



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka Kolar

DEPARTMENT OF PSYCHIATRY



S1 No	Event Report
1	Name & Level of Event:
	Awareness Programme on the Occasion of World Suicide Prevention Day conducted by the Department of Psychiatry, Sri Devaraj Urs Medical College (SDUMC) at R. L. Jalappa Hospital and Research Centre (RLJH & RC), Kolar on 10 th September 2026.
2	Background :
	The Department of Psychiatry, Sri Devaraj Urs Medical College (SDUMC), conducted an Awareness Programme on the occasion of “World Suicide Prevention Day” on 10/09/2026 at the Ground Floor, Hospital Quadrangle, R. L. Jalappa Hospital and Research Centre (RLJH & RC), Kolar. The programme commenced at 11:00 AM with an introduction to the significance of World Suicide Prevention Day by Dr Ruth Sneha, Professor and HOD, Department of Psychiatry. The programme was organized around the theme “Changing the Narrative on Suicide”, focusing on promoting awareness about suicide prevention, reducing stigma, recognizing warning signs, and encouraging timely help-seeking. Dr. Prabhakar, Principal, SDUMC, addressed the gathering and highlighted the importance of mental health awareness and collective efforts in suicide prevention. Dr. Dinesh K, Deputy Medical Superintendent, RLJH & RC, emphasized the importance of early identification of emotional distress and timely access to appropriate support and professional care. Dr. Mohan Reddy, Professor, Department of Psychiatry, delivered an informative session on suicide prevention, highlighting the importance of recognizing warning signs, providing a supportive and non-judgmental environment, and encouraging individuals to seek help. Dr. Jagadish, Clinical Psychologist, spoke about emotional well-being, the importance of open communication, and the role of empathy and psychological support in preventing suicide. Dr. Aruna, Professor and Head, Department of Psychiatric Nursing, spoke about the importance of compassion, early recognition of emotional distress, and timely support in suicide prevention. The programme aimed to create awareness among healthcare professionals and participants regarding suicide prevention, challenge misconceptions and stigma surrounding suicide, and encourage compassionate conversations and timely intervention. Students of the Department of Nursing performed an awareness skit highlighting the importance of recognizing warning signs, providing emotional support, and encouraging timely help-seeking among individuals experiencing distress. The programme was conducted under the guidance of Dr. Ruth Sneha C, Professor and Head, Department of Psychiatry, SDUMC, and emphasized that suicide prevention is a shared responsibility of healthcare professionals, families, and the community.
3	Venue : Ground Floor, Hospital Quadrangle, R. L. Jalappa Hospital and Research Centre (RLJH & RC), Kolar.
4	Sponsors : SDUAHER
5	Participants & Delegates in Number :
	Total= 100

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Any other information: Screenshots and Photos



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