



Sri Devaraj Urs Academy of Higher Education and Research

(A Deemed to be University)

**Sri Devaraj Urs Medical College
Tamaka, Kolar-563103**

**We cordially invite you all to a
VALUE -ADDED COURSE**

**CURRICULUM on
RIGHTEOUSNESS,
RESILIENCE AND RESPONSIBILITY:
LESSONS FROM THE BHAGAVATA
PURANA from**

17/08/2026 TO

And 22/08/2026 FROM 9AM to 4PM

Venue: Library A V Hall

Dept. of ORTHOPAEDICS

Course code: "BGP-094"



INTRODUCTION

The Bhagavata Purana (Shrimad Bhagavatam) is one of the most influential texts of Indian civilization — a work of philosophy, psychology, ethics and narrative art composed around the frame of a dying king who has seven days to live and chooses to spend them in inquiry. Few classical texts speak so directly to the daily realities of medical practice: mortality, grief, resilience, the mind under stress, compassion, and the meaning of service.

Modern medical education increasingly recognizes the medical humanities as essential to producing reflective, empathetic physicians. The AETCOM (Attitude, Ethics and Communication) framework of the National Medical Commission and the global narrative-medicine movement both affirm that literature and reflection improve communication, ethical reasoning and clinician wellbeing. This course brings a foundational Indian text into that space.

The course is offered as academic and humanities education, not religious instruction. It is open to participants of all faiths and none; assessment rewards engagement and critical reflection, never belief. Contemplative components are optional and experiential.

GUEST SPEAKERS



ACHARYA BINDUMADHAV R. KERUR

**Research Scholar | Sanskrit & Dvaita Vedanta
Scholar | Artificial Intelligence
Researcher | Technology Leader | Public Speaker**

LINK FOR REGISTRATION

<https://forms.gle/HQHZhEjuGTehgeuS6>



PROGRAMME SCHEDULE

Day 1 :

Orientation: The Text, Its World, and Why a Doctor Should Read It

9AM to 10AM	Registration, pre-test and course orientation
10AM to 12PM	The Purana tradition and the Bhagavata Purana
12PM to 1PM	The frame story: King Parikshit and Sage Shuka
1PM to 2 PM	LUNCH BREAK
2 to 4PM	Small-group formation and reflection

Day 2 :

The Worldview: Mind, Body, Self and the Three Gunas

9AM to 10AM	Core philosophy of the Bhagavata
10AM to 12PM	Triguna theory: sattva, rajas, tamas
12PM to 1PM	Cosmology and the embryology passage
1PM to 2 PM	LUNCH BREAK
2PM to 4PM	Sanskrit shloka lab I

Day 3 :

The Stories: Narrative Medicine from the Bhagavata

9AM to 10AM	Narrative medicine: why stories train doctors
10AM to 12PM	Prahlada and Dhruva: the child under adversity
12PM to 1PM	Chitraketu and Kunti: grief and suffering
1PM to 2 PM	LUNCH BREAK
2PM to 3PM	Ajamila and Gajendra: crisis, relapse and the call for help
3PM to 4PM	Group work and reflection

Day 4 :

Death, Dying and the Physician's Dharma

9AM to 10AM	Parikshit as the model of the dying patient
10AM to 12PM	Spiritual care in serious illness
12PM to 1PM	The physician's dharma: seva, karuna and ethics
1PM to 2 PM	LUNCH BREAK
2PM to 4PM	Panel: "What my dying patients taught me"

Day 5 :

The Doctor's Mind: Burnout, Resilience and Contemplative Practice

9AM to 10AM	Burnout and moral injury in residency
10AM to 12PM	The Uddhava Gita and the Avadhuta's 24 gurus
12PM to 1PM	Contemplative practices from the bhakti tradition
1PM to 2 PM	LUNCH BREAK
2PM to 4PM	Building a personal sustainability plan Feedback and valediction

Day 6 :

Reflection, Assessment and Valediction

9AM to 10AM	Recap of the Course: Summary of key learnings from Days 1–5
10AM to 12PM	Key Concepts Revisited: Righteousness, resilience, responsibility, compassion, suffering, death and dying
12PM to 1PM	Group Reflection: Applying Bhagavata insights to medical practice and personal wellbeing
1PM to 2 PM	LUNCH BREAK
2PM to 4PM	Assessment: Post-test and evaluation of learning outcomes Valediction: Participant feedback, course summary, certificate distribution and closing remarks

PROGRAMME SCHEDULE

Day-wise Curriculum (6 Days × 5 Hours = 30 Hours)

Aim: To acquaint postgraduate medical students with the structure, philosophy and major narratives of the Bhagavata Purana, and to enable them to apply its insights on death and dying, suffering, resilience and compassion to clinical practice and personal wellbeing

Target Learners: Postgraduate medical students (MD/MS/DNB, all specialties); interns and faculty may join as observers

Learning Objectives

At the end of the course, the participant will be able to:

1. Describe the structure, context and central themes of the Bhagavata Purana (Knowledge).
2. Explain key concepts — atma–deha distinction, triguna psychology, karma, dharma, bhakti — and compare them critically with modern biomedical and psychological frameworks (Knowledge).
3. Analyse major narratives of the Purana (Parikshit, Prahlada, Dhruva, Chitraketu, Ajamila, Gajendra, the Avadhuta) as case studies in suffering, resilience and transformation (Knowledge/Skill).
4. Apply narrative-medicine techniques — close reading, reflective writing — to both classical text and clinical encounters (Skill).



To commemorate the centenary year
celebration of our beloved

Founder Chairman

Late Shree. R. L. JALAPPA

Chief Patron

Sri. G.H. NAGARAJA

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