



Criteria 7.1.1: Annual gender sensitization action plan Year

1	To raise awareness regarding Women Rights and Gender equality	A poster competition was arranged on the event of gender sensitization 5-7-2025 Breaking the gender stereotypes and other concerns such as violence safety and rights of all other genders
2	Self-defense to bring safety awareness among the girls of the university students	Self defense program was conducted on 28 -5-2025 to celebrate the self confidence and security among the girls who travel alone and always to remain fit in all situation
3	International Women's day with the theme Accelerate action	Celebration of International women's day on 8-03-2025 with the theme Accelerate action. Changes does not happen overnight but with unwavering commitment we can accelerate action and build the future where gender equality is not just a goal but a reality
4	Mother's day celebrated for the health of the mother and her nutrition	Mother's day was celebrated to mark the knowledge of skin care of the mother during the post-menopausal period and also the talk on the awareness of cancer among mother

Women Empowerment Cell Activities

Sl.No	Details	Date	Page Number
1.	Gender Sensitization Programme	05.07.2024	1-12
2.	Foundation Course (Gender Sensitization)	18.10.2024	13
3.	National Girl Child Day	24.01.2025	14-24
4.	International Women's Day	08.03.2025	25-38
5.	Mother's Day	12.05.2025	39-48
6.	Demonstration on Self Defence	28.05.2025	45-59

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH, TAMAKA, KOLAR	FORMAT No. ISSUE No.	
	WOMEN EMPOWERMENT CELL	REV NO: DATE:	

No. SDUAHER/KLR/WEC/13 /2024-25

Date: 13.06.2024

CIRCULAR

Women Empowerment Cell of the Academy is conducting Poster Competition in view of Gender Sensitization programme to students of Faculty of Medicine, Faculty of AH &BS and Nursing (UG as well as PG students).

Theme for Poster Competition: Gender Sensitization

Last day for submitting the Poster is 4th July 2024. Kindly refer to the **brochure** for further details.

Brochure enclosed.



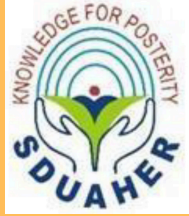
Dr. Usha G Shenoy

Chairman

Women Empowerment Cell
SDUAHER Tamaka, KOLAR-563101

Copy to :

1. P.A. to Vice Chancellor, SDUAHER
2. The Registrar, SDUAHER
3. The Dean, Faculty of Medicine, SDUAHER & Principal, SDUMC
4. The Dean, Faculty of AH&BS, SDUAHER
5. The Principal, SDUCON.
6. All the Heads of the Departments / Section Heads
7. The Photographer, SDUMC
8. Office copy.



**SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION
AND RESEARCH
(A DEEMED TO BE UNIVERISTY)
Tamaka, Kolar - 563101**

WOMEN EMPOWERMENT CELL OF THE ACADEMY IS CONDUCTING A POSTER COMPETITION

IN VIEW OF

“GENDER SENSITIZATION PROGRAMME”

Theme: "Gender Sensitization"

EVENT CO-ORDINATORS

**DR. SAHANA S MURTHY
MEMBER, WEC,SDUAHER,
ASSISTANT PROFESSOR,
PSYCHIATRY,SDUMC,KOLAR.**

**MS.MRUDULA V PUROHIT
2ND YEAR MBBS STUDENT,SDUMC,KOLAR.**

**MS. SHRUTHI G
2ND YEAR MBBS STUDENT,SDUMC,KOLAR.**



INSTRUCTIONS

1. All Students from Faculty of Medicine, Faculty of AH & BS, and Nursing of SDUAHER can participate (UG as well as PG Students).
2. A minimum of 3 posters must be submitted from each of the faculty. (Medicine, AH & BS, Nursing)
3. Students can participate individually or in a team of two.
4. Submitted work must be the original work of the participants.
5. Posters must be submitted to the event coordinators only.
6. The last day for submitting the posters is 4th July 2024.

5. Poster specifications

- All posters must be in handmade format only.
- Posters must be presented in a drawing sheet of size approximately 84cm x 60cm.
- Original photographs, magazine clippings, stencils, slogans, phrases can be used.

6. Judging Criteria

- Relevance to the Theme
- Structure and Organization
- Creativity and Originality
- Quality of presentation

7. Presentation and Awards

- Poster presentation will be held on 5th of July 2024 from 2pm to 3pm.(venue will be intimated later).
- Cash prizes and certificates will be awarded for the best 3 posters chosen by the judges.
- Decision by the judges shall be final and binding.

For any Assistance or Queries, please contact,

1. Dr. Sahana S Murthy,

Member, WEC,SDUAHER,

Assistant Professor, Psychiatry,SDUMC,Kolar.

contact no: 9900477514

2 .Ms.Mrudula v Purohit,



2nd year MBBS student,SDUMC,Kolar.

Contact no.:8548854437

3. Ms.Shruthi G,

2nd year MBBS student,SDUMC,Kolar.

Contact no.:9344436209

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH, TAMAKA, KOLAR	FORMAT No. ISSUE No.	
	WOMEN EMPOWERMENT CELL	REV NO: DATE:	

No. SDUAHER/KLR/WEC/ /2024-25

Date: 15.07.2024

From,
Dr. Usha G Shenoy,
Chairperson,
Women Empowerment Cell,
SDUAHER, Kolar

To,
The Registrar
SDUAHER,
Kolar

Respected Sir,

Sub: Submitting the Report of "Gender Sensitization Programme"


With reference to the above, the Women Empowerment Cell has conducted **"Gender Sensitization Programme"**

I am herewith submitting the Report of **"Gender Sensitization Programme"** on **05.07.2024**.

This is for your kind information.

Thanking you,

Yours Sincerely,


18/7/2024

Dr. Usha G Shenoy

Name of the event: POSTER PRESENTATION COMPETITION FOR GENDER SENSITIZATION.

Date of the event: 5th July 2024

Name of the department: Women Empowerment Cell, SDUAHER

Sl. No.	Event Report
1	Level of the event Institutional level
2	Background / Introduction Gender sensitization refers to the modification of behavior by raising awareness about the various aspects such as Gender Equality, Women Empowerment, Social construction of Gender, breaking the Gender Stereotypes and other concerns such as violence, safety and rights of all the genders. Theme for the event: GENDER SENSITIZATION. The event was open for students of the Faculty of Medicine, the Faculty of Allied Health and Basic Sciences, and Sri Devaraj Urs College of Nursing. 21 Teams took part in the poster presentation event. It was an event that culminated reflections of creative ideas, innovations , insight and of inspirations.
3	Venue MEU- 3 RD FLOOR, SDUMC
4	Sponsors SDUAHER
7	Participants & Delegates in Number 21 Teams and 12 staff participated in the event
8	Awards / Prizes Two judges – Dr. Inchara N, Associate Professor from the department of Ophthalmology and Dr. Ujwal N, Assistant Professor from the Department of ENT evaluated the performances based on criteria - Adherence to theme, Creativity and Innovation, Structure and Organization and Quality of presentation. 1 st prize was of Cash prize of Rs.3000/- and certificates 2 nd prize was of Cash prize of Rs.2000/- and certificates 3 rd prize was of Cash prize of Rs.1000/- and certificates. Certificates of Participation were awarded to all the other participants.
9	Valedictory Hon'ble Vice Chancellor Dr. B Vengamma, Dr.DVLN Prasad,CAO , along with the Judges distributed the award certificate for the winners. <ul style="list-style-type: none">• 1st prize was awarded to a team comprising students of AHS (Ms. Harshitha and team)• 2nd prize was awarded to a team comprising students of MBBS (Ms.Lakshya Nair)• 3rd prize was awarded to a team comprising students from the Dept. of Speech Pathology and Audiology (Ms. Chandrakantha and team)
10	Any other information Organizing secretary – Dr.Sahana S Murthy, Assistant Professor, Dept of Psychiatry Event co-ordinators – Ms.Mrudula V Purohit and Ms.Shruthi G.

Photos of the event





Winners of the event

First prize



Second prize



Third prize



Foundation Course Schedule For IMBBS 2024-2025 BATCH

Date	8:00-8:55 am	9:00am-10:00am	10:00am-11:00am	11:00-11:15 am	11:15 am-12:00 pm	12:00pm-1:00pm	1:00 pm - 2:00pm	2:00-3:00 pm	3:00pm-4:00pm	Rapporteurs
14/10/24 Monday	Registration		Inauguration				Lunch	Facility visits (University, Hospital, Skill lab, Departments, Sports) Ingroups Dr.Inchara, Dr.Sunil BN, Dr.Ajay Kumar		Dr. Sai Deepika Biochemistry
15/10/24 Tuesday		MBBS Curriculum description Dr Sarala	Exploratory session with students to find out why they chose to become doctors - Dr Suresh TN	Break	Antirragging measures and helpline - Dr.Ajay Kumar.T.S	IMG- roles and responsibilities Dr.ShashidharK N,	Lunch	Career pathways and personal growth - Dr Pradeep	Alternate system of Medicine - Dr Ashween beelagi	Dr.Poulami Anatomy
16/10/24 Wednesday	Yoga and Meditation - Dr Ashween beelagi and Team	Study skills and learning techniques, SDL - Dr. Geetha S	Group dynamics - Dr. Vinutha Shankar & Dr.Rashmi	Break	Making most of the lectures- Dr.Hemalatha	Time management - Mr. B. Gururaja Rao	Lunch	Sports and extracurricular activities - Dr.Sunil, Mr.Sumanth and Team		Dr.Mamatha shree Physiology
17/10/24 Thursday	Yoga and Meditation - Dr Ashween beelagi and Team	Functioning as a part of health care systems- Dr Samudhyatha	History of Medicine - Dr Prabhakar K.	Break	Professional qualities and roles of Physician - Dr KNV Prasad	Interpersonal relationships Empathy in patient encounters - Dr Purushotham	Lunch	Doctor patient relationship, Rights of patient and duties of a doctor - Dr.Ashwini K.Shetty & Dr. Geetha S		Mr.Sai Shraavan Kumar
18/10/24 Friday	Yoga and Meditation - Dr Ashween beelagi and Team	Stress management- Mental and emotional health - Dr.Mohan Reddy		Break	Gender sensitization - Dr.Usha Shenoy	Language and Kannada teaching	Lunch	Sports and extracurricular activities - Dr.Sunil, Mr.Sumanth and Team		Dr. Poorni Pathology

THEMATIC DANCE

RULES

- Each team can have a minimum of 4 to a maximum of 12 participants.
- Time limit: 06+02 min, including stage arrangements.
- Each team will be rated based on Choreography, Adherence to theme, Costumes and props, Audience response and Narrative flow
- Props involving fire, sharp objects and liquids are prohibited

Organising chairperson:

Dr. Usha G Shenoy

Organising secretary:

Ms. H M Apoorva



First prize : Rs. 5,000/-
Second prize : Rs. 3,000/-
Third prize : Rs. 2,000/-

THEMES

The team shall stick to one of the themes given below:



1. Dreams in Motion

Inspiring girls to dream big and pursue careers in diverse fields



2. Wings of Freedom

The liberation of girls from societal constraints

3. Shakthi: The divine force

Divine Feminine Celebrating the divine power and strength of women and girls



4. Together for Change

Boys supporting girls in their journey towards empowerment.



The competition is open for:

- Students of the Faculty of Medicine
- Students of the Faculty of Allied Health & Basic Science
- Students of Sri Devraj Urs College of Nursing
- Students of R L Jalappa College of Pharmacy
- Students of R L Jalappa School of Physiotherapy



24 January 2025



2.00 to 4.00 pm



University auditorium

Kindly contact the in-charge for further queries...

Keerthana H K : 9019886299

Mrudula V Purohit: 8548854437



SRI DEVARAJ URS ACADEMY OF HIGHER
EDUCATION AND RESEARCH,
TAMAKA, KOLAR

WOMEN EMPOWERMENT CELL

FORMAT No.

ISSUE No.

REV NO:

DATE:



No. SDUAHER/KLR/WEC/83 /2024-25

Date: 27.01.2025

From,
Dr. Usha G Shenoy,
Chairperson,
Women Empowerment Cell,
SDUAHER, Kolar

To,
The Registrar
SDUAHER,
Kolar

Respected Sir,

Sub: Submitting the Report of "National Girl Child Day 2025"

With reference to the above, the Women Empowerment Cell has conducted "National Girl Child Day 2025"

I am herewith submitting the Report of "National Girl Child Day 2025"
This is for your kind information.

Thanking you,

Yours Sincerely,

Dr. Usha G Shenoy
Chairman

Women Empowerment Cell
SDUAHER, Tamaka, KOLAR-563101



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A Deemed to be University declared under Section 3 of UGC Act 1956)

Comprising Sri Devaraj Urs Medical College

[Constituent unit of Sri Devaraj Urs Educational Trust for Backward Classes (Regd.)]

TAMAKA, KOLAR-563 103, KARNATAKA, INDIA

Ph: 918152-243003, +91 9448395232, Fax: +918152 - 243008 E-mail - registrar@sduaher.ac.in / office@sduaher.ac.in. Website: www.sduaher.ac.in

Name of the event: Thematic Dance Performance on the occasion of National Girl Child Day

Date of the event: 24 January 2025

Name of the department: Women Empowerment Cell, SDUAHER

S. No.	Event Report
1	Level of the event Institutional level
2	Background / Introduction National Girl Child Day is celebrated annually on January 24 to highlight the importance of empowering girls and addressing the challenges they face in society. It's a day to celebrate the strength, resilience, and potential of girls while promoting their rights and opportunities. The Women Empowerment cell of the Academy organized "Thematic dance performance" on the occasion of National Girl Child Day on 24 January 2025 with the following themes: <ol style="list-style-type: none">1. Dreams in motion2. Wings of freedom3. Shakthi: The divine force4. Together for change The event was open for all the students of SDUAHER. 5 teams participated in the event which included 2 teams from SDUCON, 1 team from RLJCOP, 1 team from the Department of Allied Health Sciences, and 1 from the Department of Speech Pathology and Audiology. It was a wonderful platform to celebrate and highlight the importance of empowering and uplifting girls.
3	Venue PG Auditorium, SDUAHER
4	Sponsors SDUAHER
7	Participants & Delegates in Number Around 150 to 200 students and 10 staff participated in the event
8	Awards / Prizes Two judges – Ms. Suraksha Dixith, Director, Natyam Academy of Performing Arts and Ms. Bindu V, Dance, and Social Studies teacher, RLJCS evaluated the performances based on Choreography, Adherence to theme, Costumes and Props, Audience response and Narrative flow 1 st prize - Cash prize of Rs.5000/- and certificates 2 nd prize - Cash prize of Rs.3000/- and certificates 3 rd prize – Cash prize of Rs.2000/- and certificates
9	Valedictory Dr. Usha G Shenoy, Chairperson WEC and Dr. Deena Mendez, Member Secretary, WEC along with the Judges distributed the award certificate for the winners. <ul style="list-style-type: none">• 1st prize was awarded to a team of comprising students from the Dept. of Speech Pathology and Audiology (Ms. Keerthana and team)• 2nd prize was awarded to a team of students from Department of Allied Health Sciences (Ms. Sreeparvathy S and team)• 3rd prize was awarded to team of students from Sri Devaraj Urs College of Nursing (Ms. Anagha S Prasad and team)
10	Any other information -

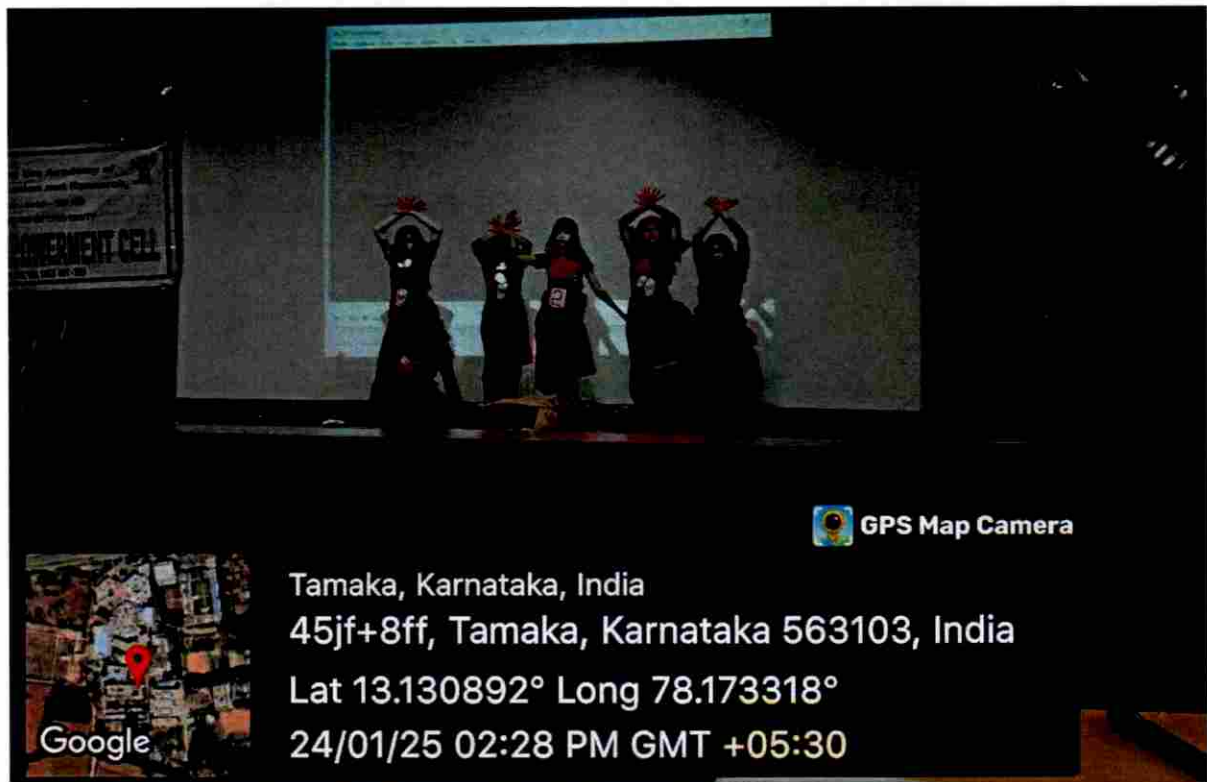

Dr. Usha G Shenoy

Women Empowerment Cell
SDUAHER, Tamaka, KOLAR-56310.

Photos of the event



Slot No.1_Sri Devaraj Urs College of Nursing (Sharanya & team)



Slot No.2_Sri Devaraj Urs College of Nursing (Anagha & team)



Slot No.1_R L Jalappa College of Pharmacy (Sahana & team)



Slot No.4_Dept. of Speech Pathology & Audiology (Keerthana & team)



Slot No.5_Dept. of Allied Health Sciences (Sree Parvathy & team)

Winners of the event



First prize: Slot No.4_Dept. of Speech Pathology & Audiology (Keerthana & team)



Second prize: Slot No.5_Dept. of Allied Health Sciences (Sree Parvathy & team)



Third prize: Slot No.2_Sri Devaraj Urs College of Nursing (Anagha & team)


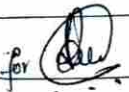



Organizing team

Sl.No	Name	Designation	Department	Signature
1.	Divya . V	student	1 st GRNM nursing	
2.	Archana . B	student	1 st GRNM nursing	
3.	Nurva Limbu	student	1 st GRNM nursing	
4.	Pilja mol prince	Student	1 st GRNM nursing	
5.	Anjana Ramachandran	student	1 st GRNM nursing	
6.	Adithya T. Anesh	student	1 st GRNM nursing	
7.	Swartha Sathyan	student	1 st GRNM nursing	
8.	Saranya . R	student	1 st GRNM nursing	
9.	Ashly shiju	student	1 st GRNM nursing	
10	Anagha . S. Prasad	student	2 nd ya BSC (N)	
11	Sreekalthy MR	Student	"	
12	Assha Anilkumar	student	"	
13	Kasthika . S	student	"	
14	Anna Sarah	student	"	
15	Anilda lijo	student	"	
16	Anusree B.S	student	"	
17	Lakshmi Raj	student	"	
18	Krishna Venugopal	student	"	
19	Aswina . K Biju	student	"	
20	Govvi Preiya . M . V	Student	1 st Sem B. pharmacy	
21	Navya Shree	Student	1 st "	
22	Godavari	Student	"	
23	Rachana	Student	"	
24	Kushuma Shree	Student	"	
25	Sushma . M	Student	"	
26	Sahana . h.	Student	"	
27	Nayana . A	student	1 st Sem -APS	
28.	Anusha . K . S	Student	"	
29.	Vanitha . K	Student	"	
30.	Navya shree . C	Student	"	
31.	Vassha . R	Student	"	
32	Madhamitha . S	Student	"	

Sl. No.	Name	Designation	Department	Signature
35.	Alla Akshaya	student	1st Sem A.H.S.	
36.	Sree Parvathy	student	"	
37	Nishanth. G	Student	3 rd sem B.ASLP	
38	Melvin	Student	"	
39	Nandakishore	student	"	
40.	Aisha. N	student	"	
41	Athira	student	"	
42	Asna	"	"	
43	Hisana Nargesa	student	3 rd sem BASLP	
44	Meghika. S. Sajjan	student	3 rd sem BASLP	
45	Gayatri. Pathrose	student	3 rd sem BASLP	
46	Ann Maria	student	3 rd sem BASLP	
47	Ardra. P	student	"	
48	Aleena	student	3 rd sem BASLP	
49	Manoj N	student	"	
50	Jagan P	Student	"	
51.	Sahana. M	Student	3 rd Sem BASLP	
52	Ashish	Student	"	
53	Nandhakumar. D	student	"	
54	Nikhil Dinesh	student	"	
55	Sanchay. J.M	student	"	
56	Sheena Samuel	student	"	
57.	Jasna Nazrin	student	"	
58	Keerthana HK	student	7 th sem BASLP	
59.	Asna Mariyam Cherian	student	5 th sem BASLP	
60	Shreya Soma Bhukia	Student	5 th Sem B.ASLP.	
61.	Chandeevantha	student	5 th Sem BASLP	
62.	K. Sai Vaishnavi	Student	5 th Sem BASLP	
63	Ashna Johnson	student	7 th Sem BASLP	
64.	Keya Lakshman	student	5 th sem BASLP	
65	Sahana. N.	Student.	5 th Sem BASLP	

DATE

SL. NO	NAME	Designation	Department	Signature.
01.	Chandini Rao K.N	Lecturer/course Coordinator of RDT	AHS	
02.	Nalini	Lecturer/course Coordinator of MLT	AHS.	for 
03.	H.M. Aparna	Assistant Professor	SP&A	



SRI DEVARAJ URS ACADEMY OF HIGHER
EDUCATION AND RESEARCH,
TAMAKA, KOLAR

WOMEN EMPOWERMENT CELL

FORMAT No.
ISSUE No.

REV NO:
DATE:



No. SDUAHER/KLR/WEC/ 37/2024-25

Date: 05.02.2025

INTERNATIONAL WOMEN'S DAY



CIRCULAR

The Women Empowerment Cell will be celebrating "International Women's Day 2025" on Saturday, the 8th March 2025 at 10.00 AM in University Auditorium.

This is for the information of all section heads (Teaching and Non-teaching of the Academy) that we are organizing following activities for all employees and students on the occasion of International Women's Day.

We request all employees and students to participate actively.

Events	In charge	Contact Number	Date	Time	Venue	Rules
Quiz	Mrs. Apoorva, Asst. Professor, Dept. of Speech Pathology and Audiology, SDUAHER Dr. Sahana, Asst. Professor Dept. of Psychiatry	9035236538 9900477514	22.02.2025	11.00 AM	PG Auditorium	Maximum of 3 participants per team (a team consists of both teaching and Non- teaching which is a must) Required teams - 6Nos
Bridal Show competition	Dr. Deena C Mendez, Assoc. Prof Dept. of AHS Mrs. Punitha, Professor, SDUCON, SDUAHER	9663085990 9964298899	22.02.2025	2.00 to 3.00 PM	PG Auditorium	Own Items
Reels making competition	Dr. Sujatha M P, Professor, Dept. of Anesthesiology Ms. Hemavathi L, Sr. Executive, Office of the Registrar, SDUAHER Dr. Usha G Shenoy,	9448854349 9591722209 9880633910				- Topics : 1. Educate a Girl, Empower the World - Emphasize the power of education. 2. Breaking Stereotypes - Showcase women excelling in unconventional fields. 3. Conversations with Mom - Showcase classic mom dialogues. 4. Multitasking Women - A fast-paced reel showing how women juggle multiple roles. 5. Social Media Influence - How women are using social media for success.

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH, TAMAKA, KOLAR		FORMAT No. ISSUE No.	
	WOMEN EMPOWERMENT CELL		REV NO: DATE:	
	Chairperson, Women Empowerment Cell, SDUAHER		6. From Passion to Profession - Women turning hobbies into successful careers - No Language restrictions, time limit 30-60 seconds - Submission MP4/ MOV format - Members 3-5 - Submit the video by 20 th February 2025	
Tambola	Dr. Usha G Shenoy, Chairperson, Women Empowerment Cell, SDUAHER Dr. Deena C Mendez, Assoc. Prof Dept. of AHS	20.02.2025	2.30 PM	Venue : PG Auditorium All the staff members including Men and Women can be Participate in the Event Tambola ticket price is Rs. 50/-

Note: Kindly register on or before 17-02.2025


 5/2/2025
Dr. Usha G Shenoy
 Chairman

Women Empowerment Cell
 SDUAHER Tamaka, KOLAR-563101

Copy to :

1. P.A. to Vice Chancellor, SDUAHER
2. The Registrar, SDUAHER
3. The Dean, FoM & Principal, SDUMC
4. The Dean, Faculty of AH &BS, SDUAHER
5. The Medical Superintendent, RLJH & RC
6. The Principal, SDUCON
7. The Principal, R L Jalappa College of Physiotherapy
8. All the Heads of the Departments
9. The Principal, SDUCON.
10. Chief Nursing Officer, RLJH &RC
11. The Photographer, SDUMC
12. Office copy

with a request to bring it to the notice of the concerned Teaching and Non-teaching staff



**SRI DEVARAJ URS ACADEMY OF HIGHER
EDUCATION AND RESEARCH, KOLAR**
(A Deemed to be University)



WOMEN EMPOWERMENT CELL

Solicit Your Gracious Presence on The Occasion of
“INTERNATIONAL WOMEN’S DAY”

On Saturday, the 8th March 2025 at 10.00 AM
In the University Auditorium

Theme:

“#AccelerateAction”

CHIEF GUEST

Dr. B L Sujatha Rathod,
Director, Medical Education
Bangalore Medical College & Research Institute, Bangalore

GUESTS OF HONOUR

Sri G.H.Nagaraja,
Hon’ble President , SDUET
Hon’ble Chancellor, SDUAHER

Sri. Rajendra. J	Hon’ble Vice President, SDUET
Sri. K.G Hanumantha Raju	Hon’ble Secretary, SDUET
Mrs. Mrunalini A	Trustee, SDUET
Dr. B.Vengamma	Vice Chancellor, SDUAHER
Dr. D.V.L.N Prasad	Chief Administrative Officer, SDUAHER
Dr. Muninarayana C	Registrar, SDUAHER
Dr. Prabhakar K	Dean, Faculty of Medicine, SDUAHER & Principal, SDUMC
Dr. Aravind Natarajan	Dean, Faculty of AH & BS, SDUAHER
Dr. Krishnappa J	Medical Superintendent, RLJH&RC



PROGRAMME

- * **Welcome Address**
- * **Invocation**
- * **Lighting the Lamp by Dignitaries**
- * **Report on WEC Activities**
- * **Introduction of the Chief Guest**
- * **Address by the Chief Guest**
- * **Presentation of Memento to the Chief Guest**
- * **Presidential Remarks**
- * **Prize Distribution**
- * **Vote of Thanks**
- * **Cultural Programme**
- * **High Tea**

ALL ARE CORDIALLY INVITED



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A Deemed to be University declared under Section 3 of UGC Act 1956)

Comprising Sri Devaraj Urs Medical College

[Constituent unit of Sri Devaraj Urs Educational Trust for Backward Classes (Regd.)]

TAMAKA, KOLAR-563 103, KARNATAKA, INDIA

Ph: 918152-243003, +91 9448395232, Fax : +918152 - 243008 E-mail - registrar@sduahe.ac.in / office@sduahe.ac.in. Website: www.sduahe.ac.in

Name of the event: International Women's Day 2025

Date of the event: 8th March 2025

Name of the department: Women Empowerment Cell, SDUAHER

Sl. No.	Event Report
1	Level of the event Institutional level
2	Background / Introduction International Women's Day was held on 8 th March 2025 at SDUAHER and arranged by Women Empowerment Cell of the programme was "Accelerate Action". The programme begun by the invocation song by Miss Mrudula the MBBS 3rd year student followed by the welcome address by the Mrs. Punitha, Sri Devaraj Urs College of Nursing. The report of the year 2025 was read by Dr Deena Mendez Associate professor AHS the member secretary. The Chief guest was introduced by the Chairperson Dr Usha G. Shenoy Asst professor AHS. The Chief Guest for the function was Dr. B.L. Sujatha Rathod Director of Medical education Bangalore medical college and Research Institute Bangalore, the other dignitaries were CAO Dr. D.V.L.N. Prasad Dr Muninarayan the Registrar, SDUAHER, Dr Vengamma the Vice chancellor SDUAHER Dr. Prabhakar K, Dean, Faculty of Medicine Dr Krishnappa Medical superintendent of the RL Jalappa Hospital Tamaka Kolar. The Chief Guest Dr. B.L. Sujatha Rathod addressed the gathering and said that Gender equality is essential for the progress of mankind. She stressed upon the theme of this year accelerate action to ensure that every girl has access to education, that women are paid equally for their work, that leadership positions are no longer an exception but an expectation, and that safety and dignity are not privileges but rights. She also spoke on the various drives that can make women stronger by stressing on the stereotypes that hold women back which has to be removed then to promote equality in the workplace, education, and healthcare. Also to amplify the voices of women and stand together as allies, because real change happens when all women act collectively. She narrated in her talk that Whether you are a student, a teacher, a professional, or a leader, you have the power to make a difference. Speak up, support, mentor, and uplift the women around you. Change does not happen overnight, but with unwavering commitment, we can accelerate action and build a future where gender equality is not just a goal but a reality. The CAO Dr DVLN Prasad spoke to the gathering by saying that Women play a key role in shaping work-life balance, not only for themselves but for society at large. Workplace policies, cultural shifts, and shared responsibilities are crucial in ensuring that they can thrive in both personal and professional spheres. Dr. B Vengamma addressed the gathering and said that an Intraspector should be done and not to just blame men. Gender equality is essential for the progress of



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH



(A Deemed to be University declared under Section 3 of UGC Act 1956)

Comprising Sri Devaraj Urs Medical College

[Constituent unit of Sri Devaraj Urs Educational Trust for Backward Classes (Regd.)]

TAMAKA, KOLAR-563 103, KARNATAKA, INDIA

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	<p>mankind and for this combination and coordination of both eyes are required. She advised the audience to invent in knowledge, ideas innovators, health self-care, self-love and self-respect, gender equality meant equal power and equal financial opportunities.</p> <p>The Vice Chancellor spoke at length on the women noble prize winners and advised the audience to follow their dreams and achieve something in life. She also displayed pictorial presentation on the differences between male & female brain and advised that women should maximally make their way to the top.</p>
3	<p>Venue</p> <p>PG Auditorium, SDUAHER</p>
4	<p>Sponsors</p> <p>SDUAHER</p>
7	<p>Participants & Delegates in Number</p> <p>Around 350 to 400 participants</p>
8	<p>Awards / Prizes</p> <p>The prizes for the Quiz, Rangoli and the reels competition, held during the month of the Feb and March of 2025 winners was distributed by Hon'ble Vice Chancellor Dr. B Vengamma and the chief guest B.L. Sujatha Rathod DME along with the other dignitaries on the stage.</p>
9	<p>Valedictory</p> <p>Vote of Thanks given by Miss Dr Sahana Asst. Prof psychiatry member of WEC .</p>
	<p>Any other information</p> <p>This year the women empowerment conducted many programs for the teaching and the non teaching staff which made a slight twist by attracting the crowd to participate holding the competition and making them to come together by conducting the Tambola which was a fund raising activity spent for the prizes for the same activity. Also made the game interesting by asking questions to the audience and giving prizes.</p> <div style="display: flex; justify-content: space-around;">   </div>



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This was followed by the Rangoli competition having it in the college main entrance pooling people to view the Rangoli with participants by calling it as “**The Mane bagelige rangoli**” which was a thrilling event with 26 participants



We organized the “**Quiz competition**” for the teaching and non-teaching staff, with six groups of 3 participants each. This engaging activity was filled with brain storming and nostalgic moments, making it an eye-opening experience for everyone. For the 1st time in the campus, we introduced skill and thrill segment featuring fun challenges like pinning the hanky, and the drawing the elephants tail while blind folded which was enjoyed by audience



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Finally we had **“Reels competition”** in this fast running Era with the topics given a head based on the women life , and the upliftment in the society which engaged all the faculty of all age groups.





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**Sd/-
Dr. Usha G Shenoy**

International

womens Day - 2025

DATE



S.No.	Name	Designation	Department	Signature
1.	Ayesha Siddiq		AHS	<u>Ayesha</u>
2.	Aliya Anjum		AHS	<u>AA</u>
3.	Varitha - K		AHS [CPT]	<u>Varitha K</u>
4.	Aseeni Ashokan		AHS (CND)	<u>Aseeni</u>
5.	Krishna... K.S		AHS	<u>K.S</u>
6.	Seethalakshmi K. Umesh		AHS (CND)	<u>Seetha</u>
7.	Archa Basti		AHS	<u>Archa</u>
8.	Alka Babu		AHS	<u>Alka</u>
9.	Nihale Abdul Azeeg		AHS	<u>Nihale</u>
10.	Christena P. Wilson		AHS	<u>Christena</u>
11)	Parnathy Jayen		AHS	<u>Parnathy</u>
12)	Sree Parnathy		AHS	<u>Sree Parnathy</u>
13.	J. prasanna Chandrika		AHS	<u>J. prasanna</u>
14.	Katakam Alakya		AHS	<u>Katakam</u>
15.	Samyuktha deekshithi		AHS	<u>Samyuktha</u>
16.	Preeti.P		AHS	<u>Preeti.P</u>
17.	Trishashu NR		AHS	<u>Trishashu N.</u>
18.	Keerthana R		AHS	<u>Keerthana R</u>
19.	Grace Blessy.H		AHS	<u>Grace</u>
20.	Ankitha		AHS	<u>Ankitha</u>
21.	Greeshma N.		Exam Section	<u>Greeshma N</u>
22.	Saitha		Exam Section	<u>Saitha</u>
23.	Nandini N.		Exam Section	<u>Nandini</u>
24.	Madhuri N		Exam Section	<u>Madhuri</u>
25.	Parishitta K. J		Exam Section	<u>Parishitta</u>
26.	Sunitha L		Integrative med	<u>Sunitha</u>
27.	Sumedha P.S (179)		Phase 1 MBBS	<u>Sumedha P.S</u>
28.	Shrishi M.G (200)		Phase 1 MBBS	<u>Shrishi M.G</u>
29.	Rehika H.J. (149)		Phase 1 MBBS	<u>Rehika H.J.</u>
30.	Shruya G. (168)		Phase 1 MBBS	<u>Shruya G.</u>
31.	Deepthi H. (34)		Phase 1 MBBS	<u>Deepthi H.</u>

96	Lavanya a	Student	1 st year MBBS	<i>[Signature]</i>
	Harsh Choudhary P	Student	1 st year MBBS	<i>[Signature]</i>
	Diyanshu Kumar	Student	1 st year MBBS	<i>[Signature]</i>
	Amsiy Boker	Student	1 st year	<i>[Signature]</i>
39	Kalkhi Vaibhan	"	"	<i>[Signature]</i>
78	Ira Kumbhar	student	1 st year MBBS	<i>[Signature]</i>
116	Meyhal Agarwal	student	1 st year MBBS	<i>[Signature]</i>
126	Nierithi	student	2 nd year MBBS	<i>[Signature]</i>
07	Abhinaya M.	"	"	<i>[Signature]</i>
12	Akhilendra G	student	1 st year MBBS	<i>[Signature]</i>
65	Gagan Kiran	Student	1 st year MBBS	<i>[Signature]</i>
98	Lekshmi P	student	1 st year MBBS	<i>[Signature]</i>
10	Aditya Sahani	student	1 st year MBBS	<i>[Signature]</i>
49	Chinnay: Devi	student	1 st year MBBS	<i>[Signature]</i>
190	Vaibhav Gang	Student	1 st year MBBS	<i>[Signature]</i>
173	Smriti	Student	1 st year MBBS	<i>[Signature]</i>
171	Siddhi Chikhale	Student	1 st year MBBS	<i>[Signature]</i>
46	Bindiya	Student	1 st yr MBBS	<i>[Signature]</i>
36	Aurica	student	1 st yr MBBS	<i>[Signature]</i>
63	Dhruvraj Chandra	Student	1 st yr MBBS	<i>[Signature]</i>
116	Mudra Bora	Student	-11	<i>[Signature]</i>
75	Harshith S	Student	-11	<i>[Signature]</i>
104	Manasvi	"	" MBBS	<i>[Signature]</i>
120	Toshika	"	"	<i>[Signature]</i>
132	Pooja V	"	"	<i>[Signature]</i>
55	Dishitha	"	"	<i>[Signature]</i>
23	Anuradha Tiger	"	"	<i>[Signature]</i>
95	Lakshmi N	"	"	<i>[Signature]</i>
27	Anvesh Kumar Gupta	"	"	<i>[Signature]</i>
05	Abdul Kareem	"	"	<i>[Signature]</i>
112	Karwan Sheikh	"	"	<i>[Signature]</i>
127	P. Arjun	"	"	<i>[Signature]</i>

97	Lavanya K. Ram	Student	MBBS 1st	
86	Kavya Natta	Student	MBBS 1st	
82	Kanaki Kalite	Student	MBBS 1st	
186	Tanisha Kaul	Student	MBBS 1st	
80	Arosha Hazra	Student	MBBS 1st	
188	Trisha	Student	MBBS 1st	
189	Fajal	Student	MBBS 1st	
181	Trishika	Student	MBBS 1st	
86		Student		
151	Ruchi	Student		
152		Student		
2	Aadya Adhya	Student		
26	Ananya	Student	MBBS	
30	Arshika			
89	Khushi KAKELA	Students	MBBS 1st year	
28	Anwesha Pramoni	stu	-	
3	Aashmi Bhati	Student	MBBS 1st	
14	Anagh	Student	MBBS 1st	
24	Anushka	Student	MBBS 1st	
144	Yash Vajravel	Student	MBBS 1st	
35	Raja Santal	Student	MBBS 1st	
142	Rahul	Student		
128	Transi	"	"	
137	Pooja	"	"	
1	Ashmita	"	"	
139	Ujjwal	"	"	
145	Rayana Mohammed	Student	MBBS 1st	Rayana
139	Prerani MS	-	-	Prerani
76	Harshika N	-	-	Harshika
62	Divya V	-	-	Divya
42	Bhavana	-	-	Bhavana
13	Akshatha - b	-	-	Akshatha
	Kushal	Student	MBBS	

146	Rame Gowda	Student	MBBS	
107	Manikka	Student		
146	Reethu	---		
247	Revanth	---		
160	Sanjana	- -		
194	Vahun	- -		
111	Mithun	- -		
167	Shreya	- -		
169	Shravya	- -		
16	Amegh	- -		
175	Sohan			
102	Suvartha Jain	Student	MBBS	
7	Aastha Singh	Student		
04	Lakshay	Student		
129	Pal Ishan	Student	4	
102	Rudra Prakash Singh	Student		
153	Rudra Prakash Singh Kinra	Student		
52	Delepration Saha	Student		
118	Ananya Chandra	Student		
136	Parvati Jain	Student		
33	Arun Deva	Student	MBBS	
9	Aditi Karmaran	Student	MBBS	
148	Rhythm Bhowal	Student	MBBS	
50	RUSHAL	Student	4	
40	BV HIMANISH	Student	MBBS	
66	Dikshita Das	Student	MBBS	
135	Pramesh K Ray		MBBS	
73	Hareha		MBBS	
35	Arun Alex		MBBS	
74	Hareharada		MBBS	
32	Aiya Nirmal S.		MBBS	
174	Sneha H		MBBS	
14	Akshaya B	4	MBBS	

67	Gayathri G	Student	MBBS	<u>Gayathri</u>
92	KSVishwajit	Student	MBBS	<u>Vishwajit</u>
93	Harsha KA	Student	MBBS	<u>Harsha</u>
94	Harshanand	Student	MBBS	<u>Harsha</u>
95	Maudula v. Purushit	Student	MBBS	<u>Mudhale</u>

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH, TAMAKA, KOLAR	FORMAT No.	
		ISSUE No.	
	WOMEN EMPOWERMENT CELL	REV NO:	
		DATE:	

No. SDUAHER/KLR/WEC/67/2025-26

Date: 07.05.2025

CIRCULAR

Women Empowerment Cell of the Academy is Celebrating **Mother's Day on 12th May 2025 at 11.00 AM** **Opposite to Burns Ward, RLJH &RC** On this occasion all the Mother's in the Academy are hereby requested to attend the program and make it grand success.

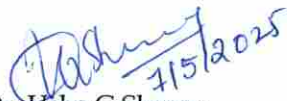
Guest Speakers

1. Dr. Hanumanthaiah K,
Professor Emeritus,
Department of Dermatology, SDUMC
Topic: Addressing Menopausal Skin changes
"ನನ್ನ ಚರ್ಮ, ನನ್ನ ಆರೈಕೆ"
2. Dr. Manjunath G.N,
Assoc. Professor,
Dept. of Radiotherapy, SDUMC
Topic: Awareness of Cancer among Mother's
ತಾಯಂದಿರಲ್ಲಿ ಕ್ಯಾನ್ಸರ್ ಕುರಿತು ಜಾಗೃತಿ
3. Theme: "Roots of Love, Branches of Strength"

Concept:

On Mother's Day, the Women Empowerment Cell invites all to join in forming a tree of appreciation, symbolizing mothers as the roots of strength, resilience, and growth. Each participant represents a leaf, nurtured by a mother's love and sacrifice.

Venue: Opposite to Burns Ward, RLJH &RC


 7/5/2025
 Dr. Usha G Shenoy
 Chairman

Women Empowerment Cell
SDUAHER Tamaka, KOLAR-563101

Copy to :

1. P.A. to Vice Chancellor, SDUAHER
2. The Registrar, SDUAHER
3. The Dean, FoM & Principal, SDUMC
4. The Dean, Faculty of AH &BS, SDUAHER
5. The Medical Superintendent, RLJH & RC
6. The Principal, R L Jalappa College of Physiotherapy
7. The Principal, R L Jalappa College of Pharmacy
8. All the Heads of the Departments
9. The Principal, SDUCON.
10. Chief Nursing Officer, RLJH &RC
11. The Photographer, SDUMC
12. Office copy



SRI DEVARAJ URS ACADEMY OF HIGHER
EDUCATION AND RESEARCH,
TAMAKA, KOLAR

WOMEN EMPOWERMENT CELL

FORMAT No.

ISSUE No.

REV NO:

DATE:



No. SDUAHER/KLR/WEC/53/2025-26

Date: 22.05.2025

From,
Dr. Usha G Shenoy,
Chairperson,
Women Empowerment Cell,
SDUAHER, Kolar

To,
The Registrar
SDUAHER,
Kolar

Respected Sir,


Sub: Submitting the Report of "Mother's Day 2025"

With reference to the above, the Women Empowerment Cell has conducted "Mother's Day 2025"

I am herewith submitting the Report of "Mother's Day 2025" This is for your kind information.

Thanking you,

Yours Sincerely,


23/5/2025

Dr. Usha G Shenoy

Chairman

Women Empowerment Cell
SDUAHER Tamaka, KOLAR-563101



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Name of the event: Mother's Day 2025

Date of the event: 12th May 2025

Name of the department: Women Empowerment Cell, SDUAHER

Sl. No.	Event Report
1	Level of the event Institutional level
2	Background / Introduction Mother's Day is the celebration on every 2 nd week of May dedicated to honoring and expressing gratitude to mothers for their love, sacrifices, and contributions to our lives. On this occasion of the Mother's day of 2025 the program was arranged at the RL.Jalappa Hospital the old burns ward by the women empowerment cell of Sri Devaraj Urs Academy of Higher Education on 12/05/2025. This special day for Mothers was celebrated for the mothers the mothers who are from the public coming to the hospital or some people attending with the patient party and the surrounding areas of Tamaka. Our Compier for the day was Miss Mrudula the third student of MBBS welcomed the gathering. Our beloved Chief academic officer Dr DVLN Prasad and the Vice Chancellor Dr Vengamma and Speakers Dr Hanumanthaya and Dr Manjunath who were present on the stage. The program began with an invocation by Miss Kushala the BSLP student followed by the introduction of the program by Dr Usha G. Shenoy the chairman who spoke regarding the event to the mothers who had gathered. Later the Students and staff inaugurated the program by watering the plant. All the mothers and the staff were given a packet of dry fruits and juice pack by the CAO and VC with the Women Empowerment Cell for attending this function which was appreciated by everybody. The first talk for the event was by Dr Hanumanthaya Prof Emeritus from the dept of Dermatology who spoke upon the skin care of a w omen from the childhood to the menopausal and stressed with the food and the water intake during the pregnancy and lactation period. The second talk was by Dr Manjunath Associate Professor from the Oncology dept who gave a brief regarding cancer and gave an awareness to all the women folks about the screening of the breast and the cervix after the age of 40yrs which is common in the western countries and said that it has to be followed in India which will reduce the victims suffering from it. He distributed pamphlets regarding cancer



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	<p>in the program to bring out awareness to the local crowd. Soon both the speakers were honored by the certificate and a small gift as token of thanks. On this auspicious occasion the Students of our Institute offered their gratitude to their mothers by making a tree and writing their appreciation in the form of words from 10th May which was also presented to the audience during the program which was very thrilling and praised by all.</p>
3	<p>Venue Oppostre to Burns Ward, RLJH &RC</p>
4	<p>Sponsors SDUAHER</p>
7	<p>Participants & Delegates in Number Around 100 participants</p>
8	<p>Awards / Prices</p>
9	<p>Valedictory Mrs. Kavitha the nursing staff presented vote of thanks on the occasion and the program was concluded by taking a group photo of the committee.</p>

	<p>Any other information</p>
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23/5/2025
Dr. Usha G. Shenoy
Chairman
Women Empowerment Cell
SDUAHER, Tamaka, KOLAR-563101



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SRI DEVARAJ URS ACADEMY OF HIGHER
EDUCATION AND RESEARCH,
TAMAKA, KOLAR

WOMEN EMPOWERMENT CELL

FORMAT No.
ISSUE No.

REV NO:
DATE:



Women Empowerment Cell of the Academy is Celebrating Mother's Day on 12th May 2025 at 11.00 AM Opposite to Burns Ward, RLJH & RC

Sl. No	Name	Signature
1.	AER Shakera	REA
2.	Muskan	Muskan
3.	Sadikka	SADIA
4.	Rehana	REHANA
5.	Lakshmi devama.	
6.	Reshma	Reshma
7.	Padma	Padma
8.	Nelamma	
9.	Lakshamma.	
10.	Kanakamma	Kanakamma
11.	Sandhya	Sandhya
12.	Karnakashi	Karnakashi ID.
13.	Muniamma	Muniamma
14.	Veena .B.	Veena.B.
15.	Sawdamma	
16.	Lakshmi	Lakshmi
17.	Mangamma	Mangamma
18.	Tulsi bhai	



SRI DEVARAJ URS ACADEMY OF HIGHER
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TAMAKA, KOLAR

WOMEN EMPOWERMENT CELL

FORMAT No.
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DATE:



19.	Pavithra	
20.	Priyadharsini	P. Priya
21.	Shabreen	
22.	Sarala	
23.	Pavithra	
24.	Febi	
25.	Priyanka	
26.	Seerisha	
27.	Moudula V. Purdhit	Moudula
28.	Shwethi G.	Shwethi
29.	Rohini S	Rohini S
30.	Sai Vishnavi A	S. Vishnavi
31.	Keeshala K. Krishna	Keeshala
32.	Mrs. Nithyasri K	Nithyasri
33.	Mrs. Shateela Babjan	Shateela
34.	Kaavya R	Kaavya
35.	G. Venkataravanguni	G. Venkataravanguni
36.	Apoorva H.M	Apoorva
37.	Dr. Usha Shenoy	Usha
38.		



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TAMAKA, KOLAR

WOMEN EMPOWERMENT CELL

FORMAT No.

ISSUE No.

REV NO:

DATE:



No. SDUAHER/KLR/WEC/54/2025-26

Date: 24.05.2025

CIRCULAR

The Women Empowerment Cell is organising a Demonstration on "Self-Defence" for Staff and Students of SDUAHER/SDUMC/RLJH & RC/SDUCON/RLJCOP on Wednesday the 28th May 2025 at 2.00 PM in the P.G Auditorium, SDUAHER.

Demonstrator:

**Ms. Keerthana,
BCA, 1st Year
Sri Bhagwan Mahaveer
Jain College, KGF**

All the Staff and Students are requested to attend the program.


24/5/2025
Dr. Usha G Shenoy
Chairman

Women Empowerment Cell
SDUAHER, Tamaka, KOLAR-563101

Copy to :

1. P.A. to Vice Chancellor, SDUAHER
2. The Registrar, SDUAHER
3. The Dean, FoM & Principal, SDUMC
4. The Dean, Faculty of AH & BS, SDUAHER
5. The Medical Superintendent, RLJH & RC
6. The Principal, R L Jalappa College of Physiotherapy
7. The Principal, R L Jalappa College of Pharmacy
8. All the Heads of the Departments
9. The Principal, SDUCON.
10. Chief Nursing Officer, RLJH & RC
11. The Photographer, SDUMC
12. Office copy



SRI DEVARAJ URS ACADEMY OF HIGHER
EDUCATION AND RESEARCH,
TAMAKA, KOLAR

WOMEN EMPOWERMENT CELL

FORMAT No.

ISSUE No.

REV NO:

DATE:



No. SDUAHER/KLR/WEC/58/2025-26

Date: 11.06.2025

From,
Dr. Usha G Shenoy,
Chairperson,
Women Empowerment Cell,
SDUAHER, Kolar

To,
The Registrar
SDUAHER,
Kolar

Respected Sir,

Sub: Submitting the Report of "Demonstration on Self Defense 2025"

With reference to the above, the Women Empowerment Cell has conducted **"Demonstration on Self Defense 2025"**

I am herewith submitting the Report of **"Demonstration on Self Defense 2025"**. This is for your kind information.

Thanking you,

Yours Sincerely,


11/6/2025

Dr. Usha G Shenoy
Chairman

Women Empowerment Cell
SDUAHER Tamaka, KOLAR-563101



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

(A Deemed to be University declared under Section 3 of UGC Act 1956)

Comprising Sri Devaraj Urs Medical College

[Constituent unit of Sri Devaraj Urs Educational Trust for Backward Classes (Regd.)]

TAMAKA, KOLAR-563 103, KARNATAKA, INDIA

Ph: 918152-243003, +91 9448395232, Fax : +918152 - 243008 E-mail - registrar@sduaher.ac.in / office@sduaher.ac.in. Website: www.sduaher.ac.in

Name of the event: Demonstration on "Self-Defense

Date of the event: 28th May 2025

Name of the department: Women Empowerment Cell, SDUAHER

Sl. No.	Event Report
1	Level of the event Institutional level
2	Background / Introduction Self-defense is one of the most important skills women can learn, especially in this perilous times Women's self-defense ultimately gives women freedom, as they are able to defend themselves against physical mental and emotional challenges. On May 28th 2024, the Women Empowerment Cell of Sri Devaraj Urs Academy of Higher Education and Research organized a highly impactful program of demonstration skill focused on self-defense awareness for the staff and the students of the Academy. The programme begun with the compairing of Sri Parvathi 2 nd sem AHS student a with the prayer from Samukata. Dr Deena Mendez of the WEC introduced the demonstrator Miss KEERTHANA for the event by giving a small introduction to the participant and the audience Miss KEERTHANA doing her under-graduation in computer science from Sri Bhagvan Mahaveer Jain College KGF. She has completed her 6 th years of Karate from the Okinave Karate Institute under the leadership of Mr I Ulaganathan who holds many black belts and been judge at the national level. Keertana has secured 18gold medals, 09 silver and 08 bronze medals in the state and the national levels. She feels the basic of self defence is important in life which gives the self-confidence and security feel for a women when ever they travel and also good to remain fit always. The program was on the different shorts of the Karata with her two students Arathi and Nisha who demonstrated the various acts during



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	<p>the difficult times among the girls during the travel in single at night and in the buses.</p> <p>They also thought the various poses to tackle for the female students .</p> <p>The program witnessed active participation from the students of the AHS ,BPT MBBS Nursing Pharmacy and the Speech Pathology with the non-teaching and the teaching staff of the academy, reflecting the broad interest and commitment to women's empowerment.</p>
3	<p>Venue</p> <p>University Auditorium, SDUAHER</p>
4	<p>Sponsors</p> <p>SDUAHER</p>
7	<p>Participants & Delegates in Number</p> <p>Around 350 participants</p>
8	<p>Awards / Prices</p>
9	<p>Valedictory</p> <p>The session wined with vote of thanks followed by the distribution of the certificate and the momento to Miss Keertana and to the participants by the Chairman Dr Usha G. Shenoy .</p>
	<p>Any other information</p>


11/6/2025

Dr. Usha G. Shenoy

Chairman

Women Empowerment Cell
SDUAHER Tamaka, KOLAR-563103



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DATE

	SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH, TAMAKA, KOLAR WOMEN EMPOWERMENT CELL	FORMAT No.	
		ISSUE No.	
No. SDUAHER/KLR/WEC/54/2025-26		REV NO:	Date: 24.05.2025
		DATE:	

CIRCULAR

The Women Empowerment Cell is organising a Demonstration on "Self-Defence" for Staff and Students of SDUAHER/SDUMC/RLJH & RC/SDUCON/RLJCOP on Wednesday the 28th May 2025 at 2.00 PM in the P.G Auditorium, SDUAHER.

Demonstrator:

Ms. Keerthana,
BCA, 1st Year
Sri Bhagwan Mahaveer
Jain College, KGF

All the Staff and Students are requested to attend the program.


24/5/2025
Dr. Usha G Shenoy
Chairman

Women Empowerment Cell
SDUAHER Tamaka, KOLAR-563101

Copy to :

1. P.A. to Vice Chancellor, SDUAHER
2. The Registrar, SDUAHER
3. The Dean, FoM & Principal, SDUMC
4. The Dean, Faculty of AH & BS, SDUAHER
5. The Medical Superintendent, RLJH & RC
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9. The Principal, SDUCON.
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11. The Photographer, SDUMC
12. Office copy

DATE

Sl.No.	Name	Designation	Department	Signature
1.	Adithya Prasad		BASLP	
2.	Sadhya Samam		BASLP	
3.	Archana N		BASLP	
4.	Safna Nassrin KP		BASLP	
5.	Apsana P. Parusriathaman		BASLP	
6.	Fidha Farhan P		BASLP	
7.	Lenet Prasad		BASLP	
8.	Hamda CMO		BASLP	
9.	Anatt Stanly		BASLP	
10.	Anaswara M		BASLP	
11.	Mariyanna Jaison		BASLP	
12.	Socayendhu K.S		BASLP	
13.	Aisha Saje		BASLP	
14.	Aayisha AbdulMutha ^{11b}		BASLP	
15.	ANNU ANNA BABU		BASLP	
16.	Shujanaa Ansaari M		BASLP	
17.	Gaganashree K		BASLP	
18.	Lavanya Y.A		BASLP	
19.	Droyalakshmi.A		BASLP	
20.	Adithya M		BASLP	
21.	Akshaya		AHS	
22.	J. Jeyasamma chandrika		AHS	
23.	Nileitha B		"	
24.	Meghana L		"	
25.	Pooja B		"	
26.	Kavya		"	
27.	Yukthi S		B. Pharmacy	
28.	Zoya		-11-	
29.	Amthul Ameena		-11-	
30.	Astra		-11-	
31.	Saham		CCT	

DATE

Sl.No.	Name	Designation	Department	Signature
33	Abhinaya.L		CND	Aphiraya
34	Nanya Shree		CND	Nanya
35	Kumitha B.N		CND	Kumitha
36	Nikitha.G		MLT [AHS]	Nikitha G
37	Jhansi.P		AHS	Jhansi
38	P. Ramya		AHS	Ramya
39	Vaishnavi.V.S		AHS	Vaish
40	Nasreen		AHS	Nasreen
41	veda.B		AHS	veda B
42	Yashashwini.M.S		AHS	Yash
43	Kushi.R		AHS	Kushi R
44	Nanditha.N		AHS	Nanditha
45	S.Uneesha		AHS	S.Uneesha
46	Hemalatha		AHS (MLT)	Hemalatha
47	Kalai Arasi		AHS (MLT)	Kalai Arasi
48	Dhanalakshmi.S		AHS	Dhan
49	Ashlin.K.J		AHS	Ashlin
50	Roshni Ferdous		AHS (CPT)	Roshni
51	Suhana		AHS (IMT)	Suhana
52	Roksana Fathima		AHS (CPT)	Roksana
53	Sumaiya Jaj		AHS [CCT]	Sumaiya
54	Syed Safia		AHS [CCT]	Syafie
55	Farheen Ali		AHS [ATOT]	Farheen
56	RAZACK		AHS [CPT]	Razack
57	Nasrin.K.A		AHS [ATOT]	Nasrin
58	Nazrin.M.S		AHS [ATOT]	Nazrin
59	Diya Vinod		AHS (IMT)	Diya
60	Amitha padmakumar		AHS (RLT)	Amitha
61	Roswen Antony		AHS (ATOT)	Roswen
62	Katakam Alakija		AHS (CCT)	Katakam
63	Gr. Ruchitha		AHS (ATOT)	Ruchitha
11	Darshini		AHS (IMT)	Darshini

DATE

Sl.No.	Name	Designation	Department	Signature
67.	Navya Shree .N		AHS (CPT)	<u>Navya</u>
68.	Trishashree N.R		AHS (CMT)	<u>Trishashree N.R</u>
69.	Preethi .P		AHS (CPT)	<u>Preethi P</u>
70.	Pooja .R		AHS (MLT)	<u>Pooja R</u>
71.	Vishnu Priya .V.C		AHS (MLT)	<u>Vishnu Priya</u>
72.	Bhavya Shree .T.S		AHS (MLT)	<u>Bhavya S</u>
73.	Navya shree .K		AHS (MLT)	<u>Navya</u>
74.	Lavanya .H.S		AHS (MLT)	<u>Lavanya S</u>
75.	Gayathri .k.v		AHS (CPT)	<u>Gayathri</u>
76.	Inchara .R		AHS (CCT)	<u>Inchara</u>
77.	Sanjitha .c.s		AHS (CPT)	<u>Sanjitha c.s</u>
78.	Vanitha .k		AHS (CPT)	<u>Vanitha .k</u>
79.	Princy .G		AHS (CPT)	<u>Princy .G</u>
78.	Ayesh Siddiqui		AHS (MLT)	<u>Ayesh</u>
79.	Allia anjum		AHS (MLT)	<u>Allia</u>
80.	Priya		AHS (EMT)	<u>Priya</u>
81.	Banushree		AHS (CPT)	<u>Banushree</u>
82.	Rancharan		AHS (EMT)	<u>Rancharan</u>
83.	Apal .A		AHS (CCT)	<u>Apal .A</u>
84.	Dr. Hema P.M	Assistant Professor	Pharmacy	<u>Hema</u>
85.	Dr. Bhargavi S	— " —	— " —	<u>Bhargavi S</u>
86.	Ms. Chaitanya .A	— " —	— " —	<u>Chaitanya .A</u>
87.	Sahana .R		Pharmacy	<u>Sahana .R</u>
88.	Bhavya .J		Pharmacy	<u>Bhavya .J</u>
89.	Vidyaashree .M		Pharmacy	<u>Vidyaashree .M</u>
90.	Spoorthi Reddy .G.B		pharmacy	<u>Spoorthi Reddy .G.B</u>
91.	Varalakshmi .K		pharmacy	<u>Varalakshmi .K</u>
92.	Rakshitha .M		pharmacy	<u>Rakshitha .M</u>
93.	Gushmitha .S		pharmacy	<u>Gushmitha .S</u>
94.	Kama pooja		AHS (ATOT)	<u>Kama pooja</u>
95.	Vaishini		AHS (EMT)	<u>Vaishini</u>
96.	Brajwala .V		AHS (RTT)	<u>Brajwala .V</u>

99	Keerthana Shaji	AHS (RTT)	Keerthana
100	Baasila Basheer	AHS (RTT)	Baasila
101	Arndra Vinod	AHS (RTT)	Arndra
102	Adeeb Ahmed	AHS (MLT)	Adeeb
103	Zainab Mehak	AHS (MLT)	Zainab
104	Mithin S	AHS (CCY)	Mithin
105	Joseph P Kumar	AHS [RTT]	Joseph
106	Sanjana M	AHS [MLT]	Sanjana
107	Madhumathie S	AHS [MLT]	Madhu
108	Rakshitha C	AHS [MLT]	Rakshitha C
109	Godavari - M	Pharmacy	Godavari
110	Kusoma Shree .U	Pharmacy	Kusoma
111	Rachana . K . S	Pharmacy	Rachana
112	Navya Shree . M	Pharmacy .	Navya shree . M
113	Gogul Krishna V . M	AHS (1 st year)	Gogul Krishna
114	Kennith KENNITH DEEP - J	AHS (1 st year)	Kennith Deep J
115	AKshay	AHS (1 st year)	AKshay
116	Varghese Shijin Mathew	AHS (1 st year)	Varghese
117	Rihan Regaz	AHS (1 st year)	Rihan
118	PRANAV KRISHNA	AHS (1 st year)	Pranav
119	Navaneeth . m . u	AHS (1 st year)	Navaneeth
120	Sahana B . n	Pharmacy	Sahana
121	Architha	Pharmacy	Architha
122	Sowmya . p	pharmacy	Sowmya
123	Zouni Sama	pharmacy	Zouni
124	Saleha Noorien	pharmacy	Saleha
125	Mubasheera Anjum	pharmacy	Mubasheera
126	Gowri Priya . m . u	Pharmacy	Gowri
127	Janavi	Pharmacy	Janavi
128	Sanjeev . S	pharmacy	Sanjeev . S
129	Niranjan . K	pharmacy	Niranjan
130	Khelid	Pharmacy (Ad Pa)	Khelid
131	Sudarshan	Pharmacy	Sudarshan

134	Chethan S.N	B. Pharmacy	Ch
135	MD. Shahid	B. Pharmacy	Shahid
136	Syed Saheb pasha	B. Pharmacy	Saheb
137	Bharath Teja	B. Pharmacy	Ba
138	Teeran	B. Pharmacy	Taan
139	Vijay	B. Pharmacy	Vijay
140	Vivekananda	C.P.T	Vive
141	Sameer	EMT	Sameer
142	Dharanjay	CPT	Dhar
143	Janardhan . S	B. Pharmacy	Jan
144	Shaili Agar	B. Pharmacy	Shaili
145	Ashwath Sagan . K. S	B. Pharmacy	Ash
146	Hari prasadh . B. S	B. Pharmacy	Hari
147	N. S Disha	B. Pharmacy	N. S
148	mamatha Sree	B. Pharmacy	Mam
149	Kolithe . M	B. Pharmacy	Koli
150	Mudassir pasha	B. Pharmacy	Mud
151	Ravana. R.V	AHS (MLT)	Rava
152	Sakanya .	AHS (MLT)	Saka
153	Aliya toba .	AHS (MLT)	Aliya
154	Ashwini	AHS (MLT)	Ashw
155	Harish .	AHS (MLT)	Harish
156	Jayashree	AHS (MLT)	Jaya
157	Karthik .	AHS (MLT)	Karthi
158	madhura .	AHS (MLT)	Madhu
159	Snehe vatsa	AHS (MLT)	Sne
160	Venod	AHS (MLT)	Venod
161	viday k. S	AHS (MLT)	Viday
162	Raghu .	AHS (MLT)	Raghu
163	Shekhagere	AHS (MLT)	Shek
164	Karthikeyan	AHS (RDT)	Karthi
165	Meghavarshini	AHS (MLT)	Megha
166	manor	AHS (RDT)	Manor

(69)	Mudule V Purdit	MBBS	Phase III Part II	<u>Mud</u>
(70)	Shanthi G.	MBBS	III	<u>Sh</u>
(71)	Teal	MBBS		<u>Teal</u>
(72)	Sarjeem	MBBS		<u>Sarjeem</u>
(73)	Sankuti	"		<u>S</u>
(74)	Sangini	"		<u>Sangini</u>
(75)	Shadaab	"		<u>Sh</u>
(76)	Sharanya	"		<u>Sh</u>
(77)	Siddhant	"		<u>Siddhant</u>
(78)	Suha	"		<u>Suha</u>
(79)	Sondaya	"		<u>Sondaya</u>
(80)	Sushh	"		<u>Sushh</u>
(81)	Sujan	"		<u>Sujan</u>
(82)	Shubhi	"		<u>Shubhi</u>
(83)	Sumukhi	"		<u>Sumukhi</u>
(84)	Swathi D	"		<u>Swathi</u>
(85)	Swathi M.	"		<u>Swathi</u>
(86)	Sgt Ziauddin	"		<u>Sgt</u>
(87)	Tanya	"		<u>Tanya</u>
(88)	Tanque	"		<u>Tanque</u>
(89)	Tanubree	"		<u>Tanubree</u>
(90)	Vaibhavi Prasad	"		<u>Vaibhavi</u>
(91)	Varika	"		<u>Varika</u>
(92)	Varitka	"		<u>Varitka</u>
(93)	Varhe	"		<u>Varhe</u>
(94)	Vauni	"		<u>Vauni</u>