
45.	Kesija Aleeamma Thomas	8921594553	
46.	Hanna Sunny	8848168729	
47.	Saishya Thomas Ansha Anil	7909295451	
48.	Milka monachan		
49.	Geetha James		
50.	Keziah marian mary		
51.	Jacinta Cesa Moncy	91071335703	
52.	Olivia Sarah Saji	7025735191	
53.	Tessa Reji	8129809182	
54.	Devika B Pillai	8089219855	
55.	Aleut Jomy	9544520056	

Sl.N	Name	Mobil.no	Signature
56.	Ancena Shaji	8075356659	
57.	Angel sajeed	8943106387	
58.	Anaka MOLPS	8599045399	
59.	Lakshmi Raj	9048354865	
60.	Rajyasree-R	9995176571	
61.	Anjana Sebastien	9744394993	
62.	Sneha Elizabeth Thomas	6235965610	
63.	Riya Roby	8078169422	
64.	Elba Ann Jomi	9037858682	
65.	Diya Vidan	9961102781	
66.	Anju Mary Aji	7558847208	
67.	Kaishne Venugopal	9961336979	
68.	G.V. Dhutha Shree	7411347389	
69.	Josna Siby	7902554328	
70.	Mahima Murphy	9037879015	
71.	Aina Maria Toji	9947352883	
72.	Aneeta Davis	8015900345	
73.	Bhadra Rajesh	8111854066	
74.	Sreya Raju	9778087635	
75.	Sonam Karki	9632195300	
76.	Meenakshi Suresh	9745682316	
77.	Beneeta Shaji	9907245839	
78.	Aksha Elizabeth Sabu	7306775096	
79.	Aparna Raju	9074861498	
80.	Aleena Elsa Reji	8714939168	
81.	Feacy George	9497626486	
82.	Ashna Saju	7994716011	
83.	Karthika S	9589696141	
84.	Rudha .K.	9528506137	

SL.N	Name	Mobil.no	Signature
85	Anoldia Lijo	7034966875	Anoldia
86	Athulya Babu	8089728422	Athulya
87	Devika.B	9656037292	Devika
88	Anusall BS	8157078733	Anusall
89	Ancy Eldho	9778754040	Ancy
90	Nismaya K Jose	9074229890	Nismaya
91	Sreelakshmi.S	8590599171	Sreelakshmi
92	Merin Gigi	7510761501	Merin
93	Sona Byju	7025362714	Sona
94	Devibala.S	7510362982	Devibala
95	Archana Saji	9035515025	Archana
96	Kaltheika Suresh	9074861253	Kaltheika
97	Aswani-C	8943039983	Aswani
98	Ashley Mariam Sebastian	8156920036	Ashley
99	Aparna Sureth	9035515011	Aparna
100	Ann Marega Byju	8086754794	Ann Marega
101	Rose Mary George	9947121421	Rose Mary
101	Agna James	8590432901	Agna
102	Aleena P.B	8547222920	Aleena
103	Aiswarya Raju	7510276587	Aiswarya
104	Aiswarya P	9947443456	Aiswarya
105	Aleena Bijju	8590520155	Aleena
106	Kaipa Santhosh	7034624632	Kaipa
107	Aleena Anna Bavan	8891694575	Aleena
108	Aksha Susan Vaeghese	9611578019	Aksha
109	Ansel P. Jose	9074015495	Ansel
110	Aleena Maria Vinod	9448606616149	Aleena
111	Taramol PJ	7025559875	Taramol
112	Angel Siby	8590775874	Angel

SL.N	Name	Mobil.no	Signature
125	Sariya Thomas	9778498340	
126	Alka S	8075811557	
127	Mouha Nallas	8848154740	
128	Sheba K. Binu	8547789412	
129	Megha Poasad.	7356595892	
130	Angelina Babu	7356595892	
131	Sudathy S. Nair	9736734327	
132	Aleena chacko	9633880468	
133	Aleena mol Saji	9946819257	
134	Aneta Joshy	9061211279	
135	Nikhitha Mathew	6282899795	
136	Adithya Manoj	8714198898	
137	Stani K. d	9048359978	
138	Devika S. Nair	9995182493	
139	Emm Vargis	9526686751	
140	Meha Shibu	9746352063	
141	Sophia babu	9714103418	
142	Sandra Sabu	9748375357	
143	Pen the Baby	9746358181	
144	Shreya Anshu	8948374048	
145	Shravan	7810140170	
146	Raima	9074824435	
147	Jesly	8281389036	
148	Sheha A R	9037248864	
149	Harinendhane Suresh	9074113815	
150	Tinsiya Benny	8089654460	
151	Megha Jan	9998411486	
152	Lalitha S	8848358894	
153	Thombasa	9037964962	



Sri Devaraj Urs Academy of Higher Education and Research

Deemed to be University, Kolar, and Karnataka

Faculty of Medicine

Sri Devaraj Urs Medical College and R L Jalappa Hospital & Research Centre

And Faculty of Allied Health and Basic Sciences

Cordially invite you to the celebration of

10th International Day of Yoga

Theme:

Yoga for Self & Society

Find your inner peace & spread it to the world

21st June 2024 from 6:30 am to 8.00 am

Open-air Auditorium, SDUMC

With fond remembrance of

Late Shri. R.L.Jalappa, Founder Chairman, SDUET, Kolar

Patrons

Shri. G H Nagaraja, Chairman, SDUET,
Hon'ble Chancellor, SDUAHER

Shri. Rajendra. J, Vice President,
SDUET

Shri. Hanumantha Raju K G, Secretary,
SDUET

Dr. B Vengamma, Vice-chancellor,
SDUAHER

Dr. DVLN Prasad, Registrar, SDUAHER

Dr. Arvind Natarajan, Dean FAH & BS,
SDUAHER

Dr. Prabhakar K, Dean FoM & Principal,
SDUMC

Dr. Krishnappa J, Medical
Superintendent, RLJH & RC

Dr. Muninarayana C, Controller of
Examination, SDUAHER

Organized by

The Department of Integrative Medicine and NSS unit, SDUAHER

In collaboration with

Sri Devaraj Urs Medical College, SDUAHER

Sri Devaraj Urs College of Nursing, SDUAHER

Sri R L Jalappa Central School, SDUET

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A Deemed to be University)

Declared under Section 3 of UGC Act, 1956, MHRD GOI No.F.9-36/2006-U.3(A) Dt. 25th May 2007

KOLAR-563 103 KARNATAKA, INDIA

DEPARTMENT OF INTEGRATIVE MEDICINE

Ph:08152-243244, 243009, 243160 Fax: 08152-243008 E-mail: registrar@sduaher.ac.in/office@sduaher.ac.in www.sduaher.ac.in



Event report

Name of the Event: International Day of Yoga 2024

(Mass Yoga – Common Yoga protocol demonstration)

Name of the Department: Integrative medicine and NSS unit of SDUAHER in association with Sri Devaraj Urs Medical College, Sri Devaraj Urs College of Nursing & RL Jalappa Central School, Tamaka, Kolar.

Sl.no	Event Report
1	Level of Event – Academy level
2	<p>Background/Introduction-</p> <p>In view of the celebration of the 10th International Day of Yoga 2024, the Department of Integrative Medicine organized a series of events. The common yoga protocol demonstration (Mass Yoga) has been organized by the Integrative medicine and NSS unit of SDUAHER in association with Sri Devaraj Urs Medical College and Sri Devaraj Urs College of Nursing of SDUAHER, and RL Jalappa Central School, SDUET on 21st June 2024 from 6.30 am to 8.00 am.</p> <p>The Common Yoga Protocol / Mass Yoga Demonstration on International Day of Yoga (IDY) 2024 are significant events that unite individuals worldwide in a collective celebration of the profound benefits of yoga. This demonstration involves practicing a standardized set of yoga postures and techniques, designed to be accessible to people of all ages and fitness levels. The importance of these events lies in their ability to promote global health and wellness, emphasizing yoga's role in fostering physical, mental, and spiritual harmony. By participating in this mass yoga demonstration, individuals experience the unifying power of yoga, contributing to a sense of community and shared purpose. Additionally, IDY 2024 serves as a powerful platform to raise awareness about the holistic benefits of yoga, encouraging its adoption as a daily practice for improving overall quality of life. This global event highlights yoga's universal appeal and its capacity to bring people together for a common cause of well-being and peace.</p> <p>The theme of this year of International Day of Yoga is “Yoga for Self and Society”</p>
3	Venue- Open air auditorium, SDUMC, Tamaka, Kolar

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4	Sponsors- Sri Devaraj Urs Academy of Higher Education and Research, Kolar
5	Welcome address by - Dr. Arvind Natarajan, Dean faculty of AH & BS, SDUAHER Presidential address by -Dr. B. Vengamma, Honorable Vice-Chancellor, SDUAHER.
6.	Prizes Distributed by Dignitaries for Competition winners_IDY-2024
7.	Participants & Delegates - Students: 280 Faculty: 25 Total: 300
8.	Valedictory ceremony_ Vote of thanks is given by Mr. Sumanth
9.	Highlights of the events including photos - Please find the images in the appendix
10	Dates of conduct of events: 21 /06 /2024 from 6.30 am to 8.00 am

Action pics of the Event:



Head
Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tataka, Kolar-563107, Karnataka, India
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Welcome speech by **Dr. Arvind Natarajan, Dean FAH&BS**



Address by Hon. Vice Chancellor - **Dr. B Vengamma**

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Common Yoga protocol Practice

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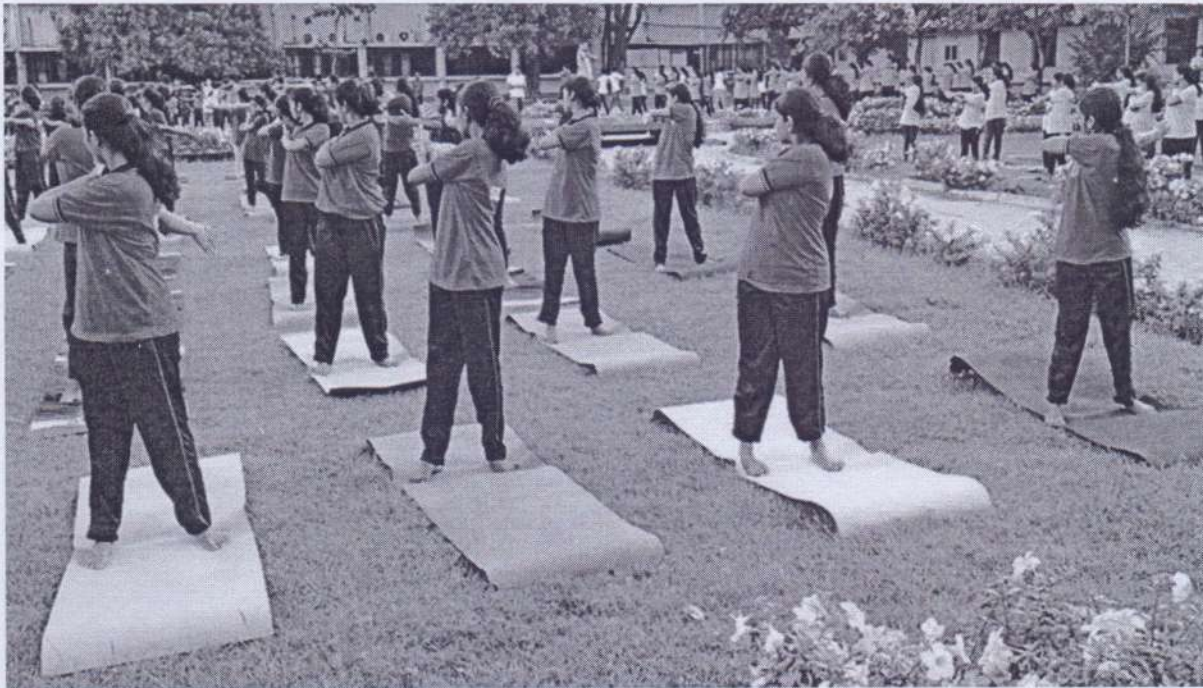
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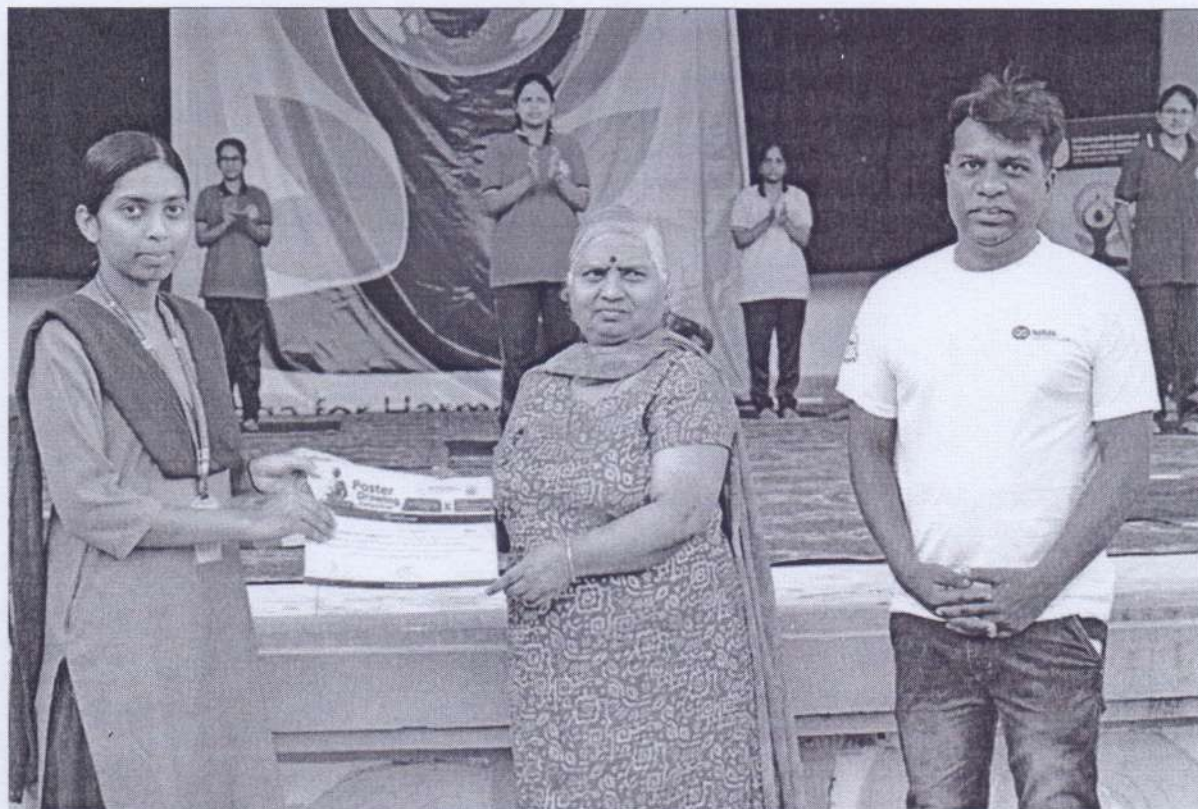
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Prize Distribution_ Competition Winner



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Signature
Head
Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tumakuru, Kolar-563101, Karnataka, India



Sri Devaraj Urs Academy of Higher Education & Research

(Deemed to be University)

Post Box 62, Tamaka, Kolar 563103, Karnataka

National Service Scheme



Event report

Name of the event: Observation of International Yoga Day

Date of the event: 21 June 2024.

Background/ Introduction:

As part of observation of International Yoga Day, the NSS cell of academy and Dept. of Integrative Medicine performed a mass yoga on 21 June 2024 in the open auditorium of SDUMC, the event was about performing the Mass Yoga Protocol. It was performed by all the NSS volunteers and officers of the academy.

Venue: Open Auditorium, SDUMC.

Sponsors: SDUAHER.

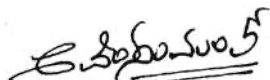
Participants: NSS volunteers and officers of the academy.

Photographs of the event:








National Service Scheme
Programme Co-ordinator
Sri Devaraj Urs Academy of
Higher Education & Research
Tamaka, Kolar

REPORT OF REGIONAL LEVEL CME ON ADOLESCENT MENTAL HEALTH CHALLENGES AND STRATEGIES held on 20-09-2024

Department of Community Medicine had organized a one day regional level CME on ‘ADOLESCENT MENTAL HEALTH CHALLENGES AND STRATEGIES’ at Sri Devaraj Urs Medical college, Sri Devaraj Urs University (SDUAHER) , Kolar, Karnataka. The official proceedings of the CME program were inaugurated by Dr. Prasanna Kamath B T, Head of the Department of Community Medicine at SDUMC, SDUAHER, at around 10:30 AM. This significant event set the stage for a thought-provoking gathering, emphasizing the pressing need to address adolescent mental health. Following the inauguration, we had the honor of hearing from our esteemed dignitaries. The Hon’ble Vice-Chancellor, Dr. B. Vengamma, along with Principal Dr. Prabhakar K, Principal SDUMC, SDUAHER, delivered a presidential address that underscored the importance of the CME topic: “Adolescent Mental Health Challenges and Strategies.” Their insights laid a strong foundation for the discussions that followed, highlighting the urgency of this critical issue in today’s society.

The CME was conducted in hybrid mode, A total of 115 participant joined via the Zoom meeting and 200 attended the programme, and total of 315 participants were registered for the CME.

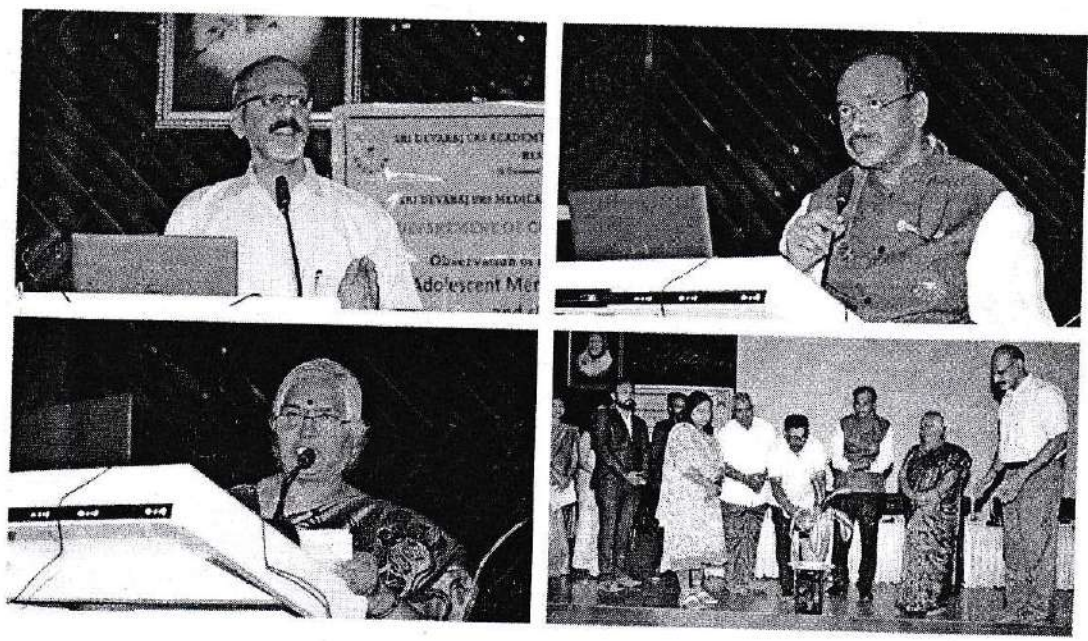


Fig1: (1a) Dr Prasanna Kamath Head of the Department of Community Medicine delivering his welcome address; (1b): Dr Prabhakar K talking about the CME; (1c) Dr Vengamma addressing the gathering; (1d): Dignitaries watering the plant.

Session-1: Dr.Ruth Sneha, Associate Professor, Department of Psychiatry, SDUMC, SDUAHER, Kolar, commenced the first session on the topic “Can we recognise anxiety and depression in children at 11.00am

Chairperson: Dr.Vishwas.S, Associate Professor Department of Community Medicine.

Dr. Ruth Sneha addressed the problem of children under the following patterns: anxiety and depression can be recognized in children, although they may present differently than in adults. Common signs include changes in mood, such as persistent sadness, irritability, or mood swings, along with behavioural changes like withdrawal from friends, loss of interest in activities, or shifts in academic performance. She said that physical symptoms often manifest as complaints of headaches, stomach aches, or other unexplained ailments. Additionally, sleep and appetite changes, including insomnia, nightmares, or altered eating habits, are prevalent. Children may also exhibit excessive worry, with frequent fears about various situations that can lead to avoidance behaviours. She concluded early recognition and intervention are crucial for effective support and treatment, as addressing these signs promptly can significantly improve a child's emotional well-being and overall development.



Fig2: (2a) Dr Vishwas, chairperson delivering his speech; (2b) Dr Ruth Sneha speaker delivering her Speech; (2c) Dr Vishwas presenting memento to Dr Ruth Sneha : (2d) : Dr Vivek Jayan presenting memento to Dr Vishwas

Session 2 at 11:45 AM with Dr. Subramanyam, a consultant psychiatrist at East Point Medical College in Bangalore, who addressed the crucial links between child development, child psychiatry, and their implications for the teaching profession.

The session was chaired by Dr. Mohan Reddy, Professor and Head of the Department of Psychiatry.

Dr. Subramanyam highlighted the significance of social-emotional development, emphasizing that understanding social skills and emotional regulation can help teachers cultivate a supportive classroom environment. He pointed out the importance of early recognition of mental health issues, noting that educators trained in child psychiatry can identify signs of distress early, which facilitates timely intervention and support.

He also discussed the benefits of collaboration between educators and mental health professionals, advocating for the creation of individualized education plans (IEPs) that address the specific needs of students. Dr. Subramanyam stressed the necessity of developing inclusive learning environments, explaining that awareness of diverse learning needs enables teachers to adapt their methods to accommodate various learning styles and challenges.

Furthermore, he emphasized that knowledge of child development enhances teacher-student relationships by fostering empathy and trust. Engaging families was another key point, as he noted that a better understanding of children's developmental and psychological needs can improve communication between parents and teachers, leading to a more collaborative support system. Finally, Dr. Subramanyam encouraged ongoing professional development in child development and mental health, underscoring that continuous learning helps educators stay informed about best practices and emerging research, ultimately benefiting their students.

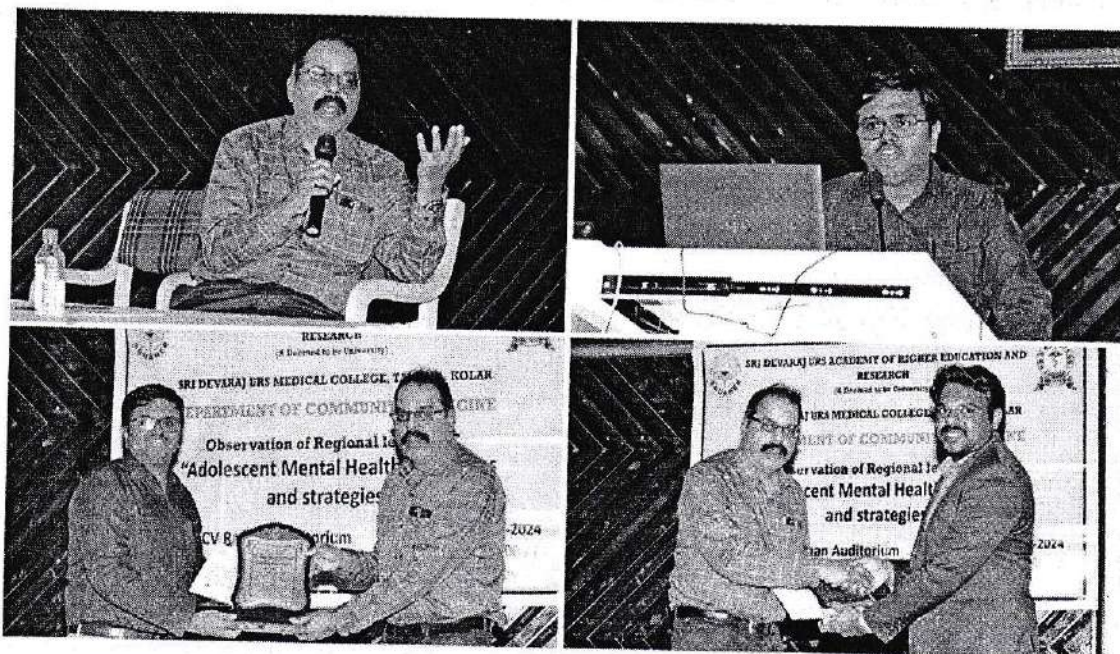


Fig3: (3a) Dr Mohan reddy, chairperson delivering his speech (3b) : Dr Subramanyam delivering his Speech; (3c) Dr Mohan reddy presenting memento to Dr Subramanyam; (3d) Dr Vivek Jayan presenting memento to Dr Mohan reddy

Session 3: Caught in the Web: Understanding Behavioral Addictions in the Digital Age," began in the afternoon at 1:45 PM and featured Dr. Lakshmi Sravanti, Assistant Professor in the Department of Child & Adolescent Psychiatry at NIMHANS, Bengaluru, India.

The session was chaired by Dr. Sahana S. Murthy, Assistant Professor of Psychiatry at SDUMC.

Dr. Sravanti began by explaining that behavioral addictions involve an uncontrollable urge to engage in certain behaviors despite the negative consequences that may arise. These addictions often trigger the brain's reward systems in a manner similar to substance abuse. She highlighted how digital addictions, in particular, are fueled by the release of dopamine, driven by constant rewards such as likes, achievements, and virtual wins, which reinforce the addictive behaviors.

The concept of instant gratification was another key point, as Dr. Sravanti noted that the internet provides immediate feedback and rewards, conditioning the brain to anticipate rapid satisfaction. She discussed the significant impact of prolonged exposure to addictive digital environments, which can lead to mental health issues such as anxiety, depression, attention deficits, and social isolation. Withdrawal symptoms, including irritability, restlessness, and discomfort, often occur when individuals are unable to access their digital platforms.

In terms of treatment and interventions, Dr. Sravanti emphasized the role of cognitive-behavioral therapy (CBT) in addressing behavioral addictions. She concluded saying that this therapeutic approach helps individuals recognize and modify problematic behaviors, aiming to restore balance and well-being in their lives.

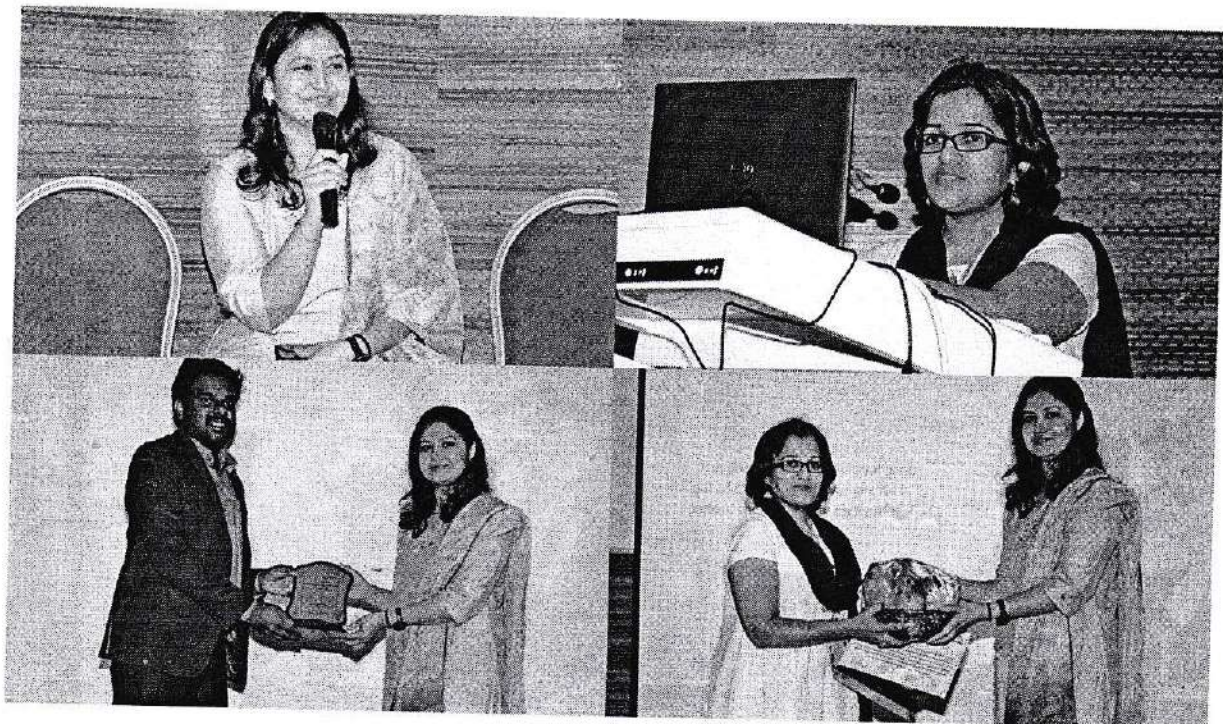


Fig4: (4a) Dr Sahana S Murthy chairperson delivering her speech; (4b): Dr Lakshmi Sravanti speaker delivering her Speech; (4c) Dr Vivek Jayan presenting memento to Dr Sahana S Murthy; (4d): Dr Sahana presenting memento to Dr Lakshmi

Session 4: "Parenting Styles and Their Impact on Child Development" began at 2:45 PM and featured Dr. A. Purushotham, Associate Professor of Psychiatry at SDUMC.

Chairperson: Dr.Sindhu Shankar S, Senior resident, KIMS, Bangalore

Dr. Purushotham's insightful session on "Parenting Styles and Their Impact on Child Development" focused on how different approaches to parenting shape children's growth, behavior, and emotional well-being. He categorized parenting into four styles: authoritarian, authoritative, permissive, and neglectful.

He said that the Authoritarian parenting will be characterized by strict rules and high expectations, may lead to obedient but anxious children. In contrast, authoritative parenting, which balances structure with warmth, fosters confident, socially adept, and emotionally stable children. He added that Permissive parenting, marked by indulgence and minimal discipline, can result in children who struggle with self-control and authority. Neglectful parenting, defined by a lack of involvement, can severely hinder a child's emotional and cognitive development.

Dr. Purushotham emphasized that authoritative parenting is most beneficial for nurturing well-rounded, resilient children. He also highlighted the need for parents to adapt their styles based on their child's temperament and developmental needs. The session concluded with a call for greater awareness among parents to ensure their approaches foster healthy growth, self-esteem, and independence in their children.



Fig5 (5a): Dr Sindhu Shankar, chairperson delivering her speech; (5b): Dr Purushotham delivering his Speech; (5c) Dr Sindhu presenting memento to Dr Purushotham; (5d): Dr Vivek Jayan presenting memento to Dr Sindhu

Session 5: The session titled "Child and Adolescent Substance Addictions: What We Need to Do?" began at 3:25 PM and featured Dr. Shilpashree, Senior Consultant and In-Charge of the Center for De-addiction at SNR Hospital in Kolar.

Chairperson: Dr. Jagdamba, Prof & HoD Physiology, SDUMC, SDUAHER Kolar

Dr. Shilpashree's session focused on the rising concern of substance addiction among children and adolescents, highlighting the key challenges and necessary interventions. She emphasized that early exposure to substances such as alcohol, tobacco, and drugs can severely impact brain development, leading to long-term physical and psychological issues.

The session witnessed the importance of early detection and intervention through collaborative efforts between parents, educators, and healthcare professionals. Dr. Shilpashri stressed the need for increased awareness and education on the signs of addiction, encouraging open communication between adults and young individuals.

She discussed on the Preventive strategies which included promoting healthy coping mechanisms, fostering resilience, and creating support systems within schools and communities. Dr. Shilpashri also advocated for stronger regulatory measures and access to rehabilitation services tailored to young people.

In conclusion, she emphasized a proactive, multi-faceted approach to combat substance addiction, stating that early action can mitigate the long-term consequences on children and adolescents.



Fig6: (6a) Dr Shilpashri delivering her Speech; (6b) Dr Jagdamba presenting memento to Dr Shilpashri; (6c): Dr Vivek Jayan presenting memento to Dr Jagdamba

Session 6: The session titled "Empowering Adolescents: Creative Approaches to Promote Mental Health" began at 4:00 PM and featured Dr. Latha K, Associate Professor in the Department of Mental Health Education at NIMHANS.

Chairperson: Dr .Sunil B N, Associate professor, Dept of Community Medicine, SDUMC, SDUAHER, Kolar

Dr. Latha K conducted an insightful session on "Empowering Adolescents: Creative Approaches to Promote Mental Health," emphasizing the need to address the unique mental health challenges faced by adolescents today. She highlighted how adolescence is a critical period of emotional and psychological development, making mental health interventions crucial.

Dr. Latha introduced several creative approaches, including art therapy, music, journaling, and mindfulness exercises, as effective tools to help adolescents express their emotions and cope with

stress. These techniques, she explained, offer non-verbal outlets that foster self-expression, emotional regulation, and resilience. She also discussed the role of supportive environments, encouraging schools and families to adopt mental health-promoting practices.

A key takeaway was the importance of early intervention and destigmatizing mental health conversations, helping adolescents develop healthy coping mechanisms before issues escalate. The session concluded with practical tips for parents, educators, and counselors to create safe, open spaces for adolescents to explore their mental well-being. Dr. Latha's session reinforced the idea that creativity, combined with mental health awareness, can empower adolescents to navigate their challenges more effectively.



Fig7: (7a) Dr Latha K delivering her Speech; (7b) Dr Sunil B N presenting memento to Dr Latha K (7c): Dr Vivek Jayan presenting memento to Dr Sunil B N

Vote of Thanks was given by Dr. Vivek Jayan, Joint Organizing Secretary of the CME.

Dr Vivek Jayan delivered the vote of thanks, expressing his gratitude to all the dignitaries, speakers and colleagues. He extended his appreciation to the Medical Education and Research Trust (MERT) and SDUAHER for their financial support. He also thanked the Karnataka Medical Council and its observer for their contributions. The program concluded at 4:30 PM.

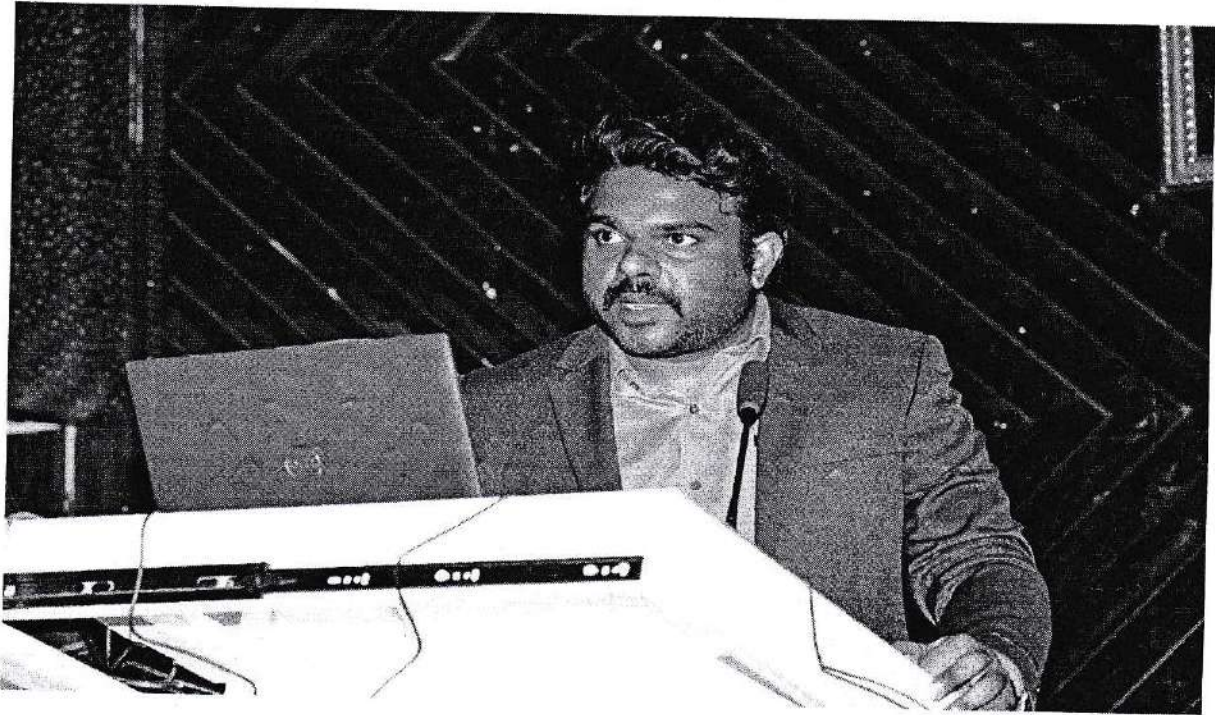


Fig 8- Dr Vivek Jayan delivering Vote of Thanks

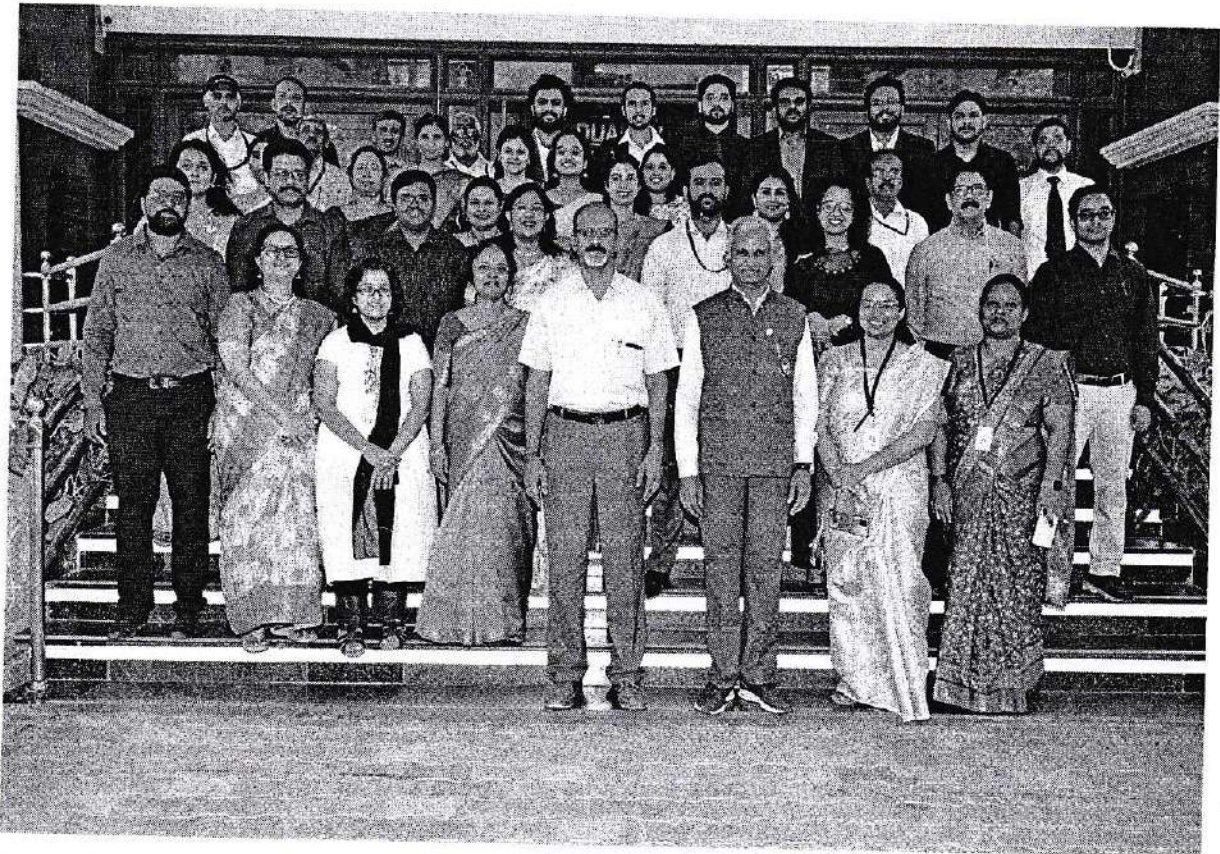


Fig 9- The Organizing Committee Team....

[Handwritten Signature]
Joint Organizing Secretary
25/1/24

[Handwritten Signature]
Organizing Secretary
Associate Professor
25/1/24
Dept. of Community Medicine
SDUMC, Kolar-563103

[Handwritten Signature]
Organizing Chairperson
25/1/2024
Dept. of Community Medicine
SDUMC, Kolar-563103



Sri Devaraj Urs Academy of Higher Education and Research

(A Deemed to be University)

**Sri Devaraj Urs Medical
College**

We cordially invite you all to the regional
level CME

**“Adolescent Mental Health
challenges and strategies”**

On
20-09-2024

Venue: Joseph Lister Hall
Organized by

Dept. of Community Medicine



Seeking Blessings of
Late Shree. R. L. JALAPPA
Founder Chairman, SDUET

Chief Patron
Sri. G.H. NAGARAJA
**HON'BLE CHANCELLOR, SDUAHER &
CHAIRMAN, SDUET**

Patrons:
SRI. J. RAJENDRA
VICE CHAIRMAN, SDUET
SRI. HANUMANTH RAJU K G
SECRETARY, SDUET

DR. B.VENGAMMA
HON'BLE VICE CHANCELLOR, SDUAHER
DR.D.V.L.N. PRASAD
CHIEF ADMINISTRATIVE OFFICER, SDUAHER

Dr. Muninarayana.C
REGISTRAR, SDUAHER
DR. PRABHAKAR K
PRINCIPAL, SDUMC

DR. J KRISHNAPPA J
MEDICAL SUPERINTENDENT, RLJH & RC

Mentally healthy children and adolescents are more likely to go to school/colleges ready to learn, actively engage in school/college activities, have supportive and caring connections with adults and young people, use appropriate problem-solving skills, have nonaggressive behaviours, and add to positive school culture.

Mental disorders can affect classroom learning, such as poor attendance, difficulties with academic performance, poor social integration, trouble adjusting to school/college, problems with behaviour regulation, and attention and concentration issues, all of which is critical to the success of the student.



**2 KMC CREDIT POINTS
CAN BE AWARDED**

PROGRAMME SCHEDULE

09 AM to 09:30 AM

Registration.

09:30 AM to 9:40 AM

Dr.Prasanna Kamath B T, HoD, Department of
Community Medicine Welcome address

9:40 AM to 9:50 AM

Inauguration of CME by Hon'ble Vice chancellor
Dr. B.VENGAMMA

9:50 AM to 10:00 AM

Hon'ble Vice chancellor Presidential address

10 AM to 10:50 AM

Session 1:

**Can We Recognise Anxiety and Depression in
Children?**

Dr.Ruth Sneha, Associate Professor,

Department of Psychiatry, SDUMC, SDUAHER,
Kolar

10:50 AM to 11:40 AM

Session 2:

**Child development and Child Psychiatry:
Implications on teaching profession**

Dr.Subramanyam M,

Consultant Psychiatrist

East Point Medical College, Bangalore

11:40 AM to 12:30 PM

**Session 3: Caught in the web: Understanding
Behavioural Addictions in the Digital Age**

Dr. Lakshmi Sravanti

Assistant Professor

Department of Child and Adolescent Psychiatry,
NIMHANS

12:30 PM to 1: 20 PM

**Session 4: Parenting styles and their impact on
child development: What we should know?**

Dr. Purushotham A

Assistant Professor, Department of Psychiatry,
SDUMC, SDUAHER, Kolar

1 20 PM to 2 PM - Lunch

2:00 PM to 2:50 PM

**Session 5: Child and adolescent substance
addictions. What we need to do?**

Dr. Shilpashri

Senior Consultant, Incharge Center for De-
addiction

SNR Hospital, Kolar

2:50 PM to 3:40 PM

**Session 6: Empowering Adolescents: Creative
Approaches to promote mental health**

Dr.Latha K, Associate Professor,
Department of Mental Health Education

NIMHANS

Vote of Thanks

Dr. Prasanna Kamath B T

**Organizing Chairperson,
Dept. of Community Medicine, SDUMC,
SDUAHER**

Dr.Pradeep T S

**Organizing Secretary Dept. of
Community Medicine, SDUMC,
SDUAHER**

Dr. B N Mahima

**Joint organizing secretary, Dept. of
Community Medicine, SDUMC,
SDUAHER**

Organizing Committee Members

Dr. Sunil. B. N Associate Professor

Dr. Vishwas. S Associate Professor

Dr.Harshitha H N, Assistant Professor

Dr. Samudryatha. U. C, Assistant Professor

Dr.Bhoomika V, Assistant Professor

Dr.Manjunath TL, Assistant Professor

Mr. Ravishankar. S Assistant Professor

Dr. Vivek J Senior Resident

Dr. Ramees M Senior Resident

Dr. Abhishek Senior Resident

Dr. Varun R Post Graduate

Dr. Sankiya M Post Graduate

Dr. Sudhakar.S Post Graduate

Dr. Pruthvi.P Post Graduate

Dr. Aiswarya Lily Ray Post Graduate

Dr. Mohan Babu.G Post Graduate

Dr. Abhharshan.S.B Post Graduate

Dr. Angayarkanni.P Post Graduate

Dr.Hana Zaiba.Z Post Graduate

Dr.Roopashree.R Post Graduate



No. SDUAHER/KLR/IM/ 161 /2024-25

Date: 06/ 02 /2025

To,
The Registrar
SDUAHER, Kolar.

From,
I/C Head
Dept. of Integrative Medicine
SDUAHER

Through: proper channel

Dear Sir,

Subject: Submission of Celebration of Ratha Saptami -Event Reports

Concerning the above subject, I would like to bring the following information for your consideration: to celebrate Ratha Saptami, the Department of Integrative Medicine, in collaboration with the Department of Physiology, SDUMC organized 21 rounds of Surya Namaskara on 4th Feb. 2025. Herewith, I am submitting the event reports in a prescribed format.

Thanking you

Enclosures

- Event report
- Flyer
- Participant attendance

Yours Sincerely


(Dr. Ashween Bilagi)

Head
Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tamaka, Kolar-563101, Karnataka, India

Event report

Name of the Event: 21 rounds Surya Namaskara (Ratha Saptami)

Name of the Department: Integrative Medicine

Sl.no	Event Report
1	Level of Event - Academy
2	<p>Background/Introduction- The celebration of Ratha Saptami at SDUAHER was unique in its approach to combining physical activity with spiritual practice. The event started with a prayer followed by Dr. Ashween Bilagi highlighted the importance of the Ratha Saptami day. Mrs. Sunitha, Mr. Nikhil, and Ms. Shreya instructed and demonstrated the Surya Namaskara practice. A central feature of the event was the performance of 21 rounds of Surya Namaskara (Sun Salutation), a yoga sequence that is traditionally associated with honoring the Sun God. In alignment with the Department's vision of Integrative Medicine, this event demonstrated the powerful impact of combining traditional practices with modern medical approaches for holistic health.</p> <p>This practice was not only a way to connect with the spiritual essence of the day but also an opportunity for participants to engage in physical fitness and well-being. Surya Namaskara, as a practice, promotes overall health by improving flexibility, strength, and mental clarity, embodying the integrative approach of combining mind, body, and spirit.</p>
3	Venue- Physiology Demonstration hall, 1 st floor, SDUMC.
4	Sponsors - SDUAHER
5	Inauguration: Dr. Ashween Bilagi, Head, Integrative Medicine, SDUAHER
6	Speakers- NA
7	Participants & Delegates - Total: 22+3= 25 Offline mode

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A Deemed to be University)

Declared under Section 3 of UGC Act, 1956, MHRD GOI No.F.9-36/2006-U.3(A) Dt. 25th May 2007

KOLAR-563 103 KARNATAKA, INDIA

DEPARTMENT OF INTEGRATIVE MEDICINE

Ph:08152-243244,243009,243160 Fax: 08152-243008 E-mail: registrar@sduaher.ac.in/office@sduaher.ac.in www.sduaher.ac.in



8	Prize distribution etc. _ NA
9	Valedictory ceremony_ NA
10	Highlights of the events including photos - Enclosed
11	Dates of conduct of events: 04/02/2025 , at 4.30 pm to 5.30 Pm


Head
Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tamaka, Kolar-563101, Karnataka, India






Event Pics:








Head
Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tumakuru, Kolar-563101, Karnataka, India

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH SRI DEVARAJ URS MEDICAL COLLEGE Tamaka Kolar	
	DEPARTMENT OF PSYCHIATRY	

S/N	EVENT REPORT
1	Name & Level of Event: CME on “World mental health day 2024”
2	Background / Introduction: The Department of Psychiatry, SDUMC in collaboration with District legal services Authority and police department of Kolar district conducted CME from 9 am to 4 pm, as a part of “World mental health day” on 10/10/2024 with the theme “It is time to prioritize mental health in work place” The program began with Welcome Address, invocation song and inauguration.
3	Venue: Community medicine AV Hall, SDUMC
4	Sponsors: SDUAHER
5	Inauguration: By Chief Guests Sri Sunil S Hosamani (Senior civil Judge) and Sri Nikhil B, IPS (Superintendent of Police), Dr Vengamma (Vice chancellor, SDUAHER), Dr DVLN Prasad (Chief administrative officer, SDUAHER), Dr Muninarayana (Registrar, SDUAHER), Dr Prabhakar (Principal, SDUMC) and Dr Mohan Reddy (Prof & HOD dept of Psychiatry). They addressed the participants about importance of mental health and its impact on everybody’s life.
6	Speakers / Judges / Chairman / Panel Team The Guest speaker Dr Arohi Vardhan, Child and adolescent psychiatrist, StJohns Medical College, Bangalore spoke on “Mental health issues at work place”. Dr Nikhilan JV, Consultant psychiatrist, NIMHANS spoke on Management of Stress at work place. Dr Ashween Bilagi, Asst prof and HOD from Integrative Medicine of SDUAHER conducted a work shop on Yoga practices for mental health issues at work place. The speakers addressed police personnel, medical students, interns, faculty members and spoke about stress of day-to-day life and methods to overcome them. The participants took active part by clarifying their doubts with the guest speaker. Medical students and interns performed 3 different skits and presented a short movie on psychiatric disorders. Also, prizes were distributed for these events.
7	Participants & Delegates in Number: Total=150
8	Valedictory function: The vote of thanks was given by Dr Purushotham A, Assistant professor, department of Psychiatry.
9	Any other information: Screenshots and photos



Dignitaries inaugurating and participating in the CME



Chief guests attending the CME program



Chief guests on the stage



Police personnel, medical students, interns, faculty members attending the CME program



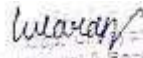
CME Organizing team of psychiatry department




Speakers of World mental health day



Students performing skits and receiving certificates, prizes for the same


 Sri Jayacharya Institute of Health Sciences
 R.L.J. Hospital & Research Centre
 Tenkasi, Kolar
 Dr Mohan Reddy M
 Prof & HOD
 Dept of Psychiatry
 SDUMC, Kolar

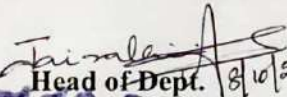
	SRI DEVARAJ URS COLLEGE OF NURSING, TAMAKA, KOLAR – 563 103.	Format No.	ADM-15
		Issue No.	02
INTERNAL COMMUNICATION FORM		Rev No.	00
		Date	01-09-2018

Ref:No.SDUCON/23/2024-25

Date: 08-10-2024

CIRCULAR

This is to inform all the teaching staffs of SDUCON that, the department of Psychiatric Nursing is conducting an awareness programme in view of World Mental Health Day-2024: Theme- “Mental Health at Work” on 10/10/2024 at SNR District Hospital, Kolar between 01:00pm to 03:00pm. Hence, all the staffs are requested to attend for the same.


 Head of Dept. 8/10/24
 Head of the Department
 Dept. of Psychiatric Nursing
 Sri Devaraj Urs College of Nursing
 Tamaka, Kolar - 563 103.


 Principal
 Sri Devaraj Urs College of Nursing
 Tamaka, Kolar-563103



**SRI DEVARAJ URS COLLEGE OF
NURSING, TAMAKA, KOLAR-563103**

Format No. _____
Issue No. PRN
Rev.No. 02
Date: 00
01-09-201

Faculty list

SL. No.	Names	Sign.	SL No.	Names	Sign.
01	Dr.Lavanya Subhashini		30	Mrs.Marthasherly	
02	Dr.Zeanath.C.J.		31	Mrs.Kanthamma.B.	
03	Prof.Jairakani Aruna		32	Mr.Mahesh.S.	
04	Prof.Punitha M.		33	Ms.Bharathi.S	
05	Mrs.Gayathri.K.V		34	Ms. Vanaja.K.T	
06	Dr.Malathi K.V.		35	Ms.Shwetha.S.G.	
07	Mrs.Vani R.		36	Mrs.M.Kavitha.	
08	Mrs.Ramya. M.		37	Mr.NaveenKumar.H.V	
09	Mrs.Saritha.V		38	Mrs.Shobha Mathew	
10	Mrs.Komaladevi.R		39	Mrs.Uma.S.	
11	Mrs.Sumalatha.C.V.		40	Mrs.C.Rukaminidevi.	
12	Mrs.Rashmi.A		41	Mrs.Lavanya.N.N	
13	Mrs.Kavitha.P		42	Mrs.Tabhitha Florance	
14	Mrs.Geetha.S.		43	Ms.Jean Pearl Maria.V.	
15	Mr.Gajendra Singh		44	Mr.Alfred Arun Kumar.	
16	Mr.Rajendra Prasad		45	Mr.Hithesh.S.	
17	Mrs.Beneta. V.		46	Mrs.Geetha.G.R	
18	Mr.Sampath Kumar		47	Mrs.Dorothy Dayana	
19	Mrs.Srilakshmi.G.		48	Mrs.Munirathna .N.	
20	Mrs.Swathi Shree.N.		49	Mrs.Prema.N.	
21	Ms.Gethcia.I.		50	Mrs.Nasreen Taj.	
22	Mrs.Thanuja.M.C		51	Mrs.Mala.N.	
23	Mrs.Uma.V.		52	Mrs.Magdalena.B	
24	Mrs.Bindhu.K		53	Mr.Suresh.R.S.	
25	Ms. Asha S		54	Mr.Sathish Kumar	
26	Ms. Malathi B		55	Mr.Venkataramappa.	
27	Ms.Kokila.K		56	Mrs.Pramelamma.N.	
28	Mrs.Shanthi.D		57	Mrs.Rubin George	
29	Mrs.Jebamani Hepziba		58	Mrs.Philomina Mudiyarasi	



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TAMAKA, KOLAR-563103.

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ISO 9001: 2015 CERTIFIED & NAAC ACCREDITED



INVITATION



We solicit your gracious presence for celebration of

World Mental Health Day-2024

Theme-“It is time to prioritize mental health in the workplace”.

10th October 2024 at 02:00 to 03:00pm

Venue: SNR District Hospital, Kolar

Organized by:

Department of Psychiatric Nursing

(IIIrd Year B.Sc Nursing Students)





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TAMAKA, KOLAR-563103.
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Date: 10th October 2024

Time: 02:00pm-03:00pm

Venue: SNR District Hospital, Kolar

***Theme-*"It is time to prioritize mental health in the workplace".**

Programme Schedule

Time	Event	In-charge
02:00pm-02:05pm	Invocation Song	Students of IIIrd year B.Sc(N)
02:06pm-02:10pm	Welcome Address	Ms.Swathi.G IIIrd year B.Sc(N) student
02:11pm-02:20pm	Key note Address	Prof. Jairakini Aruna, HOD, Dept of Psychiatric Nursing, SDUCON.
02:25pm-02:46pm	Mime Show on Mental Health Day Theme-"It is time to prioritize mental health in the workplace".	Ms.Glory and Team
02:47pm-02:50pm	Health Education on Managing Mental Health at Work Place	IIIrd year B.Sc(N) students.
02:51pm-02:55pm	Presidential Address	Mrs.Kalyani Programme Coordinator, SNR District Hospital
02:56pm-03:00pm	Vote of Thanks	Ms.Gangothri IIIrd year B.Sc(N) student



SRI DEVARAJ URS COLLEGE OF NURSING,
TAMAKA, KOLAR-563 103

REPORT

Format No.	PRN-05
Issue No.	02
Rev. No	00
Date	01-09-2018

Date: 15/10/2024

Report on World Mental Health Day-2024

The Department of Psychiatric Nursing, in collaboration with the IQAC of SDUCON, organized an awareness program on World Mental Health Day, held on 10th October 2024, at SNR District Hospital in Kolar.

The theme of the event was "It is Time to Prioritize Mental Health in the Workplace." The Programme started with invocation song by III Year B.Sc(N) students. **Ms.Swathi.G** IIIrd year B.Sc(N) student welcomed the gathering. **Prof. Jairakini Aruna**, HOD, Dept of Psychiatric Nursing, SDUCON had highlighted the importance of celebrating World Mental Health day every year. Followed by Mime Show on Mental Health Day Theme-"It is time to prioritize mental health in the workplace", by **Ms.Glory and Team** from III Year B.Sc(N) students.

The next session was a health education presentation on the topic "Managing Mental Health in the Workplace," delivered by third-year B.Sc Nursing students. Mrs.Kalyani Programme Coordinator, SNR District Hospital had delivered the Presidential Address. Finally the programme was ended with vote of thanks. A total of 28 participants had benefited from the programme.



Jairakini Aruna
Signature of the HOD
Head of the Department
Dept. of Psychiatric Nursing
Sri Devaraj Urs College of Nursing
Tamaka, Kolar - 563 101.

[Signature]
Principal
Sri Devaraj Urs College of Nursing
Tamaka, Kolar-563101



SRI DEVARAJ URS COLLEGE OF NURSING

TAMAKA, KOLAR-563103.

(A UNIT OF SRI DEVARAJ URS EDUCATIONAL TRUST)

(ISO 9001: 2015 CERTIFIED & NAAC ACCREDITED)

World Mental Health Day-2024



Participants list

Date - 10/10/2024

Sl.NO	Name of the Participant	Signature
1.	Gundamma	[Signature]
2.	Venkata Lakshamma	[Signature]
3.	Muniyappa	[Signature]
4.	Alauryamma	[Signature]
5.	Alaga Lakshmi	[Signature]
6.	Venkatesha	[Signature]
7.	Motappa	[Signature]
8.	Basappa	[Signature]
9.	Frishappa	[Signature]
10.	Lakshmidewi	[Signature]
11.	Rathamma	[Signature]
12.	Alauryan Swarni	[Signature]
13.	Alagurajappa	[Signature]
14.	Lakshammmai	[Signature]
15.	Shivappa	[Signature]
16.	Lakshmidavamma	[Signature]
17.	Ramakka	[Signature]
18.	Devamma	[Signature]
19.	Pampanna	[Signature]
20.	Govindappa	[Signature]
21.	Venkateshappa	[Signature]
22.	Venkataamma	[Signature]
23.	Shanthamma	[Signature]
24.	Radhamma	[Signature]
25.	Subadheramma	[Signature]
26.	Devanna	[Signature]
27.	Rajanna	[Signature]
28.	Anjappa	[Signature]



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar – 563103.

DEPARTMENT OF COMMUNITY MEDICINE



REPORT OF WORLD MENTAL HEALTH DAY AWARENESS

EVENT-2

PROGRAMME FOR SCHOOL STUDENTS HELD ON 15-10-2024

The Department of Community Medicine, in collaboration with the Department of Psychiatry, organized a *World Mental Health Day* awareness programme on October 15, 2024, at Sir Joseph Lister Hall, Sri Devaraj Urs Medical College, Kolar. The event aimed at educating school students on the importance of mental health, with 177 students from Janata High School, Kembodi, and 50 students from R.L. Jalappa School, Kolar, participating in the programme.

Dr. Prasanna Kamath B T, Head of the Department of Community Medicine at SDUMC, commenced the programme with a welcome address at 10:30 AM. He underscored the critical importance of mental health awareness in schools, highlighting that creating a supportive environment where students can openly discuss their mental health challenges is essential for their overall development and wellbeing.”



Fig 1: Dr. Prasanna Kamath delivering the welcome address.

Following the welcome address, **Dr Muninarayana C**, Registrar of SDUAHER, Delivered a speech at 10.45AM. He highlighted the importance of early mental health intervention, especially in adolescence. "Mental health is a vital aspect of overall health and educating students at this stage can greatly impact their emotional stability in the long run",



Fig 2: Dr. Muninarayana C delivering his talk on the Introduction to Mental Health.

The first session began at 11:00 AM with **Dr. Seethal Rose**, Assistant Professor, Department of Community Medicine, speaking on the World Mental Health Day theme: "It's time to prioritize mental health and workplace stress." She focused on the importance of prioritizing mental well-being, especially in stressful environments like schools and future workplaces.

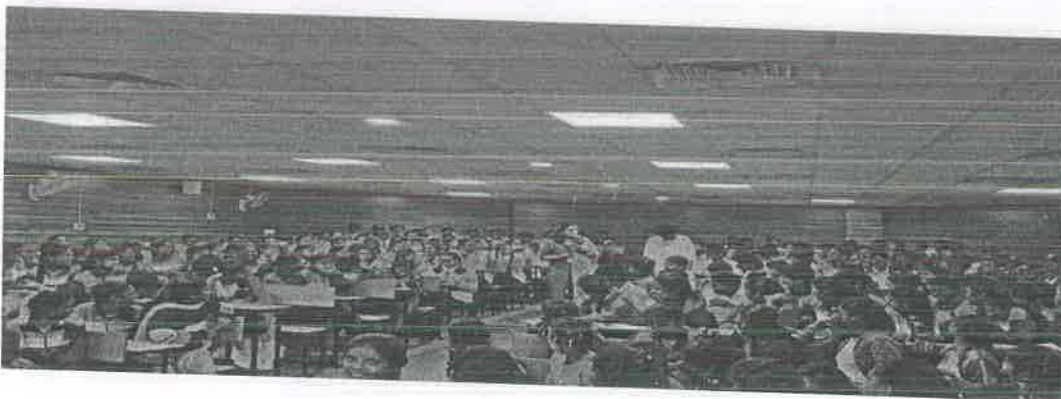


Fig 3: Dr. Seethal Rose delivering his talk on the World Mental Health Day theme.

At 11:30 AM, the second session was led by **Dr. Mahima**, an MPH Consultant in the Department of Community Medicine. She focused on anxiety and depression, common mental health issues among adolescents. She explained that these problems are quite prevalent in young people. She emphasized the importance of recognizing these issues early and providing the necessary support. Early intervention can help prevent these conditions from becoming more severe and having long-lasting effects on the youth.



Fig 4: Dr. Mahima delivering a speech on Anxiety and Depression.

The final session began at 12:00 PM, led by **Dr. Sahana S. Murthy**, Assistant Professor in the Department of Psychiatry. She discussed strategies for managing adolescent mental health problems, emphasizing the importance of timely mental health support. She highlighted the collaborative role of families, schools, and healthcare professionals in addressing these issues effectively. She also outlined practical strategies that these groups can use to solve mental health challenges, underscoring how such a supportive network can significantly enhance

intervention efforts and aid in the recovery process, thereby improving the overall well-being of adolescents.




Fig 5: Dr. Sahana S. Murthy delivering her speech on the Management of Adolescent Mental Health Problems.

The Programme concluded at 12.45 PM with a vote of thanks delivered by **Dr. Pradeep T.S, Associate Professor, Department of Community Medicine**, who thanked the speakers, participants and organizers for their contributions to the successful event.

This initiative was well received, with students actively engaging in discussions and gaining insights into managing mental health and stress effectively.


Joint Organizing Secretary


Organizing Secretary
Associate Professor
Dept. of Community Medicine
SDUMC, Kolar-563103


Organizing Chairperson
Professor & HoD
Dept. of Community Medicine
SDUMC, Kolar-563103



No. SDUAHER/KLR/IM/ 119/2024-25

Date: 09/11/2024

To,
The Registrar
SDUAHER, Kolar.

From,
I/C Head
Dept. of Integrative Medicine
SDUAHER

Through: proper channel

Dear Sir,

Subject: Submission of Sahaja Yoga Training Program -Event Reports

Concerning the above subject, I would like to bring the following information for your consideration. With your permission, the Department of Integrative Medicine, Faculty of Allied Health & Basic Sciences in collaboration with Dept. of Student Welfare, SDUAHER is organizing the Sahaja Yoga Training Program to commemorate the Dhanvanthari Jayanti (National Ayurveda Day) on 8th Nov. 2024. Herewith I am submitting the event reports of the same in a prescribed format.

Thanking you

Enclosures

- Event report
- Flyer
- Participant attendance

Yours Sincerely

(Dr. Ashween Bilagi)
Head

Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tataka, Kolar-563101, Karnataka, India

Event report

Name of the Event: Commemoration of Dhanvanthri Jayanti (National Ayurveda Day) Sahaja Yoga Training Program

Name of the Department: Integrative Medicine

Sl.no	Event Report
1	Level of Event - Institutional
2	<p>Background/Introduction- Dhanvantri Jayanti is a sacred day in Hindu tradition, celebrated to honour the divine healer and god of Ayurveda, Dhanvantri. Observed two days before Diwali, on the thirteenth day of the lunar fortnight in the Hindu month of Kartika, this festival is a reminder of the power of healing and the divine knowledge that safeguards health and well-being. Dhanvantri Jayanti originates from Hindu mythology, specifically the story of the Samudra Manthan, or the churning of the ocean by gods and demons. During this cosmic event, the gods and demons churned the ocean in search of the nectar of immortality, amrita. From this churning emerged Lord Dhanvantri, carrying a pot of this sacred nectar, symbolizing health, vitality, and the gift of life. As the divine physician, Lord Dhanvantri is believed to be an incarnation of Lord Vishnu, who took form to bestow the knowledge of Ayurveda—the ancient science of natural healing and holistic well-being—upon humanity. On this day, practitioners, students, and devotees of Ayurveda celebrate this day by seeking his blessings by performing prayers and rituals in temples and homes for health, knowledge, and healing abilities. In today’s world, Dhanvantri Jayanti is a powerful reminder of the importance of self-care, wellness, and preventive health. It calls us to reconnect with nature, seek balance in our lives, and pursue well-being through mindful practices. This celebration reinforces the idea that true health is holistic, integrating physical, mental, and spiritual dimensions of life.</p> <p><i>Sahaja Yoga</i> is a unique form of meditation founded by Shri Mataji Nirmala Devi in 1970, offering a practical and transformative approach to self-realisation. Unlike many forms of meditation that require rigorous practices, Sahaja Yoga is based on a natural and effortless awakening of the inner energy, known as kundalini, which resides at the base of the spine. When awakened, this energy rises through the central energy channel, purifying and balancing the body’s energy centres, or chakras. The core of Sahaja Yoga is the belief that every individual carries within them a source of peace and joy that can be tapped into through the awakening of the kundalini. This experience of awakening is often referred to as "self-realisation," where individuals become aware of their own inner spirit and connection to the universe. One of the</p>

	key features of Sahaja Yoga is its simplicity and accessibility—anyone can practice it regardless of age, background, or physical ability. The meditation does not require intense concentration or hours of training; rather, it encourages a natural state of awareness that integrates seamlessly into everyday life. Sahaja Yoga is practiced worldwide, with free sessions and classes offered in many communities. It is not just a meditation technique but a journey into self-discovery and inner harmony, enabling individuals to navigate life with a focused and peaceful mind.
3	Venue- Silver Jubilee Auditorium, Library Building, SDUAHER
4	Sponsors - Sri Devaraj Urs Academy of Higher Education & Research
5	Inauguration- <ul style="list-style-type: none"> • Dr. B Vengamma, Vice Chancellor, SDUAHER • Dr. Muninarayana C, Registrar, SDUAHER • Dr. Pradeep P S, Director, Department of Student Welfare, SDUAHER • Dr. Ashween Bilagi, I/c HOD, Integrative Medicine, SDUAHER • Dr. Manoj, Resource Person, Sahaja Yoga Team, Bengaluru • Mr. Srinivas, Sahaja Yoga Team, Kolar
6	Speakers- <ul style="list-style-type: none"> - Dr. B Vengamma, Vice Chancellor, SDUAHER - Dr. Muninarayana C, Registrar, SDUAHER - Dr. Manoj, Resource Person, Sahaja Yoga Team, Bengaluru
7	Participants & Delegates - Total: 450+15 =465 Offline mode
8	Prize distribution etc - NA
9	Valedictory ceremony- 1. Dr. Manoj, 2. Dr. Megha, 3. Mr. Srinivas, 4. Asha, 5. Hanumantha Rayudu, 6. Radhakrishna, 7. Umadevi, 8. Narayanaswamy
10	Highlights of the events including photos - Attached below
11	Dates of conduct of events: 8-11-2024

Event Pics





Shilpa
 Head
 Department of Integrative Medicine
 Sri Devaraj Urs Academy of
 Higher Education and Research
 Yamaka, Kolar-563101, Karnataka, India



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R.L. JALAPPA COLLEGE OF PHARMACY

No. SDUAHER/KLR/RLJCOP/ 120 /2024-25

DATE: 10-12-2024

Sl. No.	Event Report
1	Name & Level of Event
	Seminar On "Yoga for Health and Wellness" Conducted by R L Jalappa college Of Pharmacy
2	Background / Introduction
	<p>Seminar On "Yoga for Health and Wellness" 2024- 2025 has been held on 04-12-2024 for 1st year, 1st semester B-Pharmacy students.</p> <p>Timings:10:40AM-12:15PM</p> <p>Program started at 10:40AM by welcoming the Dignitaries Ms Chaithanya A, Assistant Professor, RLJCOP, SDUAHER</p> <p>10:45AM- Speaker introduction by Ms Chaithanya A, Assistant Professor, RLJCOP, SDUAHER</p> <p>10:50AM- Inaugural song by Ms. Asha Rani</p> <p>11:30AM- Dr. . Muninarayana C, Registrar, SDUAHER has addressed the gathering</p> <p>11:37 PM-Felicitation to the (speaker) Dr.Ashween Bilagi, Assistant Professor, HOD Integrative Medicine, SDUAHER from the hands of Dr. Muninarayana C, Registrar, SDUAHER</p> <p>10:58 to11:45AM- Dr.Ashween Bilagi, Assistant Professor, HOD Integrative Medicine, SDUAHER has engaged the session</p> <p>11:49AM to 12:00PM- Practice session has conducted by Ms. Shreya, Ph D Scholar, Dept. of Integrative Medicine, SDUAHER</p> <p>12:03PM- Dr. Ashok Kumar B S, Principal, RLJCOP, SDUAHER has addressed the gathering</p> <p>12:15 PM-Vote of Thanks by student Yukti ,RLJCOP, SDUAHER</p>
3	Venue :
	R L Jalappa College of Pharmacy, Tamaka, Kolar- 563103
4	Sponsors
	SDUAHER
5	Inauguration
	-
6	Speakers / Judges / Chairman / Panel Team
	<p>Speaker of the Seminar - Dr.Ashween Bilagi, Assistant Professor, HOD Integrative Medicine, SDUAHER</p> <p>The following members were addressed to the Event</p> <ol style="list-style-type: none">1. Dr. Muninarayana C, Registrar, SDUAHER



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R.L. JALAPPA COLLEGE OF PHARMACY

	2. Dr. Ashok Kumar B S, Principal, RLJ COP, SDUAHER
7	Participants & Delegates in Number
	Delegates – 3, Students – 45, Teaching Faculties – 5, non- teaching Faculties -5 Total - 58
8	Awards / Prices
	-
9	Valedictory
	-
10	Any Other Information
	-

**Seminar on -
Yoga for Health and Wellness**

Resource Person
Dr. Ashween Bilagi
HOD OF YOGA DEPARTMENT
BIDAR

Organized by
R.L. JALAPPA COLLEGE OF
PHARMACY

4 DECEMBER 2024
START AT 10:30 AM
VENUE: CLASS ROOM 1, RLJ COP

Registration QR code

Seminar invitation

Welcoming the Resource person

Welcoming the Resource person

Speaker Introduction - Ms. Chaithanya A

Speaker Introduction - Ms. Chaithanya A

Dr. Muninarayana C sir has addressed the session

Dr. Muninarayana C sir has addressed the session



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

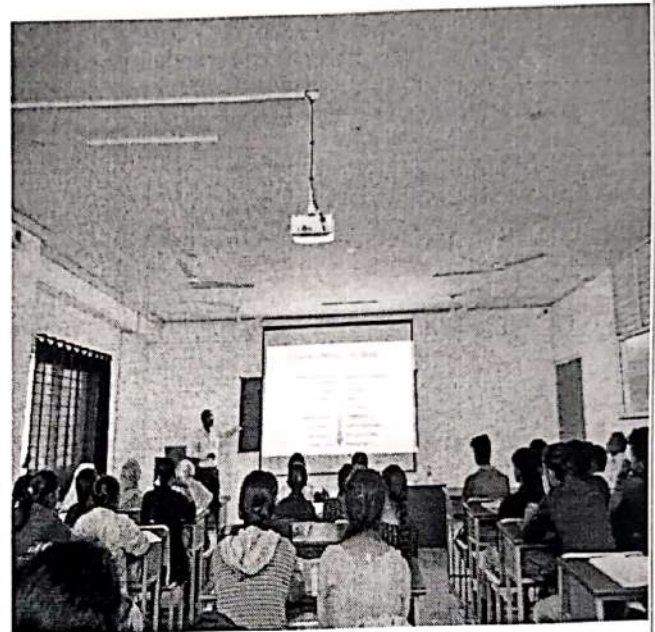
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R.L. JALAPPA COLLEGE OF PHARMACY



Dr. Ashok kumar B S sir has addressed the session



Engaged the session engaged by Dr. Ashween Bilagi



Practice session engaged by Ms Shreya



Felicitation to the speaker



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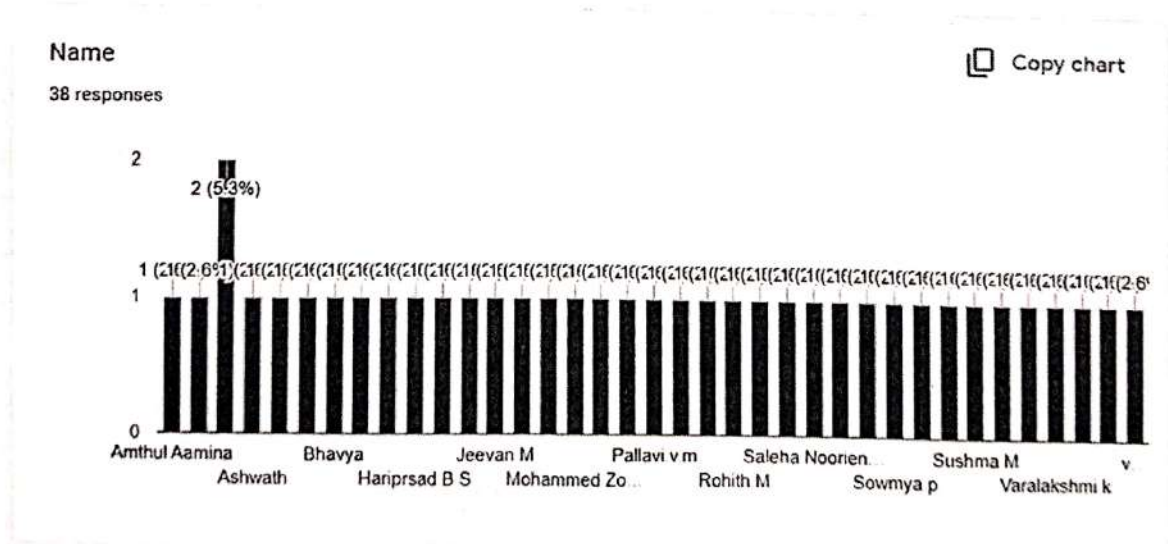
Tamaka, Kolar 563103, Karnataka, India E mail -rljcop@sduaher.ac.in

R.L. JALAPPA COLLEGE OF PHARMACY



Certificate of Appreciation of the Speaker

Feedback of the seminar





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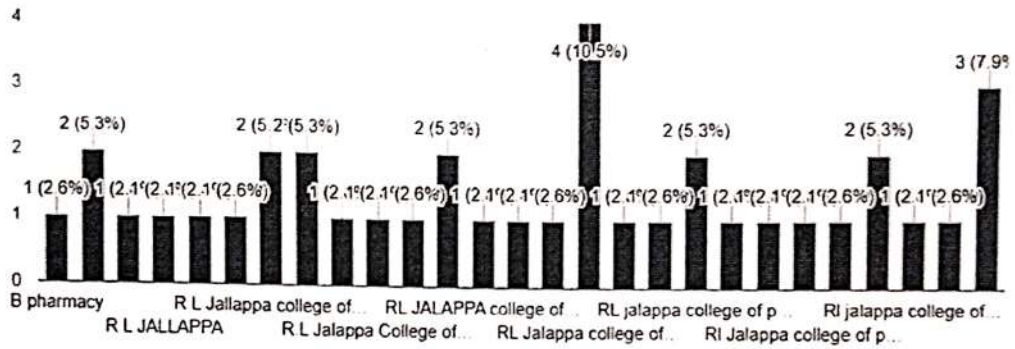
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R.L. JALAPPA COLLEGE OF PHARMACY

Organization

Copy chart

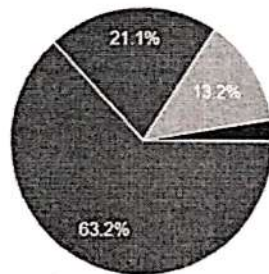
38 responses



How would you rate the overall experience?

Copy chart

38 responses

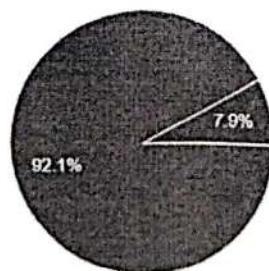


- ● ● ● ● ● (Excellent)
- ● ● ● ● (Very Good)
- ● ● ● (Good)
- ● ● (Average)
- ● (Poor)

Did the class/workshop meet your expectations

Copy chart

38 responses



- Yes
- Somewhat
- No



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

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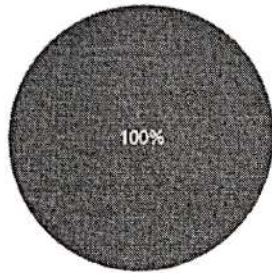
Tamaka, Kolar 563103, Karnataka, India E mail -rljcop@sduaher.ac.in

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Did you feel the session contributed to your wellness goals (e.g., relaxation, flexibility, mindfulness)

Copy chart

38 responses

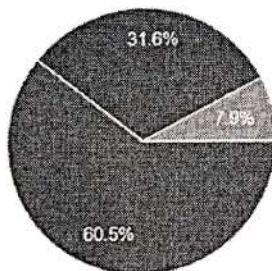


- Yes
- No

Which activities or classes would you like to see offered in the future?

Copy chart

38 responses



- Yoga for specific conditions (e.g., back pain)
- Advanced mindfulness techniques
- OTHERS

Time Stamp	Name	Designation	Email	Phone Number	Organization	Any health issues?
12/3/2024 17:26:07	Jeevan M	Student	mj205661@gmail.com	9110255399	RL Jalappa college of pharmacy	No
12/3/2024 17:27:	Saleha Noorien .M	Student	salehanoorien721@gmil.com	9481287259	Yoga for health	No issues





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21						and wellness	
12/3/2024 17:28:58	Ashwath sagar k. S	Student	ashwathsagarks@gmail.com	8088266413	RL JALAPPA COLLEGE OF PHARMACY	No issues	
12/3/2024 17:30:06	Hariprasad B S	Student	reddyhariprasad05@gmail.com	8105701630	Rl jalaapa college of pharmacy	No	
12/3/2024 17:30:12	Sanjeev.S	Student	sanjeevchilli03@gmail.com	8310672204	RL JALAPPA college of pharmacy	No	
12/3/2024 17:30:47	Godavari	Student	godhavarigodavari427@gmail.com	7338000653	Nothing	No	
12/3/2024 17:30:50	Hariprasad B S	Student	reddyhariprasad05@gmail.com	8105701630	Rl jalaapa college of pharmacy	No	
12/3/2024 17:31:03	Chethu	Student	chethusn092007@gmail.com	6363736085	Good	Noo	
12/3/2024 17:31:55	Mubasheera anjum	Student	mubasheeraanjum9606@gmail.com	9606330067	Rl jalappa college of pharmacy	No	
12/3/2024	BINDUSH REE.N	Student	bindushree1047@gmail.com	8867809429	R L Jallappa	No	



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17:36:11					college of pharmacy	
12/3/2024 17:36:12	Rakshitha M	Student	b0987140@gmail.com	9900515284	R L JALLAPPA COLLEGE OF PHARMACY	No
12/3/2024 17:38:20	B S Dharshan	Student	dharshanbs07@gmail.com	9663999677	R L Jalappa college of pharmacy	No
12/3/2024 17:38:39	Vidyashree.M	Student	vidyashree14.06@gmail.com	8197953834	R.L Jalappa college of pharmacy	No
12/3/2024 17:43:11	Mohammed shahid	Student	mdshahid35409@gmail.com	7795535409	R L jalappa college of pharmacy tamaka kolar	No
12/3/2024 17:45:34	Amthul Aamina	Student	amthulaamina26@gmail.com	7975028252	RL jalappa college of pharmacy	No
12/3/2024 17:54:58	Pallavi.v.m	Student	pallavimanjunathcmymail.com	7337682807	B pharmacy	No
12/3/2024 17:55:	Anusha S	Student	anusha7437@gmail.com	9164322716	Student	No



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09						
12/3/2 024 17:58: 13	Anirudh M	Student	anirudhshreyas98@gmail.com	819792 6012	B PHAR MACY	No
12/3/2 024 18:03: 33	Sahana.R	Student	sahana25907@gmail.com	819719 9686	RL Jalappa college of pharmac y	No
12/3/2 024 18:06: 54	Shaik ayan	Student	shaik.areeb14@gmail.com	973855 3636	B pharma	None
12/3/2 024 18:11: 37	Spoorthi Reddy G B	Student	spoorthireddygb10@gmail.com	966399 1876	R L Jalappa College of pharmac y	No
12/3/2 024 18:12: 52	Saleha Noorien .M	Student	salehanoorien721@gmail.com	948128 7259	Yoga for health and wellness	No health issue
12/3/2 024 18:13: 03	Janardhan s	Student	janardhnasjanardhnas@gmail.com	831013 0659	Rl jalappa College of pharmac y	No
12/3/2 024 18:13: 04	Mohamme d Zouni Sama	Student	mohammedshaikarhanmohammed@gmail.com	748388 6289	Bachelo r of pharmac y	No
12/3/2 024 18:16: 44	Asra	Student	asraasra7989@gmail.com	767682 1475	R l jappal	No
12/3/2 024 18:19:	Architha s	Student	archithasrinivasareddy1705@gmail.com	990297 0466	College	No



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32						
12/3/2024 18:21:00	Varalakshmi k	Student	archuashu1432@gmail.com	9591328064	B pharm	No
12/3/2024 18:21:35	Saquib	Student	arsaquib501@gmail.com	6362440801		
12/3/2024 18:21:47	Gowri priya.M.V	Student	gowripriya262006@gmail.com	9972026045	R.L.Jalappa college of pharmacy	No
12/3/2024 18:22:49	Yukthi.S	Student	yukthiyeshu@gmail.com	8431504757	Yoga	No
12/3/2024 18:26:00	Sushma M	Student	sushmasushmam2006@gmail.com	8431222374	Ok	No
12/3/2024 18:27:08	Navyashree. M	Student	navyashreemnavyashreem03@gmail.com	9611991962	Yoga	Cough, sneezing
12/3/2024 18:27:12	Sahana BN	Student	narayanaswamybv70@gmail.com	6363189542	B Pharmacy	No
12/3/2024 18:28:51	Zoya fathima	Student	zoyafathima1786@gmail.com	6360627806	RLjalappa college of pharmacy	Yes
12/3/2024 18:30:40	Sushmitha	Student	sushmithas2006@gmail.com	9945308937	RLjalappa college of B.pharmacy	No



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12/3/2024 18:31:37	Janavi. A	Student	janujanavi374@gmail.com	636022 5169	Yaga	No
12/3/2024 18:34:29	Ashwath sagar k. S	Student	ashwathsagarks@gmail.com	808826 6413	RI jalappa college of pharmac y	No
12/3/2024 18:39:35	Bhavya J	Student	bhavyabhavi304@gmail.com	948003 2812	RL Jalappa medical College of pharmac y	No
12/3/2024 18:43:17	Rohith.M	Student	rohithmrohithm302@gmail.com	897023 1001	R L jalappa college of pharmac y	No
12/3/2024 18:44:20	Vijay kumar. M	Student	Vijay720552@gmail.com	767624 2617	RI jalappa college of pharmac y	No
12/3/2024 18:45:05	Rohith.M	Student	rohithmrohithm302@gmail.com	897023 1001	R L jalappa college of pharmac y	No
12/3/2024 18:46:16	Bharathteja	Student	venkysdc1@gmail.com	843129 1998	pharmac y	No
12/3/2024 19:00:11	Ismayil Ahmed	Student	ismayilahamed369@gmail.com	636269 7275	RI jallapa college of pharmac	No



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					y	
12/3/2 024 19:26: 26	Tousif	Student	tousifPashatousifPasha88@gmail.com	914812 9539	Seminar	No
12/3/2 024 19:32: 47	Syednawaz	Student	syednawaz935390@gmail.com	935390 6865	Rl jalappa college	Breathing problem
12/3/2 024 21:39: 21	Rachanaks	Student	rachanaks18feb@gmail.com	843107 7009	R.L.Jalappa college of Pharmacy	Hair fall
12/4/2 024 6:12:3 1	Hariprasad B S	Student	reddyhariprasad05@gmail.com	810570 1630	Rl jalaappa college of pharmacy	No
12/4/2 024 9:03:4 0	Sowmya p	Student	sowmyapsowmyap00@gmail.com	636254 5204	Yoga	No
12/4/2 024 9:36:1 0	Mudassir pasha	Student	mudassirshaik83@email.com	984492 0217	RL jalappa college of pharmacy	No
12/4/2 024 9:38:4 9	Niranjan k	Student	n80838992@gmail.com	866048 5608	RL jalappa college of pharmacy	No
12/4/2 024 9:42:5 6	Mohammed kaatib mujtahid	Student	mohammedkaatibmujtahid966@gmail.com	966315 7895	RL jalappa college of pharmacy	Palpitations



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12/4/2024 9:44:14	Mohammad Kaatib mujtahid	Student	mohammedkaatibmujtahid966@gmail.com	9663157895	RL jalappa college of pharmacy Sri Devaraj urus Medical College of pharmacy	Palpitations
12/4/2024 9:44:33	NN Sudarshan	Student	nnsudarshan200@gmail.com	7760508816	RL Jalappa college of pharmacy	No
12/4/2024 9:46:22	Varalakshmi k	Student	archuashu1432@gmail.com	9591328064	Yoga	No
12/4/2024 10:20:00	Bhaghya Lakshmi	Student	cmbhagyalakshmi09@gamil.com	761964904		No



Principal

PRINCIPAL

**RL. JALAPPA COLLEGE OF PHARMACY
SDUAHER, TAMAKA, KOLAR**



No. SDUAHER/KLR/IM/ 136 /2024-25

Date: 28/ 12 /2024

To,
The Registrar
SDUAHER, Kolar.

From,
I/C Head
Dept. of Integrative Medicine
SDUAHER

Through: proper channel

Dear Sir,

Subject: Submission of World Meditation Day 2024 -Event Reports

Concerning the above subject, I would like to bring the following information for your consideration. the Department of Integrative Medicine in collaboration with Sri Devaraj Urs Medical College has organized the "World Meditation Day" Program on 28th Dec. 2024. Herewith I am submitting the event reports of the same in a prescribed format.

Thanking you

Yours Sincerely

(Dr. Ashween Bilagi)

Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tamaka, Kolar-563101, Karnataka, India

Enclosures

- Event report
- Flyer
- Participant attendance



Event report

Name of the Event: World Meditation Day 2024

Name of the Department: Integrative Medicine

Sl.no	Event Report
1	Level of Event - Academy
2	<p>Background/Introduction- The First World Meditation Day has been celebration has been organized by the Department of Integrative Medicine in collaboration with Sri Devaraj Urs Medical College on 28th December 2024. The program commenced with a prayer, followed by an introductory address by Dr. Ashween Bilagi, Head of the Department of Integrative Medicine. Dr.Bilagi delivered a presentation on the significance of meditation, emphasizing its historical and cultural relevance and its vital role in fostering holistic health and well-being. He also elaborated on various meditation techniques, including mindfulness meditation, transcendental meditation, guided visualization, and others, highlighting how these practices can address individual needs for physical, mental, and spiritual growth. Participants were encouraged to integrate meditation into their daily routines. The event saw enthusiastic participation from students, who actively engaged in a Pranayama and guided meditation session led by Mrs. Sunitha L. Theserene and tranquil atmosphere provided an ideal setting for reflection and mindfulness. The program concluded with the recitation of the Shanti Mantra, marking a peaceful and meaningful end to the event.</p>
3	Venue- Physiology A.V Hall, 1 st floor, SDUMC.
4	Sponsors - SDUAHER
5	Inauguration: Dr. Ashween Bilagi, Head, Dept. of Integrative Medicine, SDUAHER.

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KOLAR-563 103 KARNATAKA, INDIA

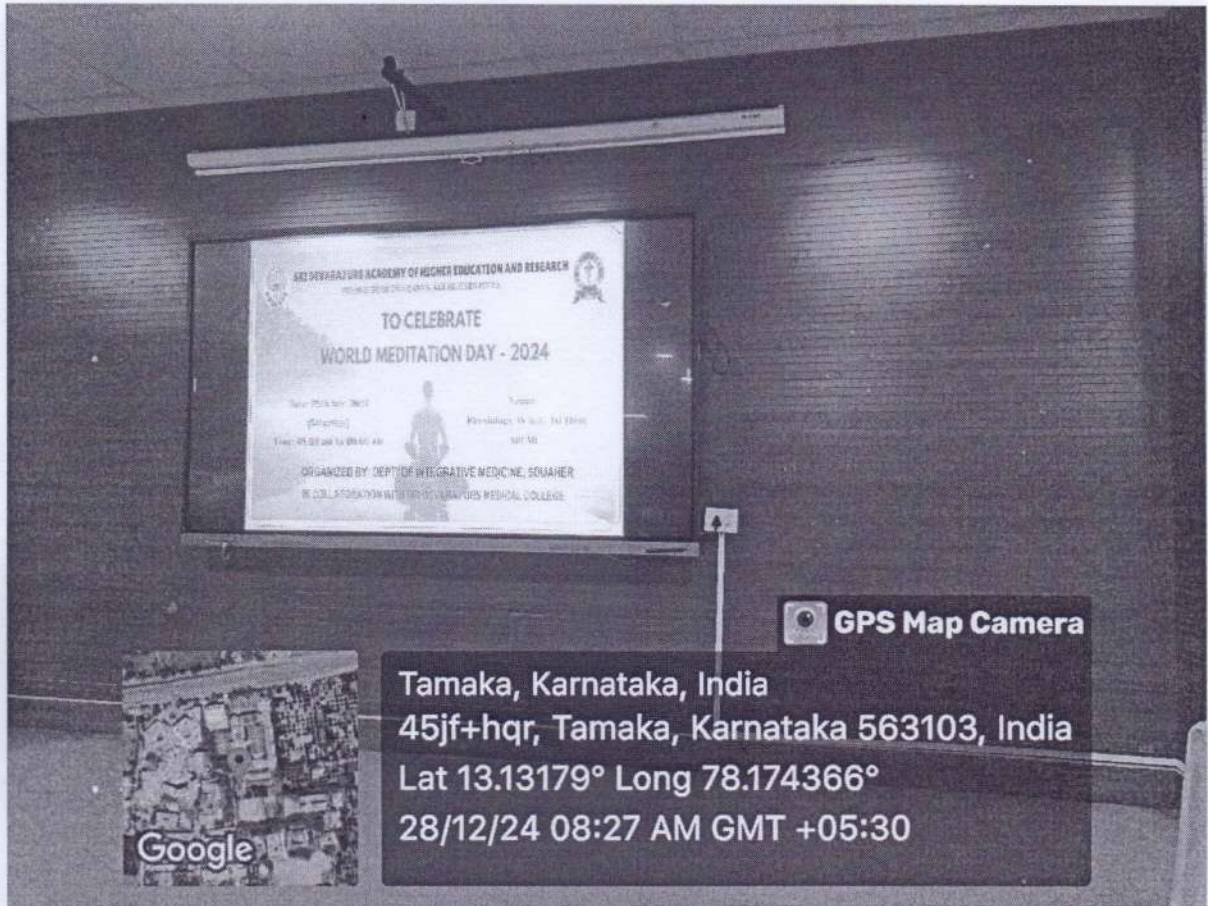
DEPARTMENT OF INTEGRATIVE MEDICINE

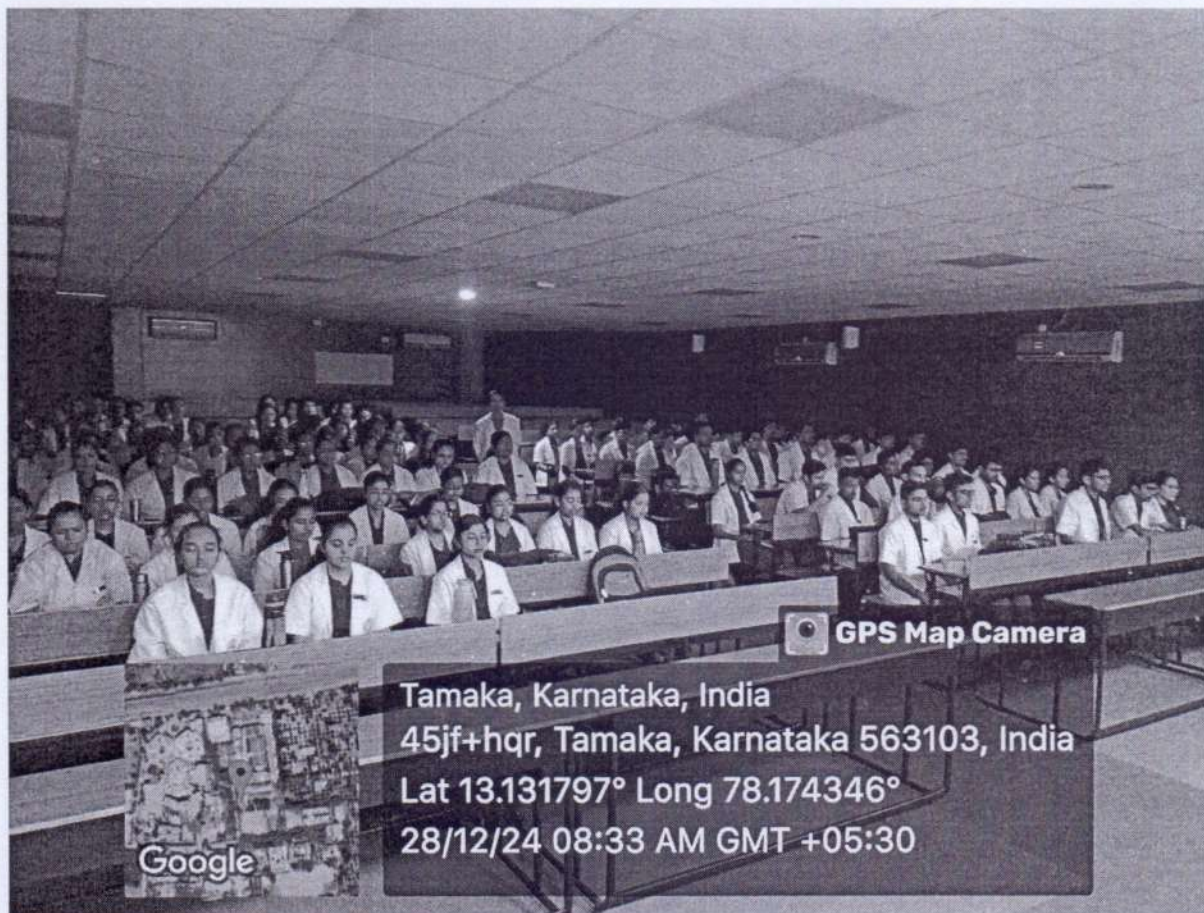
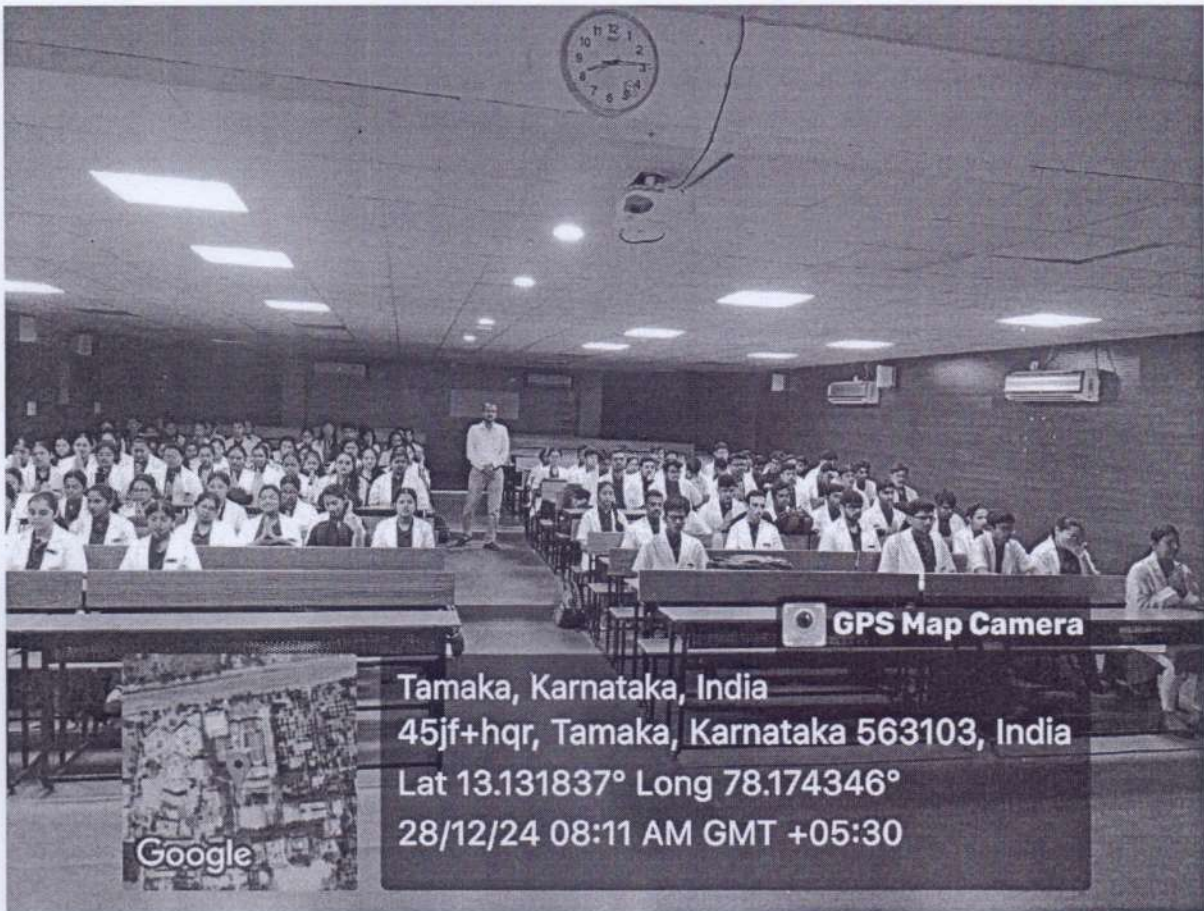


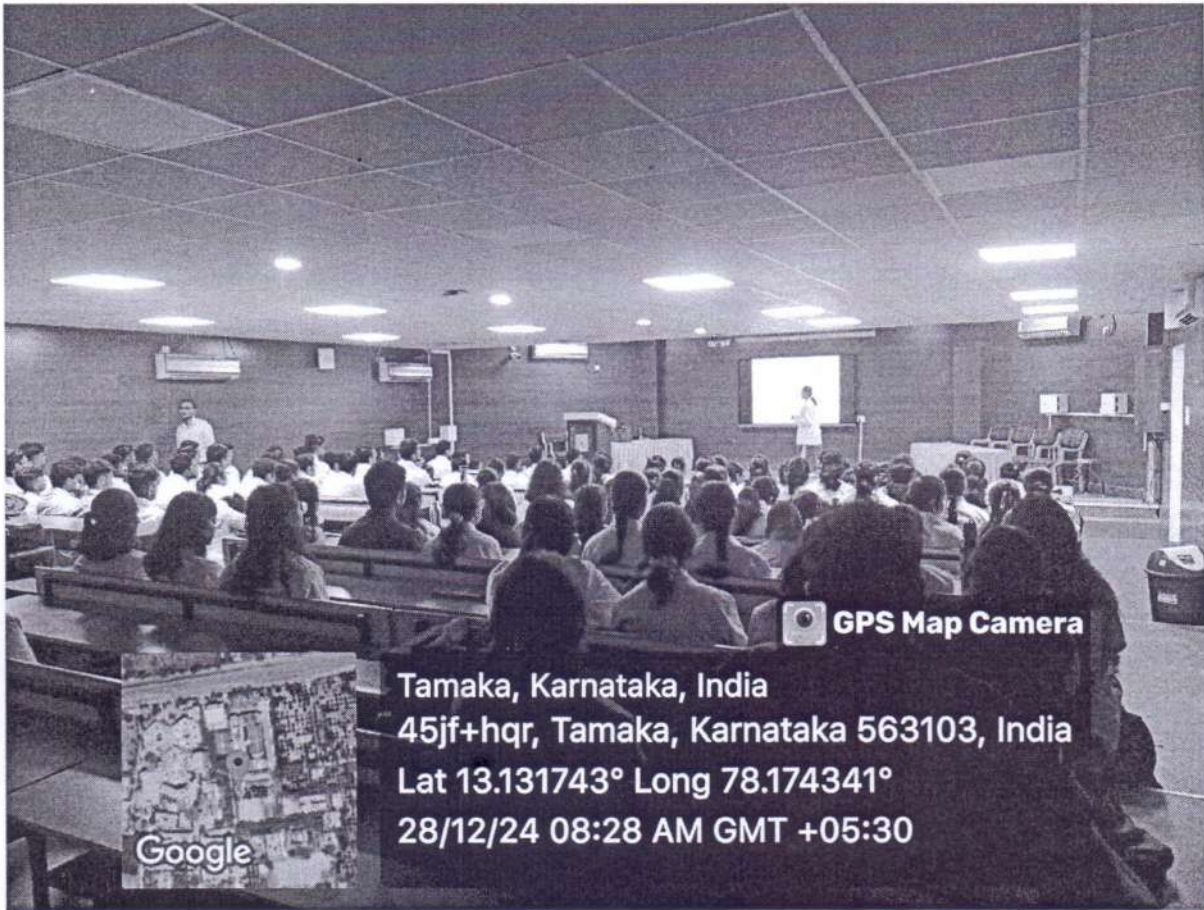
6	Speakers- Dr. Ashween Bilagi, Head, Dept. of Integrative Medicine, SDUAHER
7	Participants & Delegates - Total: 116+4=120 Offline mode
8	Prize distribution etc _ NA
9	Valedictory ceremony_ NA
10	Highlights of the events including photos - Enclosed
11	Dates of conduct of events: 28/12/2024


Head
Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tamaka, Kolar-563101, Karnataka, India

Event Pics:-







 **GPS Map Camera**

Tamaka, Karnataka, India
45jf+hqr, Tamaka, Karnataka 563103, India
Lat 13.131743° Long 78.174341°
28/12/24 08:28 AM GMT +05:30

Google



Head
Department of Integrative Medicine
Sri Devaraj Urs Academy of
Higher Education and Research
Tamaka, Kolar-563101, Karnataka, India



Sri Devaraj Urs Academy of Higher Education and Research

Deemed to be University, Kolar, Karnataka.



To Celebrate

World Meditation Day - 2024

The Department of Integrative Medicine is organizing the
“**Meditation Program**” In collaboration with Sri Devaraj Urs
Medical College.

Program Schedule:

Date: 28th Dec. 2024 (Saturday)

Time: 8:00 am to 9:00 am

Venue: Physiology AV hall, 1st floor SDUMC

Patrons

Late Shri RL Jalappa, Founder Chairman, SDUET
Shri GH Nagaraja, President, SDUET, Hon'ble Chancellor,
SDUAHER

Shri Rajendra J Vice-President, SDUET

Shri Hanumantha Raju K G, Secretary, SDUET

Dr. DVLN Prasad, Chief Administrative Officer, SDUAHER

Dr. Vengamma B, Vice-Chancellor, SDUAHER

Dr. Muninarayana C, Registrar, SDUAHER

Dr. Prabhakar K, Dean FOM & Principal, SDUMC

Dr. Krishnappa J, Medical Superintendent, RLJH & RC

Dr. Arvind Natarajan, Dean FAH & BS, SDUAHER

“World Meditation Day” – 2024

Date: 28/12/2024

From 8: 00 am to 9: 00 am


Venue: Physiology AV hall, 1st floor, SDUMC

Sl. No.	Name	Mobile No.	Signature
1.	Akhilendra . G	8971224724	Akhily
2.	Abhay mohan	6364507591	Abhay
3.	B.V. HIMANISH	9818051879	
4.	D. KUSHAL	8095002330	Kushal
5.	Rhythm Bhawsar	7911265014	Rhythm.B
6.	M. Gnanesh	8179571584	
7.	Aditya Sahani	8102288194	Aditya Sahani
8.	Pranjal Arya	7673880560	Pranjal Arya
9.	Muddu Prasad. L	8088672005	Muddupu
10.	Dhanush. S	8317300569	
11.	LAKSHAY GOYAL	8310748527	Laksh
12.	Suvamini Jain	8100610059	Sujin
13.	Rahul Raj	8368326760	Raj
14.	Bramesh kumar ray	9079485585	P. K. Ray
15.	Delapratima Saha	6289699768	Delapratima Saha
16.	LAKSHMI NARAYANAN . S	9600410896	Lakshmi
17.	Anandhu KS	7736767404	Anandhu
18.	Harshith . S	9008806300	Harshith . S
19.	Bavith	8660099460	Bhavith
20.	Karthik Kalyan	9676375047	Karth
21.	Karthik Kalyan	9677375047	Karth
22.	Yash Yash	9942680420	Yash *
23.	Hari Shankar	6384663717	HARI
24.	Yashwanth	790808312	Yash
25.	Vorshini	9629613172	Karth
26.	Yuvorani	9361878969	Yuvorani

Sl. No.	Name	Mobile No.	Signature
27.	Swedhiha Sri. G.R	9841026996	<i>Swedhiha</i>
28.	Sajal Padmajan	7306801160	<i>Sajal</i>
29.	Meera V	9677192097	<i>Meera</i>
30.	Aswathi	6366338436	<i>Aswathi</i>
31.	Ujjwal Kumar	8157296580	<i>Ujjwal Kumar</i>
32.	Mithun R. Gowda	9148140906	<i>Mithun</i>
33.	Divyanshu Chandra	9451354473	<i>Divyanshu</i>
34.	Hareesh Choudhary R	9449464430	<i>Hareesh</i>
35.	Samath. S	9880090116	<i>Samath</i>
36.	Varun. B.R	7795029626	<i>Varun B.R</i>
37.	Vishrutha. m	9972611242	<i>Vishrutha</i>
38.	Sanjana . C.	9980507530	<i>Sanjana . C.</i>
39.	Akshata . K .	8073077820	<i>Akshata</i>
40.	Nandish	6264805346	<i>Nandish</i>
41.	Bhargav. S. H	636118082	<i>Bhargav</i>
42.	Ab Vaibhav Garg	9084170340	<i>Vaibhav</i>
43.	ARYAN SONILAL	8452098334	<i>Aryan</i>
44.	J. ROSHINI	8056082882	<i>Roshini</i>
45.	Trisha N	9993229717	<i>Trisha</i>
46.	P. Jordhika	8328319095	<i>Jordhika</i>
47.	Sabeen Akthar	6377173611	<i>Sabeen Akthar</i>
48.	U. Keerthi	9901349607	<i>Keerthi</i>
49.	Ganima	6366646526	<i>Ganima</i>
50.	Gayal Kumar	9670090380	<i>Gayal</i>
51.	Sachin Sharma	7349195659	<i>Sachin</i>
52.	NITESH NAIK. N	8277431375	<i>Nitesh</i>
53.	M. Vidya Venkatesh	7022605565	<i>M. Vidya</i>
54.	Pritya Mann	9917567226	<i>Pritya</i>
55.	AMAN KUMAR	7903358528	<i>Amn</i>
56.	KOSURIPATHI SAI	8660366625	<i>P. Sai</i>

Sl. No.	Name	Mobile No.	Signature
57.	Sumedha . P . S	9449652717	Sumedha
58.	Shrishti M.G.	7204726024	Shrishti
59.	Anitha Sankha Reji	8089320813	Anitha
60.	Ruchi T.oshan	6200072730	Ruchi
61.	Asmitha	9952558289	Asmitha
62.	Aadhya Kedia	8597685525	Aadhya Kedia
63.	P.L. Jhansi Kanaka	8861287698	P. Kanaka
64.	Lekshmi . P	7902582730	Lekshmi P
65.	Anwesha Pramenik	9593240088	Anwesha
66.	Khushi Kumari Akela	9359191091	Khushi
67.	Samyuktha Yadav	9663711149	Samyuktha
68.	Sidani Chikhale	8380070016	Sidani
69.	Nishi Gajjala	8904805600	Nishi G
70.	Andra Anakkal	8050406625	Andra
71.	Shubhassi Bexia	9148217655	Shubhassi Bexia
72.	HARINI KATAKAM	7022009133	Harini Katakam
73.	ANUSHREE . A .	9620306263	Anushree A
74.	RISHIKA	9986932058	Rishika
75.	REETU	8217645131	Reetu
76.	Sona . S . Kumar	7619545559	Sona S Kumar
77.	SHRIYA . G	9148617222	Shriya G
78.	NISHKA . KOPPALICAN	8762040206	Nishka
79.	MANASA KUMARASAMY	7358187639	Manasa
80.	Manjushree	9840402064	Manjushree
81.	Amika	8593037585	Amika
82.	Akshaya . B	9778015439	Akshaya B
83.	Anya Nimal . S . V	8078889078	Anya
84.	Sneha . H	6362949492	Sneha H
85.	Gayathri Greenid	9995362860	Gayathri
86.	M. Pawana	9975772248	M. Pawana

Sl. No.	Name	Mobile No.	Signature
87.	Pooja V	9482951494	Pooja
88.	N. Bhanupriya	9902522519	N. Bhanupriya
89.	Dirasana Thakshika Sagar	6362822470	Thakshika
90.	Kavya Motebennur	8618706926	Kavya
91.	Vandana.K.P	7892513475	Vandana.K.P
92.	Harshitha.U. Reddy.	8660327001	Harshitha
93.	Prerana P. M.S	9741573855	Prerana
94.	Pooja.M	7996106566	Pooja.M
95.	Pushpa Harish Rao	8088384510	Pushpa
96.	Gneeshma N	9972943104	Gneeshma
97.	Bhavana.R	9448617735	Bhavana
98.	Divya V	9972595696	Divya
99.	Rayana Mohammed P	8217580650	Rayana
100.	Harshitha N	7353669355	Harshitha
101.	Smruthi Malhasudhar	9686611170	Smruthi
102.	Aditi Girish	8792814479	Aditi
103.	Keerti chadaga	9663993866	Keerti
104.	Aryan Deva	9916839890	Aryan
105.	Aditi Ramanan	7075020805	Aditi
106.	Ira Kumbhar	9731841225	Ira
107.	Rakshitha.Srinivas	9148948993	Rakshitha
108.	Nisarga.A.R	9353808741	Nisarga
109.	Sinchana Gowda	9585311576	Sinchana
110.	Sanjuktā Sarma	9395101731	Sanjuktā
111.	Prakruti Sarma	8638804940	Prakruti
112.	Ankita Das	8822769594	Ankita
113.	Manish M Biswal	9650173439	Manish
114.	Charanya.S	8123692126	Charanya
115.	Nithyaashree C.N	9945796949	Nithya
116.	Aashumi Bhatti	7006455968	Aashumi


 Department of Integrative Medicine
 Sri Devaraj Urs Academy of
 Higher Education and Research
 Tamaka, Kolar-563101, Karnataka, India