



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

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DEPARTMENT OF COMMUNITY MEDICINE



Event Report on Pre-Conference Workshop on "Immediate Care (First Aid) for Psychological Events and Emergencies for Health Professionals"

The Department of Community Medicine, Sri Devaraj Urs Medical College, organized a **Pre-Conference Workshop on "Immediate Care (First Aid) for Psychological Events and Emergencies for Health Professionals"** on **23rd July 2026** as part of **KACHCON 2026**.

The workshop commenced with a warm welcome address by **Dr. Aiswarya Lily Ray, Senior Resident, Department of Community Medicine**, who welcomed the distinguished dignitaries, resource persons, faculty members, delegates, and participants. During the inaugural ceremony, the **workshop handbook** on Psychological First Aid was formally released by the dignitaries.

The scientific sessions were delivered by eminent experts from **NIMHANS** and the field of public mental health. The sessions covered topics including Psychological First Aid, identification of mental health crises, effective communication during psychological emergencies, immediate care and referral, and burnout prevention. Interactive role plays, case discussions, and group activities provided participants with hands-on experience in applying Psychological First Aid principles in real-life situations.

Participants actively engaged in the group activities, and awards were presented to the best-performing teams in recognition of their outstanding performance. The workshop concluded with the felicitation of the resource persons and distribution of certificates to all participants.

The workshop was highly appreciated for its practical, interactive approach and successfully strengthened the participants' competencies in providing immediate psychological support during mental health emergencies, thereby contributing to improved preparedness among healthcare professionals.